

Øvelse 1	400	FRI	MENN		
1986					
1	p	Thor Kristian Larsen	RANDABERG	04:44.47	457
2		Stig Andre Hansen	SOLA	05:25.93	304
1987					
1	p	Thomas Ole Fadnes	SSC	04:38.31	488
2	p	Åsmund Toresen	MADLA	04:41.34	473
3		Christian Brigg	MADLA	04:57.08	402
4		John Fjermestad Aase	BRYNE	05:00.33	389
5		Erlend Skogland	HSK	05:38.09	272
1988					
1	p	Jørgen Møllerop	MADLA	04:34.65	508
2	p	Sven Hove	KLEPP	04:48.59	438
3	p	Sindre Tveteraas	SOLA	04:51.25	426
4		Lidwig Hart	MADLA	04:55.79	407
5		Lars Andre Tolås	RANDABERG	05:00.33	389
6		Truls Stangeland	STVG_V_POLO	05:02.66	380
7		Erlend Kjosavik	BRYNE	05:08.72	358
8		Alexander Waaland	SANDNES	05:09.52	355
9		Morten Holen	BRYNE	05:11.50	348
1989					
1	p	Henrik Mossige	SSC	05:11.60	348
2		Per Erik Jakobsen	HSK	05:22.26	314
3		Eirik Aasen Knudsen	STVG_V_POLO	05:43.90	259
1990					
1	p	Joar Skien Grannes	SANDNES	04:59.49	392
1991					
1	p	Erlend Tvereraas	SOLA	05:35.78	278
2		Erling Mjøs Brattelid	SOLA	06:01.61	222
999		Bjarte Ravndal	SOLA	Disk	
1992					
1	p	Ole Martin Ree	SOLA	05:24.21	309
senior					
1	p	Bjørnar Evensen	SSC	04:16.98	621
2		Christian Johansen	HSK	04:36.66	497
Øvelse 2	400	FRI	KVINNER		
1980					
1	p	Line Johansen	HSK	04:58.98	534
1986					
1	p	Inger Lise Kittelsen	SANDNES	05:04.71	505
1987					
1	p	Karen Stødle	KARMØY	04:38.47	661
2		Rebecca Calder	SSC	04:49.94	586
3		Line Møllerop	MADLA	04:58.91	535

Øvelse 2	400	FRI	KVINNER		
1988					
1	p	Elizabeth Førland	MADLA	04:58.50	537
2		Marie Kristine Førleid	SSC	05:37.46	371
3		Diana P. Sira	SANDNES	05:41.44	359
1989					
1	p	Alvilde Morken	SSC	04:41.90	637
2	p	Kathrine Ø. Fosse	KARMØY	04:51.00	579
3	p	Tonje E. Langvik	SSC	04:55.15	555
4	p	Malene H. Vinsnesbakk	STORD	04:57.69	541
5		Karoline Ruud	MADLA	04:59.90	529
6		Ida Nordbø	MADLA	05:15.20	456
7		Bente Wathne	SANDNES	05:30.09	397
8		Line Ask	STVG_V_POLO	05:31.76	391
9		Anne Haugvaldstad	RANDABERG	05:34.36	382
10		Stine Nygård	SSC	05:46.31	344
11		Åse Leivdal Kjølleberg	STVG_V_POLO	06:01.92	301
1990					
1	p	Ina Marleen Holm	MADLA	04:44.45	620
2	p	Cecilie Johannessen	KARMØY	04:48.23	596
3	p	Siri Møllerop	MADLA	05:09.02	484
4		Mai Linn Hanslien	STVG_V_POLO	05:15.20	456
5		Iselin Raustein	RANDABERG	05:31.16	393
6		Kristina Dverseth	STVG_V_POLO	05:37.51	371
7		Maren Kristine Jansen	RANDABERG	06:00.91	304
1991					
1	p	Line Heiberg	KARMØY	05:15.20	456
2	p	Linn Heiberg	KARMØY	05:32.94	387
3		Tonje Ringen Nilsen	RANDABERG	06:02.30	300
4		Chatharina Galta	SSC	06:04.17	295
5		Oda B. Østerdal	SSC	06:04.68	294
6		Anne Østbø	RANDABERG	06:16.60	267
1992					
1	p	Irene Ø. Fosse	KARMØY	05:22.45	426
2		Tonje Holm	MADLA	05:37.75	370
999		Marthe Berg Sørensen	FRISINN	Disk	
senior					
1	p	Grethe Vestrheim	TEAM_STAVANG	04:49.27	590
Øvelse 3					
50 RYGG MENN					
1986					
1	p	Mads Jåtun Pedersen	MADLA	00:32.56	395
2		Kristoffer Grassdal	SOLA	00:36.08	291
1988					
1	p	Lars Andre Tolås	RANDABERG	00:31.12	453
2	p	Karsten Johannessen	KARMØY	00:31.31	445

Øvelse 3	50	RYGG	MENN		
1988					
3	p	Kjetil Lilleland	HSK	00:31.75	427
4	p	Ketil Huffman	SSC	00:32.99	380
5		Morten Holen	BRYNE	00:34.62	329
6		Gaute L. Losnegård	STORD	00:37.50	259
7		Rune Skien Grannes	SANDNES	00:37.71	254
8		Trygve Sekse	SOLA	00:38.82	233
9		Kenneth Høydal	SANDNES	00:41.62	189
999		Filip Nasr	SOLA	Disk	
1989					
1	p	Tørres H. Nordnes	STORD	00:36.58	279
2	p	Ivar Idsø Flaten	SANDNES	00:38.09	247
3		Kristoffer Huslende	SSC	00:40.64	203
4		Johannes Framnes	STORD	00:41.16	196
5		Adrian Brask	STORD	00:42.59	176
6		Kent Magne Dybing	SANDNES	00:49.92	109
1990					
1	p	Petter Ledsaak	SANDNES	00:40.12	211
2	p	Thor Billington	SANDNES	00:40.37	207
3		Mats Nesvik	RANDBERG	00:44.06	159
999		Thomas M. Endresen	HSK	Disk	
999		Andreas Knudsen	STVG_V_POLO		-1
1991					
1	p	Steffen Larsen	MADLA	00:47.32	129
2		Fredrik Føreid	SSC	00:49.61	111
1992					
1	p	Jorn Nygård	SSC	00:49.71	111
2		Henrik Madland	SSC		-1
S14					
1	p	Jan Tore Johansen	STEGABERG	00:45.77	142
senior					
1	p	Henning Adolfsen	SSC	00:31.17	451
2		Glenn Cudmore	SSC	00:33.09	377
3		Espen Røkke	SSC	00:34.44	334
Øvelse 4	50	RYGG	KVINNER		
1985					
1	p	Katrine H. Nordnes	STORD	00:34.01	526
2		Henriette Martinsen	SSC	00:34.48	505
1986					
1	p	Marianne Fuglestad	SANDNES	00:39.34	340
2	p	Ingjerd Helgeland	KLEPP	00:42.82	264
3		Kaidy Orre	HSK	00:42.91	262
4		Karen Johanne Sætrevik	STORD	00:43.64	249

Øvelse 4	50	RYGG	KVINNER		
1987					
1	p	Line Møllerop	MADLA	00:35.03	482
2		Kari Wiig Stangeland	KLEPP	00:38.48	363
3		Marie Austal	SOLA	00:40.61	309
1988					
1	p	Lise Skarland	SOLA	00:40.04	322
2		Nora Haukali	MADLA	00:40.82	304
3		Unn Elin Kleppa	SANDNES	00:44.29	238
1989					
1	p	Vibeke Brigg	MADLA	00:35.57	460
2	p	Hege Ree	SOLA	00:35.81	451
3		Ranveig Skogland	HSK	00:37.89	381
4		Tiril Vike	MADLA	00:38.34	367
5		Mette K. Haugvaldstad	RANDABERG	00:40.49	312
1990					
1	p	Monica Johannessen	KARMØY	00:34.48	505
2	p	Siri Møllerop	MADLA	00:37.05	407
3	p	Sigrid Heitmann	STVG_V_POLO	00:37.07	406
4	p	Maren Kristine Jansen	RANDABERG	00:37.79	384
5	p	Kristina Dverseth	STVG_V_POLO	00:39.28	342
6		Ann Kristin Skauge	KARMØY	00:39.79	329
7		Kamilla Ruud	MADLA	00:40.17	319
8		Linn B. Hunstock	SOLA	00:41.12	298
9		Laila Raugstad	SANDNES	00:42.61	267
10		Karoline Sørbø	SSC	00:43.41	253
11		Lene Wathne	SANDNES	00:43.51	251
12		Kjersti Austdal	SOLA	00:46.56	205
999		Madelaine James	SSC	Disk	
1991					
1	p	Nicole T. Næsheim	SSC	00:36.47	427
2	p	Line Høiberg Eike	KARMØY	00:39.17	344
3		Anne Østbø	RANDABERG	00:40.53	311
4		Torhild Anda	RANDABERG	00:45.15	225
1992					
1	p	Maria W. Hollund	KARMØY	00:43.26	256
2		Marthe Berg Sørensen	FRISINN	00:45.11	225
S14					
1	p	Hanne Torill Scheit	STEGABERG	00:54.85	125
senior					
1	p	Monica Martinsen	SSC	00:33.06	573
sr9					
1	p	Anne Ask Rasmussen	STVG_V_POLO	00:45.84	215

Øvelse 5 100 BUTTERFLY MENN

1986						
	1	p	Pål Torkildsen	ÅSTVEIT	01:04.65	500
	2		Thor Kristian Larsen	RANDABERG	01:05.84	473
1987						
	1	p	Åsmund Toresen	MADLA	01:10.98	378
	2	p	Fredrik Nordbø	MADLA	01:14.93	321
	3		John Fjermestad Aase	BRYNE	01:24.06	227
	4		Stian Høgenhaug	RANDABERG	01:24.55	223
1988						
	1	p	Vegard Høiberg	HSK	01:03.72	522
	2	p	Olav-Mikal Furali	HSK	01:05.46	482
	3		Sven Hove	KLEPP	01:12.51	354
	4		Christian Lilledahl	HSK	01:17.79	287
	5		Truls Stangeland	STVG_V_POLO	01:18.15	283
1989						
	1	p	Eirik Aasen Knudsen	STVG_V_POLO	01:39.13	138
1991						
	1	p	Erling Mjøs Brattelid	SOLA	01:24.43	224

Øvelse 6 100 BUTTERFLY KVINNER

1987						
	1	p	Elisabeth Toresen	MADLA	01:24.29	320
1988						
	1	p	Elizabeth Førland	MADLA	01:12.44	505
1989						
	1	p	Karoline Ruud	MADLA	01:16.06	436
	2	p	Anne Haugvaldstad	RANDABERG	01:17.48	413
	3		Tonje E. Langvik	SSC	01:18.36	399
	4		Vibeke Brigg	MADLA	01:19.34	384
	5		Tiril Vike	MADLA	01:22.96	336
	6		Åse Leivdal Kjølleberg	STVG_V_POLO	01:29.24	270
1990						
	1	p	Ina Marleen Holm	MADLA	01:10.09	557
	2	p	Mai Linn Hanslien	STVG_V_POLO	01:14.77	459
	3		Christine Lilledahl	HSK	01:26.29	298
	4		Ida Martinsen	KARMØY	01:35.84	218
1991						
	1	p	Michelle Bjerga	SSC	01:31.05	254
	1	p	Lise Merethe Langås	KARMØY	01:31.05	254
	3		Merete Falck	SSC	01:42.85	176
1992						
	1	p	Tonje Holm	MADLA	01:32.18	245

Øvelse 6 100 BUTTERFLY KVINNER

S7					
	1	p	Hilde Sæves	TEAM_STAVANG	-1
senior					
	1	p	Siri Hamre	TEAM_STAVANG	01:08.42 599
	2		Stine Haferkamp	TEAM_STAVANG	01:10.00 560

Øvelse 7 50 FRI MENN

1986					
	1	p	Pål Torkildsen	ÅSTVEIT	00:27.03 495
	2	p	Kristoffer Grassdal	SOLA	00:27.79 456
	3		Mads Jåtun Pedersen	MADLA	00:28.22 435
	4		Stig Andre Hansen	SOLA	00:30.78 335

1987					
	1	p	Fredrik Nordbø	MADLA	00:27.96 447
	2	p	Åsmund Toresen	MADLA	00:28.97 402
	3	p	Erlend Skogland	HSK	00:29.48 381
	4		Stian Mikal Nygaard	SSC	00:29.76 371
	5		Marius Mjøs Brattelid	SOLA	00:30.00 362
	6		Geir Indrefjord Hølllesli	SSC	00:31.63 309
	999		Thomas Ole Fadnes	SSC	Disk

1988					
	1	p	Karsten Johannessen	KARMØY	00:27.06 493
	2	p	Lars Andre Tolås	RANDBERG	00:27.20 486
	3	p	Kjetil Lilleland	HSK	00:27.64 463
	4	p	Ketil Huffman	SSC	00:27.85 453
	5	p	Sindre Tveteraas	SOLA	00:27.98 446
	6		Truls Stangeland	STVG_V_POLO	00:28.22 435
	7		Rune Skien Grannes	SANDNES	00:28.96 402
	8		Erlend Kjosavik	BRYNE	00:29.00 401
	9		Lidwig Hart	MADLA	00:29.03 400
	10		Filip Nasr	SOLA	00:29.20 393
	11		Alexander Levidsky	HSK	00:30.21 354
	12		Gaute L. Losnegård	STORD	00:30.22 354
	13		Alexander Waaland	SANDNES	00:31.30 319
	14		Kenneth Høydal	SANDNES	00:32.23 292
	15		Trygve Sekse	SOLA	00:32.69 280

1989					
	1	p	Eirik Netland	RANDBERG	00:29.51 380
	2	p	Tørres H. Nordnes	STORD	00:30.24 353
	3	p	Henrik Mossige	SSC	00:30.26 353
	4	p	Ivar Idsø Flaten	SANDNES	00:31.72 306
	5		Eirik Husebø	MADLA	00:31.82 303
	6		Johannes Framnes	STORD	00:32.78 277
	7		Kristoffer Huslende	SSC	00:33.35 263
	8		Eirik Aasen Knudsen	STVG_V_POLO	00:33.51 260
	9		Adrian Brask	STORD	00:34.16 245

Øvelse 7	50	FRI	MENN		
1989	10		Kent Magne Dybing	SANDNES	00:38.97 165
1990					
	1	p	Joar Skien Grannes	SANDNES	00:29.90 366
	2	p	Thomas M. Endresen	HSK	00:33.73 255
	3	p	Petter Ledsaak	SANDNES	00:34.61 236
	4		Christoffer Kvernvoll	SSC	00:35.20 224
	5		Mats Nesvik	RANDABERG	00:35.45 219
	6		Andreas Knudsen	STVG_V_POLO	00:36.86 195
	7		Vegard Roaldkvam	SSC	00:41.24 139
	999		Thor Billington	SANDNES	Disk
1991					
	1	p	Erlend Tvereraas	SOLA	00:31.49 313
	2	p	Bjarte Ravndal	SOLA	00:34.03 248
	3		Pål Anfinsen	HSK	00:35.67 215
	4		Eirik Ramstad	MADLA	00:36.40 202
	5		Steffen Larsen	MADLA	00:40.81 143
	6		Fredrik Føreid	SSC	00:44.76 109
1992					
	1	p	Ole Martin Ree	SOLA	00:31.84 303
	2	p	Sindre Lilledahl	HSK	00:34.09 247
	3		Jorn Nygård	SSC	00:40.69 145
	4		Øyvind Husebø	MADLA	00:40.82 143
	5		Henrik Madland	SSC	-1
S14					
	1	p	Jan Tore Johansen	STEGABERG	00:36.44 202
	2	p	Ernst Raymond Helmersen	STEGABERG	00:48.47 85
	3		Thor Inge Hansen	STEGABERG	00:56.04 55
	4		Jan Vidar Erland	STEGABERG	00:59.74 45
	5		Eirik Østebye	STEGABERG	01:09.81 28
	6		Rune Pettersen	STEGABERG	-1
senior					
	1	p	Bjørnar Evensen	SSC	00:25.31 603
	2	p	Christian Johansen	HSK	00:26.40 531
	3		Espen Røkke	SSC	00:26.65 517
	4		Henning Adolfsen	SSC	00:27.30 480
	5		Glenn Cudmore	SSC	00:27.34 478
	6		Reidar Holen	RANDABERG	00:28.56 420
Øvelse 8	50	FRI	KVINNER		
1980					
	1	p	Line Johansen	HSK	00:30.70 505
1985					
	1	p	Henriette Martinsen	SSC	00:29.19 587
	2		Gøril Gripsgård	MADLA	00:31.87 451

Øvelse 8	50	FRI	KVINNER		
1986					
1	p	Inger Lise Kittelsen	SANDNES	00:30.39	520
2	p	Marianne Doublet	TEAM_STAVANG	00:30.73	503
3		Marianne Fuglestad	SANDNES	00:33.27	396
4		Kaidy Orre	HSK	00:33.60	385
5		Karen Johanne Sætrevik	STORD	00:34.44	357
1987					
1	p	Rebecca Calder	SSC	00:28.96	601
2	p	Line Møllerop	MADLA	00:29.03	597
3	p	Linn Mari Høgalmen	MADLA	00:30.70	505
4		Kari Wiig Stangeland	KLEPP	00:32.02	445
5		Marie Austal	SOLA	00:33.75	380
6		Elisabeth Toresen	MADLA	00:33.82	377
7		Hanne Strandenaes	MADLA		-1
1988					
1	p	Christine Øverland	MADLA	00:31.21	480
2	p	Nora Haukali	MADLA	00:32.85	412
3	p	Diana P. Sira	SANDNES	00:33.60	385
4		Lise Skarland	SOLA	00:33.70	381
5		Unn Elin Kleppa	SANDNES	00:35.15	336
6		Ragnhild Tonstad	SOLA	00:36.57	298
7		Andrea Vatsvåg	SOLA		-1
1989					
1	p	Malene H. Vinsnesbakk	STORD	00:28.94	603
2	p	Alvilde Morken	SSC	00:29.37	576
3	p	Kathrine Ø. Fosse	KARMØY	00:29.96	543
4	p	Hege Ree	SOLA	00:30.35	522
5	p	Ida Nordbø	MADLA	00:30.37	521
6	p	Birgitte Mjøs Brattelid	SOLA	00:30.72	504
7	p	Karoline Ruud	MADLA	00:30.77	501
8		Pia Olsen Haukali	MADLA	00:31.17	482
9		Anne Haugvaldstad	RANDABERG	00:31.45	469
9		Bente Wathne	SANDNES	00:31.45	469
11		Vibeke Brigg	MADLA	00:31.62	462
12		Mette K. Haugvaldstad	RANDABERG	00:32.77	415
13		Malene Gismervik	MADLA	00:33.18	400
14		Martine Sandve	MADLA	00:33.22	398
15		Åse Leivdal Kjølleberg	STVG_V_POLO	00:34.23	364
16		Line Ask	STVG_V_POLO	00:34.62	352
17		SarahLouise Rung	FRISINN	00:35.16	336
18		Linn Gudrun Flugestad	MADLA	00:38.32	259
19		Stine Nygård	SSC		-1
1990					
1	p	Monica Johannessen	KARMØY	00:29.73	556
2	p	Cecilie Johannessen	KARMØY	00:30.39	520
3	p	Sigrid Heitmann	STVG_V_POLO	00:31.21	480

Øvelse 8	50	FRI	KVINNER		
1990					
4	p	Iselin Raustein	RANDABERG	00:32.46	427
5	p	Siri Møllerop	MADLA	00:32.76	415
6	p	Ingvild L. Losnegård	STORD	00:33.06	404
7	p	Kamilla Ruud	MADLA	00:33.57	386
8		Trine Hovda	MADLA	00:33.92	374
9		Karoline Sørbø	SSC	00:34.58	353
10		Ann Kristin Skauge	KARMØY	00:34.78	347
11		Linn B. Hunstock	SOLA	00:34.93	342
12		Camilla Thoreby	MADLA	00:34.95	342
13		Madelaine James	SSC	00:35.85	317
14		Karen Rogge Eliasson	MADLA	00:36.34	304
15		Karen Bjelland	STORD	00:36.56	299
16		Lene Wathne	SANDNES	00:37.11	285
17		Laila Raugstad	SANDNES	00:37.73	272
18		Liv Astrid Øijord	MADLA	00:40.02	228
999		Kjersti Austdal	SOLA	Disk	
999		Annelin Bilstad	KLEPP	Disk	
999		Charlotte Decosemaeck	SSC	Disk	
1991					
1	p	Line Høiberg Eike	KARMØY	00:32.18	438
2	p	Merete Falck	SSC	00:32.95	408
3	p	Linn Heiberg	KARMØY	00:32.96	408
4	p	Nicole T. Næsheim	SSC	00:33.06	404
5	p	Michelle Bjerga	SSC	00:33.41	391
6		Tonje Ringen Nilsen	RANDABERG	00:35.30	332
7		Chatharina Galta	SSC	00:35.44	328
8		Iselin Husebø	MADLA	00:36.00	313
9		Oda B. Østerdal	SSC	00:36.41	302
10		Birgitte Alvestad	KLEPP	00:37.44	278
11		Lise Merethe Langås	KARMØY	00:37.60	274
12		Torhild Anda	RANDABERG	00:38.62	253
13		Tonje Sønneland	MADLA	00:42.30	193
1992					
1	p	Irene Ø. Fosse	KARMØY	00:32.54	424
2	p	Tonje Holm	MADLA	00:33.27	396
3	p	Maria W. Hollund	KARMØY	00:35.09	338
4		Oda Karin Kjetland	KARMØY	00:36.25	306
5		Marthe Berg Sørensen	FRISINN	00:37.91	268
6		Hege Harestad	SSC	00:39.65	234
7		Renate Dahl	FRISINN	00:46.23	147
999		Victoria Rung	FRISINN	Disk	
S14					
1	p	Hanne Torill Scheit	STEGABERG	00:42.56	189
2		Cecilie Hamre	STEGABERG	01:24.01	24

Øvelse 8 50 FRI KVINNER

senior

1	p	Monica Martinsen	SSC	00:29.19	587
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sf9

1	p	Anne Ask Rasmussen	STVG_V_POLO	00:41.19	209
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Øvelse 9 100 BRYST MENN

1986

1	p	Thor Kristian Larsen	RANDABERG	01:16.32	457
2		Kristoffer Grassdal	SOLA	01:21.24	379
3		Stig Andre Hansen	SOLA	01:30.90	270

1987

1	p	Christian Brigg	MADLA	01:21.11	381
2	p	Stian Mikal Nygaard	SSC	01:24.42	338
3		Stian Høgenhaug	RANDABERG	01:26.75	311
4		John Fjermestad Aase	BRYNE	01:30.04	278
999		Geir Indrefjord Høllesli	SSC	Disk	

1988

1	p	Christian Lilledahl	HSK	01:17.23	441
2	p	Truls Stangeland	STVG_V_POLO	01:17.44	438
3	p	Sindre Tveteraas	SOLA	01:20.43	391
4	p	Sven Hove	KLEPP	01:21.22	379
5		Erlend Kjosavik	BRYNE	01:24.63	335
6		Alexander Waaland	SANDNES	01:25.31	327
7		Morten Holen	BRYNE	01:25.74	322
7		Gaute L. Losnegård	STORD	01:25.74	322
9		Rune Skien Grannes	SANDNES	01:26.18	317
10		Trygve Sekse	SOLA	01:26.41	315
11		Alexander Levidsky	HSK	01:26.85	310
12		Kenneth Høydal	SANDNES	01:28.81	290

1989

1	p	Johannes Framnes	STORD	01:28.22	296
2	p	Ivar Idsø Flaten	SANDNES	01:28.69	291
3	p	Eirik Husebø	MADLA	01:28.83	290
4		Per Erik Jakobsen	HSK	01:31.24	267
5		Eirik Netland	RANDABERG	01:31.96	261
6		Adrian Brask	STORD	01:34.16	243
7		Eirik Aasen Knudsen	STVG_V_POLO	01:34.96	237
8		Kent Magne Dybing	SANDNES	01:50.19	152

1990

1	p	Petter Ledsaak	SANDNES	01:25.02	331
2	p	Mats Nesvik	RANDABERG	01:39.28	207
3		Thor Billington	SANDNES	01:44.33	179
4		Andreas Knudsen	STVG_V_POLO	01:48.09	161
4		Vegard Roaldkvam	SSC	01:48.09	161
999		Christoffer Kvernvoll	SSC	Disk	

Øvelse 9	100	BRYST	MENN		
1991					
1	p	Erling Mjøs Brattelid	SOLA	01:34.15	243
2	p	Erlend Tvereraas	SOLA	01:34.79	238
3		Bjarte Ravndal	SOLA	01:43.02	186
4		Pål Anfinsen	HSK	01:44.44	178
5		Fredrik Føreid	SSC	01:44.73	177
6		Eirik Ramstad	MADLA	01:52.34	143
1992					
1	p	Ole Martin Ree	SOLA	01:35.71	232
2	p	Sindre Lilledahl	HSK	01:38.55	212
3		Jorn Nygård	SSC	01:58.92	121
999		Øyvind Husebø	MADLA	Disk	
S14					
1	p	Jan Tore Johansen	STEGABERG	01:48.15	160
2	p	Ernst Raymond Helmersen	STEGABERG	02:05.42	103
3		Jan Vidar Erland	STEGABERG	02:13.70	85
4		Thor Inge Hansen	STEGABERG	02:17.35	78
5		Eirik Østebye	STEGABERG	02:39.90	49
6		Rune Pettersen	STEGABERG		-1
Øvelse 10	100	BRYST	KVINNER		
1985					
1	p	Henriette Martinsen	SSC	01:16.40	649
1986					
1	p	Marianne Fuglestad	SANDNES	01:22.17	522
2		Karen Johanne Sætrevik	STORD	01:41.91	273
1987					
1	p	Sara Bøgh Meling	MADLA	01:23.39	499
2		Linn Mari Høgalmen	MADLA	01:24.36	482
3		Kari Wiig Stangeland	KLEPP	01:35.81	329
1988					
1	p	Marie Kristine Føreid	SSC	01:29.86	399
2		Ragnhild Tonstad	SOLA	01:38.24	305
3		Andrea Vatsvåg	SOLA		-1
1989					
1	p	Hege Ree	SOLA	01:25.51	463
2	p	Malene Gismervik	MADLA	01:28.54	417
3	p	Martine Sandve	MADLA	01:30.16	395
4	p	Åse Leivdal Kjølleberg	STVG_V_POLO	01:30.17	395
5		Tonje E. Langvik	SSC	01:30.29	393
6		Birgitte Mjøs Brattelid	SOLA	01:31.01	384
7		Line Ask	STVG_V_POLO	01:31.99	372
8		Pia Olsen Haukali	MADLA	01:33.54	354
9		Mette K. Haugvaldstad	RANDABERG	01:35.82	329
10		Linn Gudrun Flugestad	MADLA	01:40.08	289

Øvelse 10	100	BRYST	KVINNER		
1989					
	11	SarahLouise Rung	FRISINN	01:41.81	274
1990					
	1	p Ina Marleen Holm	MADLA	01:22.39	518
	2	p Christine Lilledahl	HSK	01:26.53	447
	3	p Maren Kristine Jansen	RANDABERG	01:26.95	440
	4	p Cecilie Johannessen	KARMØY	01:27.76	428
	5	p Karoline Sørbø	SSC	01:30.85	386
	6	p Trine Hovda	MADLA	01:32.75	363
	7	Camilla Thoreby	MADLA	01:35.63	331
	8	Linn B. Hunstock	SOLA	01:37.16	316
	9	Ingvild L. Losnegård	STORD	01:39.53	293
	10	Lene Wathne	SANDNES	01:39.56	293
	11	Karen Rogge Eliasson	MADLA	01:43.41	262
	12	Karen Bjelland	STORD	01:47.82	231
	13	Charlotte Decosemaeck	SSC	01:49.07	223
	14	Annelin Bilstad	KLEPP	01:52.41	204
	15	Liv Astrid Øijord	MADLA	01:55.70	187
	16	Ida Martinsen	KARMØY	01:57.21	180
1991					
	1	p Line Heiberg	KARMØY	01:31.34	380
	2	p Michelle Bjerga	SSC	01:31.89	373
	3	p Anne Østbø	RANDABERG	01:37.91	308
	4	Chatharina Galta	SSC	01:40.95	281
	5	Linn Heiberg	KARMØY	01:46.23	241
	6	Iselin Husebø	MADLA	01:46.88	237
	7	Tonje Sønneland	MADLA	01:51.88	206
	8	Birgitte Alvestad	KLEPP	01:52.42	204
1992					
	1	p Maria W. Hollund	KARMØY	01:42.15	271
	2	p Oda Karin Kjetland	KARMØY	01:43.26	263
	3	Victoria Rung	FRISINN	01:47.16	235
	4	Marthe Berg Sørensen	FRISINN	01:58.94	172
	5	Hege Harestad	SSC	02:00.50	165
S14					
	1	p Hanne Torill Scheit	STEGABERG	01:48.41	227
	2	Cecilie Hamre	STEGABERG		-1
sb9					
	1	p Anne Ask Rasmussen	STVG_V_POLO	01:53.37	198
Øvelse 11					
200 RYGG MENN					
1986					
	1	p Mads Jåtun Pedersen	MADLA	02:26.91	454
1988					
	1	p Olav-Mikal Furali	HSK	02:26.10	461

Øvelse 11	200	RYGG	MENN		
1988					
2	p	Lars Andre Tolås	RANDABERG	02:32.37	407
3		Gaute L. Losnegård	STORD	02:55.06	268
4		Filip Nasr	SOLA	03:04.45	229
5		Truls Stangeland	STVG_V_POLO		-1
1989					
1	p	Tørres H. Nordnes	STORD	02:51.89	283
1990					
1	p	Joar Skien Grannes	SANDNES	02:38.67	360
2		Thomas M. Endresen	HSK	03:06.17	223
1991					
1	p	Bjarte Ravndal	SOLA	03:05.25	226
Øvelse 12	200	RYGG	KVINNER		
1986					
1	p	Marianne Doublet	TEAM_STAVANG	02:40.22	494
2	p	Inger Lise Kittelsen	SANDNES	02:44.95	453
3		Ingjerd Helgeland	KLEPP	03:09.16	300
4		Kaidy Orre	HSK	03:09.72	297
1987					
1	p	Karen Stødle	KARMØY	02:29.98	603
1988					
1	p	Elizabeth Førland	MADLA	02:37.93	516
2		Diana P. Sira	SANDNES	02:58.97	354
3		Lise Skarland	SOLA	02:59.61	351
1989					
1	p	Karoline Ruud	MADLA	02:41.40	483
2		Bente Wathne	SANDNES	02:53.33	390
3		Tiril Vike	MADLA	02:55.18	378
1990					
1	p	Siri Møllerop	MADLA	02:47.04	436
2	p	Kristina Dverseth	STVG_V_POLO	02:55.05	379
3		Mai Linn Hanslien	STVG_V_POLO	02:56.38	370
4		Maren Kristine Jansen	RANDABERG	02:58.04	360
5		Laila Raugstad	SANDNES	03:03.40	329
1991					
1	p	Nicole T. Næsheim	SSC	03:01.19	342
2		Merete Falck	SSC	03:17.76	263
1992					
1	p	Tonje Holm	MADLA	02:57.94	361
senior					
1	p	Grethe Vestrheim	TEAM_STAVANG	02:28.49	621

Øvelse 13	100	MEDLEY	MENN		
1986					
1	p	Pål Torkildsen	ÅSTVEIT	01:08.77	472
2	p	Thor Kristian Larsen	RANDABERG	01:08.79	472
3		Kristoffer Grassdal	SOLA	01:15.62	355
4		Stig Andre Hansen	SOLA	01:22.20	276
1987					
1	p	Christian Brigg	MADLA	01:13.67	384
2	p	Åsmund Toresen	MADLA	01:13.83	381
3		Fredrik Nordbø	MADLA	01:15.66	354
4		John Fjermestad Aase	BRYNE	01:18.59	316
5		Stian Høgenhaug	RANDABERG	01:23.98	259
1988					
1	p	Vegard H°iberg	HSK	01:06.72	517
2	p	Kjetil Lilleland	HSK	01:07.43	501
3	p	Karsten Johannessen	KARMØY	01:07.52	499
4	p	Jørgen Møllerop	MADLA	01:09.92	449
5	p	Sven Hove	KLEPP	01:10.63	436
6	p	Ketil Huffman	SSC	01:11.09	427
7		Lars Andre Tolås	RANDABERG	01:11.36	422
8		Truls Stangeland	STVG_V_POLO	01:11.88	413
9		Sindre Tveteraas	SOLA	01:12.77	398
10		Christian Lilledahl	HSK	01:13.25	390
11		Morten Holen	BRYNE	01:15.62	355
12		Erlend Kjosavik	BRYNE	01:16.07	349
13		Rune Skien Grannes	SANDNES	01:18.25	320
14		Trygve Sekse	SOLA	01:21.47	284
15		Alexander Waaland	SANDNES	01:21.61	282
16		Kenneth Høydal	SANDNES	01:21.81	280
999		Filip Nasr	SOLA	Disk	
1989					
1	p	Tørres H. Nordnes	STORD	01:20.10	298
2	p	Eirik Netland	RANDABERG	01:21.09	288
3	p	Henrik Mossige	SSC	01:22.47	273
4		Johannes Framnes	STORD	01:22.68	271
5		Ivar Idsø Flaten	SANDNES	01:23.53	263
6		Kristoffer Huslende	SSC	01:30.53	207
7		Eirik Aasen Knudsen	STVG_V_POLO	01:30.95	204
8		Kent Magne Dybing	SANDNES		-1
1990					
1	p	Joar Skien Grannes	SANDNES	01:17.78	326
2		Petter Ledsaak	SANDNES	01:22.14	277
999		Thor Billington	SANDNES	Disk	
1991					
1	p	Erlend Tvereraas	SOLA	01:25.53	245
2		Erling Mjøs Brattelid	SOLA	01:28.30	223

Øvelse 13	100	MEDLEY	MENN		
1991	3	Bjarte Ravndal	SOLA	01:29.12	217
1992	1 p	Ole Martin Ree	SOLA	01:28.17	224
	2	Henrik Madland	SSC		-1
senior	1 p	Bjørnar Evensen	SSC	01:05.02	558
Øvelse 14	100	MEDLEY	KVINNER		
1985	1 p	Henriette Martinsen	SSC	01:09.73	644
	2	Katrine H. Nordnes	STORD	01:10.39	626
	3	Gøril Gripsgård	MADLA	01:20.22	423
1986	1 p	Inger Lise Kittelsen	SANDNES	01:17.83	463
	2 p	Marianne Fuglestad	SANDNES	01:20.83	413
	3	Ingjerd Helgeland	KLEPP	01:25.59	348
	4	Karen Johanne Sætrevik	STORD	01:32.96	271
1987	1 p	Rebecca Calder	SSC	01:13.31	554
	2 p	Line Møllerop	MADLA	01:13.41	552
	3	Linn Mari Høgalmen	MADLA	01:18.52	451
	4	Marie Austal	SOLA	01:23.50	375
	5	Kari Wiig Stangeland	KLEPP	01:24.88	357
	6	Elisabeth Toresen	MADLA	01:26.69	335
1988	1 p	Elizabeth Førland	MADLA	01:13.50	549
	2 p	Diana P. Sira	SANDNES	01:27.11	330
	3	Lise Skarland	SOLA	01:27.99	320
	4	Unn Elin Kleppa	SANDNES	01:32.04	280
1989	1 p	Alvilde Morken	SSC	01:13.54	549
	2 p	Malene H. Vinsnesbakk	STORD	01:13.87	541
	3 p	Kathrine Ø. Fosse	KARMØY	01:15.84	500
	4 p	Pia Olsen Haukali	MADLA	01:17.85	462
	5 p	Vibeke Brigg	MADLA	01:18.42	452
	6 p	Anne Haugvaldstad	RANDABERG	01:18.50	451
	7	Ida Nordbø	MADLA	01:18.82	445
	8	Birgitte Mjøs Brattelid	SOLA	01:20.19	423
	9	Bente Wathne	SANDNES	01:20.47	419
	10	Ranveig Skogland	HSK	01:20.67	415
	11	Tiril Vike	MADLA	01:22.78	384
	12	Malene Gismervik	MADLA	01:24.10	367
	13	Stine Nygård	SSC	01:24.33	364
	14	Mette K. Haugvaldstad	RANDABERG	01:25.54	348

Øvelse 14 100 MEDLEY KVINNER

1989					
15		Åse Leivdal Kjølleberg	STVG_V_POLO	01:26.24	340
16		Line Ask	STVG_V_POLO	01:28.20	318
17		SarahLouise Rung	FRISINN	01:30.60	293
18		Hege Ree	SOLA		-1

1990					
1	p	Ina Marleen Holm	MADLA	01:12.24	579
2	p	Monica Johannessen	KARMØY	01:14.00	538
3	p	Mai Linn Hanslien	STVG_V_POLO	01:18.18	457
4	p	Siri Møllerop	MADLA	01:20.08	425
5	p	Maren Kristine Jansen	RANDABERG	01:20.52	418
6		Kristina Dverseth	STVG_V_POLO	01:23.80	371
7		Iselin Raustein	RANDABERG	01:24.93	356
8		Ann Kristin Skauge	KARMØY	01:26.63	335
9		Ingvild L. Losnegård	STORD	01:27.45	326
10		Laila Raugstad	SANDNES	01:32.91	272
11		Lene Wathne	SANDNES	01:33.36	268
12		Karen Bjelland	STORD	01:35.99	246
13		Kjersti Austdal	SOLA	01:36.29	244
14		Ida Martinsen	KARMØY	01:40.66	214

1991					
1	p	Line Heiberg	KARMØY	01:20.60	417
2	p	Line Høiberg Eike	KARMØY	01:22.84	384
3	p	Nicole T. Næsheim	SSC	01:25.89	344
4		Michelle Bjerga	SSC	01:27.50	325
5		Oda B. Østerdal	SSC	01:28.43	315
6		Chatharina Galta	SSC	01:31.30	286
7		Tonje Ringen Nilsen	RANDABERG	01:33.38	268
8		Lise Merethe Langås	KARMØY	01:33.62	266

1992					
1	p	Tonje Holm	MADLA	01:23.92	369
2	p	Irene Ø. Fosse	KARMØY	01:25.39	350
3		Marthe Berg Sørensen	FRISINN	01:44.25	192
4		Hege Harestad	SSC	01:49.67	165

S7					
1	p	Hilde Sæves	TEAM_STAVANG		-1

senior					
1	p	Stine Haferkamp	TEAM_STAVANG	01:12.03	584
2	p	Monica Martinsen	SSC	01:12.31	577
3		Grethe Vestrheim	TEAM_STAVANG	01:13.71	545
4		Siri Hamre	TEAM_STAVANG	01:14.62	525

Øvelse 15 4X100 FRI MENN

junior					
1	p	Madla 1	MADLA	04:04.63	
1		Førsteetappe : Mads Jåtun Peder	MADLA	01:01.09	-1

RESULTATLISTE

Safir Stevnebørsen

Side 17

Øvelse 15 4X100 FRI MENN

junior

2	p	SSC junior	SSC	04:14.96	
2		Førsteetappe : Thomas Ole Fadn	SSC	01:03.59	-1
3	p	Gutter 1	SOLA	04:24.58	
3		Førsteetappe : Erling Mjøs Bratte	SOLA	01:09.16	-1
4	p	Gutter SSLK	SANDNES	04:33.32	
4		Førsteetappe : Joar Skien Grann	SANDNES	01:06.59	-1
5		Randaberg	RANDABERG	04:34.67	
6		hsk gutter 2	HSK	04:35.19	
6		Førsteetappe : Erlend Skogland	HSK	01:10.36	-1
7		STORD	STORD	04:50.77	
7		Førsteetappe : Tørres H. Nordne	STORD	01:08.90	-1
8		Hurra Guttene hsk/karmøy	HSK	05:00.53	
9		Gutter 2	SOLA	05:00.60	
9		Førsteetappe : Filip Nasr	SOLA	01:19.96	-1
10		Madla 2	MADLA	06:00.51	
10		Førsteetappe : Eirik Husebø	MADLA	01:14.08	-1

senior

		SSC	SSC	03:55.84	
		Førsteetappe : Bjørnar Evensen	SSC	00:56.22	-1
1	p	hsk gutter 1	HSK	03:55.78	
1		Førsteetappe : Christian Johanse	HSK	00:57.70	-1

Øvelse 16 4X100 FRI KVINNER

junior

1	p	Karmøy 1	KARMØY	04:14.59	
1		Førsteetappe : Karen Stødle	KARMØY	10:19.98	-1
2	p	SSC junior	SSC	04:15.20	
2		Førsteetappe : Tonje E. Langvik	SSC	01:05.58	-1
3	p	Madla 1	MADLA	04:16.81	
3		Førsteetappe : Line Møllerop	MADLA	01:03.28	-1
4	p	Madla 2	MADLA	04:34.60	
4		Førsteetappe : Pia Olsen Haukali	MADLA	01:08.09	-1
5	p	Jenter SSLK	SANDNES	04:44.76	
5		Førsteetappe : Bente Wathne	SANDNES	01:11.23	-1
6	p	Madla 3	MADLA	04:45.34	
6		Førsteetappe : Tiril Vike	MADLA	01:12.79	-1
7		STORD	STORD	04:49.99	
7		Førsteetappe : Malene Vinsnesbø	STORD	01:05.57	-1
8		Randaberg	RANDABERG	04:54.17	
9		Stavanger Vannpoloklubb	STVG_V_POLO	04:55.18	
9		Førsteetappe : Mai Linn Hanslien	STVG_V_POLO	01:08.48	-1
10		Sola jenter	SOLA	04:55.86	
10		Førsteetappe : Birgitte Mjøs Bratt	SOLA	01:08.78	-1
11		Karmøy 2	KARMØY	04:56.08	
11		Førsteetappe : Irene Fosse	KARMØY	01:12.59	-1
12		SSC junior 2	SSC	04:58.93	
12		Førsteetappe : Stine Nygård	SSC	01:12.94	-1

RESULTATLISTE

Safir Stevnebørsen

Side 18

Øvelse 16 4X100 FRI KVINNER

junior

13		Madla 4	MADLA	05:05.53	
13		Førsteetappe : Kamilla Ruud	MADLA	01:13.57	-1
14		Madla 5	MADLA	05:26.63	
15		Karmøy 3	KARMØY	05:33.20	
15		Førsteetappe : Line Høiberg Eike	KARMØY	01:15.14	-1
16		Madla 6	MADLA	05:56.18	
16		Førsteetappe : Trine Hovda	MADLA	01:20.34	-1

senior

		SSC	SSC	05:29.40	
		Førsteetappe : Oda B. Østerdal	SSC	01:23.38	-1
1	p	team Stavanger	TEAM_STAVANG	04:17.91	
1		Førsteetappe : Grethe Vesterheim	TEAM_STAVANG	01:04.92	-1

Øvelse 17 800 FRI KVINNER

1987

1	p	Karen Stødle	KARMØY	09:43.67	622
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1989

1	p	Ranveig Skogland	HSK	10:49.24	452
2		Stine Nygård	SSC	11:40.92	359

1990

1	p	Ina Marleen Holm	MADLA	09:55.30	586
2		Siri Møllerop	MADLA	10:48.76	453
3		Iselin Raustein	RANDABERG	11:06.30	418

senior

1	p	Grethe Vestrheim	TEAM_STAVANG	09:48.34	607
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Øvelse 18 800 FRI MENN

1987

1	p	John Fjermestad Aase	BRYNE	10:28.35	387
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1988

1	p	Kjetil Lilleland	HSK	09:24.09	535
2	p	Olav-Mikal Furali	HSK	09:27.03	526
3		Lars Andre Tolås	RANDABERG	10:28.40	387
4		Erlend Kjosavik	BRYNE	10:28.73	386
5		Alexander Levidsky	HSK	10:31.83	380

Øvelse 19 50 BRYST KVINNER

1985

1	p	Katrine H. Nordnes	STORD	00:35.03	678
2		Gøril Gripsgård	MADLA	00:38.00	531

1986

1	p	Marianne Fuglestad	SANDNES	00:38.44	513
2		Ingjerd Helgeland	KLEPP	00:42.55	378
3		Karen Johanne Sætrevik	STORD	00:45.00	320

Øvelse 19	50	BRYST	KVINNER		
1987					
1	p	Linn Mari Høgalmen	MADLA	00:38.73	501
2	p	Sara Bøgh Meling	MADLA	00:39.14	486
3		Rebecca Calder	SSC	00:39.28	481
4		Kari Wiig Stangeland	KLEPP	00:44.32	334
1988					
1	p	Marie Kristine Føreid	SSC	00:41.42	410
2		Unn Elin Kleppa	SANDNES	00:44.24	336
3		Ragnhild Tonstad	SOLA	00:46.15	296
1989					
1	p	Alvide Morken	SSC	00:37.13	569
2	p	Malene H. Vinsnesbakk	STORD	00:37.36	559
3	p	Hege Ree	SOLA	00:38.90	495
4	p	Martine Sandve	MADLA	00:40.44	440
5		Malene Gismervik	MADLA	00:40.64	434
6		Line Ask	STVG_V_POLO	00:40.88	426
7		Åse Leivdal Kjølleberg	STVG_V_POLO	00:41.91	396
8		Birgitte Mjøs Brattelid	SOLA	00:42.10	390
9		Mette K. Haugvaldstad	RANDABERG	00:42.79	372
10		Linn Gudrun Flugestad	MADLA	00:44.90	322
11		SarahLouise Rung	FRISINN	00:46.20	295
1990					
1	p	Maren Kristine Jansen	RANDABERG	00:39.49	473
2	p	Monica Johannessen	KARMØY	00:39.69	466
3	p	Christine Lilledahl	HSK	00:39.91	458
4	p	Mai Linn Hanslien	STVG_V_POLO	00:41.32	413
5	p	Trine Hovda	MADLA	00:42.11	390
6	p	Karoline Sørbø	SSC	00:42.69	374
7		Camilla Thoreby	MADLA	00:43.24	360
8		Linn B. Hunstock	SOLA	00:43.26	360
9		Lene Wathne	SANDNES	00:44.87	322
10		Ingvild L. Losnegård	STORD	00:45.17	316
11		Ann Kristin Skauge	KARMØY	00:45.62	307
12		Kamilla Ruud	MADLA	00:46.29	293
13		Liv Astrid Øijord	MADLA	00:47.23	276
14		Karen Rogge Eliasson	MADLA	00:48.61	253
15		Madelaine James	SSC	00:49.22	244
16		Karen Bjelland	STORD	00:49.34	242
17		Charlotte Decosemaeck	SSC	00:49.83	235
18		Annelin Bilstad	KLEPP	00:54.46	180
1991					
1	p	Michelle Bjerga	SSC	00:41.11	419
2	p	Anne Østbø	RANDABERG	00:43.84	346
3	p	Oda B. Østerdal	SSC	00:44.86	323
4		Chatharina Galta	SSC	00:45.00	320
5		Torhild Anda	RANDABERG	00:47.87	265

Øvelse 19	50	BRYST	KVINNER		
1991					
	6	Linn Heiberg	KARMØY	00:48.40	257
	7	Iselin Husebø	MADLA	00:49.23	244
	8	Tonje Sønneland	MADLA	00:50.49	226
	9	Birgitte Alvestad	KLEPP	00:52.01	207
1992					
	1	p Irene Ø. Fosse	KARMØY	00:45.94	300
	2	p Oda Karin Kjetland	KARMØY	00:48.02	263
	3	Victoria Rung	FRISINN	00:49.14	245
	4	Marthe Berg Sørensen	FRISINN	00:52.18	205
	5	Hege Harestad	SSC	00:55.56	170
	6	Renate Dahl	FRISINN	01:05.77	102
S14					
	1	p Hanne Torill Scheit	STEGABERG	00:52.13	205
	2	Cecilie Hamre	STEGABERG	01:21.94	53
sb9					
	1	p Anne Ask Rasmussen	STVG_V_POLO	00:52.64	199
senior					
	1	p Stine Haferkamp	TEAM_STAVANG	00:34.97	681
Øvelse 20	50	BRYST	MENN		
	1	Helge Alne	STVG_V_POLO	00:32.99	544
	2	Egil Alne	STVG_V_POLO	00:33.14	537
1986					
	1	p Kristoffer Grassdal	SOLA	00:36.69	395
	2	Stig Andre Hansen	SOLA	00:41.69	269
1987					
	1	p Erlend Skogland	HSK	00:34.77	465
	2	p Marius Mjøs Brattelid	SOLA	00:36.83	391
	3	Stian Høgenhaug	RANDABERG	00:37.96	357
	4	Stian Mikal Nygaard	SSC	00:38.19	351
	5	Fredrik Nordbø	MADLA	00:38.44	344
	6	Geir Indrefjord Høllesli	SSC	00:40.99	283
1988					
	1	p Vegard Høiberg	HSK	00:33.25	531
	2	p Sven Hove	KLEPP	00:34.67	469
	3	p Christian Lilledahl	HSK	00:35.15	450
	4	p Truls Stangeland	STVG_V_POLO	00:35.37	441
	5	p Jørgen Møllerop	MADLA	00:36.34	407
	6	Sindre Tveteraas	SOLA	00:36.46	403
	7	Rune Skien Grannes	SANDNES	00:38.72	336
	8	Alexander Waaland	SANDNES	00:39.05	328
	9	Morten Holen	BRYNE	00:39.16	325
	10	Kenneth Høydal	SANDNES	00:39.60	314
	11	Trygve Sekse	SOLA	00:40.32	298

Øvelse 20	50	BRYST	MENN		
1988					
	12	Gaute L. Losnegård	STORD	00:40.34	297
	13	Lidwig Hart	MADLA	00:40.92	285
1989					
	1	p Eirik Netland	RANDABERG	00:39.91	307
	2	p Eirik Husebø	MADLA	00:41.06	282
	3	Johannes Framnes	STORD	00:41.19	279
	4	Eirik Aasen Knudsen	STVG_V_POLO	00:42.19	260
	5	Tørres H. Nordnes	STORD	00:42.41	256
	6	Kent Magne Dybing	SANDNES	00:49.35	162
1990					
	1	p Petter Ledsaak	SANDNES	00:39.53	316
	2	p Thomas M. Endresen	HSK	00:43.04	245
	3	p Mats Nesvik	RANDABERG	00:44.35	224
	4	Thor Billington	SANDNES	00:47.04	187
	5	Andreas Knudsen	STVG_V_POLO	00:49.44	161
	6	Vegard Roaldkvam	SSC	00:50.82	148
	999	Christoffer Kvernvoll	SSC	Disk	
1991					
	1	p Erling Mjøs Brattelid	SOLA	00:43.26	241
	2	Eirik Ramstad	MADLA	00:49.85	157
	3	Fredrik Føreid	SSC		-1
1992					
	1	p Ole Martin Ree	SOLA	00:43.46	238
	2	p Øyvind Husebø	MADLA	00:51.44	143
	3	Jorn Nygård	SSC	00:54.28	122
	4	Henrik Madland	SSC		-1
S14					
	1	p Jan Tore Johansen	STEGABERG	00:47.48	182
	2	p Ernst Raymond Helmersen	STEGABERG	00:53.65	126
	3	Thor Inge Hansen	STEGABERG	00:56.59	107
	4	Jan Vidar Erland	STEGABERG	01:05.40	69
	5	Eirik Østebye	STEGABERG	01:10.90	54
	6	Rune Pettersen	STEGABERG		-1
senior					
	1	p Espen Røkke	SSC	00:32.56	566
	2	Reidar Holen	RANDABERG	00:35.85	424
Øvelse 21	100	FRI	KVINNER		
1980					
	1	p Line Johansen	HSK	01:04.89	546
1986					
	1	p Inger Lise Kittelsen	SANDNES	01:05.69	526
	2	p Marianne Doublet	TEAM_STAVANG	01:07.78	479
	3	Ingjerd Helgeland	KLEPP	01:12.99	384

Øvelse 21	100	FRI	KVINNER		
1986					
	4	Kaidy Orre	HSK	01:13.85	370
	5	Karen Johanne Sætrevik	STORD	01:19.81	293
1987					
	1	p	Line Møllerop	MADLA	01:02.75
	2	p	Linn Mari Høgalmen	MADLA	01:06.26
	3		Sara Bøgh Meling	MADLA	01:12.73
	4		Elisabeth Toresen	MADLA	01:14.35
	5		Marie Austal	SOLA	01:15.00
1988					
	1	p	Elizabeth Førland	MADLA	01:05.65
	2	p	Christine Øverland	MADLA	01:08.87
	3	p	Diana P. Sira	SANDNES	01:11.04
	4		Lise Skarland	SOLA	01:14.84
	5		Ragnhild Tonstad	SOLA	01:23.08
	999		Nora Haukali	MADLA	Disk
	999		Unn Elin Kleppa	SANDNES	-1
1989					
	1	p	Kathrine Ø. Fosse	KARMØY	01:03.78
	2	p	Malene H. Vinsnesbakk	STORD	01:04.06
	3	p	Tonje E. Langvik	SSC	01:05.08
	4	p	Karoline Ruud	MADLA	01:06.63
	5	p	Ida Nordbø	MADLA	01:07.75
	6	p	Vibeke Brigg	MADLA	01:08.07
	7		Hege Ree	SOLA	01:09.02
	8		Anne Haugvaldstad	RANDABERG	01:09.38
	9		Bente Wathne	SANDNES	01:10.12
	10		Birgitte Mjøs Brattelid	SOLA	01:10.32
	11		Malene Gismervik	MADLA	01:14.17
	12		Mette K. Haugvaldstad	RANDABERG	01:14.26
	13		Line Ask	STVG_V_POLO	01:14.42
	14		Martine Sandve	MADLA	01:16.23
	15		Åse Leivdal Kjølleberg	STVG_V_POLO	01:16.71
	16		SarahLouise Rung	FRISINN	01:22.28
	17		Linn Gudrun Flugestad	MADLA	01:25.07
1990					
	1	p	Ina Marleen Holm	MADLA	01:03.54
	2	p	Cecilie Johannessen	KARMØY	01:04.58
	3	p	Siri Møllerop	MADLA	01:09.63
	4	p	Sigrid Heitmann	STVG_V_POLO	01:10.58
	5	p	Iselin Raustein	RANDABERG	01:10.63
	6	p	Kamilla Ruud	MADLA	01:12.81
	7	p	Kristina Dverseth	STVG_V_POLO	01:14.37
	8		Ingvild L. Losnegård	STORD	01:16.51
	9		Linn B. Hunstock	SOLA	01:17.14
	10		Karoline Sørbø	SSC	01:18.50

Øvelse 21	100	FRI	KVINNER		
1990					
	11	Kjersti Austdal	SOLA	01:18.93	303
	12	Trine Hovda	MADLA	01:19.66	295
	13	Laila Raugstad	SANDNES	01:21.31	277
	14	Karen Bjelland	STORD	01:21.66	274
	15	Madelaine James	SSC	01:21.92	271
	16	Camilla Thoreby	MADLA	01:22.08	270
	17	Karen Rogge Eliasson	MADLA	01:23.40	257
	18	Ida Martinsen	KARMØY	01:27.51	222
	19	Liv Astrid Øijord	MADLA	01:33.66	181
	999	Charlotte Decosemaeck	SSC	Disk	
1991					
	1	p Line Heiberg	KARMØY	01:08.88	457
	2	p Nicole T. Næsheim	SSC	01:12.90	385
	3	p Linn Heiberg	KARMØY	01:13.18	381
	4	p Line Høiberg Eike	KARMØY	01:13.24	380
	5	Merete Falck	SSC	01:14.45	361
	6	Tonje Ringen Nilsen	RANDABERG	01:18.15	312
	7	Chatharina Galta	SSC	01:19.90	292
	8	Oda B. Østerdal	SSC	01:22.71	264
	9	Lise Merethe Langås	KARMØY	01:23.25	258
	10	Birgitt Alvestad	KLEPP	01:26.67	229
	11	Iselin Husebø	MADLA	01:28.34	216
	12	Tonje Sønneland	MADLA	01:41.02	144
1992					
	1	p Tonje Holm	MADLA	01:11.99	400
	2	p Maria W. Hollund	KARMØY	01:20.38	287
	3	Oda Karin Kjetland	KARMØY	01:22.95	261
	4	Victoria Rung	FRISINN	01:23.02	261
	5	Marthe Berg Sørensen	FRISINN	01:28.26	217
	6	Hege Harestad	SSC	01:30.11	204
S14					
	1	p Hanne Torill Scheit	STEGABERG	01:38.26	157
	2	Cecilie Hamre	STEGABERG	02:57.02	26
senior					
	1	p Siri Hamre	TEAM_STAVANG	01:04.73	550
sf9					
	1	p Anne Ask Rasmussen	STVG_V_POLO	01:31.19	196
Øvelse 22	100	FRI	MENN		
1986					
	1	p Pål Torkildsen	ÅSTVEIT	00:58.47	522
	2	p Thor Kristian Larsen	RANDABERG	00:59.49	495
	3	Mads Jåtun Pedersen	MADLA	01:01.87	440
	4	Kristoffer Grassdal	SOLA	01:01.91	440
	5	Stig Andre Hansen	SOLA	01:10.29	300

Øvelse 22	100	FRI	MENN		
1987					
1	p	Thomas Ole Fadnes	SSC	00:58.02	534
2	p	Christian Brigg	MADLA	01:01.40	451
3		Fredrik Nordbø	MADLA	01:01.51	448
4		John Fjermestad Aase	BRYNE	01:05.34	374
5		Stian Mikal Nygaard	SSC	01:06.52	354
6		Geir Indrefjord Høllesli	SSC	01:11.52	285
1988					
1	p	Karsten Johannessen	KARMØY	00:58.40	524
2	p	Ketil Huffman	SSC	01:00.65	468
3	p	Jørgen Møllerop	MADLA	01:00.70	466
4	p	Sindre Tveteraas	SOLA	01:01.22	455
5	p	Sven Hove	KLEPP	01:01.90	440
6		Truls Stangeland	STVG_V_POLO	01:02.22	433
7		Lars Andre Tolås	RANDBERG	01:03.37	410
8		Erlend Kjosavik	BRYNE	01:04.12	396
9		Rune Skien Grannes	SANDNES	01:04.83	383
10		Lidwig Hart	MADLA	01:04.94	381
11		Filip Nasr	SOLA	01:07.45	340
12		Gaute L. Losnegård	STORD	01:08.76	321
13		Alexander Waaland	SANDNES	01:09.63	309
14		Kenneth Høydal	SANDNES	01:11.76	282
15		Trygve Sekse	SOLA	01:12.54	273
1989					
1	p	Tørres H. Nordnes	STORD	01:07.23	343
2	p	Henrik Mossige	SSC	01:07.54	338
3	p	Per Erik Jakobsen	HSK	01:08.10	330
4	p	Eirik Netland	RANDBERG	01:09.55	310
5		Ivar Idsø Flaten	SANDNES	01:11.29	288
6		Eirik Husebø	MADLA	01:11.74	282
7		Eirik Aasen Knudsen	STVG_V_POLO	01:13.61	261
8		Johannes Framnes	STORD	01:13.94	258
9		Kristoffer Huslende	SSC	01:18.12	219
10		Kent Magne Dybing	SANDNES	01:25.50	167
1990					
1	p	Joar Skien Grannes	SANDNES	01:05.17	377
2	p	Thor Billington	SANDNES	01:15.77	240
3		Mats Nesvik	RANDBERG	01:20.54	199
4		Christoffer Kvernvoll	SSC	01:21.01	196
999		Thomas M. Endresen	HSK	Disk	
999		Andreas Knudsen	STVG_V_POLO		-1
1991					
1	p	Erlend Tvereraas	SOLA	01:12.30	276
2	p	Bjarte Ravndal	SOLA	01:14.65	251
3		Pål Anfinsen	HSK	01:20.03	203
4		Eirik Ramstad	MADLA	01:27.13	157

Øvelse 22	100	FRI	MENN		
1991					
	5	Steffen Larsen	MADLA	01:37.97	111
	6	Fredrik Førøid	SSC		-1
1992					
	1	p Ole Martin Ree	SOLA	01:12.11	278
	2	p Sindre Lilledahl	HSK	01:18.93	212
	3	Jorn Nygård	SSC	01:32.29	132
	4	Øyvind Husebø	MADLA	01:40.67	102
S14					
	1	p Jan Tore Johansen	STEGABERG	01:20.54	199
	2	p Ernst Raymond Helmersen	STEGABERG	01:49.92	78
	3	Thor Inge Hansen	STEGABERG	02:15.76	41
	4	Jan Vidar Erland	STEGABERG	02:26.15	33
	5	Eirik Østebye	STEGABERG	02:38.14	26
	6	Rune Pettersen	STEGABERG		-1
senior					
	1	p Bjørnar Evensen	SSC	00:55.69	604
	2	Christian Johansen	HSK	00:57.85	539
Øvelse 23	100	RYGG	KVINNER		
1985					
	1	p Henriette Martinsen	SSC	01:20.84	383
1986					
	1	p Inger Lise Kittelsen	SANDNES	01:19.51	403
	2	Marianne Fuglestad	SANDNES	01:26.92	308
	3	Kaidy Orre	HSK	01:31.55	264
1987					
	1	p Rebecca Calder	SSC	01:10.26	584
	2	Line Møllerop	MADLA	01:15.62	468
	3	Kari Wiig Stangeland	KLEPP	01:23.82	344
1988					
	1	p Marie Kristine Førøid	SSC	01:23.25	351
	2	Lise Skarland	SOLA	01:24.11	340
	3	Diana P. Sira	SANDNES		-1
1989					
	1	p Alvilde Morken	SSC	01:14.56	489
	2	p Karoline Ruud	MADLA	01:16.59	451
	3	Hege Ree	SOLA	01:20.79	384
	4	Bente Wathne	SANDNES	01:23.15	352
	5	Stine Nygård	SSC	01:30.16	276
1990					
	1	p Monica Johannessen	KARMØY	01:14.10	498
	2	p Siri Møllerop	MADLA	01:19.60	402
	3	Maren Kristine Jansen	RANDABERG	01:22.11	366

Øvelse 23		100	RYGG	KVINNER		
1990						
	4		Kristina Dverseth	STVG_V_POLO	01:23.69	345
	5		Laila Raugstad	SANDNES	01:29.20	285
	6		Lene Wathne	SANDNES	01:35.00	236
1991						
	1	p	Nicole T. Næsheim	SSC	01:21.84	369
	2	p	Anne Østbø	RANDABERG	01:28.05	297
	3		Michelle Bjerga	SSC	01:32.91	252
	4		Torhild Anda	RANDABERG	01:37.60	218
1992						
	1	p	Tonje Holm	MADLA	01:22.24	364
	2		Maria W. Hollund	KARMØY	01:31.94	260
S23						
	1	p	Hanne Torill Scheit	STEGABERG	02:10.67	90
senior						
	1	p	Monica Martinsen	SSC	01:12.30	536
Øvelse 24		100	RYGG	MENN		
1986						
	1	p	Mads Jåtun Pedersen	MADLA	01:10.26	397
1987						
	1	p	Åsmund Toresen	MADLA	01:11.62	375
1988						
	1	p	Kjetil Lilleland	HSK	01:08.70	425
	2	p	Jørgen Møllerop	MADLA	01:11.31	380
	3		Morten Holen	BRYNE	01:16.21	311
	4		Gaute L. Losnegård	STORD	01:21.81	251
	5		Filip Nasr	SOLA		-1
1989						
	1	p	Henrik Mossige	SSC	01:23.23	239
	2	p	Ivar Idsø Flaten	SANDNES	01:26.71	211
	3		Johannes Framnes	STORD	01:27.69	204
	4		Kristoffer Huslende	SSC	01:29.06	195
	5		Kent Magne Dybing	SANDNES	01:49.46	105
1990						
	1	p	Joar Skien Grannes	SANDNES	01:16.29	310
	2		Petter Ledsaak	SANDNES	01:27.58	205
1991						
	1	p	Bjarte Ravndal	SOLA	01:27.32	207
	2	p	Erling Mjøs Brattelid	SOLA	01:45.78	116
	999		Steffen Larsen	MADLA	Disk	
	999		Erlend Tvereraas	SOLA		-1

Øvelse 25 200 BUTTERFLY KVINNER

1987						
	1	p	Karen Stødle	KARMØY	02:44.69	449
1989						
	1	p	Tonje E. Langvik	SSC	02:54.42	377
1990						
	1	p	Mai Linn Hanslien	STVG_V_POLO	02:53.86	381
senior						
	1	p	Monica Martinsen	SSC	02:36.27	525
	2		Grethe Vestrheim	TEAM_STAVANG	02:38.54	503

Øvelse 26 200 BUTTERFLY MENN

1986						
	1	p	Thor Kristian Larsen	RANDABERG	02:26.97	459
1988						
	1	p	Olav-Mikal Furali	HSK	02:21.99	509
	2	p	Jørgen Møllerop	MADLA	02:34.60	394
	3		Ketil Huffman	SSC	02:38.45	366
	4		Sven Hove	KLEPP	02:41.64	345

Øvelse 27 200 MEDLEY KVINNER

1985						
	1	p	Katrine H. Nordnes	STORD	02:32.33	614
1986						
	1	p	Inger Lise Kittelsen	SANDNES	02:48.02	458
1987						
	1	p	Sara Bøgh Meling	MADLA	02:46.40	471
	2		Linn Mari Høgalmen	MADLA	02:48.18	456
1988						
	1	p	Marie Kristine Føreid	SSC	03:00.22	371
	2		Diana P. Sira	SANDNES	03:02.37	358
	999		Elizabeth Førland	MADLA	Brutt	
1989						
	1	p	Alvilde Morken	SSC	02:35.10	582
	2	p	Malene H. Vinsnesbakk	STORD	02:42.27	508
	3	p	Karoline Ruud	MADLA	02:43.31	498
	4		Anne Haugvaldstad	RANDABERG	02:45.91	475
	5		Vibeke Brigg	MADLA	02:51.87	428
	6		Bente Wathne	SANDNES	02:57.85	386
	7		Line Ask	STVG_V_POLO	03:04.30	347
	8		Stine Nygård	SSC	03:09.82	317
1990						
	1	p	Ina Marleen Holm	MADLA	02:32.93	607
	2	p	Monica Johannessen	KARMØY	02:37.88	552
	3	p	Christine Lilledahl	HSK	02:52.68	422

Øvelse 27 200 MEDLEY KVINNER

1990						
	4		Maren Kristine Jansen	RANDABERG	02:53.29	417
	5		Siri Møllerop	MADLA	02:53.65	415
	6		Kristina Dverseth	STVG_V_POLO	03:02.51	357
	7		Iselin Raustein	RANDABERG	03:05.45	340

1991						
	1	p	Anne Østbø	RANDABERG	03:10.05	316
	2		Tonje Ringen Nilsen	RANDABERG	03:24.94	252
	3		Merete Falck	SSC	03:29.61	235

1992						
	1	p	Tonje Holm	MADLA	02:59.00	378
	2		Maria W. Hollund	KARMØY	03:14.50	295

Øvelse 28 200 MEDLEY MENN

1986						
	1	p	Stig Andre Hansen	SOLA	02:56.58	282

1987						
	1	p	Erlend Skogland	HSK	02:34.78	419
	2	p	Åsmund Toresen	MADLA	02:35.97	410
	3		Christian Brigg	MADLA	02:40.58	375
	4		John Fjermestad Aase	BRYNE	02:46.70	335
	999		Stian Høgenhaug	RANDABERG	Disk	

1988						
	1	p	Vegard H°iberg	HSK	02:23.81	523
	2	p	Truls Stangeland	STVG_V_POLO	02:36.68	404
	3		Sindre Tveteraas	SOLA	02:36.69	404
	4		Lars Andre Tolås	RANDABERG	02:40.44	376
	5		Christian Lilledahl	HSK	02:43.68	354
	6		Alexander Waaland	SANDNES	02:52.17	304

1989						
	1	p	Per Erik Jakobsen	HSK	02:52.07	305
	2	p	Tørres H. Nordnes	STORD	02:54.05	295
	3		Ivar Idsø Flaten	SANDNES	03:00.70	263
	4		Eirik Netland	RANDABERG	03:08.10	233
	5		Eirik Aasen Knudsen	STVG_V_POLO	03:10.55	224

1990						
	1	p	Joar Skien Grannes	SANDNES	02:45.77	341
	2		Petter Ledsaak	SANDNES	02:58.14	275

1991						
	1	p	Bjarte Ravndal	SOLA	03:02.93	254
	2		Erling Mjøs Brattelid	SOLA	03:06.31	240
	3		Erlend Tvereraas	SOLA	03:17.60	201

1992						
	1	p	Ole Martin Ree	SOLA	03:04.89	246

Øvelse 29	50	BUTTERFLY	KVINNER			
1980						
1	p	Line Johansen	HSK	00:33.70	461	
1985						
1	p	Henriette Martinsen	SSC	00:31.68	555	
2		Gøril Gripsgård	MADLA		-1	
1986						
1	p	Marianne Fuglestad	SANDNES	00:35.09	408	
2	p	Inger Lise Kittelsen	SANDNES	00:35.61	391	
3		Ingjerd Helgeland	KLEPP	00:37.03	347	
4		Kaidy Orre	HSK	00:46.05	180	
1987						
1	p	Rebecca Calder	SSC	00:32.14	531	
2	p	Line Møllerop	MADLA	00:33.12	486	
3		Sara Bøgh Meling	MADLA	00:36.09	375	
4		Elisabeth Toresen	MADLA	00:36.45	364	
5		Marie Austal	SOLA	00:37.37	338	
6		Kari Wiig Stangeland	KLEPP	00:39.02	297	
1988						
1	p	Elizabeth Førland	MADLA	00:31.77	550	
2	p	Christine Øverland	MADLA	00:38.66	305	
3		Diana P Sira	SANDNES	00:39.79	280	
4		Unn Elin Kleppa	SANDNES	00:41.05	255	
1989						
1	p	Kathrine Ø. Fosse	KARMØY	00:33.07	488	
2	p	Anne Haugvaldstad	RANDABERG	00:33.59	465	
3	p	Vibeke Brigg	MADLA	00:33.99	449	
4	p	Ida Nordbø	MADLA	00:34.03	448	
5		Malene H. Vinsnesbakk	STORD	00:34.26	439	
6		Hege Ree	SOLA	00:34.74	421	
7		Ranveig Skogland	HSK	00:35.70	388	
8		Birgitte Mjøs Brattelid	SOLA	00:36.31	368	
9		Bente Wathne	SANDNES	00:37.16	344	
10		Åse Leivdal Kjølleberg	STVG_V_POLO	00:38.44	310	
11		Malene Gismervik	MADLA	00:40.32	269	
1990						
1	p	Ina Marleen Holm	MADLA	00:32.04	536	
2	p	Mai Linn Hanslien	STVG_V_POLO	00:33.31	477	
3	p	Cecilie Johannessen	KARMØY	00:35.29	401	
4	p	Kristina Dverseth	STVG_V_POLO	00:38.16	317	
5		Ingvild L. Losnegård	STORD	00:38.92	299	
6		Ann Kristin Skauge	KARMØY	00:39.01	297	
7		Ida Martinsen	KARMØY	00:43.02	221	
8		Lene Wathne	SANDNES	00:43.82	209	
9		Linn B. Hunstock	SOLA	00:45.60	186	
10		Kjersti Austdal	SOLA	00:46.31	177	

Øvelse 29 50 BUTTERFLY KVINNER

1990					
11		Laila Raugstad	SANDNES	00:47.43	165
12		Sigrid Heitmann	STVG_V_POLO		-1
1991					
1	p	Line Heiberg	KARMØY	00:36.01	378
2	p	Line Høiberg Eike	KARMØY	00:37.79	327
3	p	Linn Heiberg	KARMØY	00:38.42	311
4	p	Michelle Bjerga	SSC	00:38.87	300
5		Lise Merethe Langås	KARMØY	00:40.21	271
6		Nicole T. Næsheim	SSC	00:40.47	266
7		Chatharina Galta	SSC	00:42.63	227
8		Tonje Ringen Nilsen	RANDABERG	00:45.76	184
999		Torhild Anda	RANDABERG	Disk	
999		Oda B. Østerdal	SSC		-1
1992					
1	p	Irene Ø. Fosse	KARMØY	00:37.45	336
2		Hege Harestad	SSC	00:53.60	114
S14					
1	p	Hanne Torill Scheit	STEGABERG	00:52.56	121
sbu9					
1	p	Anne Ask Rasmussen	STVG_V_POLO	00:48.00	159
senior					
1	p	Siri Hamre	TEAM_STAVANG	00:31.16	583
2		Stine Haferkamp	TEAM_STAVANG	00:31.38	571
3		Monica Martinsen	SSC	00:32.56	511
Øvelse 30 50 BUTTERFLY MENN					
1986					
1	p	Pål Torkildsen	ÅSTVEIT	00:28.88	521
2		Thor Kristian Larsen	RANDABERG	00:29.30	499
3		Kristoffer Grassdal	SOLA	00:32.22	375
1987					
1	p	Thomas Ole Fadnes	SSC	00:29.32	497
2	p	Erlend Skogland	HSK	00:29.59	484
3		Fredrik Nordbø	MADLA	00:31.56	399
4		John Fjermestad Aase	BRYNE	00:35.93	270
5		Stian Høgenhaug	RANDABERG	00:36.06	267
1988					
1	p	Karsten Johannessen	KARMØY	00:29.92	468
2	p	Kjetil Lilleland	HSK	00:30.07	461
3	p	Sven Hove	KLEPP	00:30.45	444
4	p	Jørgen Møllerop	MADLA	00:31.44	403
5	p	Filip Nasr	SOLA	00:33.04	348
6		Alexander Levidsky	HSK	00:33.36	338
7		Truls Stangeland	STVG_V_POLO	00:33.49	334

Øvelse 30	50	BUTTERFLY	MENN		
1988					
	8	Morten Holen	BRYNE	00:33.96	320
	9	Rune Skien Grannes	SANDNES	00:34.25	312
	10	Kenneth Høydal	SANDNES	00:35.23	287
	11	Erlend Kjosavik	BRYNE	00:35.85	272
	12	Lidwig Hart	MADLA	00:35.88	271
	13	Gaute L. Losnegård	STORD	00:36.95	248
	14	Trygve Sekse	SOLA	00:38.76	215
	15	Alexander Waaland	SANDNES	00:38.91	213
1989					
	1 p	Eirik Netland	RANDABERG	00:35.87	271
	2 p	Tørres H. Nordnes	STORD	00:36.83	251
	3 p	Ivar Idsø Flaten	SANDNES	00:37.39	240
	4	Johannes Framnes	STORD	00:38.42	221
	5	Eirik Husebø	MADLA	00:41.08	181
	6	Kristoffer Huslende	SSC	00:46.06	128
	7	Eirik Aasen Knudsen	STVG_V_POLO		-1
1990					
	1 p	Joar Skien Grannes	SANDNES	00:34.63	302
	2 p	Petter Ledsaak	SANDNES	00:37.18	244
	3	Thor Billington	SANDNES	00:39.82	198
	4	Thomas M. Endresen	HSK	00:42.49	163
	999	Mats Nesvik	RANDABERG	Disk	
1991					
	1 p	Erling Mjøs Brattelid	SOLA	00:38.66	217
	2 p	Bjarte Ravndal	SOLA	00:40.00	196
	3	Erlend Tvereraas	SOLA	00:43.12	156
	4	Pål Anfinssen	HSK	00:46.99	120
	5	Eirik Ramsdad	MADLA	00:47.62	116
1992					
	1 p	Sindre Lilledahl	HSK	00:39.53	203
	2 p	Ole Martin Ree	SOLA	00:40.66	186
	3	Jorn Nygård	SSC	00:51.32	92
	4	Henrik Madland	SSC		-1
senior					
	1 p	Bjørnar Evensen	SSC	00:28.73	529
	2 p	Glenn Cudmore	SSC	00:28.89	520
	3	Henning Adolfsen	SSC	00:29.58	484
	4	Christian Johansen	HSK	00:29.72	478
	5	Espen Røkke	SSC	00:30.46	444
	6	Reidar Holen	RANDABERG	00:32.11	379
Øvelse 31	4X100 MEDLEY	KVINNER			
junior					
	1 p	SSC junior	SSC	04:46.62	
	2 p	Madla 1	MADLA	04:54.99	

Øvelse 31 4X100 MEDLEY KVINNER

junior					
3	p	Karmøy 1	KARMØY	05:01.02	
4	p	Madla 2	MADLA	05:07.64	
5	p	Jenter SSLK	SANDNES	05:17.78	
6		Madla 3	MADLA	05:22.54	
7		Randaberg	RANDABERG	05:26.03	
8		sola junior	SOLA	05:26.96	
9		Stavanger Vannpoloklubb	STVG_V_POLO	05:28.52	
10		STORD	STORD	05:29.92	
11		SSC junior 2	SSC	05:33.39	
12		Karmøy 2	KARMØY	05:39.55	
13		Karmøy 3	KARMØY	06:33.42	
13		Førsteetappe : Ann Kristin Skaug	KARMØY	01:27.27	-1
senior					
		SSC	SSC	05:43.45	

Øvelse 32 4X100 MEDLEY MENN

junior					
1	p	Madla 1	MADLA	04:45.45	
2	p	Randaberg	RANDABERG	04:49.81	
2		Førsteetappe : Lars Andre Tolås	RANDABERG	01:11.85	-1
3	p	hsk gutter 2	HSK	04:59.44	
3		Førsteetappe : Olav-Mikal Furali	HSK	01:07.98	-1
4		Gutter 1	SOLA	05:12.21	
5		Gutter SSLK	SANDNES	05:13.25	
5		Førsteetappe : Joar Skien Grann	SANDNES	01:17.56	-1
6		SSC junior	SSC	05:29.36	
7		hsk gutter 3	HSK	05:36.78	
7		Førsteetappe : Karsten Johannes	HSK	01:08.38	-1
8		Gutter 2	SOLA	05:43.97	
9		Madla 2	MADLA	06:16.88	
senior					
		SSC	SSC	04:24.10	
1	p	hsk gutter 1	HSK	04:25.08	
1		Førsteetappe : Kjetil Lilleland	HSK	01:08.17	-1