

ARABERSVØM 2005
24.09-25.09.2005 HAUGESUND
Haugesund Svømmeklubb

STARTLISTE
Safir Stevnebørsen
Onsdag 21. september 2005

ØVELSE 1 400 FRI MENN

HEAT 1

1	Mathias Janvin	1995/1995	MADLA	_____
2	Simen Alvestad	1994/1994	KARMØY	_____
3	Henning Skare Pryde	/1992	SSC	_____
4	Simon Høysæther	1993/1993	HSK	_____
5	Håvard Gåsland	1994/1994	BRYNE	_____

HEAT 2

1	Andreas Sædberg	1988/1988	ÅLGÅRD	_____
2	Gaute Ravndal	1994/1994	SOLA	06:32.46 _____
3	Thorbjørn Birkeland	1993/1993	HSK	06:18.87 _____
4	Morten Bordevich	1994/1994	SOLA	06:25.77 _____
5	Alexander Marki Mork	/1995	SSC	07:10.64 _____
6	Sindre Ask	/1991	SSC	_____

HEAT 3

1	Stian Iversen Helgeland	/1987	TEAM STAVANGER	06:00.00 _____
2	Erik Vassøy Olsen	1991/1991	Randaberg	05:51.87 _____
3	Ole Iversen Kalvø	1992/1992	DELFANA	05:41.20 _____
4	Steffen Larsen	1991/1991	MADLA	05:46.11 _____
5	Mats Nesvik	1990/1990	Randaberg	05:58.29 _____
6	Børre Bastiqkeit	1992/1992	HSK	06:18.09 _____

HEAT 4

1	Hans B. Østerdal	/1993	SSC	05:33.46 _____
2	Vegard Belaska	1993/1993	MADLA	05:28.20 _____
3	Halvdan Mjelde	1992/1992	DELFANA	05:19.38 _____
4	Magnus H. Løland	/1990	SSC	05:23.24 _____
5	Stian Rolfsen Gilje	1990/1990	STVG.HAIK	05:28.26 _____
6	Sander Rødje	1993/1993	HSK	05:39.61 _____

HEAT 5

1	Christer Emil Haga Bru	1990/1990	STVG.HAIK	05:13.99 _____
2	Jørn Nygård	/1992	SSC	05:11.34 _____
3	Christian N. Juvik	1993/1993	SOLA	05:07.23 _____
4	Paal Anfinsen	1991/1991	HSK	05:08.39 _____
5	Kim-Andre M. Austli	1989/1989	ÅLGÅRD	05:13.03 _____
6	Andreas Knudsen	/1990	SSC	05:18.69 _____

HEAT 6

1	Aleksander Haugstvedt	1989/1989	DELFANA	05:01.91 _____
2	Eirik Ramstad	1991/1991	MADLA	04:58.52 _____
3	Espen Halhjem	1992/1992	DELFANA	04:56.66 _____
4	Per Steinar Nilssen	1989/1989	KARMØY	04:58.12 _____
5	Per Erik Jakobsen	1989/1989	HSK	05:00.99 _____
6	John Fjermestad Aase	1987/1987	BRYNE	05:04.78 _____

HEAT 7

1	Stig Andre Hansen	SENIOR/1986	SOLA	04:52.48 _____
2	Bjarte Ravndal	1991/1991	SOLA	04:47.11 _____
3	Andreas Solem	1989/1989	DELFANA	04:39.78 _____
4	Christian Brigg	/1987	MADLA TS	04:46.29 _____
5	Fredrik Nordbøe	/1987	MADLA TS	04:52.27 _____
6	Sindre Lilledahl	1992/1992	HSK	04:56.17 _____

HEAT 8

1	Kjetil Lilleland	1988/1988	HSK	04:33.54	_____
2	Olav-Mikal Furali	1988/1988	HSK	04:28.57	_____
3	Sindre Tveteraas	/1988	TS.SOLA	04:28.00	_____
4	Thor Kristian Larsen	SENIOR/1986	Randaberg	04:28.21	_____
5	Lars Andre Tolås	1988/1988	Randaberg	04:29.23	_____
6	Even Vike Holm	1990/1990	ARNA SLK	04:35.94	_____

HEAT 9

1	Lars E Borsheim	/1980	MADLA TS	04:23.50	_____
2	Jørgen Møllerop	/1988	MADLA TS	04:15.33	_____
3	Øyvind Kalvø	1990/1990	DELFANA	04:10.24	_____
4	Jan Erik Borsheim	/1986	MADLA TS	04:11.26	_____
5	Thomas Ole Fadnes	/1987	SSC	04:21.94	_____
6	Åsmund Toresen	/1987	MADLA TS	04:26.08	_____

ØVELSE 2 400 FRI KVINNER

HEAT 1

2	Ingalill Urrang Naustvik	1995/1995	KARMØY		_____
3	Maren Larsen	1994/1994	MADLA		_____
4	Malin Haga	1995/1995	MADLA		_____

HEAT 2

1	Sanne Risbakk	1994/1994	MADLA		_____
2	Kristin Lende	1993/1993	BRYNE		_____
3	Camilla S. Skretting	1992/1992	BRYNE		_____
4	Maria Bergfjord	1993/1993	MADLA		_____
5	Malin Høysæther	1994/1994	HSK		_____
6	Susanne Fornasari	1994/1994	MADLA		_____

HEAT 3

1	Åslaug T. Blitzner	1992/1992	BRYNE		_____
2	Ane Cecilie Ekern	/1991	SSC		_____
3	Alise Sandvik	1991/1991	BRYNE		_____
4	Stine Hamarsland	1991/1991	ÅLGÅRD		_____
5	Solvor Lende	1992/1992	BRYNE		_____
6	Sonja Gåsland	1992/1992	BRYNE		_____

HEAT 4

1	Heidi Høgalmen	1990/1990	MADLA		_____
2	Camilla Thoreby	1990/1990	MADLA		_____
3	Caroline Dverseth	1993/1993	MADLA	07:22.63	_____
4	Christine Ørland	1988/1988	MADLA		_____
5	Lene P. Lovra	1990/1990	BRYNE		_____
6	Trine Hovda	1990/1990	MADLA		_____

HEAT 5

1	Julie Askeland	1994/1994	HSK	06:49.01	_____
2	Tonje Sønneland	1991/1991	MADLA	06:26.99	_____
3	Line Nilsson	1994/1994	FRISINN	06:23.83	_____
4	Kristin Bringedal	1991/1991	FRISINN	06:24.73	_____
5	Julia Cuyppers	1993/1993	DELFANA	06:46.86	_____
6	Ane Nygård	/1995	SSC	06:50.51	_____

HEAT 6

1	Ingvild Hamre	1990/1990	MADLA	06:08.78	_____
2	Mariell Vik	1992/1992	MADLA	06:02.16	_____
3	Inger Kristine Steinsland	1992/1992	STORD	05:54.74	_____
4	Signe Lootz	1993/1993	MADLA	06:00.63	_____
5	Siren Bergslid	1993/1993	MADLA	06:04.78	_____
6	Ingrid Hystad	1992/1992	STORD	06:21.22	_____

HEAT 7

1	Eva Marie Østerhus	1994/1994	SOLA	05:42.78	_____
2	Hege Harestad	/1992	SSC	05:33.20	_____
3	Maren Kristine Jansen	1990/1990	Randaberg	05:31.14	_____
4	Anne Østbø	1991/1991	Randaberg	05:32.90	_____
5	Ingeborg Ueland	1991/1991	SOLA	05:37.34	_____
6	Rebekka Andersen	1993/1993	FRISINN	05:48.96	_____

HEAT 8

1	Malene Gismervik	1989/1989	MADLA	05:26.77	_____
2	Kristina Dverseth	1990/1990	MADLA	05:25.35	_____
3	Victoria Rung	1992/1992	FRISINN	05:24.42	_____
4	Tiril Vike	1989/1989	MADLA	05:24.70	_____
5	Ingvild L. Losnegård	1990/1990	STORD	05:25.58	_____
6	Stine Kristoffersen	1993/1993	FRISINN	05:28.90	_____

HEAT 9

1	Torhild Anda	1991/1991	Randaberg	05:20.98	_____
2	Marthe Berg Sørensen	1992/1992	FRISINN	05:17.49	_____
3	Iselin Raustein	1990/1990	Randaberg	05:11.85	_____
4	Oda L. Stenersen	1990/1990	DELFANA	05:16.23	_____
5	Anne Haugvaldstad	1989/1989	Randaberg	05:19.90	_____
6	Karoline Eriksen	/1992	SSC	05:21.89	_____

HEAT 10

1	Hanne Søfteland	1992/1992	DELFANA	05:08.03	_____
2	Michelle Bjerga	/1991	SSC	05:05.82	_____
3	Mai Linn Hanslien	/1990	TS. SVK	05:05.39	_____
4	Catharina Galta	/1991	SSC	05:05.58	_____
5	Karoline Sørbø	/1990	SSC	05:06.49	_____
6	June J. Kristiansen	1990/1990	DELFANA	05:08.82	_____

HEAT 11

1	Ida Nordbøe	/1989	MADLA TS	04:59.93	_____
2	Siri Møllerop	/1990	MADLA TS	04:58.29	_____
3	Ragnhild Smith-Sivertsen	1989/1989	DELFANA	04:53.84	_____
4	Birgitte Mjøs Brattelid	1989/1989	SOLA	04:57.49	_____
5	Vibeke Brigg	/1989	MADLA TS	04:59.45	_____
6	Seline Vike Holm	1992/1992	ARNA SLK	05:01.55	_____

HEAT 12

1	Elizabeth Førland	/1988	MADLA TS	04:52.58	_____
2	Mari Ask Rasmussen	/1986	TS. SVK	04:49.70	_____
3	Line Møllerop	/1987	MADLA TS	04:45.24	_____
4	Stine Haferkamp	/1983	TS. SVK	04:46.51	_____
5	Sarah Bøgh Meling	/1987	MADLA TS	04:50.00	_____
6	Natacha Salte Hagenes	1987/1987	HAMAR	04:53.15	_____

HEAT 13

1	Helene Lybak	1990/1990	DELFANA	04:36.49	_____
2	Karen Stødle	1987/1987	KARMØY	04:32.37	_____
3	Cecilie W. Johannessen	1990/1990	KARMØY	04:25.95	_____
4	Alvilde Morken	/1989	SSC	04:26.50	_____
5	Rebecca Calder	/1987	TEAM STAVANGER	04:33.00	_____
6	Hanne Guttormsen	/1986	MADLA TS	04:38.00	_____

ØVELSE 3 50 RYGG MENN

HEAT 1

1	Kristoffer Rung	1995/1995	FRISINN		_____
2	Sverre Haugen	1994/1994	HSK		_____
3	Andre Kjær Olsen	1993/1993	KARMØY		_____
4	Simon Høysæther	1993/1993	HSK		_____
5	Henrik Knudsen	/1994	SSC		_____
6	Thomas N. Juvik	1996/1996	SOLA		_____

HEAT 2

1	Odd Arne Stokkeland	1992/1992	SOLA		_____
2	Alexander Waaland	1988/1988	SSLK		_____
3	Eirik H. Wallevik	1994/1994	ARNA SLK	00:52.03	_____
4	Kris-Thomas M. Austli	1992/1992	ÅLGÅRD	00:52.20	_____
5	Kent Magne Dybing	1989/1989	SSLK		_____
6	Alexander Røgenes	1992/1992	HSK		_____

HEAT 3

1	Anders L. Losnegård	1995/1995	STORD	00:48.88	_____
2	Alexander Øvestad	1993/1993	SSLK	00:46.53	_____
3	Martin Haugland	/1992	SSC	00:43.89	_____
4	Morten Bordevich	1994/1994	SOLA	00:45.71	_____
5	Martin Drengstig	1994/1994	SOLA	00:48.20	_____
6	Glenn Skjæveland	1992/1992	ÅLGÅRD	00:50.66	_____

HEAT 4

1	Timothy Jøraholmen	1993/1993	HSK	00:43.17	_____
2	Stian Rolfsen Gilje	1990/1990	STVG.HAIK	00:41.39	_____
3	Krister Stokke	1991/1991	KARMØY	00:39.89	_____
4	Frode Rømo	S14/1975	STEGABERG	00:40.23	_____
5	Fredrik Føreid	/1991	SSC	00:42.93	_____
6	Vetle Steffensen	1993/1993	ARNA SLK	00:43.60	_____

HEAT 5

1	Anders Runningen	1992/1992	DELFANA	00:39.19	_____
2	Jakob Haugstvedt	1991/1991	DELFANA	00:38.05	_____
3	Johannes Framnes	1989/1989	STORD	00:37.27	_____
4	Adrian Brask	1989/1989	STORD	00:37.54	_____
5	Christer Emil Haga Bru	1990/1990	STVG.HAIK	00:38.49	_____
6	Andreas Sæberg	1988/1988	ÅLGÅRD	00:39.43	_____

HEAT 6

1	Thomas Øvestad	1992/1992	SSLK	00:36.77	_____
2	Kristoffer Huslende	/1989	SSC	00:34.92	_____
3	Haakon Undheim	1991/1991	KARMØY	00:33.92	_____
4	Eirik Runningen	1990/1990	DELFANA	00:34.79	_____
5	Øyvind L. Styrmo	1993/1993	DELFANA	00:36.01	_____
6	Halvdan Mjelde	1992/1992	DELFANA	00:36.94	_____

HEAT 7

1	Simen Dale	1991/1991	DELFANA	00:33.24	_____
2	Eirik Ramstad	1991/1991	MADLA	00:33.01	_____
3	Åsmund Toresen	/1987	MADLA TS	00:31.59	_____
4	Tørres H. Nordnes	1989/1989	STORD	00:32.35	_____
5	Christian Brigg	/1987	MADLA TS	00:33.23	_____
6	Erlend Tveteraas	1991/1991	SOLA	00:33.69	_____

HEAT 8

1	Ole Andreas Kolaas	1989/1989	DELFANA	00:30.22	_____
2	Ruben Furali	1989/1989	HSK	00:29.44	_____
3	Lars Andre Tolås	1988/1988	Randaberg	00:28.73	_____
4	Karsten W. Johannessen	1988/1988	KARMØY	00:29.07	_____
5	Joar Skien Grannes	1990/1990	SSLK	00:30.06	_____
6	Even Vike Holm	1990/1990	ARNA SLK	00:31.30	_____

ØVELSE 4 50 RYGG KVINNER

HEAT 1

2	Veslemøy Odland	1995/1995	HSK		_____
3	Marie Sekse	1995/1995	SOLA		_____
4	Ingrid Ovnerud	1995/1995	SOLA		_____

HEAT 2

1	Gunn Johanne Scheit	S14/1973	STEGABERG	01:20.47	_____
2	Sigrid Ramstad	1994/1994	MADLA		_____
3	Mariell Aamodt	1993/1993	KARMØY		_____
4	Nora Svihus	/1993	SSC		_____
5	Inghild Birgitte Mikkelse	/1995	SSC		_____

HEAT 3

1	Elisabeth Berntsen	/1992	BRIAR HILLS DOLPHINS		_____
2	Tonje Immerstein	1989/1989	SSLK		_____
4	Unn Elin Kleppa Øvestad	1988/1988	SSLK		_____
5	Ingrid Larsen Wigestrånd	1992/1992	SOLA		_____
6	Marianne Ydstebø	1992/1992	Randaberg		_____

HEAT 4

1	Susan Torgersen	1995/1995	ARNA SLK	00:58.47	_____
2	Bettina Sandstøl	1994/1994	ÅLGÅRD	00:55.26	_____
3	Jane Vigdel	1994/1994	SANDE	00:54.35	_____
4	Hanna H. Vinsnesbakk	1995/1995	STORD	00:55.04	_____
5	Hanne Torill Scheit	S14/1971	STEGABERG	00:55.66	_____
6	Lena Myrås Ciftici	1993/1993	STORD	01:02.17	_____

HEAT 5

1	Sonja Gåsland	1992/1992	BRYNE	00:53.19	_____
2	Ingalill Urrang Naustvik	1995/1995	KARMØY	00:51.88	_____
3	Tonje Vassbø	1990/1990	ÅLGÅRD	00:51.46	_____
4	Henriette Aarthun	1994/1994	SOLA	00:51.83	_____
5	SOLVEIG VUILLIOMENET	1994/1994	KLEPP	00:52.57	_____
6	Aina B. Østerdal	/1994	SSC	00:53.80	_____

HEAT 6

1	LINN WEI AAMODT	1994/1994	KLEPP	00:50.87	_____
2	Ada Amalie Rom Abrahamsen	1994/1994	Randaberg	00:49.10	_____
3	Alida Etterlid Jensen	1995/1995	STORD	00:48.43	_____
4	Marte K Haukeland	1994/1994	ARNA SLK	00:48.84	_____
5	Mari Kristoffersen	1995/1995	FRISINN	00:50.45	_____
6	Annika Roland	1994/1994	Randaberg	00:51.26	_____

HEAT 7

1	Marielle Pettersen	1991/1991	ÅLGÅRD	00:47.30	_____
2	Silje Føyen Nilsen	1993/1993	STORD	00:46.55	_____
3	Malena Martens	1994/1994	STORD	00:46.45	_____
4	Ingrid Ånderå	1993/1993	ÅLGÅRD	00:46.54	_____
5	IDA LANGVIK FLÅTEN	1991/1991	KLEPP	00:47.26	_____
6	Linnea Brask	1993/1993	STORD	00:47.95	_____

HEAT 8

1	Julia Cuypers	1993/1993	DELFANA	00:46.14	_____
2	LINA HOVE	1992/1992	KLEPP	00:43.96	_____
3	Stine Hamarsland	1991/1991	ÅLGÅRD	00:42.21	_____
4	Elise Christensen	1988/1988	ÅLGÅRD	00:42.70	_____
5	Caroline Dverseth	1993/1993	MADLA	00:45.99	_____
6	Karoline Langvik	/1994	SSC	00:46.40	_____

HEAT 9

1	Michelle Angell	1993/1993	DELFANA	00:41.09	_____
2	Tonje Ringen Nilsen	1991/1991	Randaberg	00:40.45	_____
3	Marie Austdal	1987/1987	SOLA	00:39.42	_____
4	BIRGITTE ALVESTAD	1991/1991	KLEPP	00:40.38	_____
5	SIV VUILLIOMENET	1992/1992	KLEPP	00:41.01	_____
6	Elisabeth Kristiansen	1992/1992	HSK	00:41.62	_____

HEAT 10

1	Sarah Louise Rung	1989/1989	FRISINN	00:39.15	_____
2	Ingvild M. Brurås	1989/1989	ARNA SLK	00:39.01	_____
3	Mari Løvik	1991/1991	DELFANA	00:38.43	_____
4	Trine Midtun	1990/1990	ARNA SLK	00:38.95	_____
5	Maria Wee Hollund	1992/1992	KARMØY	00:39.14	_____
6	Ann Kristin Skauge	1990/1990	KARMØY	00:39.24	_____

HEAT 11

1	Seline Vike Holm	1992/1992	ARNA SLK	00:36.38	_____
2	Line Heiberg	1991/1991	KARMØY	00:35.74	_____
3	Lena Maria Furali	1992/1992	HSK	00:34.50	_____
4	Linn Mari Høgalmen	/1987	MADLA TS	00:35.54	_____
5	Oda J. Midtun	1991/1991	ARNA SLK	00:36.02	_____
6	Katinka Kvant	1989/1989	ARNA SLK	00:38.07	_____

HEAT 12

1	Line Møllerop	/1987	MADLA TS	00:33.66	_____
2	Ida Nordbøe	/1989	MADLA TS	00:33.08	_____
3	Hanne Guttormsen	/1986	MADLA TS	00:31.00	_____
4	Anne Haugvaldstad	1989/1989	Randaberg	00:32.69	_____
5	Monica W. Johannessen	1990/1990	KARMØY	00:33.44	_____
6	Siri Møllerop	/1990	MADLA TS	00:34.14	_____

ØVELSE 5 100 BUTTERFLY MENN

HEAT 1

2	Gaute Ravndal	1994/1994	SOLA		_____
3	Erik William Ravndal	1990/1990	SSLK		_____
4	Steffen Larsen	1991/1991	MADLA		_____
5	Martin Drenngstig	1994/1994	SOLA		_____

HEAT 2

1	Petter Ledsaak	1990/1990	SSLK		_____
2	Erik Vassøy Olsen	1991/1991	Randaberg	01:43.64	_____
3	Thorbjørn Birkeland	1993/1993	HSK	01:30.94	_____
4	Gøran Kjær Eriksson	1993/1993	KARMØY	01:31.67	_____
5	Kim-Andre M. Austli	1989/1989	ÅLGÅRD		_____
6	Fredrik Svensen	1990/1990	STVG.HAIK		_____

HEAT 3

1	Mats Nesvik	1990/1990	Randaberg	01:18.19	_____
2	Rune Skien Grannes	1988/1988	SSLK	01:15.00	_____
3	Eirik Netland	1989/1989	Randaberg	01:13.60	_____
4	Pål B. Mortensen	/1990	SSC	01:14.21	_____
5	Per Steinar Nilssen	1989/1989	KARMØY	01:17.77	_____
6	Stian Iversen Helgeland	/1987	TEAM STAVANGER	01:27.89	_____

HEAT 4

1	Sebastian Stordal	1991/1991	DELFANA	01:12.42	_____
2	Thor Helge Billington	1990/1990	SSLK	01:08.56	_____
3	Kjetil Lilleland	1988/1988	HSK	01:05.76	_____
4	Thomas Andre Aaslette	1989/1989	ARNA SLK	01:08.33	_____
5	Mads V. Steffensen	1989/1989	ARNA SLK	01:10.46	_____
6	Erling Mjøs Brattelid	1991/1991	SOLA	01:13.45	_____

HEAT 5

1	Jan Erik Borsheim	/1986	MADLA TS	01:03.57	_____
2	Sven Hove	/1988	SSC	01:01.78	_____
3	Vegard Høiberg	1988/1988	HSK	00:58.46	_____
4	Jørgen Møllerop	/1988	MADLA TS	00:59.86	_____
5	Lars E Borsheim	/1980	MADLA TS	01:02.07	_____
6	Thor Kristian Larsen	SENIOR/1986	Randaberg	01:05.63	_____

ØVELSE 6 100 BUTTERFLY KVINNER

HEAT 1

2	Maren Larsen	1994/1994	MADLA	_____
3	Christine Ørland	1988/1988	MADLA	_____
4	Caroline Marki Mork	/1993	SSC	_____

HEAT 2

1	Signe Lootz	1993/1993	MADLA	01:48.66	_____
2	Julie Askeland	1994/1994	HSK	01:43.45	_____
3	Tonje Sønneland	1991/1991	MADLA	01:39.79	_____
4	Vannja Celine Brunsvik	1993/1993	HSK	01:40.75	_____
5	Silje Lilledahl	1994/1994	HSK	01:43.46	_____

HEAT 3

1	Ingvild Hamre	1990/1990	MADLA	01:30.56	_____
2	Merete Falck	/1991	SSC	01:25.86	_____
3	Maren Kristine Jansen	1990/1990	Randaberg	01:17.74	_____
4	Camilla Høyvik	1989/1989	ARNA SLK	01:18.85	_____
5	Ann Kristin Skauge	1990/1990	KARMØY	01:26.32	_____
6	Eva Marie Østerhus	1994/1994	SOLA	01:36.33	_____

HEAT 4

1	Nicole T. Næsheim	/1991	SSC	01:15.86	_____
2	Ane J. Midtun	1991/1991	ARNA SLK	01:15.29	_____
3	Marina Rasmussen	1989/1989	ARNA SLK	01:12.82	_____
4	Helene Lybak	1990/1990	DELFAANA	01:14.51	_____
5	Ranveig Skogland	1989/1989	HSK	01:15.85	_____
6	Vibeke Brigg	/1989	MADLA TS	01:16.13	_____

HEAT 5

1	Sarah Bøgh Meling	/1987	MADLA TS	01:11.06	_____
2	Tonje Elisabeth Langvik	/1989	SSC	01:09.09	_____
3	Monica Martinsen	/1983	SSC	01:05.39	_____
4	Elizabeth Førland	/1988	MADLA TS	01:08.01	_____
5	Lena Maria Furali	1992/1992	HSK	01:09.23	_____
6	Irene Ø. Fosse	1992/1992	KARMØY	01:12.13	_____

ØVELSE 7 50 FRI MENN

HEAT 1

2	Sverre Haugen	1994/1994	HSK	_____
3	Andre Kjær Olsen	1993/1993	KARMØY	_____
4	Henrik Knudsen	/1994	SSC	_____

HEAT 2

1	Kent Magne Dybing	1989/1989	SSLK	_____	
2	Kjell Skåra	CB/0	EGERSUND	01:09.68	_____
3	Marius Gabrielsen	S14/1992	STEGABERG	00:59.63	_____
4	Bjørn Erik Lomeland	CB/0	EGERSUND	01:02.43	_____
5	Jan Erik Larsen	S4/1969	STEGABERG	01:13.09	_____

HEAT 3

1	Roger Larsen	CB/0	EGERSUND	00:56.54	_____
2	Ali Andre Netland	1993/1993	HSK	00:54.49	_____
3	Alexander Røgenes	1992/1992	HSK	00:49.29	_____
4	Roald Skaara	CC/1980	EGERSUND	00:52.94	_____
5	Thor Inge Hansen	S14/1965	STEGABERG	00:55.24	_____
6	Jan Vidar Erland	S14/1967	STEGABERG	00:59.61	_____

HEAT 4

1	Thomas N. Juvik	1996/1996	SOLA	00:43.41	_____
2	Kristoffer Rung	1995/1995	FRISINN	00:42.91	_____
3	Philip. M Stårfeldt	1993/1993	FRISINN	00:40.36	_____
4	Martin Drengstig	1994/1994	SOLA	00:40.46	_____
5	Sigurd Lende	1994/1994	BRYNE	00:43.21	_____
6	Anders L. Losnegård	1995/1995	STORD	00:45.33	_____

HEAT 5

1	Alexander Marki Mork	/1995	SSC	00:38.24	_____
2	Kris-Thomas M. Austli	1992/1992	ÅLGÅRD	00:37.99	_____
3	Morten Bordevich	1994/1994	SOLA	00:37.10	_____
4	Ernst Raymond Helmersen	S14/1985	STEGABERG	00:37.87	_____
5	Glenn Skjøveland	1992/1992	ÅLGÅRD	00:37.99	_____
6	Eirik H. Wallevik	1994/1994	ARNA SLK	00:39.90	_____

HEAT 6

1	Martin Haugland	/1992	SSC	00:36.68	_____
2	Håvard Gåsland	1994/1994	BRYNE	00:36.10	_____
3	Simen Alvestad	1994/1994	KARMØY	00:36.00	_____
4	Ole Iversen Kalvø	1992/1992	DELFANA	00:36.07	_____
5	Yngve Grøstad	/1993	SSC	00:36.21	_____
6	Alexander Øvestad	1993/1993	SSLK	00:36.77	_____

HEAT 7

1	Didrik Grønseth	1992/1992	FRISINN	00:35.37	_____
2	Odd Arne Stokkeland	1992/1992	SOLA	00:34.94	_____
3	Hans B. Østerdal	/1993	SSC	00:33.91	_____
4	Timothy Jøraholmen	1993/1993	HSK	00:34.20	_____
5	Stian Iversen Helgeland	/1987	TEAM STAVANGER	00:35.16	_____
6	Vetle Steffensen	1993/1993	ARNA SLK	00:35.44	_____

HEAT 8

1	Thomas Øvestad	1992/1992	SSLK	00:33.71	_____
2	Markus Heimdal	1992/1992	DELFANA	00:33.62	_____
3	Fredrik Føreid	/1991	SSC	00:33.18	_____
4	Sondre Haga	1991/1991	SSLK	00:33.62	_____
5	Anders Runningen	1992/1992	DELFANA	00:33.68	_____
6	Henning Skare Pryde	/1992	SSC	00:33.74	_____

HEAT 9

1	Bjørn Inge Refsnes	/1990	SSC	00:32.86	_____
2	Øyvind L. Styrmo	1993/1993	DELFANA	00:32.54	_____
3	Halvdan Mjelde	1992/1992	DELFANA	00:31.92	_____
4	Christer Emil Haga Bru	1990/1990	STVG.HAIK	00:32.21	_____
5	Frode Rømo	S14/1975	STEGABERG	00:32.62	_____
6	Vegard Roaldkvam	/1990	SSC	00:33.08	_____

HEAT 10

1	Ørjan Knutli	1989/1989	ARNA SLK	00:31.67	_____
2	Sander Rødje	1993/1993	HSK	00:31.53	_____
3	Øyvind Grassdal	1990/1990	SOLA	00:31.26	_____
4	Erling Mjøs Brattelid	1991/1991	SOLA	00:31.40	_____
5	Christoffer Kvernvoll	/1990	SSC	00:31.54	_____
6	Krister Stokke	1991/1991	KARMØY	00:31.78	_____

HEAT 11

1	Paal Anfindsen	1991/1991	HSK	00:31.05	_____
2	Sebastian Stordal	1991/1991	DELFANA	00:30.61	_____
3	Espen Halhjem	1992/1992	DELFANA	00:30.26	_____
4	Christian N. Juvik	1993/1993	SOLA	00:30.43	_____
5	Jørn Nygård	/1992	SSC	00:30.77	_____
6	Jakob Haugstvedt	1991/1991	DELFANA	00:31.05	_____

HEAT 12

1	Andreas Sædberg	1988/1988	ÅLGÅRD	00:30.04	_____
2	Alexander Waaland	1988/1988	SSLK	00:29.83	_____
3	Thomas M. Endresen	1990/1990	HSK	00:29.70	_____
4	Aleksander Haugstvedt	1989/1989	DELFANA	00:29.74	_____
5	Marek Labak	1991/1991	MADLA	00:29.90	_____
6	Sindre Ask	/1991	SSC	00:30.07	_____

HEAT 13

1	Andreas Knudsen	/1990	SSC	00:29.27	_____
2	Eirik Runningen	1990/1990	DELFANA	00:29.10	_____
3	Adrian Brask	1989/1989	STORD	00:28.97	_____
4	Haakon Undheim	1991/1991	KARMØY	00:28.99	_____
5	Kristoffer Huslende	/1989	SSC	00:29.18	_____
6	Stian Rolfsen Gilje	1990/1990	STVG.HAIK	00:29.62	_____

HEAT 14

1	Fredrik Svensen	1990/1990	STVG.HAIK	00:28.88	_____
2	Erlend Tveteraas	1991/1991	SOLA	00:28.83	_____
3	Even Vike Holm	1990/1990	ARNA SLK	00:28.68	_____
4	Ivar Idsø Flaten	1989/1989	SSLK	00:28.69	_____
5	Johannes Framnes	1989/1989	STORD	00:28.84	_____
6	Stig Andre Hansen	SENIOR/1986	SOLA	00:28.90	_____

HEAT 15

1	John Fjermestad Aase	1987/1987	BRYNE	00:28.53	_____
2	Simen Dale	1991/1991	DELFANA	00:28.44	_____
3	Eirik Ramstad	1991/1991	MADLA	00:28.09	_____
4	Ole Martin Grytten Ree	1992/1992	SOLA	00:28.37	_____
5	Per Erik Jakobsen	1989/1989	HSK	00:28.50	_____
6	Kim-Andre M. Austli	1989/1989	ÅLGÅRD	00:28.66	_____

HEAT 16

1	Eirik Netland	1989/1989	Randaberg	00:27.93	_____
2	Tørres H. Nordnes	1989/1989	STORD	00:27.76	_____
3	Martin Steffensen	1989/1989	ARNA SLK	00:27.15	_____
4	Ole Andreas Kolaas	1989/1989	DELFANA	00:27.29	_____
5	Andreas Solem	1989/1989	DELFANA	00:27.84	_____
6	Bjarte Ravndal	1991/1991	SOLA	00:28.03	_____

HEAT 17

1	Vegard Høiberg	1988/1988	HSK	00:26.68	_____
2	Øyvind Kalvø	1990/1990	DELFANA	00:26.52	_____
3	Fredrik Nordbøe	/1987	MADLA TS	00:25.83	_____
4	Christian Brigg	/1987	MADLA TS	00:25.95	_____
5	Sindre Tveteraas	/1988	TS.SOLA	00:26.58	_____
6	Rune Skien Grannes	1988/1988	SSLK	00:26.71	_____

HEAT 18

1	Olav-Mikal Furali	1988/1988	HSK	00:25.43	_____
2	Karsten W. Johannessen	1988/1988	KARMØY	00:25.29	_____
3	Thomas Ole Fadnes	/1987	SSC	00:23.52	_____
4	Jørgen Møllerop	/1988	MADLA TS	00:24.55	_____
5	Jan Erik Borsheim	/1986	MADLA TS	00:25.30	_____
6	Joar Skien Grannes	1990/1990	SSLK	00:25.70	_____

ØVELSE 8 50 FRI KVINNER

HEAT 1

2	Ingrid Ovnerud	1995/1995	SOLA	_____	_____
3	Veslemøy Odland	1995/1995	HSK	_____	_____
4	Inghild Birgitte Mikkelse	/1995	SSC	_____	_____

HEAT 2

1	Ingrid Larsen Wigestrånd	1992/1992	SOLA	_____	_____
2	Marianne Ydstebø	1992/1992	Randaberg	_____	_____
3	Tonje Immerstein	1989/1989	SSLK	_____	_____
4	Åslaug T. Blitzner	1992/1992	BRYNE	_____	_____
5	Kaija Øverås	1992/1992	SSLK	_____	_____
6	Maria Larsen Wigestrånd	1994/1994	SOLA	_____	_____

HEAT 3

1	Gunn Johanne Scheit	S14/1973	STEGABERG	01:15.95	_____
2	Mariann Øgrey	CC/0	EGERSUND	00:52.11	_____
3	Birgitte Sandvold	CC/0	EGERSUND	00:51.66	_____
4	Karoline Vestly	1993/1993	SANDE	00:51.75	_____
5	Marie Sekse	1995/1995	SOLA	01:12.83	_____
6	Laila Ousdal	CB/0	EGERSUND	01:16.13	_____

HEAT 4

1	Ada Amalie Rom Abrahamsen	1994/1994	Randaberg	00:50.06	_____
2	Annika Roland	1994/1994	Randaberg	00:47.63	_____
3	Lena Myrås Ciftici	1993/1993	STORD	00:44.55	_____
4	Caroline Helleland	1993/1993	SANDE	00:47.51	_____
5	Bettina Sandstøl	1994/1994	ÅLGÅRD	00:48.59	_____
6	Susan Torgersen	1995/1995	ARNA SLK	00:51.65	_____

HEAT 5

1	Marjam Idriss	1992/1992	SOLA	00:44.26	_____
2	Christina Krogdahl	1995/1995	KARMØY	00:43.43	_____
3	Aina B. Østerdal	/1994	SSC	00:43.22	_____
4	SOLVEIG VUILLIOMENET	1994/1994	KLEPP	00:43.34	_____
5	Ingrid Nising Hoel	/1993	SSC	00:44.24	_____
6	Jane Vigdel	1994/1994	SANDE	00:44.29	_____

HEAT 6

1	Hanna H. Vinsnesbakk	1995/1995	STORD	00:42.95	_____
2	Sigrid Ramstad	1994/1994	MADLA	00:42.28	_____
3	Nora Svihus	/1993	SSC	00:42.03	_____
4	Hanne Torill Scheit	S14/1971	STEGABERG	00:42.21	_____
5	Kristin Lende	1993/1993	BRYNE	00:42.52	_____
6	Mari Kristoffersen	1995/1995	FRISINN	00:43.06	_____

HEAT 7

1	LINN WEI AAMODT	1994/1994	KLEPP	00:41.49	_____
2	Mariell Aamodt	1993/1993	KARMØY	00:41.31	_____
3	Silje Føyen Nilsen	1993/1993	STORD	00:41.17	_____
4	Marte K Haukeland	1994/1994	ARNA SLK	00:41.22	_____
5	Marit H. Løland	/1995	SSC	00:41.45	_____
6	INGER HUSVEG	1992/1992	KLEPP	00:41.50	_____

HEAT 8

1	Tonje Vassbø	1990/1990	ÅLGÅRD	00:41.03	_____
2	Vannja Celine Brunsvik	1993/1993	HSK	00:39.47	_____
3	Alida Etterlid Jensen	1995/1995	STORD	00:39.16	_____
4	Elis Halvorsen	/1991	SSC	00:39.40	_____
5	Elsa Roaldkvam	/1993	SSC	00:40.79	_____
6	Henriette Aarthun	1994/1994	SOLA	00:41.04	_____

HEAT 9

1	Caroline Dverseth	1993/1993	MADLA	00:38.68	_____
2	LINA HOVE	1992/1992	KLEPP	00:38.16	_____
3	Ingrid Ånderå	1993/1993	ÅLGÅRD	00:37.25	_____
4	Solvor Lende	1992/1992	BRYNE	00:38.05	_____
5	Katrine Marken	/1991	SSC	00:38.39	_____
6	Linnea Brask	1993/1993	STORD	00:39.04	_____

HEAT 10

1	Camilla S. Skretting	1992/1992	BRYNE	00:37.11	_____
2	Malena Martens	1994/1994	STORD	00:36.70	_____
3	Inger Gine Sørbø	/1992	SSC	00:36.23	_____
4	Sonja Gåsland	1992/1992	BRYNE	00:36.36	_____
5	Ellen Kristine Stangeland	1993/1993	SSLK	00:36.79	_____
6	Ane Nygård	/1995	SSC	00:37.14	_____

HEAT 11					
1	Siren Bergslid	1993/1993	MADLA	00:35.80	_____
2	Rebekka Andersen	1993/1993	FRISINN	00:35.53	_____
3	IDA LANGVIK FLÅTEN	1991/1991	KLEPP	00:35.44	_____
4	Alise Sandvik	1991/1991	BRYNE	00:35.47	_____
5	Michelle Angell	1993/1993	DELFANA	00:35.58	_____
6	SIV VUILLIOMENET	1992/1992	KLEPP	00:36.08	_____
HEAT 12					
1	Elise Christensen	1988/1988	ÅLGÅRD	00:35.23	_____
2	Karoline Langvik	/1994	SSC	00:34.97	_____
3	Inger Kristine Steinsland	1992/1992	STORD	00:34.44	_____
4	Line Nilsson	1994/1994	FRISINN	00:34.93	_____
5	Lene P. Lovra	1990/1990	BRYNE	00:35.19	_____
6	Marielle Pettersen	1991/1991	ÅLGÅRD	00:35.27	_____
HEAT 13					
1	Camilla Høyvik	1989/1989	ARNA SLK	00:34.28	_____
2	Tonje Ringen Nilsen	1991/1991	Randaberg	00:34.03	_____
3	Ingvild M. Brurås	1989/1989	ARNA SLK	00:33.65	_____
4	Ane Cecilie Ekern	/1991	SSC	00:33.98	_____
5	Ingrid Hystad	1992/1992	STORD	00:34.19	_____
6	Caroline Marki Mork	/1993	SSC	00:34.34	_____
HEAT 14					
1	Ingeborg Ueland	1991/1991	SOLA	00:33.45	_____
2	Marie Austdal	1987/1987	SOLA	00:32.88	_____
3	Maria Wee Hollund	1992/1992	KARMØY	00:32.67	_____
4	BIRGITTE ALVESTAD	1991/1991	KLEPP	00:32.72	_____
5	Camilla Thoreby	1990/1990	MADLA	00:33.30	_____
6	Eva Marie Østerhus	1994/1994	SOLA	00:33.57	_____
HEAT 15					
1	Mari Løvik	1991/1991	DELFANA	00:32.50	_____
2	Unn Elin Kleppa Øvestad	1988/1988	SSLK	00:32.43	_____
3	Kristina Dverseth	1990/1990	MADLA	00:32.01	_____
4	Sarah Louise Rung	1989/1989	FRISINN	00:32.30	_____
5	Stine Hamarsland	1991/1991	ÅLGÅRD	00:32.44	_____
6	Seline Vike Holm	1992/1992	ARNA SLK	00:32.62	_____
HEAT 16					
1	Renate Ranaweera	1991/1991	SSLK	00:31.76	_____
2	Heidi Høgalmen	1990/1990	MADLA	00:31.73	_____
3	June J. Kristiansen	1990/1990	DELFANA	00:31.62	_____
4	Ragnhild Smith-Sivertsen	1989/1989	DELFANA	00:31.68	_____
5	Marthe Berg Sørensen	1992/1992	FRISINN	00:31.73	_____
6	Catharina Galta	/1991	SSC	00:31.98	_____
HEAT 17					
1	Hanne Søfteland	1992/1992	DELFANA	00:31.47	_____
2	Oda L. Stenersen	1990/1990	DELFANA	00:31.41	_____
3	Bente Wathne	1989/1989	SSLK	00:31.32	_____
4	Marie Kristine Føreid	/1988	SSC	00:31.36	_____
5	Line Heiberg	1991/1991	KARMØY	00:31.41	_____
6	Trine Hovda	1990/1990	MADLA	00:31.56	_____
HEAT 18					
1	Victoria Rung	1992/1992	FRISINN	00:31.13	_____
2	Mai Linn Hanslien	/1990	TS. SVK	00:30.84	_____
3	Katinka Kvant	1989/1989	ARNA SLK	00:30.61	_____
4	Ingvild L. Losnegård	1990/1990	STORD	00:30.65	_____
5	Stine Kristoffersen	1993/1993	FRISINN	00:30.88	_____
6	Marina Rasmussen	1989/1989	ARNA SLK	00:31.17	_____

HEAT 19

1	Martine Sandve	/1989	MADLA TS	00:30.15	_____
2	Ane J. Midtun	1991/1991	ARNA SLK	00:30.04	_____
3	Irene Ø. Fosse	1992/1992	KARMØY	00:29.72	_____
4	Lena Maria Furali	1992/1992	HSK	00:29.73	_____
5	Line Høiberg Eike	1991/1991	KARMØY	00:30.07	_____
6	Siri Møllerop	/1990	MADLA TS	00:30.58	_____

HEAT 20

1	Oda J. Midtun	1991/1991	ARNA SLK	00:29.39	_____
2	Michelle Bjerga	/1991	SSC	00:28.79	_____
3	Malene H. Vinsnesbakk	1989/1989	ARNA SLK	00:28.49	_____
4	Hanne Guttormsen	/1986	MADLA TS	00:28.76	_____
5	Linn Mari Høgalmen	/1987	MADLA TS	00:29.34	_____
6	Birgitte Mjøs Brattelid	1989/1989	SOLA	00:29.48	_____

HEAT 21

1	Mari Ask Rasmussen	/1986	TS. SVK	00:27.80	_____
2	Line Møllerop	/1987	MADLA TS	00:27.33	_____
3	Karen Stødle	1987/1987	KARMØY	00:26.93	_____
4	Cecilie W. Johannessen	1990/1990	KARMØY	00:27.17	_____
5	Rebecca Calder	/1987	TEAM STAVANGER	00:27.44	_____
6	Monica W. Johannessen	1990/1990	KARMØY	00:28.34	_____

ØVELSE 9 100 BRYST MENN

HEAT 1

2	Ali Andre Netland	1993/1993	HSK		_____
3	Martin Haugland	/1992	SSC		_____
4	Philip. M Stårfeldt	1993/1993	FRISINN		_____
5	Yngve Grøstad	/1993	SSC		_____

HEAT 2

1	Roger Larsen	CC/0	EGERSUND	03:01.10	_____
2	Kjell Skåra	CC/0	EGERSUND	02:21.72	_____
3	Bjørn Erik Lomeland	CC/0	EGERSUND	02:16.81	_____
4	Marius Gabrielsen	S14/1992	STEGABERG	02:17.40	_____
5	Jan Vidar Erland	S14/1967	STEGABERG	02:47.49	_____
6	Alexander Salte Hagenes	1985/1985	HAMAR		_____

HEAT 3

1	Alexander Røgenes	1992/1992	HSK	02:11.50	_____
2	Anders L. Losnegård	1995/1995	STORD	02:03.79	_____
3	Sigurd Lende	1994/1994	BRYNE	02:00.08	_____
4	Kristoffer Rung	1995/1995	FRISINN	02:02.29	_____
5	Thor Inge Hansen	S14/1965	STEGABERG	02:10.60	_____
6	Roald Skaara	CC/1980	EGERSUND	02:11.75	_____

HEAT 4

1	Ernst Raymond Helmersen	S14/1985	STEGABERG	01:52.66	_____
2	Kris-Thomas M. Austli	1992/1992	ÅLGÅRD	01:50.46	_____
3	Håvard Gåsland	1994/1994	BRYNE	01:46.32	_____
4	Glenn Skjøveland	1992/1992	ÅLGÅRD	01:49.08	_____
5	Mathias Janvin	1995/1995	MADLA	01:52.20	_____
6	Gaute Ravndal	1994/1994	SOLA	01:53.50	_____

HEAT 5

1	Gøran Kjær Eriksson	1993/1993	KARMØY	01:43.76	_____
2	Markus Heimdal	1992/1992	DELFAVA	01:40.17	_____
3	Vegard Roaldkvam	/1990	SSC	01:36.45	_____
4	Stian Rolfsen Gilje	1990/1990	STVG.HAIK	01:38.98	_____
5	Alexander Øvestad	1993/1993	SSLK	01:43.68	_____
6	Simon Høysæther	1993/1993	HSK	01:45.39	_____

HEAT 6

1	Timothy Jøraholmen	1993/1993	HSK	01:33.59	_____
2	Øyvind Grassdal	1990/1990	SOLA	01:30.58	_____
3	Hans B. Østerdal	/1993	SSC	01:29.17	_____
4	Sindre Lilledahl	1992/1992	HSK	01:29.63	_____
5	Didrik Grønseth	1992/1992	FRISINN	01:33.14	_____
6	Kim-Andre M. Austli	1989/1989	ÅLGÅRD	01:35.08	_____

HEAT 7

1	Erik Vassøy Olsen	1991/1991	Randaberg	01:25.18	_____
2	Adrian Brask	1989/1989	STORD	01:23.64	_____
3	Eirik Netland	1989/1989	Randaberg	01:22.60	_____
4	Pål B. Mortensen	/1990	SSC	01:22.94	_____
5	Mats Nesvik	1990/1990	Randaberg	01:23.84	_____
6	Fredrik Svensen	1990/1990	STVG.HAIK	01:28.52	_____

HEAT 8

1	Aleksander Haugstvedt	1989/1989	DELFAANA	01:19.54	_____
2	Marek Labak	1991/1991	MADLA	01:19.10	_____
3	Thomas Andre Aaslette	1989/1989	ARNA SLK	01:17.64	_____
4	Petter Ledsaak	1990/1990	SSLK	01:18.41	_____
5	Erling Mjøs Brattelid	1991/1991	SOLA	01:19.15	_____
6	Thomas M. Endresen	1990/1990	HSK	01:20.00	_____

HEAT 9

1	Johannes Framnes	1989/1989	STORD	01:12.28	_____
2	Lars E Borsheim	/1980	MADLA TS	01:11.66	_____
3	Vegard Høiberg	1988/1988	HSK	01:08.40	_____
4	Sven Hove	/1988	SSC	01:10.04	_____
5	Martin Steffensen	1989/1989	ARNA SLK	01:12.07	_____
6	Mads V. Steffensen	1989/1989	ARNA SLK	01:13.44	_____

ØVELSE 10 100 BRYST KVINNER

HEAT 1

2	Inghild Birgitte Mikkelse	/1995	SSC		_____
3	Sigrid Ramstad	1994/1994	MADLA		_____
4	Maria Larsen Wigestrånd	1994/1994	SOLA		_____
5	Veslemøy Odland	1995/1995	HSK		_____

HEAT 2

1	Elsa Roaldkvam	/1993	SSC		_____
2	Caroline Helleland	1993/1993	SANDE		_____
3	Elisabeth Berntsen	/1992	BRIAR HILLS DOLPHINS		_____
4	Kristin Lende	1993/1993	BRYNE		_____
5	Karoline Vestly	1993/1993	SANDE		_____
6	Annika Roland	1994/1994	Randaberg		_____

HEAT 3

1	Kaija Øverås	1992/1992	SSLK		_____
2	Ranveig Skogland	1989/1989	HSK		_____
3	Susan Torgersen	1995/1995	ARNA SLK	02:11.75	_____
4	Birgitte Sandvold	CC/0	EGERSUND	02:21.25	_____
5	Åslaug T. Blitzner	1992/1992	BRYNE		_____
6	INGER HUSVEG	1992/1992	KLEPP		_____

HEAT 4

1	Katrine Marken	/1991	SSC	02:04.50	_____
2	Bettina Sandstøl	1994/1994	ÅLGÅRD	02:01.20	_____
3	Ingrid Ånderå	1993/1993	ÅLGÅRD	01:55.59	_____
4	Marjam Idriss	1992/1992	SOLA	02:01.17	_____
5	Silje Føyen Nilsen	1993/1993	STORD	02:01.48	_____
6	Marte K Haukeland	1994/1994	ARNA SLK	02:08.03	_____

HEAT 5

1	Marit H. Løland	/1995	SSC	01:54.85	_____
2	Hanna H. Vinsnesbakk	1995/1995	STORD	01:53.98	_____
3	Malena Martens	1994/1994	STORD	01:51.72	_____
4	Caroline Dverseth	1993/1993	MADLA	01:52.54	_____
5	Christina Krogdahl	1995/1995	KARMØY	01:54.60	_____
6	Aina B. Østerdal	/1994	SSC	01:55.49	_____

HEAT 6

1	Silje Lilledahl	1994/1994	HSK	01:50.45	_____
2	LINA HOVE	1992/1992	KLEPP	01:49.63	_____
3	Linnea Brask	1993/1993	STORD	01:48.87	_____
4	Henriette Aarthun	1994/1994	SOLA	01:49.48	_____
5	Lena Myrås Ciftici	1993/1993	STORD	01:50.04	_____
6	Karoline Langvik	/1994	SSC	01:51.06	_____

HEAT 7

1	Solvor Lende	1992/1992	BRYNE	01:48.04	_____
2	Tonje Vassbø	1990/1990	ÅLGÅRD	01:47.49	_____
3	Mariell Aamodt	1993/1993	KARMØY	01:46.35	_____
4	Malin Høysæther	1994/1994	HSK	01:46.52	_____
5	Mari Kristoffersen	1995/1995	FRISINN	01:48.00	_____
6	Ingalill Urrang Naustvik	1995/1995	KARMØY	01:48.65	_____

HEAT 8

1	Alida Etterlid Jensen	1995/1995	STORD	01:44.30	_____
2	Inger Gine Sørbo	/1992	SSC	01:41.55	_____
3	Michelle Angell	1993/1993	DELFANA	01:40.33	_____
4	Lene P. Lovra	1990/1990	BRYNE	01:40.88	_____
5	Sonja Gåsland	1992/1992	BRYNE	01:41.69	_____
6	Kristin Bringedal	1991/1991	FRISINN	01:45.38	_____

HEAT 9

1	Marielle Pettersen	1991/1991	ÅLGÅRD	01:38.39	_____
2	Alise Sandvik	1991/1991	BRYNE	01:37.20	_____
3	Elis Halvorsen	/1991	SSC	01:35.48	_____
4	Elise Christensen	1988/1988	ÅLGÅRD	01:36.22	_____
5	Stine Hamarsland	1991/1991	ÅLGÅRD	01:37.54	_____
6	Line Nilsson	1994/1994	FRISINN	01:40.27	_____

HEAT 10

1	Siren Bergslid	1993/1993	MADLA	01:33.54	_____
2	Mariell Vik	1992/1992	MADLA	01:32.32	_____
3	Heidi Høgalmen	1990/1990	MADLA	01:31.40	_____
4	Ingrid Hystad	1992/1992	STORD	01:32.14	_____
5	Tonje Sønneland	1991/1991	MADLA	01:32.51	_____
6	Ingeborg Ueland	1991/1991	SOLA	01:34.80	_____

HEAT 11

1	Tiril Vike	1989/1989	MADLA	01:27.02	_____
2	Karoline Sørbo	/1990	SSC	01:24.62	_____
3	Trine Hovda	1990/1990	MADLA	01:23.84	_____
4	Lena Maria Furali	1992/1992	HSK	01:24.51	_____
5	Torhild Anda	1991/1991	Randaberg	01:26.24	_____
6	Inger Kristine Steinsland	1992/1992	STORD	01:31.11	_____

HEAT 12

1	Maren Kristine Jansen	1990/1990	Randaberg	01:21.03	_____
2	Kristina Gismervik	/1987	MADLA TS	01:20.74	_____
3	Sarah Bøgh Meling	/1987	MADLA TS	01:19.60	_____
4	Ragnhild Smith-Sivertsen	1989/1989	DELFANA	01:20.71	_____
5	Malene Gismervik	1989/1989	MADLA	01:21.01	_____
6	Marie Kristine Føreid	/1988	SSC	01:21.94	_____

HEAT 13

1	Mai Linn Hanslien	/1990	TS. SVK	01:17.70	_____
2	Mari Ask Rasmussen	/1986	TS. SVK	01:13.10	_____
3	Åse Linn Hansen	SENIOR/1985	HSK	01:11.08	_____
4	Stine Haferkamp	/1983	TS. SVK	01:11.90	_____
5	Martine Sandve	/1989	MADLA TS	01:17.24	_____
6	Monica W. Johannessen	1990/1990	KARMØY	01:19.57	_____

ØVELSE 11 200 RYGG MENN

HEAT 1

2	Simen Alvestad	1994/1994	KARMØY		_____
3	Andreas Sædberg	1988/1988	ÅLGÅRD		_____
4	Erik William Ravndal	1990/1990	SSLK		_____

HEAT 2

1	Eirik H. Wallevik	1994/1994	ARNA SLK	03:30.00	_____
2	Steffen Larsen	1991/1991	MADLA	03:03.95	_____
3	Christer Emil Haga Bru	1990/1990	STVG.HAIK	02:58.33	_____
4	Vegard Belaska	1993/1993	MADLA	03:02.19	_____
5	Børre Bastiqkeit	1992/1992	HSK	03:22.87	_____
6	John Fjermestad Aase	1987/1987	BRYNE		_____

HEAT 3

1	Paal Anfinsen	1991/1991	HSK	02:46.97	_____
2	Bjarte Ravndal	1991/1991	SOLA	02:41.49	_____
3	Andreas Knudsen	/1990	SSC	02:38.25	_____
4	Haakon Undheim	1991/1991	KARMØY	02:40.63	_____
5	Magnus H. Løland	/1990	SSC	02:44.63	_____
6	Christian N. Juvik	1993/1993	SOLA	02:47.73	_____

HEAT 4

1	Eirik Runningen	1990/1990	DELFAANA	02:31.75	_____
2	Jan Erik Borsheim	/1986	MADLA TS	02:21.21	_____
3	Jørgen Møllerop	/1988	MADLA TS	02:16.80	_____
4	Even Vike Holm	1990/1990	ARNA SLK	02:20.20	_____
5	Åsmund Toresen	/1987	MADLA TS	02:21.24	_____
6	Eirik Ramstad	1991/1991	MADLA	02:37.60	_____

ØVELSE 12 200 RYGG KVINNER

HEAT 1

2	Elisabeth Berntsen	/1992	BRIAR HILLS DOLPHINS		_____
3	Vannja Celine Brunsvik	1993/1993	HSK	03:56.75	_____
4	Julia Cuyppers	1993/1993	DELFAANA	04:01.68	_____
5	Caroline Dverseth	1993/1993	MADLA		_____

HEAT 2

1	Signe Lootz	1993/1993	MADLA	03:31.04	_____
2	Siren Bergslid	1993/1993	MADLA	03:27.90	_____
3	Rebekka Andersen	1993/1993	FRISINN	03:15.78	_____
4	Inger Kristine Steinsland	1992/1992	STORD	03:18.16	_____
5	Maren Larsen	1994/1994	MADLA	03:29.96	_____
6	Julie Askeland	1994/1994	HSK	03:32.83	_____

HEAT 3

1	Elisabeth Kristiansen	1992/1992	HSK	03:12.16	_____
2	Tonje Ringen Nilsen	1991/1991	Randaberg	03:03.80	_____
3	Merete Falck	/1991	SSC	02:49.93	_____
4	Mari Løvik	1991/1991	DELFAANA	02:52.44	_____
5	Ingvild Hamre	1990/1990	MADLA	03:09.36	_____
6	Eva Marie Østerhus	1994/1994	SOLA	03:14.55	_____

HEAT 4

1	Anne Østbø	1991/1991	Randaberg	02:45.65	_____
2	Anne Haugvaldstad	1989/1989	Randaberg	02:39.77	_____
3	Seline Vike Holm	1992/1992	ARNA SLK	02:38.47	_____
4	Oda J. Midtun	1991/1991	ARNA SLK	02:38.48	_____
5	Kristina Dverseth	1990/1990	MADLA	02:42.15	_____
6	Iselin Raustein	1990/1990	Randaberg	02:45.69	_____

HEAT 5

1	Siri Møllerop	/1990	MADLA TS	02:34.37	_____
2	Tonje Elisabeth Langvik	/1989	SSC	02:29.04	_____
3	Rebecca Calder	/1987	TEAM STAVANGER	02:20.87	_____
4	Hanne Guttormsen	/1986	MADLA TS	02:27.65	_____
5	Alvilde Morken	/1989	SSC	02:32.86	_____
6	Ida Nordbø	/1989	MADLA TS	02:37.93	_____

ØVELSE 13 100 MEDLEY MENN

HEAT 1

2	Anders L. Losnegård	1995/1995	STORD		_____
3	Andre Kjær Olsen	1993/1993	KARMØY		_____
4	Alexander Marki Mork	/1995	SSC		_____

HEAT 2

1	Thorbjørn Birkeland	1993/1993	HSK		_____
2	Kris-Thomas M. Austli	1992/1992	ÅLGÅRD		_____
3	Christoffer Kvernvoll	/1990	SSC		_____
4	Odd Arne Stokkeland	1992/1992	SOLA		_____
5	Glenn Skjøveland	1992/1992	ÅLGÅRD		_____

HEAT 3

1	Thor Helge Billington	1990/1990	SSLK		_____
2	Eirik H. Wallevik	1994/1994	ARNA SLK	01:52.47	_____
3	Børre Bastiqkeit	1992/1992	HSK	01:43.51	_____
4	Martin Drengstig	1994/1994	SOLA	01:48.04	_____
5	Andreas Sædberg	1988/1988	ÅLGÅRD		_____
6	Bjørn Inge Refsnes	/1990	SSC		_____

HEAT 4

1	Timothy Jøraholmen	1993/1993	HSK	01:37.42	_____
2	Vetle Steffensen	1993/1993	ARNA SLK	01:35.33	_____
3	Halvdan Mjelde	1992/1992	DELFAANA	01:32.64	_____
4	Gaute Ravndal	1994/1994	SOLA	01:34.77	_____
5	Morten Bordevich	1994/1994	SOLA	01:36.43	_____
6	Ole Iversen Kalvø	1992/1992	DELFAANA	01:37.52	_____

HEAT 5

1	Stian Iversen Helgeland	/1987	TEAM STAVANGER	01:29.87	_____
2	Markus Heimdal	1992/1992	DELFAANA	01:29.05	_____
3	Anders Runningen	1992/1992	DELFAANA	01:28.18	_____
4	Didrik Grønseth	1992/1992	FRISINN	01:28.91	_____
5	Sondre Haga	1991/1991	SSLK	01:29.54	_____
6	Sander Rødje	1993/1993	HSK	01:31.09	_____

HEAT 6

1	Christian N. Juvik	1993/1993	SOLA	01:24.59	_____
2	Øyvind Grassdal	1990/1990	SOLA	01:22.07	_____
3	Kim-Andre M. Austli	1989/1989	ÅLGÅRD	01:20.02	_____
4	Øyvind L. Styrmo	1993/1993	DELFAANA	01:20.88	_____
5	Jakob Haugstvedt	1991/1991	DELFAANA	01:22.64	_____
6	Jørn Nygård	/1992	SSC	01:24.65	_____

HEAT 7

1	Espen Halhjem	1992/1992	DELFANA	01:18.87	_____
2	Per Erik Jakobsen	1989/1989	HSK	01:16.94	_____
3	Marek Labak	1991/1991	MADLA	01:16.30	_____
4	Sebastian Stordal	1991/1991	DELFANA	01:16.79	_____
5	Adrian Brask	1989/1989	STORD	01:17.75	_____
6	Sindre Lilledahl	1992/1992	HSK	01:19.03	_____

HEAT 8

1	Fredrik Svensen	1990/1990	STVG.HAIK	01:15.98	_____
2	Petter Ledsaak	1990/1990	SSLK	01:15.07	_____
3	Alexander Waaland	1988/1988	SSLK	01:14.90	_____
4	Ørjan Knutli	1989/1989	ARNA SLK	01:15.00	_____
5	Erling Mjøs Brattelid	1991/1991	SOLA	01:15.53	_____
6	Tørres H. Nordnes	1989/1989	STORD	01:16.23	_____

HEAT 9

1	Per Steinar Nilssen	1989/1989	KARMØY	01:14.14	_____
2	Stig Andre Hansen	SENIOR/1986	SOLA	01:13.94	_____
3	Andreas Solem	1989/1989	DELFANA	01:13.50	_____
4	Aleksander Haugstvedt	1989/1989	DELFANA	01:13.63	_____
5	Simen Dale	1991/1991	DELFANA	01:14.03	_____
6	Thomas M. Endresen	1990/1990	HSK	01:14.42	_____

HEAT 10

1	Ole Martin Grytten Ree	1992/1992	SOLA	01:13.11	_____
2	Eirik Ramstad	1991/1991	MADLA	01:12.31	_____
3	Thor Kristian Larsen	SENIOR/1986	Randaberg	01:11.46	_____
4	Ivar Idsø Flaten	1989/1989	SSLK	01:12.00	_____
5	Rune Skien Grannes	1988/1988	SSLK	01:12.88	_____
6	Erlend Tveteraas	1991/1991	SOLA	01:13.41	_____

HEAT 11

1	Thomas Andre Aaslette	1989/1989	ARNA SLK	01:10.01	_____
2	Sindre Tveteraas	/1988	TS.SOLA	01:08.47	_____
3	Christian Brigg	/1987	MADLA TS	01:07.72	_____
4	Fredrik Nordbøe	/1987	MADLA TS	01:07.92	_____
5	Ole Andreas Kolaas	1989/1989	DELFANA	01:09.81	_____
6	Johannes Framnes	1989/1989	STORD	01:10.83	_____

HEAT 12

1	Thomas Ole Fadnes	/1987	SSC	01:06.96	_____
2	Kjetil Lilleland	1988/1988	HSK	01:06.23	_____
3	Jan Erik Borsheim	/1986	MADLA TS	01:04.12	_____
4	Karsten W. Johannessen	1988/1988	KARMØY	01:04.12	_____
5	Sven Hove	/1988	SSC	01:06.40	_____
6	Øyvind Kalvø	1990/1990	DELFANA	01:07.53	_____

HEAT 13

1	Lars E Borsheim	/1980	MADLA TS	01:03.07	_____
2	Lars Andre Tolås	1988/1988	Randaberg	01:02.82	_____
3	Vegard Høiberg	1988/1988	HSK	01:01.70	_____
4	Olav-Mikal Furali	1988/1988	HSK	01:02.44	_____
5	Ruben Furali	1989/1989	HSK	01:03.00	_____
6	Jørgen Møllerop	/1988	MADLA TS	01:03.64	_____

ØVELSE 14 100 MEDLEY KVINNER

HEAT 1

1	Ane Nygård	/1995	SSC	_____	_____
2	Susanne Fornasari	1994/1994	MADLA	_____	_____
3	Elsa Roaldkvam	/1993	SSC	_____	_____
4	Julie Askeland	1994/1994	HSK	_____	_____
5	Ingalill Urrang Naustvik	1995/1995	KARMØY	_____	_____
6	Malin Haga	1995/1995	MADLA	_____	_____

HEAT 2

1	Ellen Kristine Stangeland	1993/1993	SSLK		_____
2	Maria Bergfjord	1993/1993	MADLA		_____
3	Marielle Pettersen	1991/1991	ÅLGÅRD		_____
4	Ingrid Ånderå	1993/1993	ÅLGÅRD		_____
5	Ingrid Nising Hoel	/1993	SSC		_____
6	Michelle Angell	1993/1993	DELFANA		_____

HEAT 3

1	Bente Wathne	1989/1989	SSLK		_____
2	Elise Christensen	1988/1988	ÅLGÅRD		_____
3	Marjam Idriss	1992/1992	SOLA	01:52.74	_____
4	SOLVEIG VUILLIOMENET	1994/1994	KLEPP	01:55.27	_____
5	Ranveig Skogland	1989/1989	HSK		_____
6	Ane Cecilie Ekern	/1991	SSC		_____

HEAT 4

1	Linnea Brask	1993/1993	STORD	01:50.93	_____
2	Malin Høysæther	1994/1994	HSK	01:50.77	_____
3	INGER HUSVEG	1992/1992	KLEPP	01:45.95	_____
4	Marte K Haukeland	1994/1994	ARNA SLK	01:46.93	_____
5	LINN WEI AAMODT	1994/1994	KLEPP	01:50.90	_____
6	Silje Føyen Nilsen	1993/1993	STORD	01:51.00	_____

HEAT 5

1	Marit H. Løland	/1995	SSC	01:44.41	_____
2	Henriette Aarthun	1994/1994	SOLA	01:42.93	_____
3	Malena Martens	1994/1994	STORD	01:40.37	_____
4	Silje Lilledahl	1994/1994	HSK	01:42.24	_____
5	Sanne Risbakk	1994/1994	MADLA	01:44.10	_____
6	Hanna H. Vinsnesbakk	1995/1995	STORD	01:45.57	_____

HEAT 6

1	Camilla S. Skretting	1992/1992	BRYNE	01:37.84	_____
2	IDA LANGVIK FLÅTEN	1991/1991	KLEPP	01:36.39	_____
3	SIV VUILLIOMENET	1992/1992	KLEPP	01:33.08	_____
4	Ingrid Hystad	1992/1992	STORD	01:35.54	_____
5	Kristin Bringedal	1991/1991	FRISINN	01:37.00	_____
6	Sonja Gåsland	1992/1992	BRYNE	01:40.27	_____

HEAT 7

1	BIRGITTE ALVESTAD	1991/1991	KLEPP	01:31.13	_____
2	Hege Harestad	/1992	SSC	01:30.04	_____
3	Alise Sandvik	1991/1991	BRYNE	01:28.23	_____
4	Eva Marie Østerhus	1994/1994	SOLA	01:29.77	_____
5	Mariell Vik	1992/1992	MADLA	01:30.50	_____
6	Tonje Sønneland	1991/1991	MADLA	01:31.65	_____

HEAT 8

1	Stine Kristoffersen	1993/1993	FRISINN	01:25.74	_____
2	Ann Kristin Skauge	1990/1990	KARMØY	01:24.92	_____
3	Oda L. Stenersen	1990/1990	DELFANA	01:24.37	_____
4	Camilla Thoreby	1990/1990	MADLA	01:24.74	_____
5	Ingeborg Ueland	1991/1991	SOLA	01:25.39	_____
6	Elisabeth Kristiansen	1992/1992	HSK	01:27.50	_____

HEAT 9

1	Seline Vike Holm	1992/1992	ARNA SLK	01:22.97	_____
2	Marie Austdal	1987/1987	SOLA	01:22.64	_____
3	Marthe Berg Sørensen	1992/1992	FRISINN	01:22.60	_____
4	Karoline Eriksen	/1992	SSC	01:22.61	_____
5	Victoria Rung	1992/1992	FRISINN	01:22.68	_____
6	Ingvild M. Brurås	1989/1989	ARNA SLK	01:24.01	_____

HEAT 10

1	Maria Wee Hollund	1992/1992	KARMØY	01:21.73	_____
2	Ingvild L. Losnegård	1990/1990	STORD	01:21.39	_____
3	June J. Kristiansen	1990/1990	DELFANA	01:20.45	_____
4	Hanne Søfteland	1992/1992	DELFANA	01:21.26	_____
5	Renate Ranaweera	1991/1991	SSLK	01:21.43	_____
6	Sarah Louise Rung	1989/1989	FRISINN	01:22.23	_____

HEAT 11

1	Trine Hovda	1990/1990	MADLA	01:19.45	_____
2	Tiril Vike	1989/1989	MADLA	01:18.43	_____
3	Katinka Kvant	1989/1989	ARNA SLK	01:17.69	_____
4	Kristina Gismervik	/1987	MADLA TS	01:17.82	_____
5	Malene Gismervik	1989/1989	MADLA	01:19.37	_____
6	Camilla Høyvik	1989/1989	ARNA SLK	01:19.88	_____

HEAT 12

1	Martine Sandve	/1989	MADLA TS	01:17.11	_____
2	Nicole T. Næsheim	/1991	SSC	01:16.99	_____
3	Natacha Salte Hagenes	1987/1987	HAMAR	01:16.83	_____
4	Marie Kristine Føreid	/1988	SSC	01:16.93	_____
5	Line Høiberg Eike	1991/1991	KARMØY	01:17.07	_____
6	Ane J. Midtun	1991/1991	ARNA SLK	01:17.57	_____

HEAT 13

1	Christine Ørland	1988/1988	MADLA	01:16.17	_____
2	Birgitte Mjøs Brattelid	1989/1989	SOLA	01:15.58	_____
3	Mai Linn Hanslien	/1990	TS. SVK	01:15.43	_____
4	Helene Lybak	1990/1990	DELFANA	01:15.46	_____
5	Line Heiberg	1991/1991	KARMØY	01:15.66	_____
6	Michelle Bjerga	/1991	SSC	01:16.36	_____

HEAT 14

1	Vibeke Brigg	/1989	MADLA TS	01:14.82	_____
2	Lena Maria Furali	1992/1992	HSK	01:12.73	_____
3	Elizabeth Førland	/1988	MADLA TS	01:11.56	_____
4	Line Møllerop	/1987	MADLA TS	01:12.02	_____
5	Sarah Bøgh Meling	/1987	MADLA TS	01:14.56	_____
6	Irene Ø. Fosse	1992/1992	KARMØY	01:15.37	_____

HEAT 15

1	Linn Mari Høgalmen	/1987	MADLA TS	01:10.14	_____
2	Stine Haferkamp	/1983	TS. SVK	01:09.49	_____
3	Åse Linn Hansen	SENIOR/1985	HSK	01:08.70	_____
4	Monica Martinsen	/1983	SSC	01:09.20	_____
5	Mari Ask Rasmussen	/1986	TS. SVK	01:10.08	_____
6	Malene H. Vinsnesbakk	1989/1989	ARNA SLK	01:10.98	_____

ØVELSE 15 4x100 FRI MENN

HEAT 1

2	Madla	0/	MADLA	_____
3	Gutter 1 Ålgårdsvømmerne	M90/	ÅLGÅRD	_____
4	Sandnes SLK Sandnes SLK	Junior/	SSLK	_____

HEAT 2

1	Delfana 3	1989/1989	DELFANA	04:30.00	_____
2	SSC 1	/	SSC	04:20.00	_____
3	Sola SK	junior/	SOLA	04:12.00	_____
4	Delfana 2	1989/1989	DELFANA	04:17.00	_____
5	Haugesund Svømmeklubb 2	JUNIOR/	HSK	04:30.00	_____
6	SSC 2	/	SSC	04:32.00	_____

HEAT 3

1	Arna SLK	1989/1989	ARNA SLK	04:02.00	_____
2	Randaberg 1	JUNIOR/	Randaberg	03:54.09	_____
3	Team Stavanger 1 Jr	/2000	TEAM STAVANGER	03:46.00	_____
4	Haugesund Svømmeklubb 1	JUNIOR/	HSK	03:50.57	_____
5	Delfana 1	1989/1989	DELFANA	03:57.00	_____
6	Karmøy	junior/	KARMØY	04:03.32	_____

ØVELSE 16 4x100 FRI KVINNER

HEAT 1

1	Sandnes SLK Sandnes SLK	Junior/1992	SSLK		_____
2	Haugesund Svømmeklubb	JUNIOR/	HSK		_____
3	Jenter 1 Ålgårdsvømmerne	K90/	ÅLGÅRD		_____
4	Madla Mix	0/	MADLA		_____
5	KLEPP	/	KLEPP		_____

HEAT 2

1	Randaberg 2	JUNIOR/	Randaberg		_____
2	STORD 1	Junior/	STORD	04:58.32	_____
3	Madla	0/	MADLA	04:46.38	_____
4	Arna SLK 2. LAG	1989/1989	ARNA SLK	04:52.00	_____
5	STORD 2	Junior/	STORD	05:34.88	_____
6	Bryne Symjeklubb	ÅPEN/	BRYNE		_____

HEAT 3

1	Karmøy 2	junior/	KARMØY	04:39.00	_____
2	Delfana 2	1989/1989	DELFANA	04:35.00	_____
3	SSC 2	/	SSC	04:30.00	_____
4	Randaberg 1	JUNIOR/	Randaberg	04:31.73	_____
5	FRISINN FRISINN	/	FRISINN	04:36.00	_____
6	Arna SLK	1989/1989	ARNA SLK	04:42.00	_____

HEAT 4

1	SSC 1	/	SSC	04:20.00	_____
2	Team Stavanger 1 Jr	/2000	TEAM STAVANGER	04:04.00	_____
3	Team Stavanger 1 Sr	/2000	TEAM STAVANGER	04:00.00	_____
4	Karmøy 1	junior/	KARMØY	04:01.49	_____
5	Team Stavanger 2 Jr	/2000	TEAM STAVANGER	04:08.00	_____
6	Delfana 1	1989/1989	DELFANA	04:20.00	_____

ØVELSE 17 800 FRI KVINNER

HEAT 1

2	Iselin Raustein	1990/1990	Randaberg	10:49.80	_____
3	Seline Vike Holm	1992/1992	ARNA SLK	10:34.99	_____
4	June J. Kristiansen	1990/1990	DELFANA	10:40.05	_____

HEAT 2

2	Birgitte Mjøs Brattelid	1989/1989	SOLA	10:10.37	_____
3	Cecilie W. Johannessen	1990/1990	KARMØY	09:16.10	_____
4	Vibeke Brigg	/1989	MADLA TS	10:10.13	_____
5	Nicole T. Næsheim	/1991	SSC	10:20.17	_____

ØVELSE 18 800 FRI MENN

HEAT 1

2	Sigurd Lende	1994/1994	BRYNE		_____
3	Paal Anfindsen	1991/1991	HSK		_____
4	Sindre Lilledahl	1992/1992	HSK		_____

HEAT 2

2	Kristoffer Huslende	/1989	SSC	10:51.14	_____
3	Sebastian Stordal	1991/1991	DELFANA	10:15.78	_____
4	Christer Emil Haga Bru	1990/1990	STVG.HAIK	10:45.70	_____
5	Per Steinar Nilssen	1989/1989	KARMØY		_____

HEAT 3

1	Bjarte Ravndal	1991/1991	SOLA	09:51.50	_____
2	Kjetil Lilleland	1988/1988	HSK	09:01.00	_____
3	Jan Erik Borsheim	/1986	MADLA TS	08:34.12	_____
4	Olav-Mikal Furali	1988/1988	HSK	09:00.00	_____
5	Stig Andre Hansen	SENIOR/1986	SOLA	09:48.10	_____
6	Espen Halhjem	1992/1992	DELFANA	10:13.35	_____

ØVELSE 19 50 BRYST KVINNER

HEAT 1

2	Ingrid Ovnerud	1995/1995	SOLA		_____
3	Veslemøy Odland	1995/1995	HSK		_____
4	Inghild Birgitte Mikkelse	/1995	SSC		_____

HEAT 2

1	Elsa Roaldkvam	/1993	SSC		_____
2	Ingrid Larsen Wigestrands	1992/1992	SOLA		_____
3	Kaija Øverås	1992/1992	SSLK		_____
4	Marianne Ydstebø	1992/1992	Randaberg		_____
5	Åslaug T. Blitzner	1992/1992	BRYNE		_____
6	Maria Larsen Wigestrands	1994/1994	SOLA		_____

HEAT 3

1	Maricela Messmer Larsen	S12/1986	STEGABERG		_____
2	Marie Sekse	1995/1995	SOLA	01:09.41	_____
3	Ingrid Nising Hoel	/1993	SSC	01:00.16	_____
4	Susan Torgersen	1995/1995	ARNA SLK	01:04.04	_____
5	Laila Ousdal	CB/0	EGERSUND	01:31.07	_____
6	Tonje Immerstein	1989/1989	SSLK		_____

HEAT 4

1	Birgitte Sandvold	CC/0	EGERSUND	00:59.05	_____
2	Bettina Sandstøl	1994/1994	ÅLGÅRD	00:56.74	_____
3	SOLVEIG VUILLIOMENET	1994/1994	KLEPP	00:55.90	_____
4	Maria Bergfjord	1993/1993	MADLA	00:56.58	_____
5	Nora Svihus	/1993	SSC	00:58.48	_____
6	Ada Amalie Rom Abrahamsen	1994/1994	Randaberg	00:59.28	_____

HEAT 5

1	Silje Føyen Nilsen	1993/1993	STORD	00:55.23	_____
2	Marjam Idriss	1992/1992	SOLA	00:54.78	_____
3	Aina B. Østerdal	/1994	SSC	00:53.97	_____
4	Ingrid Ånderå	1993/1993	ÅLGÅRD	00:54.24	_____
5	Marte K Haukeland	1994/1994	ARNA SLK	00:55.07	_____
6	Kristin Lende	1993/1993	BRYNE	00:55.81	_____

HEAT 6

1	Christina Krogdahl	1995/1995	KARMØY	00:53.57	_____
2	Katrine Marken	/1991	SSC	00:53.10	_____
3	LINN WEI AAMODT	1994/1994	KLEPP	00:52.51	_____
4	Sigrid Ramstad	1994/1994	MADLA	00:52.82	_____
5	Caroline Helleland	1993/1993	SANDE	00:53.40	_____
6	Malin Haga	1995/1995	MADLA	00:53.93	_____

HEAT 7

1	Hanne Torill Scheit	S14/1971	STEGABERG	00:51.43	_____
2	Ingalill Urrang Naustvik	1995/1995	KARMØY	00:51.04	_____
3	Malena Martens	1994/1994	STORD	00:50.84	_____
4	INGER HUSVEG	1992/1992	KLEPP	00:50.90	_____
5	Caroline Dverseth	1993/1993	MADLA	00:51.27	_____
6	Hanna H. Vinsnesbakk	1995/1995	STORD	00:51.53	_____

HEAT 8

1	LINA HOVE	1992/1992	KLEPP	00:49.69	_____
2	Karoline Vestly	1993/1993	SANDE	00:49.25	_____
3	Tonje Vassbø	1990/1990	ÅLGÅRD	00:49.24	_____
4	Solvor Lende	1992/1992	BRYNE	00:49.25	_____
5	Alida Etterlid Jensen	1995/1995	STORD	00:49.51	_____
6	Marit H. Løland	/1995	SSC	00:50.24	_____

HEAT 9

1	Mariell Aamodt	1993/1993	KARMØY	00:48.81	_____
2	Linnea Brask	1993/1993	STORD	00:48.59	_____
3	Malin Høysæther	1994/1994	HSK	00:48.08	_____
4	Caroline Marki Mork	/1993	SSC	00:48.36	_____
5	Henriette Aarthun	1994/1994	SOLA	00:48.68	_____
6	Lena Myrås Ciftici	1993/1993	STORD	00:49.03	_____

HEAT 10

1	Karen Vikanes Bjelland	1990/1990	STORD	00:46.21	_____
2	Michelle Angell	1993/1993	DELFANA	00:45.11	_____
3	Stine Hamarsland	1991/1991	ÅLGÅRD	00:45.04	_____
4	Marielle Pettersen	1991/1991	ÅLGÅRD	00:45.04	_____
5	Lene P. Lovra	1990/1990	BRYNE	00:46.16	_____
6	SIV VUILLIOMENET	1992/1992	KLEPP	00:47.82	_____

HEAT 11

1	Inger Gine Sørbø	/1992	SSC	00:43.88	_____
2	Elis Halvorsen	/1991	SSC	00:43.78	_____
3	Sarah Louise Rung	1989/1989	FRISINN	00:43.51	_____
4	Tonje Sønneland	1991/1991	MADLA	00:43.68	_____
5	Siren Bergslid	1993/1993	MADLA	00:43.84	_____
6	Sonja Gåsland	1992/1992	BRYNE	00:44.96	_____

HEAT 12

1	Julie Lund	1990/1990	SSLK	00:43.05	_____
2	Ingvild M. Brurås	1989/1989	ARNA SLK	00:42.60	_____
3	Ingvild L. Losnegård	1990/1990	STORD	00:41.86	_____
4	Mariell Vik	1992/1992	MADLA	00:42.11	_____
5	Elise Christensen	1988/1988	ÅLGÅRD	00:43.01	_____
6	Ingeborg Ueland	1991/1991	SOLA	00:43.33	_____

HEAT 13

1	Ingrid Hystad	1992/1992	STORD	00:41.44	_____
2	Katinka Kvant	1989/1989	ARNA SLK	00:41.11	_____
3	Camilla Thoreby	1990/1990	MADLA	00:40.35	_____
4	Kristina Dverseth	1990/1990	MADLA	00:40.99	_____
5	Heidi Høgalmen	1990/1990	MADLA	00:41.25	_____
6	Ranveig Skogland	1989/1989	HSK	00:41.84	_____

HEAT 14

1	Renate Ranaweera	1991/1991	SSLK	00:39.80	_____
2	Trine Hovda	1990/1990	MADLA	00:39.17	_____
3	Siri Møllerop	/1990	MADLA TS	00:38.05	_____
4	Lena Maria Furali	1992/1992	HSK	00:38.08	_____
5	Torhild Anda	1991/1991	Randaberg	00:39.32	_____
6	Tiril Vike	1989/1989	MADLA	00:40.20	_____

HEAT 15

1	Malene Gismervik	1989/1989	MADLA	00:37.61	_____
2	Marie Kristine Føreid	/1988	SSC	00:37.48	_____
3	Karen Stødle	1987/1987	KARMØY	00:36.46	_____
4	Ragnhild Smith-Sivertsen	1989/1989	DELFANA	00:37.32	_____
5	Monica W. Johannessen	1990/1990	KARMØY	00:37.57	_____
6	Kristina Gismervik	/1987	MADLA TS	00:37.62	_____

HEAT 16

1	Martine Sandve	/1989	MADLA TS	00:35.65	_____
2	Mai Linn Hanslien	/1990	TS. SVK	00:35.44	_____
3	Annika Roland	1994/1994	Randaberg	00:00.00	_____
4	Åse Linn Hansen	SENIOR/1985	HSK	00:33.10	_____
5	Alvilde Morken	/1989	SSC	00:35.52	_____
6	Maren Kristine Jansen	1990/1990	Randaberg	00:36.08	_____

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HEAT 1

2	Sverre Haugen	1994/1994	HSK		_____
3	Odd Arne Stokkeland	1992/1992	SOLA		_____
4	Andre Kjær Olsen	1993/1993	KARMØY		_____
5	Thomas N. Juvik	1996/1996	SOLA		_____

HEAT 2

1	Kent Magne Dybing	1989/1989	SSLK		_____
2	Jan Erik Larsen	S4/1969	STEGABERG	01:42.66	_____
3	Jan Vidar Erland	S14/1967	STEGABERG	01:07.94	_____
4	Roger Larsen	CC/0	EGERSUND	01:15.13	_____
5	Alexander Salte Hagenes	1985/1985	HAMAR		_____
6	Erik William Ravndal	1990/1990	SSLK		_____

HEAT 3

1	Martin Drengstig	1994/1994	SOLA	01:01.83	_____
2	Bjørn Erik Lomeland	CC/0	EGERSUND	00:59.73	_____
3	Anders L. Losnegård	1995/1995	STORD	00:56.20	_____
4	Alexander Røgenes	1992/1992	HSK	00:58.54	_____
5	Eirik H. Wallevik	1994/1994	ARNA SLK	00:59.98	_____
6	Kjell Skåra	CC/0	EGERSUND	01:02.53	_____

HEAT 4

1	Ali Andre Netland	1993/1993	HSK	00:54.10	_____
2	Sigurd Lende	1994/1994	BRYNE	00:53.71	_____
3	Kristoffer Rung	1995/1995	FRISINN	00:52.41	_____
4	Roald Skaara	CC/1980	EGERSUND	00:53.53	_____
5	Morten Bordevich	1994/1994	SOLA	00:54.09	_____
6	Thor Inge Hansen	S14/1965	STEGABERG	00:55.71	_____

HEAT 5

1	Gaute Ravndal	1994/1994	SOLA	00:50.34	_____
2	Marius Gabrielsen	S14/1992	STEGABERG	00:49.01	_____
3	Simen Alvestad	1994/1994	KARMØY	00:48.82	_____
4	Ernst Raymond Helmersen	S14/1985	STEGABERG	00:49.01	_____
5	Glenn Skjøveland	1992/1992	ÅLGÅRD	00:49.96	_____
6	Philip. M Størfeldt	1993/1993	FRISINN	00:50.50	_____

HEAT 6

1	Kris-Thomas M. Austli	1992/1992	ÅLGÅRD	00:48.58	_____
2	Martin Haugland	/1992	SSC	00:47.29	_____
3	Thorbjørn Birkeland	1993/1993	HSK	00:47.09	_____
4	Alexander Øvestad	1993/1993	SSLK	00:47.20	_____
5	Christian N. Juvik	1993/1993	SOLA	00:47.36	_____
6	Håvard Gåsland	1994/1994	BRYNE	00:48.82	_____

HEAT 7

1	Sondre Haga	1991/1991	SSLK	00:45.73	_____
2	Hans B. Østerdal	/1993	SSC	00:44.89	_____
3	Frode Rømo	S14/1975	STEGABERG	00:42.98	_____
4	Vegard Roaldkvam	/1990	SSC	00:43.63	_____
5	Andreas Sædberg	1988/1988	ÅLGÅRD	00:44.93	_____
6	Markus Heimdal	1992/1992	DELFAANA	00:46.30	_____

HEAT 8

1	Kim-Andre M. Austli	1989/1989	ÅLGÅRD	00:42.61	_____
2	Øyvind L. Styrmo	1993/1993	DELFANA	00:41.94	_____
3	Øyvind Grassdal	1990/1990	SOLA	00:39.74	_____
4	John Fjermestad Aase	1987/1987	BRYNE	00:40.21	_____
5	Timothy Jøraholmen	1993/1993	HSK	00:42.55	_____
6	Stian Rolfsen Gilje	1990/1990	STVG.HAIK	00:42.78	_____

HEAT 9

1	Erik Vassøy Olsen	1991/1991	Randaberg	00:39.14	_____
2	Marek Labak	1991/1991	MADLA	00:37.80	_____
3	Erlend Tveteraas	1991/1991	SOLA	00:37.68	_____
4	Mats Nesvik	1990/1990	Randaberg	00:37.72	_____
5	Fredrik Føreid	/1991	SSC	00:38.33	_____
6	Fredrik Svensen	1990/1990	STVG.HAIK	00:39.69	_____

HEAT 10

1	Krister Stokke	1991/1991	KARMØY	00:37.24	_____
2	Erling Mjøs Brattelid	1991/1991	SOLA	00:36.83	_____
3	Eirik Netland	1989/1989	Randaberg	00:36.12	_____
4	Tørres H. Nordnes	1989/1989	STORD	00:36.46	_____
5	Simen Dale	1991/1991	DELFANA	00:37.24	_____
6	Eirik Ramstad	1991/1991	MADLA	00:37.58	_____

HEAT 11

1	Petter Ledsaak	1990/1990	SSLK	00:35.67	_____
2	Thomas Andre Aaslette	1989/1989	ARNA SLK	00:34.51	_____
3	Mads V. Steffensen	1989/1989	ARNA SLK	00:34.12	_____
4	Olav-Mikal Furali	1988/1988	HSK	00:34.34	_____
5	Thomas M. Endresen	1990/1990	HSK	00:35.52	_____
6	Aleksander Haugstvedt	1989/1989	DELFANA	00:35.99	_____

HEAT 12

1	Johannes Framnes	1989/1989	STORD	00:33.58	_____
2	Sven Hove	/1988	SSC	00:32.17	_____
3	Vegard Høiberg	1988/1988	HSK	00:31.61	_____
4	Martin Steffensen	1989/1989	ARNA SLK	00:31.95	_____
5	Ruben Furali	1989/1989	HSK	00:32.55	_____
6	Ole Andreas Kolaas	1989/1989	DELFANA	00:33.74	_____

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HEAT 1

2	Marie Sekse	1995/1995	SOLA	_____	_____
3	Veslemøy Odland	1995/1995	HSK	_____	_____
4	Inghild Birgitte Mikkelse	/1995	SSC	_____	_____
5	Ingrid Ovnerud	1995/1995	SOLA	_____	_____

HEAT 2

1	Henriette Aarthun	1994/1994	SOLA	_____	_____
2	Ada Amalie Rom Abrahamsen	1994/1994	Randaberg	_____	_____
3	Maria Larsen Wigestrands	1994/1994	SOLA	_____	_____
4	Silje Lilledahl	1994/1994	HSK	_____	_____
5	Bettina Sandstøl	1994/1994	ÅLGÅRD	_____	_____
6	Sanne Risbakk	1994/1994	MADLA	_____	_____

HEAT 3

1	Mariell Aamodt	1993/1993	KARMØY	_____	_____
2	Ellen Kristine Stangeland	1993/1993	SSLK	_____	_____
3	Inger Gine Sørbø	/1992	SSC	_____	_____
4	Elsa Roaldkvam	/1993	SSC	_____	_____
5	Kristin Lende	1993/1993	BRYNE	_____	_____
6	Lena Myrås Ciftici	1993/1993	STORD	_____	_____

HEAT 4

1	Solvor Lende	1992/1992	BRYNE	_____
2	Elisabeth Berntsen	/1992	BRIAR HILLS DOLPHINS	_____
3	Ingrid Larsen Wigestrands	1992/1992	SOLA	_____
4	Åslaug T. Blitzner	1992/1992	BRYNE	_____
5	Marjam Idriss	1992/1992	SOLA	_____
6	Marianne Ydstebø	1992/1992	Randaberg	_____

HEAT 5

1	Maricela Messmer Larsen	S12/1986	STEGABERG	_____
2	Unn Elin Kleppa Øvestad	1988/1988	SSLK	_____
3	Mariann Øgrey	CC/0	EGERSUND	_____
4	Ingvild Hamre	1990/1990	MADLA	_____
5	Tonje Immerstein	1989/1989	SSLK	_____
6	Elis Halvorsen	/1991	SSC	_____

HEAT 6

1	Birgitte Sandvold	CC/0	EGERSUND	02:25.60	_____
2	Susanne Fornasari	1994/1994	MADLA	01:51.82	_____
3	Mari Kristoffersen	1995/1995	FRISINN	01:39.46	_____
4	Jane Vigdel	1994/1994	SANDE	01:44.54	_____
5	Susan Torgersen	1995/1995	ARNA SLK	01:52.90	_____
6	Gunn Johanne Scheit	S14/1973	STEGABERG	02:39.00	_____

HEAT 7

1	Sigrid Ramstad	1994/1994	MADLA	01:37.12	_____
2	Marte K Haukeland	1994/1994	ARNA SLK	01:36.59	_____
3	Silje Føyen Nilsen	1993/1993	STORD	01:35.54	_____
4	Hanna H. Vinsnesbakk	1995/1995	STORD	01:36.53	_____
5	Ingalill Urrang Naustvik	1995/1995	KARMØY	01:36.84	_____
6	Katrine Marken	/1991	SSC	01:37.54	_____

HEAT 8

1	Tonje Vassbø	1990/1990	ÅLGÅRD	01:34.53	_____
2	Malin Høysæther	1994/1994	HSK	01:33.87	_____
3	Alida Etterlid Jensen	1995/1995	STORD	01:30.12	_____
4	Malin Haga	1995/1995	MADLA	01:32.77	_____
5	Linnea Brask	1993/1993	STORD	01:34.48	_____
6	Christina Krogdahl	1995/1995	KARMØY	01:35.52	_____

HEAT 9

1	Ane Nygård	/1995	SSC	01:27.53	_____
2	Ingrid Ånderå	1993/1993	ÅLGÅRD	01:26.81	_____
3	Marielle Pettersen	1991/1991	ÅLGÅRD	01:23.82	_____
4	Camilla S. Skretting	1992/1992	BRYNE	01:24.14	_____
5	Sonja Gåsland	1992/1992	BRYNE	01:27.22	_____
6	Vannja Celine Brunsvik	1993/1993	HSK	01:29.14	_____

HEAT 10

1	Elise Christensen	1988/1988	ÅLGÅRD	01:21.91	_____
2	Maren Larsen	1994/1994	MADLA	01:20.45	_____
3	IDA LANGVIK FLÅTEN	1991/1991	KLEPP	01:20.22	_____
4	Julia Cuyppers	1993/1993	DELFAANA	01:20.33	_____
5	Malena Martens	1994/1994	STORD	01:21.64	_____
6	Caroline Marki Mork	/1993	SSC	01:22.48	_____

HEAT 11

1	Ane Cecilie Ekern	/1991	SSC	01:19.77	_____
2	Ingrid Hystad	1992/1992	STORD	01:18.67	_____
3	Michelle Angell	1993/1993	DELFAANA	01:18.14	_____
4	Lene P. Lovra	1990/1990	BRYNE	01:18.30	_____
5	Alise Sandvik	1991/1991	BRYNE	01:19.53	_____
6	Karoline Langvik	/1994	SSC	01:19.77	_____

HEAT 12

1	Inger Kristine Steinsland	1992/1992	STORD	01:16.50	_____
2	Stine Hamarsland	1991/1991	ÅLGÅRD	01:14.59	_____
3	Ingeborg Ueland	1991/1991	SOLA	01:12.99	_____
4	Hege Harestad	/1992	SSC	01:13.26	_____
5	Eva Marie Østerhus	1994/1994	SOLA	01:14.87	_____
6	Tonje Ringen Nilsen	1991/1991	Randaberg	01:18.04	_____

HEAT 13

1	Karen Vikanes Bjelland	1990/1990	STORD	01:12.74	_____
2	Mari Løvik	1991/1991	DELFANA	01:12.34	_____
3	Victoria Rung	1992/1992	FRISINN	01:11.56	_____
4	Marie Austdal	1987/1987	SOLA	01:12.03	_____
5	Ingvild M. Brurås	1989/1989	ARNA SLK	01:12.45	_____
6	Camilla Thoreby	1990/1990	MADLA	01:12.81	_____

HEAT 14

1	Anne Østbø	1991/1991	Randaberg	01:11.11	_____
2	Maria Wee Hollund	1992/1992	KARMØY	01:10.34	_____
3	Karoline Eriksen	/1992	SSC	01:09.72	_____
4	Malene Gismervik	1989/1989	MADLA	01:09.90	_____
5	Camilla Høyvik	1989/1989	ARNA SLK	01:10.56	_____
6	BIRGITTE ALVESTAD	1991/1991	KLEPP	01:11.52	_____

HEAT 15

1	Vilde Skram	1990/1990	DELFANA	01:09.60	_____
2	Marthe Berg Sørensen	1992/1992	FRISINN	01:09.04	_____
3	Bente Wathne	1989/1989	SSLK	01:08.83	_____
4	Martine Sandve	/1989	MADLA TS	01:09.03	_____
5	Katinka Kvant	1989/1989	ARNA SLK	01:09.06	_____
6	June J. Kristiansen	1990/1990	DELFANA	01:09.61	_____

HEAT 16

1	Oda L. Stenersen	1990/1990	DELFANA	01:08.20	_____
2	Hanne Søfteland	1992/1992	DELFANA	01:08.16	_____
3	Ragnhild Smith-Sivertsen	1989/1989	DELFANA	01:07.50	_____
4	Catharina Galta	/1991	SSC	01:08.08	_____
5	Stine Kristoffersen	1993/1993	FRISINN	01:08.19	_____
6	Karoline Sørbo	/1990	SSC	01:08.40	_____

HEAT 17

1	Mai Linn Hanslien	/1990	TS. SVK	01:06.99	_____
2	Merete Falck	/1991	SSC	01:06.14	_____
3	Oda J. Midtun	1991/1991	ARNA SLK	01:06.09	_____
4	Line Høiberg Eike	1991/1991	KARMØY	01:06.13	_____
5	Ane J. Midtun	1991/1991	ARNA SLK	01:06.82	_____
6	Ingvild L. Losnegård	1990/1990	STORD	01:07.30	_____

HEAT 18

1	Michelle Bjerga	/1991	SSC	01:04.87	_____
2	Tonje Elisabeth Langvik	/1989	SSC	01:04.48	_____
3	Nicole T. Næsheim	/1991	SSC	01:03.43	_____
4	Irene Ø. Fosse	1992/1992	KARMØY	01:03.61	_____
5	Birgitte Mjøs Brattelid	1989/1989	SOLA	01:04.64	_____
6	Marina Rasmussen	1989/1989	ARNA SLK	01:06.01	_____

HEAT 19

1	Ida Nordbø	/1989	MADLA TS	01:03.32	_____
2	Malene H. Vinsnesbakk	1989/1989	ARNA SLK	01:02.45	_____
3	Karen Stødle	1987/1987	KARMØY	00:58.13	_____
4	Cecilie W. Johannessen	1990/1990	KARMØY	00:59.01	_____
5	Helene Lybak	1990/1990	DELFANA	01:02.92	_____
6	Christine Ørland	1988/1988	MADLA	01:03.40	_____

ØVELSE 22 100 FRI MENN

HEAT 1

2	Thomas N. Juvik	1996/1996	SOLA	_____
3	Sverre Haugen	1994/1994	HSK	_____
4	Sigurd Lende	1994/1994	BRYNE	_____

HEAT 2

2	Vegard Belaska	1993/1993	MADLA	_____
3	Odd Arne Stokkeland	1992/1992	SOLA	_____
4	Andre Kjær Olsen	1993/1993	KARMØY	_____
5	Martin Drenngstig	1994/1994	SOLA	_____

HEAT 3

1	Kent Magne Dybing	1989/1989	SSLK	_____
2	Jan Vidar Erland	S14/1967	STEGABERG	02:22.31
3	Thor Inge Hansen	S14/1965	STEGABERG	02:15.65
4	Marius Gabrielsen	S14/1992	STEGABERG	02:17.35
5	Jan Erik Larsen	S4/1969	STEGABERG	02:57.52
6	Sondre Haga	1991/1991	SSLK	_____

HEAT 4

1	Roger Larsen	CC/0	EGERSUND	02:11.07
2	Alexander Røgenes	1992/1992	HSK	01:50.64
3	Mathias Janvin	1995/1995	MADLA	01:32.76
4	Eirik H. Wallevik	1994/1994	ARNA SLK	01:37.37
5	Roald Skaara	CC/1980	EGERSUND	02:08.20
6	Ali Andre Netland	1993/1993	HSK	02:11.15

HEAT 5

1	Alexander Marki Mork	/1995	SSC	01:29.81
2	Simon Høysæther	1993/1993	HSK	01:26.14
3	Glenn Skjæveland	1992/1992	ÅLGÅRD	01:24.89
4	Håvard Gåsland	1994/1994	BRYNE	01:25.94
5	Kris-Thomas M. Austli	1992/1992	ÅLGÅRD	01:28.09
6	Ernst Raymond Helmersen	S14/1985	STEGABERG	01:31.95

HEAT 6

1	Henrik Knudsen	/1994	SSC	01:22.88
2	Morten Bordevich	1994/1994	SOLA	01:22.43
3	Vetle Steffensen	1993/1993	ARNA SLK	01:19.88
4	Gaute Ravndal	1994/1994	SOLA	01:20.97
5	Yngve Grøstad	/1993	SSC	01:22.60
6	Timothy Jøraholmen	1993/1993	HSK	01:23.02

HEAT 7

1	Ole Iversen Kalvø	1992/1992	DELFANA	01:17.05
2	Krister Stokke	1991/1991	KARMØY	01:16.01
3	Markus Heimdal	1992/1992	DELFANA	01:14.49
4	Thorbjørn Birkeland	1993/1993	HSK	01:15.65
5	Henning Skare Pryde	/1992	SSC	01:16.99
6	Børre Bastiqkeit	1992/1992	HSK	01:18.97

HEAT 8

1	Steffen Larsen	1991/1991	MADLA	01:14.23
2	Anders Runningen	1992/1992	DELFANA	01:13.09
3	Øyvind L. Styrmoe	1993/1993	DELFANA	01:11.29
4	Bjørn Inge Refsnes	/1990	SSC	01:11.66
5	Vegard Roaldkvam	/1990	SSC	01:13.87
6	Thomas Øvestad	1992/1992	SSLK	01:14.42

HEAT 9

1	Ørjan Knutli	1989/1989	ARNA SLK	01:09.88
2	Øyvind Grassdal	1990/1990	SOLA	01:09.20
3	Jakob Haugstvedt	1991/1991	DELFANA	01:08.72
4	Paal Anfindsen	1991/1991	HSK	01:08.76
5	Halvdan Mjelde	1992/1992	DELFANA	01:09.86
6	Andreas Sædberg	1988/1988	ÅLGÅRD	01:10.08

HEAT 10

1	Kristoffer Huslende	/1989	SSC	01:06.19	_____
2	Marek Labak	1991/1991	MADLA	01:06.00	_____
3	Andreas Knudsen	/1990	SSC	01:05.88	_____
4	Pål B. Mortensen	/1990	SSC	01:05.91	_____
5	Sindre Lilledahl	1992/1992	HSK	01:06.07	_____
6	Christian N. Juvik	1993/1993	SOLA	01:07.74	_____

HEAT 11

1	Espen Halhjem	1992/1992	DELFANA	01:05.63	_____
2	Kim-Andre M. Austli	1989/1989	ÅLGÅRD	01:04.90	_____
3	Stian Rolfsen Gilje	1990/1990	STVG.HAIK	01:04.57	_____
4	Johannes Framnes	1989/1989	STORD	01:04.89	_____
5	Jørn Nygård	/1992	SSC	01:05.57	_____
6	Sindre Ask	/1991	SSC	01:05.74	_____

HEAT 12

1	Aleksander Haugstvedt	1989/1989	DELFANA	01:03.71	_____
2	Alexander Waaland	1988/1988	SSLK	01:02.72	_____
3	Per Erik Jakobsen	1989/1989	HSK	01:02.51	_____
4	Ivar Idsø Flaten	1989/1989	SSLK	01:02.67	_____
5	Thor Helge Billington	1990/1990	SSLK	01:03.39	_____
6	Simen Dale	1991/1991	DELFANA	01:03.87	_____

HEAT 13

1	Fredrik Svensen	1990/1990	STVG.HAIK	01:02.12	_____
2	Haakon Undheim	1991/1991	KARMØY	01:01.36	_____
3	Bjarte Ravndal	1991/1991	SOLA	01:01.05	_____
4	Andreas Solem	1989/1989	DELFANA	01:01.11	_____
5	Ole Martin Grytten Ree	1992/1992	SOLA	01:01.56	_____
6	John Fjermestad Aase	1987/1987	BRYNE	01:02.45	_____

HEAT 14

1	Rune Skien Grannes	1988/1988	SSLK	00:59.64	_____
2	Sindre Tveteraas	/1988	TS.SOLA	00:57.49	_____
3	Fredrik Nordbøe	/1987	MADLA TS	00:56.94	_____
4	Christian Brigg	/1987	MADLA TS	00:57.38	_____
5	Martin Steffensen	1989/1989	ARNA SLK	00:59.62	_____
6	Even Vike Holm	1990/1990	ARNA SLK	01:00.66	_____

HEAT 15

1	Joar Skien Grannes	1990/1990	SSLK	00:55.93	_____
2	Karsten W. Johannessen	1988/1988	KARMØY	00:54.08	_____
3	Thomas Ole Fadnes	/1987	SSC	00:51.73	_____
4	Jørgen Møllerop	/1988	MADLA TS	00:53.80	_____
5	Lars Andre Tolås	1988/1988	Randaberg	00:54.87	_____
6	Øyvind Kalvø	1990/1990	DELFANA	00:56.51	_____

ØVELSE 23 100 RYGG KVINNER

HEAT 1

2	Sigrid Ramstad	1994/1994	MADLA		_____
3	Elisabeth Berntsen	/1992	BRIAR HILLS DOLPHINS		_____
4	LINA HOVE	1992/1992	KLEPP		_____

HEAT 2

1	Katrine Marken	/1991	SSC		_____
2	Susan Torgersen	1995/1995	ARNA SLK	02:07.00	_____
3	Marielle Pettersen	1991/1991	ÅLGÅRD	01:47.39	_____
4	Bettina Sandstøl	1994/1994	ÅLGÅRD	01:56.02	_____
6	Gunn Johanne Scheit	S14/1973	STEGABERG	02:39.73	_____

HEAT 3

1	Ingrid Ånderå	1993/1993	ÅLGÅRD	01:42.53	_____
2	Julie Askeland	1994/1994	HSK	01:38.65	_____
3	Camilla S. Skretting	1992/1992	BRYNE	01:33.90	_____
4	Elise Christensen	1988/1988	ÅLGÅRD	01:34.34	_____
5	Julia Cuypers	1993/1993	DELFANA	01:39.38	_____
6	Caroline Dverseth	1993/1993	MADLA	01:43.26	_____

HEAT 4

1	Signe Lootz	1993/1993	MADLA	01:33.18	_____
2	Kristin Bringedal	1991/1991	FRISINN	01:31.88	_____
3	Elisabeth Kristiansen	1992/1992	HSK	01:30.32	_____
4	Rebekka Andersen	1993/1993	FRISINN	01:31.01	_____
5	Line Nilsson	1994/1994	FRISINN	01:32.88	_____
6	Mariell Vik	1992/1992	MADLA	01:33.44	_____

HEAT 5

1	Stine Hamarsland	1991/1991	ÅLGÅRD	01:29.71	_____
2	Unn Elin Kleppa Øvestad	1988/1988	SSLK	01:26.52	_____
3	BIRGITTE ALVESTAD	1991/1991	KLEPP	01:25.83	_____
4	Vilde Skram	1990/1990	DELFANA	01:26.08	_____
5	Eva Marie Østerhus	1994/1994	SOLA	01:28.77	_____
6	SIV VUILLIOMENET	1992/1992	KLEPP	01:30.13	_____

HEAT 6

1	Ann Kristin Skauge	1990/1990	KARMØY	01:24.74	_____
2	Inger Kristine Steinsland	1992/1992	STORD	01:23.39	_____
3	Mari Løvik	1991/1991	DELFANA	01:20.34	_____
4	Ingvild M. Brurås	1989/1989	ARNA SLK	01:23.14	_____
5	Maria Wee Hollund	1992/1992	KARMØY	01:24.24	_____
6	Ingeborg Ueland	1991/1991	SOLA	01:24.94	_____

HEAT 7

1	Seline Vike Holm	1992/1992	ARNA SLK	01:17.25	_____
2	Line Heiberg	1991/1991	KARMØY	01:15.48	_____
3	Natacha Salte Hagenes	1987/1987	HAMAR	01:14.77	_____
4	Kristina Dverseth	1990/1990	MADLA	01:15.23	_____
5	Lena Maria Furali	1992/1992	HSK	01:15.82	_____
6	Trine Midtun	1990/1990	ARNA SLK	01:18.00	_____

HEAT 8

1	Siri Møllerop	/1990	MADLA TS	01:12.19	_____
2	Malene H. Vinsnesbakk	1989/1989	ARNA SLK	01:11.78	_____
3	Monica Martinsen	/1983	SSC	01:07.80	_____
4	Monica W. Johannessen	1990/1990	KARMØY	01:11.36	_____
5	Anne Haugvaldstad	1989/1989	Randaberg	01:11.98	_____
6	Vibeke Brigg	/1989	MADLA TS	01:14.47	_____

ØVELSE 24 100 RYGG MENN

HEAT 1

2	Sverre Haugen	1994/1994	HSK		_____
3	Martin Haugland	/1992	SSC		_____
4	Simon Høysæther	1993/1993	HSK		_____
5	Alexander Marki Mork	/1995	SSC		_____

HEAT 2

1	Glenn Skjøveland	1992/1992	ÅLGÅRD		_____
2	Christoffer Kvernvoll	/1990	SSC		_____
3	Mathias Janvin	1995/1995	MADLA	01:42.02	_____
4	Erik William Ravndal	1990/1990	SSLK		_____
5	Stian Rolfsen Gilje	1990/1990	STVG.HAIK		_____
6	Kris-Thomas M. Austli	1992/1992	ÅLGÅRD		_____

HEAT 3

1	Ole Iversen Kalvø	1992/1992	DELFANA	01:28.84	_____
2	Vegard Belaska	1993/1993	MADLA	01:26.68	_____
3	Steffen Larsen	1991/1991	MADLA	01:23.62	_____
4	Christer Emil Haga Bru	1990/1990	STVG.HAIK	01:25.71	_____
5	Andreas Sædberg	1988/1988	ÅLGÅRD	01:28.07	_____
6	Didrik Grønseth	1992/1992	FRISINN	01:38.13	_____

HEAT 4

1	Jakob Haugstvedt	1991/1991	DELFANA	01:22.87	_____
2	Kim-Andre M. Austli	1989/1989	ÅLGÅRD	01:20.24	_____
3	Sander Rødje	1993/1993	HSK	01:19.27	_____
4	Halvdan Mjelde	1992/1992	DELFANA	01:20.09	_____
5	Thomas Øvestad	1992/1992	SSLK	01:22.59	_____
6	Gøran Kjær Eriksson	1993/1993	KARMØY	01:23.12	_____

HEAT 5

1	Per Steinar Nilssen	1989/1989	KARMØY	01:16.06	_____
2	Magnus H. Løland	/1990	SSC	01:13.92	_____
3	Eirik Runningen	1990/1990	DELFANA	01:12.40	_____
4	Erlend Tveteraas	1991/1991	SOLA	01:12.67	_____
5	Eirik Ramstad	1991/1991	MADLA	01:14.47	_____
6	Thomas M. Endresen	1990/1990	HSK	01:17.00	_____

HEAT 6

1	Ole Andreas Kolaas	1989/1989	DELFANA	01:08.31	_____
2	Joar Skien Grannes	1990/1990	SSLK	01:04.04	_____
3	Jørgen Møllerop	/1988	MADLA TS	01:01.37	_____
4	Ruben Furali	1989/1989	HSK	01:03.30	_____
5	Even Vike Holm	1990/1990	ARNA SLK	01:06.54	_____
6	Tørres H. Nordnes	1989/1989	STORD	01:09.58	_____

ØVELSE 25 200 BUTTERFLY KVINNER

HEAT 1

1	Camilla Høyvik	1989/1989	ARNA SLK	03:04.78	_____
2	Cecilie W. Johannessen	1990/1990	KARMØY	02:31.20	_____
3	Alvilde Morken	/1989	SSC	02:28.87	_____
4	Tonje Elisabeth Langvik	/1989	SSC	02:28.92	_____
5	Marina Rasmussen	1989/1989	ARNA SLK	02:44.85	_____
6	Rebekka Andersen	1993/1993	FRISINN		_____

ØVELSE 26 200 BUTTERFLY MENN

HEAT 1

2	Pål B. Mortensen	/1990	SSC	02:48.67	_____
3	Sebastian Stordal	1991/1991	DELFANA	02:37.42	_____
4	Erling Mjøs Brattelid	1991/1991	SOLA	02:47.20	_____

HEAT 2

2	Thor Kristian Larsen	SENIOR/1986	Randaberg	02:23.39	_____
3	Olav-Mikal Furali	1988/1988	HSK	02:13.52	_____
4	Vegard Høiberg	1988/1988	HSK	02:18.00	_____
5	Ole Martin Grytten Ree	1992/1992	SOLA	02:33.88	_____

ØVELSE 27 200 MEDLEY KVINNER

HEAT 1

2	Mari Kristoffersen	1995/1995	FRISINN		_____
3	Silje Lilledahl	1994/1994	HSK		_____
4	Sanne Risbakk	1994/1994	MADLA		_____

HEAT 2

1	Malin Høysæther	1994/1994	HSK		_____
2	Caroline Marki Mork	/1993	SSC		_____
3	Solvor Lende	1992/1992	BRYNE		_____
4	Camilla S. Skretting	1992/1992	BRYNE		_____
5	Kristin Lende	1993/1993	BRYNE		_____

HEAT 3

1	Alise Sandvik	1991/1991	BRYNE		_____
2	Lene P. Lovra	1990/1990	BRYNE		_____
3	Caroline Dverseth	1993/1993	MADLA	03:53.65	_____
4	Ranveig Skogland	1989/1989	HSK		_____
5	IDA LANGVIK FLÅTEN	1991/1991	KLEPP		_____
6	Åslaug T. Blitzner	1992/1992	BRYNE		_____

HEAT 4

1	Ane Nygård	/1995	SSC	03:32.91	_____
2	Signe Lootz	1993/1993	MADLA	03:21.72	_____
3	Line Nilsson	1994/1994	FRISINN	03:20.11	_____
4	BIRGITTE ALVESTAD	1991/1991	KLEPP	03:20.41	_____
5	Sonja Gåsland	1992/1992	BRYNE	03:30.06	_____
6	Vannja Celine Brunsvik	1993/1993	HSK	03:38.24	_____

HEAT 5

1	Mariell Vik	1992/1992	MADLA	03:17.38	_____
2	Elisabeth Kristiansen	1992/1992	HSK	03:12.48	_____
3	Eva Marie Østerhus	1994/1994	SOLA	03:11.64	_____
4	Tonje Sønneland	1991/1991	MADLA	03:11.72	_____
5	Ingvild Hamre	1990/1990	MADLA	03:12.77	_____
6	Siren Bergslid	1993/1993	MADLA	03:17.81	_____

HEAT 6

1	Ingeborg Ueland	1991/1991	SOLA	03:08.20	_____
2	Michelle Angell	1993/1993	DELFANA	03:04.84	_____
3	Renate Ranaweera	1991/1991	SSLK	03:03.00	_____
4	Karoline Eriksen	/1992	SSC	03:03.84	_____
5	Karen Vikanes Bjelland	1990/1990	STORD	03:05.25	_____
6	Ingrid Hystad	1992/1992	STORD	03:10.20	_____

HEAT 7

1	Victoria Rung	1992/1992	FRISINN	02:57.94	_____
2	Inger Kristine Steinsland	1992/1992	STORD	02:55.05	_____
3	Anne Østbø	1991/1991	Randaberg	02:51.21	_____
4	Catharina Galta	/1991	SSC	02:51.97	_____
5	Merete Falck	/1991	SSC	02:55.49	_____
6	Marthe Berg Sørensen	1992/1992	FRISINN	02:58.69	_____

HEAT 8

1	Iselin Raustein	1990/1990	Randaberg	02:49.63	_____
2	Torhild Anda	1991/1991	Randaberg	02:48.16	_____
3	Marie Kristine Føreid	/1988	SSC	02:44.95	_____
4	Stine Kristoffersen	1993/1993	FRISINN	02:47.41	_____
5	Martine Sandve	/1989	MADLA TS	02:48.17	_____
6	Hanne Søfteland	1992/1992	DELFANA	02:50.75	_____

HEAT 9

1	Natacha Salte Hagenes	1987/1987	HAMAR	02:41.03	_____
2	Irene Ø. Fosse	1992/1992	KARMØY	02:38.04	_____
3	Lena Maria Furali	1992/1992	HSK	02:35.00	_____
4	Ragnhild Smith-Sivertsen	1989/1989	DELFANA	02:36.61	_____
5	Ida Nordbø	/1989	MADLA TS	02:40.28	_____
6	Karoline Sørbø	/1990	SSC	02:44.35	_____

ØVELSE 28 200 MEDLEY MENN

HEAT 1

2	Alexander Marki Mork	/1995	SSC		_____
3	Håvard Gåsland	1994/1994	BRYNE		_____
4	Sigurd Lende	1994/1994	BRYNE		_____

HEAT 2

1	Morten Bordevich	1994/1994	SOLA		_____
2	Gaute Ravndal	1994/1994	SOLA		_____
3	Børre Bastiqkeit	1992/1992	HSK	03:25.52	_____
4	Simon Høysæther	1993/1993	HSK		_____
5	Martin Drengstig	1994/1994	SOLA		_____

HEAT 3

1	Bjørn Inge Refsnes	/1990	SSC	03:09.40	_____
2	Vegard Belaska	1993/1993	MADLA	03:06.10	_____
3	Hans B. Østerdal	/1993	SSC	03:01.53	_____
4	Jakob Haugstvedt	1991/1991	DELFANA	03:02.31	_____
5	Steffen Larsen	1991/1991	MADLA	03:09.06	_____
6	Thorbjørn Birkeland	1993/1993	HSK	03:16.45	_____

HEAT 4

1	Gøran Kjær Eriksson	1993/1993	KARMØY	02:57.08	_____
2	Christian N. Juvik	1993/1993	SOLA	02:50.87	_____
3	Magnus H. Løland	/1990	SSC	02:48.03	_____
4	Paal Anfindsen	1991/1991	HSK	02:48.58	_____
5	Sander Rødje	1993/1993	HSK	02:54.01	_____
6	Kim-Andre M. Austli	1989/1989	ÅLGÅRD	03:00.58	_____

HEAT 5

1	Jørn Nygård	/1992	SSC	02:45.33	_____
2	Thomas M. Endresen	1990/1990	HSK	02:41.27	_____
3	Per Steinar Nilssen	1989/1989	KARMØY	02:39.44	_____
4	Eirik Netland	1989/1989	Randaberg	02:39.45	_____
5	Haakon Undheim	1991/1991	KARMØY	02:41.54	_____
6	Erlend Tveteraas	1991/1991	SOLA	02:45.74	_____

HEAT 6

1	Bjarte Ravndal	1991/1991	SOLA	02:37.36	_____
2	Aleksander Haugstvedt	1989/1989	DELFANA	02:36.54	_____
3	Ivar Idsø Flaten	1989/1989	SSLK	02:34.56	_____
4	Eirik Ramstad	1991/1991	MADLA	02:35.90	_____
5	Simen Dale	1991/1991	DELFANA	02:36.75	_____
6	John Fjermestad Aase	1987/1987	BRYNE	02:39.19	_____

HEAT 7

1	Kjetil Lilleland	JUNIOR/	HSK	02:22.22	_____
2	Øyvind Kalvø	1990/1990	DELFANA	02:18.64	_____
3	Lars Andre Tolås	1988/1988	Randaberg	02:15.92	_____
4	Ruben Furali	1989/1989	HSK	02:17.32	_____
5	Sven Hove	/1988	SSC	02:21.30	_____
6	Mads V. Steffensen	1989/1989	ARNA SLK	02:31.32	_____

ØVELSE 29 50 BUTTERFLY KVINNER

HEAT 1

1	Gunn Johanne Scheit	S14/1973	STEGABERG	01:13.59	_____
2	Ingalill Urrang Naustvik	1995/1995	KARMØY		_____
3	Marit H. Løland	/1995	SSC		_____
4	Inghild Birgitte Mikkelse	/1995	SSC		_____
6	Maricela Messmer Larsen	S12/1986	STEGABERG		_____

HEAT 2

1	Ingrid Ånderå	1993/1993	ÅLGÅRD		_____
2	Kaija Øverås	1992/1992	SSLK		_____
3	Camilla S. Skretting	1992/1992	BRYNE		_____
4	Marjam Idriss	1992/1992	SOLA		_____
5	Maria Bergfjord	1993/1993	MADLA		_____
6	Julie Askeland	1994/1994	HSK		_____

HEAT 3					
1	Stine Hamarsland	1991/1991	ÅLGÅRD		_____
2	Julie Lund	1990/1990	SSLK		_____
5	Alise Sandvik	1991/1991	BRYNE		_____
6	Ane Cecilie Ekern	/1991	SSC		_____
HEAT 4					
1	INGER HUSVEG	1992/1992	KLEPP	00:53.13	_____
2	LINN WEI AAMODT	1994/1994	KLEPP	00:52.19	_____
3	Karoline Langvik	/1994	SSC	00:50.20	_____
4	SOLVEIG VUILLIOMENET	1994/1994	KLEPP	00:51.58	_____
5	Christina Krogdahl	1995/1995	KARMØY	00:52.23	_____
6	Hanne Torill Scheit	S14/1971	STEGABERG	00:53.56	_____
HEAT 5					
1	Henriette Aarthun	1994/1994	SOLA	00:48.77	_____
2	Marte K Haukeland	1994/1994	ARNA SLK	00:48.25	_____
3	Julia Cuypers	1993/1993	DELFAANA	00:45.17	_____
4	Kristin Bringedal	1991/1991	FRISINN	00:47.68	_____
5	Tonje Vassbø	1990/1990	ÅLGÅRD	00:48.30	_____
6	Malin Haga	1995/1995	MADLA	00:50.04	_____
HEAT 6					
1	Hege Harestad	/1992	SSC	00:44.53	_____
2	Malena Martens	1994/1994	STORD	00:44.18	_____
3	Mariell Vik	1992/1992	MADLA	00:43.73	_____
4	Silje Lilledahl	1994/1994	HSK	00:43.95	_____
5	SIV VUILLIOMENET	1992/1992	KLEPP	00:44.35	_____
6	IDA LANGVIK FLÅTEN	1991/1991	KLEPP	00:45.01	_____
HEAT 7					
1	Tonje Ringen Nilsen	1991/1991	Randaberg	00:42.43	_____
2	Marielle Pettersen	1991/1991	ÅLGÅRD	00:42.04	_____
3	Karen Vikanes Bjelland	1990/1990	STORD	00:40.73	_____
4	Mari Løvik	1991/1991	DELFAANA	00:40.89	_____
5	Eva Marie Østerhus	1994/1994	SOLA	00:42.36	_____
6	Maren Larsen	1994/1994	MADLA	00:43.67	_____
HEAT 8					
1	Ellen Kristine Stangeland	1993/1993	SSLK	00:39.16	_____
2	Katinka Kvant	1989/1989	ARNA SLK	00:38.32	_____
3	Ann Kristin Skauge	1990/1990	KARMØY	00:37.64	_____
4	Heidi Høgalmen	1990/1990	MADLA	00:38.25	_____
5	Vannja Celine Brunsvik	1993/1993	HSK	00:39.10	_____
6	Camilla Thoreby	1990/1990	MADLA	00:39.43	_____
HEAT 9					
1	Vilde Skram	1990/1990	DELFAANA	00:37.29	_____
2	Tiril Vike	1989/1989	MADLA	00:36.66	_____
3	Kristina Gismervik	/1987	MADLA TS	00:36.57	_____
4	Oda L. Stenersen	1990/1990	DELFAANA	00:36.58	_____
5	Seline Vike Holm	1992/1992	ARNA SLK	00:36.88	_____
6	Ingrid Hystad	1992/1992	STORD	00:37.51	_____
HEAT 10					
1	June J. Kristiansen	1990/1990	DELFAANA	00:36.30	_____
2	Marie Austdal	1987/1987	SOLA	00:36.01	_____
3	Camilla Høyvik	1989/1989	ARNA SLK	00:35.68	_____
4	Trine Hovda	1990/1990	MADLA	00:35.87	_____
5	Sarah Louise Rung	1989/1989	FRISINN	00:36.19	_____
6	Karoline Eriksen	/1992	SSC	00:36.43	_____

HEAT 11

1	Kristina Dverseth	1990/1990	MADLA	00:35.51	_____
2	Martine Sandve	/1989	MADLA TS	00:35.23	_____
3	Nicole T. Næsheim	/1991	SSC	00:35.12	_____
4	Ingvild L. Losnegård	1990/1990	STORD	00:35.14	_____
5	Siri Møllerop	/1990	MADLA TS	00:35.30	_____
6	Oda J. Midtun	1991/1991	ARNA SLK	00:35.52	_____

HEAT 12

1	Bente Wathne	1989/1989	SSLK	00:34.11	_____
2	Marina Rasmussen	1989/1989	ARNA SLK	00:33.81	_____
3	Maren Kristine Jansen	1990/1990	Randaberg	00:33.37	_____
4	Natacha Salte Hagenes	1987/1987	HAMAR	00:33.74	_____
5	Helene Lybak	1990/1990	DELFANA	00:33.92	_____
6	Ane J. Midtun	1991/1991	ARNA SLK	00:34.77	_____

HEAT 13

1	Line Heiberg	1991/1991	KARMØY	00:33.27	_____
2	Christine Ørland	1988/1988	MADLA	00:32.62	_____
3	Vibeke Brigg	/1989	MADLA TS	00:32.02	_____
4	Michelle Bjerga	/1991	SSC	00:32.07	_____
5	Irene Ø. Fosse	1992/1992	KARMØY	00:33.05	_____
6	Birgitte Mjøs Brattelid	1989/1989	SOLA	00:33.29	_____

HEAT 14

1	Ida Nordbøe	/1989	MADLA TS	00:31.24	_____
2	Monica Martinsen	/1983	SSC	00:30.81	_____
3	Karen Stødle	1987/1987	KARMØY	00:29.48	_____
4	Åse Linn Hansen	SENIOR/1985	HSK	00:29.96	_____
5	Lena Maria Furali	1992/1992	HSK	00:30.95	_____
6	Anne Haugvaldstad	1989/1989	Randaberg	00:31.77	_____

ØVELSE 30 50 BUTTERFLY MENN

HEAT 1

2	Anders L. Losnegård	1995/1995	STORD		_____
3	Kris-Thomas M. Austli	1992/1992	ÅLGÅRD		_____
4	Odd Arne Stokkeland	1992/1992	SOLA		_____

HEAT 2

2	Didrik Grønseth	1992/1992	FRISINN		_____
3	Glenn Skjøveland	1992/1992	ÅLGÅRD		_____
4	Henning Skare Pryde	/1992	SSC		_____
5	Thomas Øvestad	1992/1992	SSLK		_____

HEAT 3

1	Alexander Waaland	1988/1988	SSLK		_____
2	Eirik H. Wallevik	1994/1994	ARNA SLK	00:57.38	_____
3	Ole Iversen Kalvø	1992/1992	DELFANA	00:50.67	_____
4	Simen Alvestad	1994/1994	KARMØY	00:53.02	_____
5	John Fjermestad Aase	1987/1987	BRYNE		_____
6	Vegard Roaldkvam	/1990	SSC		_____

HEAT 4

1	Martin Drengstig	1994/1994	SOLA	00:50.33	_____
2	Yngve Grøstad	/1993	SSC	00:46.02	_____
3	Alexander Øvestad	1993/1993	SSLK	00:44.85	_____
4	Børre Bastiqkeit	1992/1992	HSK	00:45.77	_____
5	Fredrik Føreid	/1991	SSC	00:47.14	_____
6	Mathias Janvin	1995/1995	MADLA	00:50.62	_____

HEAT 5

1	Gaute Ravndal	1994/1994	SOLA	00:43.21	_____
2	Vetle Steffensen	1993/1993	ARNA SLK	00:42.23	_____
3	Morten Bordevich	1994/1994	SOLA	00:41.69	_____
4	Markus Heimdal	1992/1992	DELFANA	00:41.79	_____
5	Steffen Larsen	1991/1991	MADLA	00:42.97	_____
6	Vegard Belaska	1993/1993	MADLA	00:43.64	_____

HEAT 6

1	Timothy Jøraholmen	1993/1993	HSK	00:41.09	_____
2	Krister Stokke	1991/1991	KARMØY	00:39.34	_____
3	Anders Runningen	1992/1992	DELFANA	00:38.27	_____
4	Andreas Sædberg	1988/1988	ÅLGÅRD	00:39.20	_____
5	Erik Vassøy Olsen	1991/1991	Randaberg	00:40.20	_____
6	Sindre Ask	/1991	SSC	00:41.45	_____

HEAT 7

1	Andreas Knudsen	/1990	SSC	00:37.42	_____
2	Frode Rømo	S14/1975	STEGABERG	00:36.41	_____
3	Espen Halhjem	1992/1992	DELFANA	00:35.48	_____
4	Stian Rolfsen Gilje	1990/1990	STVG.HAIK	00:35.79	_____
5	Kim-Andre M. Austli	1989/1989	ÅLGÅRD	00:36.43	_____
6	Christoffer Kvernvoll	/1990	SSC	00:37.60	_____

HEAT 8

1	Ørjan Knutli	1989/1989	ARNA SLK	00:35.39	_____
2	Gøran Kjær Eriksson	1993/1993	KARMØY	00:35.22	_____
3	Marek Labak	1991/1991	MADLA	00:34.80	_____
4	Sander Rødje	1993/1993	HSK	00:35.21	_____
5	Øyvind L. Styrmo	1993/1993	DELFANA	00:35.34	_____
6	Øyvind Grassdal	1990/1990	SOLA	00:35.39	_____

HEAT 9

1	Sindre Lilledahl	1992/1992	HSK	00:34.18	_____
2	Erling Mjøs Brattelid	1991/1991	SOLA	00:33.89	_____
3	Christian N. Juvik	1993/1993	SOLA	00:33.56	_____
4	Erlend Tveteraas	1991/1991	SOLA	00:33.86	_____
5	Mats Nesvik	1990/1990	Randaberg	00:34.07	_____
6	Eirik Runningen	1990/1990	DELFANA	00:34.32	_____

HEAT 10

1	Fredrik Svensen	1990/1990	STVG.HAIK	00:33.48	_____
2	Sebastian Stordal	1991/1991	DELFANA	00:33.02	_____
3	Ivar Idsø Flaten	1989/1989	SSLK	00:32.50	_____
4	Tørres H. Nordnes	1989/1989	STORD	00:32.55	_____
5	Johannes Framnes	1989/1989	STORD	00:33.06	_____
6	Bjarte Ravndal	1991/1991	SOLA	00:33.48	_____

HEAT 11

1	Andreas Solem	1989/1989	DELFANA	00:32.16	_____
2	Per Erik Jakobsen	1989/1989	HSK	00:31.61	_____
3	Eirik Ramstad	1991/1991	MADLA	00:30.98	_____
4	Even Vike Holm	1990/1990	ARNA SLK	00:31.41	_____
5	Ole Martin Grytten Ree	1992/1992	SOLA	00:31.92	_____
6	Petter Ledsaak	1990/1990	SSLK	00:32.48	_____

HEAT 12

1	Thor Helge Billington	1990/1990	SSLK	00:30.03	_____
2	Thomas Andre Aaslette	1989/1989	ARNA SLK	00:29.24	_____
3	Karsten W. Johannessen	1988/1988	KARMØY	00:28.22	_____
4	Thor Kristian Larsen	SENIOR/1986	Randaberg	00:28.89	_____
5	Rune Skien Grannes	1988/1988	SSLK	00:29.96	_____
6	Martin Steffensen	1989/1989	ARNA SLK	00:30.88	_____

HEAT 13

1	Ole Andreas Kolaas	1989/1989	DELFANA	00:27.80	_____
2	Olav-Mikal Furali	1988/1988	HSK	00:27.52	_____
3	Thomas Ole Fadnes	/1987	SSC	00:26.26	_____
4	Vegard Høiberg	1988/1988	HSK	00:27.11	_____
5	Ruben Furali	1989/1989	HSK	00:27.70	_____
6	Glenn Cudmore	/1980	SSC	00:27.85	_____

ØVELSE 31 4x100 MEDLEY KVINNER

HEAT 1

2	Sandnes SLK Sandnes SLK	junior/1992	SSLK		_____
3	Randaberg 2	JUNIOR/	Randaberg		_____
4	Haugesund Svømmeklubb	JUNIOR/	HSK		_____

HEAT 2

2	KLEPP	/	KLEPP		_____
3	Madla	0/	MADLA		_____
4	Madla Mix	0/	MADLA		_____
5	FRISINN FRISINN	/	FRISINN		_____

HEAT 3

1	STORD 1	Junior/	STORD	05:27.25	_____
2	Karmøy 2	junior/	KARMØY	05:17.82	_____
3	Arna SLK	1989/1989	ARNA SLK	05:02.00	_____
4	Randaberg 1	JUNIOR/	Randaberg	05:07.27	_____
5	Delfana 2	1989/1989	DELAFANA	05:20.00	_____
6	STORD 2	Junior/	STORD	06:36.15	_____

HEAT 4

1	Arna SLK 2. LAG	1989/1989	ARNA SLK	04:59.00	_____
2	Team Stavanger 1 Jr	/2000	TEAM STAVANGER	04:45.00	_____
3	Karmøy 1	junior/	KARMØY	04:36.20	_____
4	SSC 1	/	SSC	04:40.00	_____
5	Delfana 1	1989/1989	DELAFANA	04:58.00	_____
6	SSC 2	/	SSC	05:00.00	_____

ØVELSE 32 4x100 MEDLEY MENN

HEAT 1

2	Sandnes SLK Sandnes SLK	junior/1992	SSLK		_____
3	Delfana 3	1989/1989	DELAFANA	05:20.00	_____
4	Madla	0/	MADLA		_____

HEAT 2

1	SSC 2	/	SSC	05:02.00	_____
2	Haugesund Svømmeklubb 2	JUNIOR/	HSK	05:00.00	_____
3	Arna SLK	1989/1989	ARNA SLK	04:43.00	_____
4	Karmøy	junior/	KARMØY	04:46.32	_____
5	Delfana 2	1989/1989	DELAFANA	05:00.00	_____

HEAT 3

1	Sola SK	junior/	SOLA	04:40.00	_____
2	Delfana 1	1989/1989	DELAFANA	04:29.00	_____
3	Team Stavanger 1 Jr	/2000	TEAM STAVANGER	04:15.00	_____
4	Haugesund Svømmeklubb 1	JUNIOR/	HSK	04:15.44	_____
5	Randaberg 1	JUNIOR/	Randaberg	04:35.71	_____
6	SSC 1	/	SSC	04:40.00	_____