

### Øvelse 1. 4\*100m fri, herrer

#### Senior

1p	Team Stavanger G1 sr.	SR	Team Stavanger	3.43,77	621
	Ole Martin G Ree:	26,67(26,67)	55,14(28,47)	55,14	
	Erling Mjøs Brattelid:	1.22,99(27,85)	1.53,57(30,58)	58,43	
	Lars Einar Borsheim:	2.20,94(27,37)	2.51,84(30,90)	58,27	
	Jørgen Møllerop:	3.16,51(24,67)	3.43,77(27,26)	51,93	
2p	Stavanger SC G1 jr.	JR	Stavanger SC	3.56,90	524
	Per Øystein Turøy:	28,13(28,13)	59,05(30,92)	59,05	
	Henning S. Pryde:	1.28,09(29,04)	1.59,26(31,17)	1.00,21	
	Remy Zakaria:	2.27,63(28,37)	3.00,49(32,86)	1.01,23	
	Jørn Nygård:	3.27,36(26,87)	3.56,90(29,54)	56,41	
3p	Madla SK G1 jr.	JR	Madla SK	3.58,70	512
	Steffen Larsen:	29,03(29,03)	1.01,31(32,28)	1.01,31	
	Erlend Tveteraas:	1.29,27(27,96)	2.01,07(31,80)	59,76	
	Vegard Belaska:	2.30,06(28,99)	3.01,10(31,04)	1.00,03	
	Eirik Ramstad:	3.28,46(27,36)	3.58,70(30,24)	57,60	
4	Stavanger SC G2 jr.	JR	Stavanger SC	4.16,27	414
	Fredrik Berntsen:	29,62(29,62)	1.05,77(36,15)	1.05,77	
	Henrik Knudsen:	1.35,80(30,03)	2.08,10(32,30)	1.02,33	
	Fredrik Knutsen Hegdal:	2.37,93(29,83)	3.11,06(33,13)	1.02,96	
	Alexander Marki Mork:	3.41,87(30,81)	4.16,27(34,40)	1.05,21	
5	Karmøy SK G1 jr.	JR	Karmøy SK	4.22,72	384
	Vincent Skage:	33,77(33,77)	1.10,21(36,44)	1.10,21	
	Daniel Sandhåland:	1.42,23(32,02)	2.16,83(34,60)	1.06,62	
	Simen Alvestad:	2.46,97(30,14)	3.20,77(33,80)	1.03,94	
	Ivan Aleksander Larsen:	3.50,03(29,26)	4.22,72(32,69)	1.01,95	

### Øvelse 2. 4\*50m fri, damer

#### Senior

1p	Team Stavanger J1 sr.	SR	Team Stavanger	1.55,19	644
	Mari Ask Rasmussen:	28,57(28,57)			
	Christine Ørland:	57,36(28,79)			
	Marthe Berg Sørensen:	1.25,78(28,42)			
	Victoria Rung:	1.55,19(29,41)			
2p	Stavanger SC J1 jr.	JR	Stavanger SC	1.57,91	600
	Nicole Tandrevold Næsheim:	29,35(29,35)			
	Caroline Marki Mork:	58,13(28,78)			
	Karoline Eriksen:	1.28,43(30,30)			
	Hege Elisabeth Harestad:	1.57,91(29,48)			
3p	Madla SK J1 jr.	JR	Madla SK	1.59,36	579
	Heidi Høgalmen:	30,53(30,53)			
	Line Øie Nilsson:	1.00,17(29,64)			
	Maren Larsen:	1.30,06(29,89)			
	Christine Arctander:	1.59,36(29,30)			
4	Karmøy SK J1 jr.	JR	Karmøy SK	1.59,46	577
	Kristin Hagen:	31,00(31,00)			
	Ingalill Urrang Naustvik:	1.01,66(30,66)			
	Ingalill Urrang Naustvik:	1.33,70(32,04)			
	Cecilie W. Johannessen:	1.59,46(25,76)			
5	Stavanger SC J2 jr.	JR	Stavanger SC	2.00,92	557
	Siren Kristine Bergslid:	30,14(30,14)			
	Ane Nygård:	59,21(29,07)			
	Malin Haga:	1.29,88(30,67)			
	Synnøve Fevang:	2.00,92(31,04)			
6	Madla SK J2 jr.	JR	Madla SK	2.04,53	510
	Mariell Vik:	30,41(30,41)			
	Renate Aasland Ranaweera:	1.01,75(31,34)			
	Camilla Thoreby:	1.32,81(31,06)			
	Mari Mjøllhus Kristoffersen:	2.04,53(31,72)			
7	Frisinn SK J1 jr.	JR	Frisinn SK	2.12,30	425
	Matilde Giovannelli:	32,60(32,60)			
	Barbara Hansen:	1.05,86(33,26)			
	Silje Chirico Indrebø:	1.40,42(34,56)			
	Kristin Bringedal:	2.12,30(31,88)			

**Øvelse 3. 50m bryst, herrer****Senior**

1p	Pål Jåtun Pedersen	82	TS/Madla	31,18	613
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**Eldre junior**

1p	Petter Ledsaak	89	Sandnes SLK	33,67	487
2p	Steffen Larsen	91	Madla SK	34,34	459
3p	Erik Vassøy Olsen	91	Stavanger SC	34,54	451
4	Remy Zakaria	92	Stavanger SC	34,67	446
5	Didrik Konow Grønseth	92	Frisinn SK	34,80	441
6	Sindre Lilledahl	92	Haugesund SK	35,56	413
7	Glenn Skjæveland	92	Ålgård SK	35,68	409
8	Anders Hjelmeland	92	Sola SK	37,39	356
9	Hauk Næss Haga	92	Sola SK	40,27	284
10	Øyvind Malde	92	Madla SK	40,96	270

**Yngre junior**

1p	Hans Bratland Østerdal	93	Stavanger SC	32,64	535
2p	Asbjørn Skogen	93	Randaberg IL	35,49	416
3p	Snorre Andreas Røkbuvold	94	Lund SK	37,98	339
4	Bjørnar Ulvang	94	Lund SK	38,24	332
5	Magnus Møkster	94	Frisinn SK	38,58	324
6	Vincent Skage	94	Karmøy SK	38,68	321
7	Matteo Scarpanti	94	Madla SK	39,08	311
8	Bjørn Eikanger Hanssen	95	Bryne SK	42,81	237
9	Fredrik Hana Voss	95	Randaberg IL	44,58	210
10	Anders Lindanger	95	Stavanger SC	45,02	203
	Daniel Sandhåland	95	Karmøy SK	DISK	

**Øvelse 4. 50m rygg, damer****Eldre junior**

1p	Cecilie W. Johannessen	90	Karmøy SK	(0,59)	30,37	717
2p	Nicole Tandrevold Næsheim	91	Stavanger SC	(0,69)	33,47	536
3p	Vanessa Tuxen	92	Sola SK	(0,81)	34,42	492
4	Kristin Bringedal	91	Frisinn SK	(0,64)	36,86	401
5	Elisabeth Berntsen	92	Stavanger SC	(0,91)	37,11	393
6	Kristin Hagen	92	Karmøy SK	(0,80)	38,79	344
7	Elise Trøan	92	Madla SK	(0,79)	39,58	324

**Yngre junior**

1p	Eva Marie W. Østerhus	94	TS/Madla	(0,72)	33,23	547
2p	Amalie Kristiansen	95	Haugesund SK	(0,85)	34,46	491
3p	Stine Mjølhus Kristoffersen	93	TS/Frisinn	(0,69)	34,64	483
4	Rebekka Andersen	93	Stavanger SC	(0,59)	36,01	430
5	Christine Arctander	93	Madla SK	(0,92)	36,79	403
6	Matilde Giovannelli	94	Frisinn SK	(0,77)	37,69	375
7	Aleksandra Berge	94	Madla SK	(0,81)	38,11	363

8	Malin Haga	95	Stavanger SC	(0,75)	38,29	358
9	Barbara Hansen	93	Frisinn SK	(0,96)	39,51	325
9	Julie Svanes	93	Egersund SK	(0,86)	39,51	325
11	Christina Krogdahl	95	Karmøy SK	(0,87)	39,55	324
12	Susanne Sekkesæter	95	Madla SK	(0,66)	39,78	319
13	Maria Bergfjord	93	Stavanger SC	(1,18)	41,32	284
14	Signe Birch Moltu	94	Frisinn SK	(0,80)	42,27	266
15	Silje Chirico Indrebø	95	Frisinn SK	(0,85)	42,55	260
16	Kaja Konow Grønseth	95	Frisinn SK	(1,02)	45,41	214

**S10 Senior**

1p	Tonje Immerstein	89	Sandnes SLK	(0,72)	42,68	258
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**Øvelse 5. 100m individuell medley, herrer****Senior**

1p	Lars Einar Borsheim 29,56(29,56)	80	TS/Madla		1.03,45	581
					1.03,45(33,89)	

**Eldre junior**

1p	Ole Martin G Ree 29,90(29,90)	92	TS/Sola		1.02,97	595
					1.02,97(33,07)	
2p	Erling Mjøs Brattelid 30,88(30,88)	91	TS/Sola		1.03,89	569
					1.03,89(33,01)	
3p	Jørn Nygård 30,48(30,48)	92	Stavanger SC		1.04,72	548
					1.04,72(34,24)	
4	Eirik Ramstad 31,52(31,52)	91	Madla SK		1.07,44	484
					1.07,44(35,92)	
5	Erlend Tveteraas 31,36(31,36)	91	Madla SK		1.07,59	481
					1.07,59(36,23)	
6	Erik Vassøy Olsen 32,80(32,80)	91	Stavanger SC		1.08,08	471
					1.08,08(35,28)	
7	Sindre Lilledahl 31,77(31,77)	92	Haugesund SK		1.08,34	465
					1.08,34(36,57)	
8	Didrik Konow Grønseth 32,16(32,16)	92	Frisinn SK		1.09,47	443
					1.09,47(37,31)	
9	Sondre Eikanger Hanssen 34,21(34,21)	91	Bryne SK		1.16,25	335
					1.16,25(42,04)	
10	Fredrik Berntsen 34,36(34,36)	90	Stavanger SC		1.17,35	321
					1.17,35(42,99)	
11	Anders Hjelmeland 36,84(36,84)	92	Sola SK		1.19,57	295
					1.19,57(42,73)	

**Yngre junior**

1p	Simon Høisæter 32,05(32,05)	93	Haugesund SK		1.08,75	457
					1.08,75(36,70)	
2p	Vegard Belaska 33,00(33,00)	93	Madla SK		1.09,49	442
					1.09,49(36,49)	
3p	Henrik Knudsen 32,57(32,57)	94	Stavanger SC		1.12,13	396
					1.12,13(39,56)	
4	Daniel Sandhåland 35,72(35,72)	95	Karmøy SK		1.16,05	337
					1.16,05(40,33)	
5	Trond Vasslag 37,58(37,58)	94	Stavanger SC		1.17,80	315
					1.17,80(40,22)	
6	Bjørn Eikanger Hanssen 36,77(36,77)	95	Bryne SK		1.18,10	311
					1.18,10(41,33)	
7	Oliver Haugberg	94	Stavanger SC		1.19,24	298

	35,66(35,66)	1.19,24(43,58)			
8	Vincent Skage 38,49(38,49)	94	Karmøy SK	1.19,76	292
9	Matteo Scarpanti 39,18(39,18)	94	Madla SK	1.23,11	258
10	Fredrik Hana Voss 43,71(43,71)	95	Randaberg IL	1.29,45	207
	Magnus Møkster	94	Frisinn SK	DISK	

### Øvelse 6. 100m individuell medley, damer

#### Senior

1p	Mari Ask Rasmussen 32,65(32,65)	86	TS/SVK	1.09,39	646
2p	Christine Ørland 33,94(33,94)	88	TS/Madla	1.12,18	574
3p	Elisabeth S. Førland 33,60(33,60)	88	TS/Madla	1.13,36	546

#### Eldre junior

1p	Elisabeth Kristiansen 32,03(32,03)	92	Haugesund SK	1.11,19	598
2p	Mariell Vik 35,49(35,49)	92	Madla SK	1.15,01	511
3p	Camilla Thoreby 36,67(36,67)	90	Madla SK	1.15,77	496
4	Elisabeth Berntsen 36,23(36,23)	92	Stavanger SC	1.16,62	479
5	Karoline Eriksen 35,44(35,44)	92	Stavanger SC	1.16,68	478
6	Ingrid Wigestrånd 35,35(35,35)	92	Sola SK	1.16,85	475
7	Hege Elisabeth Harestad 35,39(35,39)	92	Stavanger SC	1.16,86	475
8	Torhild Narvestad Anda 36,13(36,13)	91	Randaberg IL	1.17,09	471
9	Heidi Høgalmen 35,77(35,77)	90	Madla SK	1.18,42	447
10	Vanessa Tuxen 35,50(35,50)	92	Sola SK	1.18,69	443
11	Elise Trøan 38,32(38,32)	92	Madla SK	1.24,82	353

#### Yngre junior

1p	Stine Mjølhus Kristoffersen 33,16(33,16)	93	TS/Frisinn	1.11,09	600
2p	Caroline Marki Mork 33,32(33,32)	93	Stavanger SC	1.11,18	598
3p	Maren Larsen 34,26(34,26)	94	Madla SK	1.12,85	558
4	Siren Kristine Bergslid 35,08(35,08)	93	Stavanger SC	1.13,27	548
5	Ingalill Urrang Naustvik 36,05(36,05)	95	Karmøy SK	1.15,76	496
6	Mari Mjølhus Kristoffersen 36,71(36,71)	95	Madla SK	1.16,67	479
7	Line Øie Nilsson 36,34(36,34)	94	Madla SK	1.17,06	471
8	Rebekka Andersen	93	Stavanger SC	1.17,33	466

	35,86(35,86)	1.17,33(41,47)			
9	Christine Arctander 37,02(37,02)	93	Madla SK	1.19,46	430
10	Silje Lilledahl 38,10(38,10)	94	Haugesund SK	1.20,76	409
11	Maren Lootz Aarthun 40,13(40,13)	95	Stavanger SC	1.21,18	403
12	Christina Krogdahl 40,72(40,72)	95	Karmøy SK	1.29,52	300

**S9 Senior**

1p	Anne Ask Rasmussen 44,04(44,04)	89	TS/Madla	1.35,17	250
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**Øvelse 7. 1500m fri, herrer****Senior**

1p	Jørgen Møllerop 29,38(29,38) 2.40,04(32,83) 4.50,12(32,26) 7.00,17(32,69) 9.09,47(32,02) 11.18,31(32,02) 13.26,84(32,00) 15.34,28(31,50)	88	TS/Madla	16.04,76	738
			1.01,97(32,59) 3.13,02(32,98) 5.22,39(32,27) 7.32,78(32,61) 9.41,75(32,28) 11.50,35(32,04) 13.58,83(31,99) 16.04,76(30,48)	1.34,17(32,20) 3.45,30(32,28) 5.54,94(32,55) 8.05,14(32,36) 10.14,05(32,30) 12.22,49(32,14) 14.30,76(31,93)	2.07,21(33,04) 4.17,86(32,56) 6.27,48(32,54) 8.37,45(32,31) 10.46,29(32,24) 12.54,84(32,35) 15.02,78(32,02)

**Eldre junior**

1p	Ørjan Monsen 32,15(32,15) 2.55,67(36,57) 5.22,09(36,53) 7.47,94(36,42) 10.14,68(36,85) 12.40,67(36,07) 15.05,95(36,83) 17.28,40(34,57)	92	Sola SK	17.59,29	527
			1.06,97(34,82) 3.32,31(36,64) 5.58,73(36,64) 8.24,44(36,50) 10.51,14(36,46) 13.17,00(36,33) 15.42,20(36,25) 17.59,29(30,89)	1.42,72(35,75) 4.08,89(36,58) 6.35,15(36,42) 9.01,18(36,74) 11.27,85(36,71) 13.53,05(36,05) 16.18,08(35,88)	2.19,10(36,38) 4.45,56(36,67) 7.11,52(36,37) 9.37,83(36,65) 12.04,60(36,75) 14.29,12(36,07) 16.53,83(35,75)

**Yngre junior**

1p	Sander Rødje 29,21(29,21) 2.45,24(34,66) 5.03,96(34,43) 7.21,41(34,57) 9.37,54(34,30) 11.55,00(34,44) 14.10,04(34,52) 16.22,88(32,67)	93	Haugesund SK	16.52,23	639
			1.02,02(32,81) 3.19,85(34,61) 5.39,00(35,04) 7.55,93(34,52) 10.11,80(34,26) 12.27,56(32,56) 14.44,78(34,74) 16.52,23(29,35)	1.36,08(34,06) 3.54,95(35,10) 6.13,18(34,18) 8.30,73(34,80) 10.45,80(34,00) 13.00,27(32,71) 15.16,83(32,05)	2.10,58(34,50) 4.29,53(34,58) 6.46,84(33,66) 9.03,24(32,51) 11.20,56(34,76) 13.35,52(35,25) 15.50,21(33,38)
2p	Thorbjørn Birkeland 29,78(29,78) 2.46,44(35,01) 5.05,33(34,63) 7.24,19(34,49) 9.42,88(34,54) 12.01,65(34,98) 14.20,16(34,58) 16.38,41(34,33)	93	Haugesund SK	17.10,72	605
			1.02,95(33,17) 3.21,32(34,88) 5.40,14(34,81) 7.58,86(34,67) 10.17,30(34,42) 12.36,37(34,72) 14.54,75(34,59) 17.10,72(32,31)	1.36,97(34,02) 3.56,45(35,13) 6.14,96(34,82) 8.33,55(34,69) 10.51,80(34,50) 13.10,90(34,53) 15.29,26(34,51)	2.11,43(34,46) 4.30,70(34,25) 6.49,70(34,74) 9.08,34(34,79) 11.26,67(34,87) 13.45,58(34,68) 16.04,08(34,82)
3p	Morten Bordevich 31,70(31,70) 2.53,88(35,65) 5.18,16(36,12) 7.42,56(36,27)	94	Sola SK	17.54,81	533
			1.06,73(35,03) 3.29,80(35,92) 5.54,39(36,23) 8.18,90(36,34)	1.42,35(35,62) 4.05,94(36,14) 6.30,17(35,78) 8.54,73(35,83)	2.18,23(35,88) 4.42,04(36,10) 7.06,29(36,12) 9.30,56(35,83)

	10.06,81(36,25)	10.42,86(36,05)	11.19,52(36,66)	11.55,41(35,89)	
	12.31,83(36,42)	13.08,06(36,23)	13.43,98(35,92)	14.19,75(35,77)	
	14.56,00(36,25)	15.31,94(35,94)	16.08,04(36,10)	16.44,23(36,19)	
	17.20,40(36,17)	17.54,81(34,41)			
4	Ivan Aleksander Larsen	95	Karmøy SK	18.15,97	503
	32.53(32,53)	1.09,18(36,65)	1.46,27(37,09)	2.23,36(37,09)	
	3.01,01(37,65)	3.38,43(37,42)	4.15,37(36,94)	4.52,23(36,86)	
	5.29,73(37,50)	6.06,75(37,02)	6.43,41(36,66)	7.20,72(37,31)	
	7.57,72(37,00)	8.34,41(36,69)	9.11,59(37,18)	9.48,61(37,02)	
	10.25,41(36,80)	11.01,95(36,54)	11.38,75(36,80)	12.14,97(36,22)	
	12.51,68(36,71)	13.28,08(36,40)	14.04,83(36,75)	14.41,40(36,57)	
	15.18,06(36,66)	15.54,87(36,81)	16.31,88(37,01)	17.08,91(37,03)	
	17.43,03(34,12)	18.15,97(32,94)			
5	Øystein Fjeldberg	93	Randaberg IL	18.21,82	495
	32.79(32,79)	1.08,32(35,53)	1.45,46(37,14)	2.22,17(36,71)	
	2.59,69(37,52)	3.36,52(36,83)	4.13,25(36,73)	4.50,13(36,88)	
	5.27,22(37,09)	6.04,11(36,89)	6.41,69(37,58)	7.18,95(37,26)	
	7.56,72(37,77)	8.33,91(37,19)	9.10,82(36,91)	9.47,56(36,74)	
	10.24,57(37,01)	11.01,30(36,73)	11.38,21(36,91)	12.15,06(36,85)	
	12.51,84(36,78)	13.29,04(37,20)	14.05,86(36,82)	14.43,81(37,95)	
	15.20,51(36,70)	15.57,27(36,76)	16.33,82(36,55)	17.10,82(37,00)	
	17.47,18(36,36)	18.21,82(34,64)			
6	Alexander Marki Mork	95	Stavanger SC	19.23,35	421
	33.10(33,10)	1.10,04(36,94)	1.47,97(37,93)	2.26,38(38,41)	
	3.04,78(38,40)	3.43,56(38,78)	4.22,86(39,30)	5.02,61(39,75)	
	5.41,21(38,60)	6.20,18(38,97)	6.59,61(39,43)	7.38,48(38,87)	
	8.18,19(39,71)	8.57,94(39,75)	9.37,67(39,73)	10.17,15(39,48)	
	10.57,32(40,17)	11.36,44(39,12)	12.15,76(39,32)	12.55,51(39,75)	
	13.35,67(40,16)	14.15,60(39,93)	14.54,72(39,12)	15.34,17(39,45)	
	16.12,73(38,56)	16.51,88(39,15)	17.30,49(38,61)	18.09,33(38,84)	
	18.46,62(37,29)	19.23,35(36,73)			
	Simen Alvestad	94	Karmøy SK	BRUTT	

## Øvelse 8. 800m fri, damer

## Eldre junior

1p	Cecilie W. Johannessen	90	Karmøy SK	9.32,50	654
	30.35(30,35)	1.03,95(33,60)	1.38,26(34,31)	2.13,62(35,36)	
	2.49,11(35,49)	3.25,27(36,16)	4.01,93(36,66)	4.38,58(36,65)	
	5.15,19(36,61)	5.52,42(37,23)	6.29,63(37,21)	7.06,87(37,24)	
	7.43,43(36,56)	8.20,02(36,59)	8.57,23(37,21)	9.32,50(35,27)	
2p	Marthe Berg Sørensen	92	TS/Frisinn	9.50,74	595
	31.84(31,84)	1.08,21(36,37)	1.45,65(37,44)	2.23,15(37,50)	
	3.00,30(37,15)	3.38,01(37,71)	4.15,46(37,45)	4.52,91(37,45)	
	5.30,09(37,18)	6.07,83(37,74)	6.45,01(37,18)	7.22,88(37,87)	
	8.00,29(37,41)	8.37,90(37,61)	9.15,27(37,37)	9.50,74(35,47)	
3p	Elisabeth Kristiansen	92	Haugesund SK	10.02,85	560
	33.21(33,21)	1.11,19(37,98)	1.49,97(38,78)	2.28,96(38,99)	
	3.07,85(38,89)	3.46,65(38,80)	4.25,18(38,53)	5.03,19(38,01)	
	5.41,10(37,91)	6.19,37(38,27)	6.57,72(38,35)	7.34,89(37,17)	
	8.12,68(37,79)	8.50,29(37,61)	9.27,86(37,57)	10.02,85(34,99)	
4	Kristin Hagen	92	Karmøy SK	10.16,98	523
	34.00(34,00)	1.10,76(36,76)	1.48,23(37,47)	2.26,75(38,52)	
	3.05,13(38,38)	3.43,94(38,81)	4.23,14(39,20)	5.02,68(39,54)	
	5.41,94(39,26)	6.21,43(39,49)	7.01,30(39,87)	7.40,70(39,40)	
	8.20,29(39,59)	8.59,28(38,99)	9.38,58(39,30)	10.16,98(38,40)	
5	Renate Aasland Ranaweera	91	Madla SK	10.20,19	514
	34.97(34,97)	1.12,92(37,95)	1.52,04(39,12)	2.31,16(39,12)	
	3.10,63(39,47)	3.49,88(39,25)	4.28,85(38,97)	5.08,11(39,26)	
	5.46,56(38,45)	6.25,35(38,79)	7.04,50(39,15)	7.44,04(39,54)	
	8.23,05(39,01)	9.02,64(39,59)	9.41,88(39,24)	10.20,19(38,31)	
6	Mariell Vik	92	Madla SK	10.31,59	487
	34.57(34,57)	1.12,79(38,22)	1.51,71(38,92)	2.31,23(39,52)	
	3.11,11(39,88)	3.51,65(40,54)	4.31,50(39,85)	5.11,71(40,21)	
	5.51,61(39,90)	6.31,61(40,00)	7.11,94(40,33)	7.52,08(40,14)	
	8.32,40(40,32)	9.12,79(40,39)	9.52,42(39,63)	10.31,59(39,17)	

## Yngre junior

1p	Eva Marie W. Østerhus	94	TS/Madla	9.19,08	702
	32,20(32,20)	1.06,94(34,74)	1.42,34(35,40)	2.17,82(35,48)	
	2.53,07(35,25)	3.28,69(35,62)	4.04,30(35,61)	4.39,64(35,34)	
	5.15,07(35,43)	5.50,13(35,06)	6.25,66(35,53)	7.00,98(35,32)	
	7.36,23(35,25)	8.11,18(34,95)	8.46,15(34,97)	9.19,08(32,93)	
2p	Line Øie Nilsson	94	Madla SK	10.28,51	494
	33,99(33,99)	1.11,97(37,98)	1.51,43(39,46)	2.31,07(39,64)	
	3.10,50(39,43)	3.50,41(39,91)	4.30,20(39,79)	5.10,27(40,07)	
	5.50,33(40,06)	6.30,58(40,25)	7.10,75(40,17)	7.50,44(39,69)	
	8.30,78(40,34)	9.10,69(39,91)	9.50,30(39,61)	10.28,51(38,21)	
3p	Synnøve Fevang	93	Stavanger SC	10.33,29	483
	34,59(34,59)	1.12,41(37,82)	1.51,47(39,06)	2.30,86(39,39)	
	3.10,59(39,73)	3.50,03(39,44)	4.29,92(39,89)	5.10,26(40,34)	
	5.50,66(40,40)	6.30,81(40,15)	7.11,40(40,59)	7.51,87(40,47)	
	8.32,78(40,91)	9.13,69(40,91)	9.53,95(40,26)	10.33,29(39,34)	
4	Christine Arctander	93	Madla SK	10.55,85	435
	36,60(36,60)	1.17,01(40,41)	1.59,26(42,25)	2.41,09(41,83)	
	3.23,19(42,10)	4.05,72(42,53)	4.46,90(41,18)	5.28,23(41,33)	
	6.09,62(41,39)	6.51,18(41,56)	7.32,43(41,25)	8.13,74(41,31)	
	8.55,39(41,65)	9.35,95(40,56)	10.16,85(40,90)	10.55,85(39,00)	
5	Susanne Fornasari	94	Madla SK	11.17,90	394
	38,68(38,68)	1.20,53(41,85)	2.02,81(42,28)	2.45,18(42,37)	
	3.27,45(42,27)	4.10,22(42,77)	4.52,56(42,34)	5.34,66(42,10)	
	6.17,69(43,03)	7.00,82(43,13)	7.44,06(43,24)	8.27,49(43,43)	
	9.10,50(43,01)	9.53,47(42,97)	10.36,45(42,98)	11.17,90(41,45)	
6	Oda Gjerde	95	Bryne SK	11.25,20	381
	37,93(37,93)	1.20,07(42,14)	2.03,48(43,41)	2.46,50(43,02)	
	3.30,59(44,09)	4.14,39(43,80)	4.58,21(43,82)	5.41,52(43,31)	
	6.25,52(44,00)	7.09,29(43,77)	7.53,15(43,86)	8.36,82(43,67)	
	9.20,06(43,24)	10.02,69(42,63)	10.45,14(42,45)	11.25,20(40,06)	
7	Barbara Hansen	93	Frisinn SK	11.26,94	378
	36,89(36,89)	1.18,89(42,00)	2.02,51(43,62)	2.45,81(43,30)	
	3.29,59(43,78)	4.12,76(43,17)	4.56,49(43,73)	5.40,05(43,56)	
	6.22,97(42,92)	7.07,22(44,25)	7.50,43(43,21)	8.34,92(44,49)	
	9.18,84(43,92)	10.02,20(43,36)	10.45,56(43,36)	11.26,94(41,38)	

## Øvelse 9. 4\*200m fri, damer

## Senior

1p	Team Stavanger J1 sr.	SR	Team Stavanger	9.07,21	641
		30,10(30,10)	1.03,94(33,84)		
	Mari Ask Rasmussen:	1.39,76(35,82)	2.16,83(37,07)	2.16,83	
	Christine Ørland:	2.47,73(30,90)	3.22,50(34,77)		
		3.57,42(34,92)	4.32,05(34,63)	2.15,22	
	Marthe Berg Sørensen:	6.16,28(1.44,23)	7.57,85(1.41,57)	3.25,80	
	Eva Marie W. Østerhus:		8.33,04(35,19)		
			9.07,21(34,17)	1.09,36	
2p	Stavanger SC J1 jr.	JR	Stavanger SC	9.28,44	572
		32,80(32,80)	1.08,57(35,77)		
	Nicole Tandrevold Næsheim:	1.45,28(36,71)	2.22,11(36,83)	2.22,11	
		2.53,00(30,89)	3.28,56(35,56)		
	Ane Nygård:	4.05,39(36,83)	4.41,82(36,43)	2.19,71	
		5.14,18(32,36)	5.50,69(36,51)		
	Siren Kristine Bergslid:	6.28,23(37,54)	7.05,32(37,09)	2.23,50	
		7.37,21(31,89)	8.12,97(35,76)		
	Hege Elisabeth Harestad:	8.50,22(37,25)	9.28,44(38,22)	2.23,12	
3p	Madla SK J1 jr.	JR	Madla SK	9.35,23	552
		32,93(32,93)	1.09,28(36,35)		
	Renate Aasland Ranaweera:	1.46,24(36,96)	2.23,22(36,98)	2.23,22	
		2.55,57(32,35)	3.31,85(36,28)		
	Line Øie Nilsson:	4.09,64(37,79)	4.47,31(37,67)	2.24,09	
		5.19,10(31,79)	5.55,27(36,17)		
	Maren Larsen:	6.33,89(38,62)	7.12,11(38,22)	2.24,80	

		7.45,45(33,34)	8.21,21(35,76)		
	Heidi Høgalmen:	8.57,99(36,78)	9.35,23(37,24)	2.23,12	
4	Stavanger SC J2 jr.	JR	Stavanger SC	10.05,81	472
		31,85(31,85)	1.07,97(36,12)		
	Elisabeth Berntsen:	1.46,19(38,22)	2.23,58(37,39)	2.23,58	
		2.58,43(34,85)	3.38,17(39,74)		
	Synnøve Fevang:	4.18,64(40,47)	4.58,22(39,58)	2.34,64	
		5.33,28(35,06)	6.14,16(40,88)		
	Maria Bergfjord:	6.56,02(41,86)	7.36,46(40,44)	2.38,24	
		8.10,16(33,70)	8.48,14(37,98)		
	Rebekka Andersen:	9.27,24(39,10)	10.05,81(38,57)	2.29,35	
5	Frisinn SK J1 jr.	JR	Frisinn SK	10.53,05	377
		34,31(34,31)	1.15,49(41,18)		
	Barbara Hansen:	1.58,94(43,45)	2.41,62(42,68)	2.41,62	
		3.18,93(37,31)	4.03,76(44,83)		
	Silje Chirico Indrebø:	4.50,02(46,26)	5.33,32(43,30)	2.51,70	
		6.10,47(37,15)	6.52,66(42,19)		
	Matilde Giovannelli:	7.37,63(44,97)	8.20,91(43,28)	2.47,59	
		8.55,28(34,37)	9.34,82(39,54)		
	Kristin Bringedal:	10.14,66(39,84)	10.53,05(38,39)	2.32,14	

## Øvelse 10. 4\*50m fri, herrer

## Senior

1p	Team Stavanger G1 sr.	SR	Team Stavanger	1.41,32	611
	Pål Jåtun Pedersen:	25,87(25,87)			
	Ole Martin G Ree:	51,14(25,27)			
	Lars Einar Borsheim:	1.17,36(26,22)			
	Jørgen Møllerop:	1.41,32(23,96)			
2p	Sandnes SLK G1 jr.	JR	Sandnes SLK	1.44,90	551
	Thor Helge Billington:	26,45(26,45)			
	Joar Skien Grannes:	51,34(24,89)			
	Erik William Ravndal:	1.17,56(26,22)			
	Petter Ledsaak:	1.44,90(27,34)			
3p	Madla SK G1 jr.	JR	Madla SK	1.47,25	515
	Eirik Ramstad:	26,26(26,26)			
	Erlend Tveteraas:	52,93(26,67)			
	Steffen Larsen:	1.17,58(24,65)			
	Vegard Belaska:	1.47,25(29,67)			
4	Stavanger SC G1 jr.	JR	Stavanger SC	1.48,32	500
	Per Øystein Turøy:	26,80(26,80)			
	Remy Zakaria:	55,05(28,25)			
	Henning S. Pryde:	1.24,35(29,30)			
	Jørn Nygård:	1.48,32(23,97)			
5	Stavanger SC G2 jr.	JR	Stavanger SC	2.01,06	358
	Henrik Knudsen:	29,70(29,70)			
	Trond Vasslag:	1.01,11(31,41)			
	Fredrik Berntsen:	1.29,55(28,44)			
	Oliver Haugberg:	2.01,06(31,51)			

## Øvelse 11. 400m individuell medley, damer

## Eldre junior

1p	Monica W. Johannessen	90	Karmøy SK	5.17,79	622
	33,43(33,43)	1.12,47(39,04)	1.52,26(39,79)	2.32,26(40,00)	
	3.18,22(45,96)	4.06,24(48,02)	4.42,43(36,19)	5.17,79(35,36)	
2p	Alise Sandvik	91	Bryne SK	5.43,84	491
	37,14(37,14)	1.22,32(45,18)	2.07,71(45,39)	2.52,14(44,43)	
	3.38,83(46,69)	4.25,56(46,73)	5.05,26(39,70)	5.43,84(38,58)	
3p	Mariell Vik	92	Madla SK	5.47,14	477
	35,80(35,80)	1.19,93(44,13)	2.05,82(45,89)	2.51,34(45,52)	
	3.38,56(47,22)	4.26,30(47,74)	5.07,35(41,05)	5.47,14(39,79)	

4	Torhild Narvestad Anda	91	Randaberg IL	5.58,97	431
	37,22(37,22)	1.22,94(45,72)	2.09,14(46,20)	2.55,00(45,86)	
	3.44,97(49,97)	4.36,21(51,24)	5.18,51(42,30)	5.58,97(40,46)	

## Yngre junior

1p	Mari Mjølhus Kristoffersen	95	Madla SK	5.53,27	453
	38,86(38,86)	1.23,33(44,47)	2.09,24(45,91)	2.54,45(45,21)	
	3.42,23(47,78)	4.31,36(49,13)	5.13,09(41,73)	5.53,27(40,18)	
2p	Aleksandra Berge	94	Madla SK	6.10,70	392
	41,02(41,02)	1.30,01(48,99)		3.04,03(1.34,02)	
	3.53,97(49,94)	4.45,60(51,63)	5.29,13(43,53)	6.10,70(41,57)	
3p	Maria Bergfjord	93	Stavanger SC	6.12,84	385
	41,07(41,07)	1.29,87(48,80)	2.16,86(46,99)	3.03,39(46,53)	
	3.56,75(53,36)	4.51,86(55,11)	5.32,69(40,83)	6.12,84(40,15)	
4	Susanne Fornasari	94	Madla SK	6.18,61	368
	43,64(43,64)	1.33,54(49,90)	2.20,31(46,77)	3.07,23(46,92)	
	4.01,39(54,16)	4.54,90(53,51)	5.37,81(42,91)	6.18,61(40,80)	
5	Oda Gjerde	95	Bryne SK	6.25,18	349
	43,30(43,30)	1.34,30(51,00)		3.13,79(1.39,49)	
	4.05,89(52,10)	4.57,75(51,86)	5.41,96(44,21)	6.25,18(43,22)	
6	May Synnøve Bartlett	95	Madla SK	6.38,89	314
	43,87(43,87)	1.38,23(54,36)	2.31,75(53,52)	3.24,02(52,27)	
	4.16,64(52,62)	5.11,00(54,36)	5.56,04(45,04)	6.38,89(42,85)	

## Øvelse 12. 100m butterfly, herrer

## Eldre junior

1p	Erling Mjøs Brattelid	91	TS/Sola	1.02,90	529
	29,69(29,69)	1.02,90(33,21)			
2p	Erik William Ravndal	90	Sandnes SLK	1.04,80	484
	30,08(30,08)	1.04,80(34,72)			
3p	Thor Helge Billington	90	Sandnes SLK	1.05,08	478
	28,91(28,91)	1.05,08(36,17)			
4	Eirik Ramstad	91	Madla SK	1.06,21	454
	31,36(31,36)	1.06,21(34,85)			
5	Ørjan Monsen	92	Sola SK	1.11,71	357
	34,14(34,14)	1.11,71(37,57)			

## Yngre junior

1p	Fredrik Knutsen Hegdal	94	Stavanger SC	1.06,06	457
	30,58(30,58)	1.06,06(35,48)			
2p	Thorbjørn Birkeland	93	Haugesund SK	1.06,79	442
	30,76(30,76)	1.06,79(36,03)			
3p	Morten Bordevich	94	Sola SK	1.09,49	392
	32,62(32,62)	1.09,49(36,87)			
4	Henry Ravndal	93	Sandnes SLK	1.13,08	337
	33,70(33,70)	1.13,08(39,38)			
5	Gaute Ravndal	94	Sola SK	1.17,27	285
	33,61(33,61)	1.17,27(43,66)			
6	Bjørn Eikanger Hansen	95	Bryne SK	1.20,35	254
	36,76(36,76)	1.20,35(43,59)			
7	Vincent Skage	94	Karmøy SK	1.21,52	243
	37,06(37,06)	1.21,52(44,46)			
8	Trond Vasslag	94	Stavanger SC	1.23,70	224
	38,74(38,74)	1.23,70(44,96)			
9	Anders Lindanger	95	Stavanger SC	1.28,46	190
	39,35(39,35)	1.28,46(49,11)			

## Øvelse 13. 100m fri, damer

## Senior

1p	Christine Ørland 30,45(30,45)	88	TS/Madla	1.02,90	594
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## Eldre junior

1p	Cecilie W. Johannessen 28,25(28,25)	90	Karmøy SK	58,13	753
2p	Victoria Rung 29,91(29,91)	92	TS/Frisinn	1.01,24	644
3p	Ida Nordbø 30,53(30,53)	89	TS/Madla	1.03,58	575
4	Nicole Tandrevold Næsheim 30,63(30,63)	91	Stavanger SC	1.03,63	574
5	Marthe Berg Sørensen 30,60(30,60)	92	TS/Frisinn	1.04,06	562
6	Hege Elisabeth Harestad 32,06(32,06)	92	Stavanger SC	1.06,20	509
7	Kristin Hagen 32,52(32,52)	92	Karmøy SK	1.07,15	488
8	Vanessa Tuxen 32,16(32,16)	92	Sola SK	1.07,20	487
9	Heidi Høgalmen 32,27(32,27)	90	Madla SK	1.07,29	485
10	Ingrid Wigestrånd 32,81(32,81)	92	Sola SK	1.08,07	469
11	Renate Laupstad 34,28(34,28)	92	Egersund SK	1.12,05	395
12	Heidi Gjerde 35,90(35,90)	92	Sandnes SLK	1.14,95	351

## Yngre junior

1p	Eva Marie W. Østerhus 30,72(30,72)	94	TS/Madla	1.02,59	603
2p	Ane Nygård 30,78(30,78)	95	Stavanger SC	1.04,08	562
3p	Line Øie Nilsson 31,22(31,22)	94	Madla SK	1.04,99	538
4	Siren Kristine Bergslid 32,09(32,09)	93	Stavanger SC	1.06,03	513
5	Ingalill Urrang Naustvik 31,80(31,80)	95	Karmøy SK	1.06,34	506
6	Amalie Kristiansen 31,95(31,95)	95	Haugesund SK	1.06,67	499
7	Maren Larsen 32,75(32,75)	94	Madla SK	1.07,54	480
8	Susanne Sekkesæter 32,56(32,56)	95	Madla SK	1.08,86	453
9	Thea Runestad Stølen 32,70(32,70)	94	Stavanger VK	1.09,71	436
10	Christina Krogdahl 33,57(33,57)	95	Karmøy SK	1.12,69	385

## S10 Senior

1p	Tonje Immerstein 39,49(39,49)	89	Sandnes SLK	1.23,43	254
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## Øvelse 14. 200m rygg, herrer

## Eldre junior

1p	Jørn Nygård	92	Stavanger SC	(0,83)	2.19,28	524
	32,96(32,96)	1.08,65(35,69)	1.43,63(34,98)	2.19,28(35,65)		
2p	Erlend Tveteraas	91	Madla SK	(0,66)	2.23,89	475
	32,19(32,19)	1.07,20(35,01)	1.44,40(37,20)	2.23,89(39,49)		
3p	Didrik Konow Grønseth	92	Frisinn SK	(0,69)	2.24,34	470
	33,56(33,56)	1.10,31(36,75)	1.47,77(37,46)	2.24,34(36,57)		

## Yngre junior

1p	Sander Rødje	93	Haugesund SK	(0,80)	2.15,61	567
	32,66(32,66)	1.07,80(35,14)	1.42,23(34,43)	2.15,61(33,38)		
2p	Simon Høisæter	93	Haugesund SK	(0,73)	2.25,89	455
	34,94(34,94)	1.12,53(37,59)	1.49,95(37,42)	2.25,89(35,94)		
3p	Henrik Knudsen	94	Stavanger SC	(0,81)	2.27,51	441
	35,14(35,14)	1.12,46(37,32)	1.50,60(38,14)	2.27,51(36,91)		
4	Vegard Belaska	93	Madla SK	(0,77)	2.33,04	395
	36,36(36,36)	1.15,35(38,99)		2.33,04(1.17,69)		
5	Øystein Fjeldberg	93	Randaberg IL	(0,85)	2.33,78	389
	36,26(36,26)	1.15,38(39,12)	1.54,93(39,55)	2.33,78(38,85)		
6	Oliver Haugberg	94	Stavanger SC	(0,76)	2.45,47	312
	39,23(39,23)	1.21,69(42,46)	2.04,16(42,47)	2.45,47(41,31)		
7	Thomas Brustveit	93	Sandnes SLK	(0,74)	2.50,14	287
	39,54(39,54)		2.07,01(1.27,47)	2.50,14(43,13)		

## Øvelse 15. 200m bryst, damer

## Senior

1p	Mari Ask Rasmussen	86	TS/SVK		2.44,67	630
	36,18(36,18)	1.17,33(41,15)	1.59,76(42,43)	2.44,67(44,91)		

## Eldre junior

1p	Elisabeth Kristiansen	92	Haugesund SK		2.52,82	545
	38,22(38,22)	1.22,69(44,47)	2.08,89(46,20)	2.52,82(43,93)		
2p	Mariell Vik	92	Madla SK		2.53,87	535
	40,09(40,09)	1.24,58(44,49)	2.09,79(45,21)	2.53,87(44,08)		
3p	Alise Sandvik	91	Bryne SK		2.59,27	488
	42,03(42,03)	1.28,05(46,02)	2.13,88(45,83)	2.59,27(45,39)		
4	Camilla Thoreby	90	Madla SK		3.01,37	471
	40,31(40,31)	1.25,98(45,67)	2.13,81(47,83)	3.01,37(47,56)		
5	Renate Aasland Ranaweera	91	Madla SK		3.06,43	434
	41,12(41,12)	1.29,19(48,07)	2.18,07(48,88)	3.06,43(48,36)		
6	Kristin Hagen	92	Karmøy SK		3.07,79	425
	43,07(43,07)	1.30,63(47,56)	2.19,14(48,51)	3.07,79(48,65)		
	Kristin Bringedal	91	Frisinn SK		DISK	

## Yngre junior

1p	Mari Mjølhus Kristoffersen	95	Madla SK		2.59,81	484
	42,43(42,43)	1.28,45(46,02)	2.14,63(46,18)	2.59,81(45,18)		
2p	Maren Lootz Aarthun	95	Stavanger SC		3.09,73	412
	42,33(42,33)	1.30,70(48,37)	2.20,97(50,27)	3.09,73(48,76)		
3p	Silje Lilledahl	94	Haugesund SK		3.11,95	397
	43,70(43,70)	1.33,16(49,46)	2.22,94(49,78)	3.11,95(49,01)		
4	Silje Chirico Indrebø	95	Frisinn SK		3.24,78	327
	46,39(46,39)	1.38,34(51,95)	2.32,22(53,88)	3.24,78(52,56)		

5	Susanne Fornasari 48,50(48,50)	94	Madla SK 2.32,97(52,67)	3.25,35(52,38)	325
6	Matilde Giovannelli 47,80(47,80)	94	Frisinn SK 2.33,40(53,29)	3.25,36(51,96)	324
7	Barbara Hansen 47,00(47,00)	93	Frisinn SK 2.34,33(54,79)	3.28,49(54,16)	310
8	Kaja Konow Grønseth 50,47(50,47)	95	Frisinn SK 2.41,79(56,56)	3.37,29(55,50)	274
9	Signe Birch Moltu 48,01(48,01)	94	Frisinn SK 2.41,18(57,46)	3.37,95(56,77)	271
	Oda Gjerde	95	Bryne SK	BRUTT	

## Øvelse 16. 100m bryst, herrer

## Eldre junior

1p	Petter Ledsaak 34,21(34,21)	89	Sandnes SLK	1.11,98	535
2p	Erik Vassøy Olsen 34,88(34,88)	91	Stavanger SC	1.13,30	507
3p	Steffen Larsen 34,71(34,71)	91	Madla SK	1.14,12	490
4	Remy Zakaria 35,21(35,21)	92	Stavanger SC	1.16,80	441
5	Didrik Konow Grønseth 36,30(36,30)	92	Frisinn SK	1.17,42	430
6	Glenn Skjæveland 36,69(36,69)	92	Ålgård SK	1.20,13	388
7	Hauk Næss Haga 40,84(40,84)	92	Sola SK	1.27,30	300
8	Øyvind Malde 40,46(40,46)	92	Madla SK	1.27,63	296
	Anders Hjelmeland	92	Sola SK	DISK	

## Yngre junior

1p	Vincent Skage 39,72(39,72)	94	Karmøy SK	1.24,95	325
2p	Magnus Møkster 40,20(40,20)	94	Frisinn SK	1.25,05	324
3p	Daniel Sandhåland 41,07(41,07)	95	Karmøy SK	1.25,26	322
4	Ivan Aleksander Larsen 40,04(40,04)	95	Karmøy SK	1.25,53	319
5	Alf Martin Malmstrøm 41,13(41,13)	94	Stavanger SC	1.27,48	298
6	Gaute Ravndal 41,16(41,16)	94	Sola SK	1.28,31	290
7	Trond Vasslag 41,59(41,59)	94	Stavanger SC	1.28,85	284
8	Matteo Scarpanti 41,25(41,25)	94	Madla SK	1.29,01	283
9	Alexander Svanevik Nilsen 42,66(42,66)	93	Stavanger SC	1.29,41	279
10	Bjørn Eikanger Hanssen 45,91(45,91)	95	Bryne SK	1.35,65	228
11	Fredrik Hana Voss 46,53(46,53)	95	Randaberg IL	1.38,68	207
	Asbjørn Skogen	93	Randaberg IL	DISK	

**Øvelse 17. 50m butterfly, damer****Senior**

1p	Christine Ørland	88	TS/Madla	31,02	563
2p	Mari Ask Rasmussen	86	TS/SVK	32,27	500

**Eldre junior**

1p	Cecilie W. Johannessen	90	Karmøy SK	29,02	688
2p	Monica W. Johannessen	90	Karmøy SK	29,51	654
3p	Ida Nordbø	89	TS/Madla	30,84	573
4	Elisabeth Kristiansen	92	Haugesund SK	30,87	571
5	Victoria Rung	92	TS/Frisinn	30,94	567
6	Karoline Eriksen	92	Stavanger SC	31,26	550
7	Nicole Tandrevold Næsheim	91	Stavanger SC	32,70	480
8	Torhild Narvestad Anda	91	Randaberg IL	33,92	430
9	Heidi Høgalmen	90	Madla SK	33,96	429
10	Elisabeth Berntsen	92	Stavanger SC	34,52	408
11	Hege Elisabeth Harestad	92	Stavanger SC	34,58	406
12	Vanessa Tuxen	92	Sola SK	35,53	374
13	Camilla Thoreby	90	Madla SK	35,72	368
14	Renate Laupstad	92	Egersund SK	37,48	319
15	Elise Trøan	92	Madla SK	37,61	316
16	Heidi Gjerde	92	Sandnes SLK	39,00	283

**Yngre junior**

1p	Stine Mjølhus Kristoffersen	93	TS/Frisinn	31,22	552
2p	Rebekka Andersen	93	Stavanger SC	33,18	460
3p	Eva Marie W. Østerhus	94	TS/Madla	33,45	449
4	Ingalill Urrang Naustvik	95	Karmøy SK	33,64	441
5	Amalie Kristiansen	95	Haugesund SK	34,06	425
6	Maren Larsen	94	Madla SK	34,13	422
7	Thea Runestad Stølen	94	Stavanger VK	34,42	412
8	Malin Haga	95	Stavanger SC	34,64	404
9	Christina Krogdahl	95	Karmøy SK	36,22	353
10	Aleksandra Berge	94	Madla SK	38,30	299
11	Susanne Sekkesæter	95	Madla SK	38,40	296
12	Silje Lilledahl	94	Haugesund SK	38,65	291
13	Julie Svanes	93	Egersund SK	39,33	276
14	Oda Gjerde	95	Bryne SK	40,06	261
15	Matilde Giovannelli	94	Frisinn SK	40,97	244
16	Silje Chirico Indrebø	95	Frisinn SK	41,66	232
17	Barbara Hansen	93	Frisinn SK	41,70	231

**S9 Senior**

1p	Anne Ask Rasmussen	89	TS/Madla	41,80	230
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**Øvelse 18. 400m individuell medley, herrer****Senior**

1p	Jørgen Møllerop	88	TS/Madla	4.39,89	680
	29,15(29,15)	1.02,44(33,29)	1.38,73(36,29)	2.15,32(36,59)	
	2.56,62(41,30)	3.37,49(40,87)	4.09,59(32,10)	4.39,89(30,30)	
2p	Lars Einar Borsheim	80	TS/Madla	4.48,27	622
	30,52(30,52)	1.05,86(35,34)	1.43,65(37,79)	2.22,86(39,21)	
	3.02,79(39,93)	3.43,22(40,43)	4.16,63(33,41)	4.48,27(31,64)	

## Eldre junior

1p	Ole Martin G Ree	92	TS/Sola	4.55,93	575
	31,33(31,33)	1.05,90(34,57)	1.44,83(38,93)	2.23,03(38,20)	
	3.05,52(42,49)	3.48,34(42,82)	4.22,31(33,97)	4.55,93(33,62)	
2p	Sindre Lilledahl	92	Haugesund SK	4.59,88	553
	32,48(32,48)	1.10,15(37,67)	1.48,55(38,40)	2.27,35(38,80)	
	3.09,15(41,80)	3.52,49(43,34)	4.27,28(34,79)	4.59,88(32,60)	
3p	Ørjan Monsen	92	Sola SK	5.24,38	436
	35,86(35,86)	1.18,02(42,16)	2.01,38(43,36)	2.43,14(41,76)	
	3.29,33(46,19)	4.15,15(45,82)	4.51,36(36,21)	5.24,38(33,02)	

## Yngre junior

1p	Fredrik Knutsen Hegdal	94	Stavanger SC	5.18,74	460
	32,93(32,93)	1.10,36(37,43)	1.53,00(42,64)	2.35,63(42,63)	
	3.21,11(45,48)	4.07,43(46,32)	4.44,05(36,62)	5.18,74(34,69)	
2p	Øystein Fjeldberg	93	Randaberg IL	5.23,05	442
	34,99(34,99)	1.16,59(41,60)	1.57,15(40,56)	2.37,81(40,66)	
	3.23,80(45,99)	4.10,20(46,40)	4.47,28(37,08)	5.23,05(35,77)	
3p	Simen Alvestad	94	Karmøy SK	5.31,75	408
	35,27(35,27)	1.17,56(42,29)	1.58,74(41,18)	2.39,54(40,80)	
	3.28,00(48,46)	4.17,51(49,51)	4.55,62(38,11)	5.31,75(36,13)	
4	Ivan Aleksander Larsen	95	Karmøy SK	5.44,24	365
	36,18(36,18)	1.21,72(45,54)	2.07,33(45,61)	2.51,94(44,61)	
	3.40,73(48,79)	4.30,24(49,51)	5.09,27(39,03)	5.44,24(34,97)	
	Hans Bratland Østerdal	93	Stavanger SC	BRUTT	

## Øvelse 19. 4\*100m fri, damer

## Senior

1p	Team Stavanger J1 sr.	SR	Team Stavanger	4.13,61	617
	Victoria Rung:	29,55(29,55)	1.01,48(31,93)	1.01,48	
	Eva Marie W. Østerhus:	1.32,21(30,73)	2.04,74(32,53)	1.03,26	
	Ida Nordbø:	2.34,50(29,76)	3.07,96(33,46)	1.03,22	
	Marthe Berg Sørensen:	3.38,65(30,69)	4.13,61(34,96)	1.05,65	
2p	Stavanger SC J1 jr.	JR	Stavanger SC	4.18,18	585
	Nicole Tandrevold Næsheim:	30,83(30,83)	1.04,20(33,37)	1.04,20	
	Hege Elisabeth Harestad:	1.35,15(30,95)	2.08,33(33,18)	1.04,13	
	Karoline Eriksen:	2.38,88(30,55)	3.12,95(34,07)	1.04,62	
	Ane Nygård:	3.44,18(31,23)	4.18,18(34,00)	1.05,23	
3p	Madla SK J1 jr.	JR	Madla SK	4.34,33	488
	Mari Mjølhus Kristoffersen:	33,05(33,05)	1.08,56(35,51)	1.08,56	
	Line Øie Nilsson:	1.39,90(31,34)	2.15,02(35,12)	1.06,46	
	Camilla Thornby:	2.46,66(31,64)	3.21,71(35,05)	1.06,69	
	Susanne Fornasari:	3.55,49(33,78)	4.34,33(38,84)	1.12,62	
4	Frisinn SK J1 jr.	JR	Frisinn SK	4.57,64	382
	Barbara Hansen:	34,70(34,70)	1.13,74(39,04)	1.13,74	
	Matilde Giovannelli:	1.49,86(36,12)	2.28,52(38,66)	1.14,78	
	Silje Chirico Indrebø:	3.06,01(37,49)	3.46,71(40,70)	1.18,19	
	Kristin Bringedal:	4.20,33(33,62)	4.57,64(37,31)	1.10,93	
	Stavanger SC J2 jr.	JR	Stavanger SC	DISK	
	Elisabeth Berntsen:				
	Malin Haga:				
	Maren Lootz Aarhun:				
	Rebekka Andersen:				

**Øvelse 20. 4\*200m fri, herrer****Senior**

1p	Stavanger SC G1 jr.	JR	Stavanger SC	8.31,91	566
		29,03(29,03)	1.00,32(31,29)		
	Henning S. Pryde:	1.31,91(31,59)	2.02,33(30,42)	2.02,33	
		2.31,52(29,19)	3.03,89(32,37)		
	Per Øystein Turøy:	3.37,95(34,06)	4.11,36(33,41)	2.09,03	
		4.40,09(28,73)	5.12,57(32,48)		
	Jørn Nygård:	5.45,56(32,99)	6.17,73(32,17)	2.06,37	
		6.47,67(29,94)	7.21,98(34,31)		
	Fredrik Knutsen Hegdal:	7.57,44(35,46)	8.31,91(34,47)	2.14,18	
2p	Stavanger SC G2 jr.	JR	Stavanger SC	10.17,30	322
		32,71(32,71)	1.12,16(39,45)		
	Trond Vasslag:	1.52,44(40,28)	2.30,29(37,85)	2.30,29	
		3.06,62(36,33)	3.47,54(40,92)		
	Anders Lindanger:	4.30,06(42,52)	5.10,99(40,93)	2.40,70	
		5.44,12(33,13)	6.21,09(36,97)		
	Alf Martin Malmstrøm:	7.00,81(39,72)	7.39,60(38,79)	2.28,61	
		8.15,13(35,53)	8.55,66(40,53)		
	Alexander Svanevik Nilsen:	9.36,53(40,87)	10.17,30(40,77)	2.37,70	

**Øvelse 21. 100m butterfly, damer****Senior**

1p	Christine Ørland	88	TS/Madla	1.07,90	601
	32,80(32,80)	1.07,90(35,10)			

**Eldre junior**

1p	Cecilie W. Johannessen	90	Karmøy SK	1.05,89	658
	31,62(31,62)	1.05,89(34,27)			
2p	Monica W. Johannessen	90	Karmøy SK	1.05,95	656
	31,82(31,82)	1.05,95(34,13)			
3p	Karoline Eriksen	92	Stavanger SC	1.10,11	546
	33,00(33,00)	1.10,11(37,11)			
4	Elisabeth Kristiansen	92	Haugesund SK	1.10,90	528
	32,98(32,98)	1.10,90(37,92)			
5	Marthe Berg Sørensen	92	TS/Frisinn	1.10,91	528
	32,43(32,43)	1.10,91(38,48)			
6	Nicole Tandrevold Næsheim	91	Stavanger SC	1.14,39	457
	35,34(35,34)	1.14,39(39,05)			
7	Alise Sandvik	91	Bryne SK	1.18,66	387
	36,41(36,41)	1.18,66(42,25)			

**Yngre junior**

1p	Stine Mjølhus Kristoffersen	93	TS/Frisinn	1.10,88	529
	33,22(33,22)	1.10,88(37,66)			
2p	Ingalill Urrang Naustvik	95	Karmøy SK	1.15,08	445
	34,30(34,30)	1.15,08(40,78)			
3p	Rebekka Andersen	93	Stavanger SC	1.17,35	407
	35,20(35,20)	1.17,35(42,15)			
4	Mari Mjølhus Kristoffersen	95	Madla SK	1.17,77	400
	37,02(37,02)	1.17,77(40,75)			
5	Line Øie Nilsson	94	Madla SK	1.18,40	391
	35,73(35,73)	1.18,40(42,67)			
6	Susanne Sekkesæter	95	Madla SK	1.26,26	293

	39,67(39,67)	1.26,26(46,59)			
7	Aleksandra Berge 41,63(41,63)	94	Madla SK	1.29,37	263
8	Oda Gjerde 41,20(41,20)	95	Bryne SK	1.29,44	263
9	Barbara Hansen 41,94(41,94)	93	Frisinn SK	1.30,18	256
10	Susanne Fornasari 43,52(43,52)	94	Madla SK	1.30,60	253
11	Matilde Giovannelli 45,64(45,64)	94	Frisinn SK	1.35,24	218
12	Trine Friestad 42,23(42,23)	94	Bryne SK	1.38,56	196

## Øvelse 22. 100m fri, herrer

## Senior

1p	Jørgen Møllerop 25,64(25,64)	88	TS/Madla	52,72	708
2p	Rune Skien Grannes 26,40(26,40)	88	Sandnes SLK	56,12	587

## Eldre junior

1p	Joar Skien Grannes 26,27(26,27)	90	Sandnes SLK	54,24	650
2p	Ole Martin G Ree 26,87(26,87)	92	TS/Sola	54,88	628
3p	Thor Helge Billington 27,77(27,77)	90	Sandnes SLK	57,76	538
4	Erik William Ravndal 27,69(27,69)	90	Sandnes SLK	58,28	524
5	Eirik Ramstad 28,68(28,68)	91	Madla SK	58,57	516
6	Per Øystein Turøy 28,62(28,62)	92	Stavanger SC	58,66	514
7	Ørjan Monsen 29,49(29,49)	92	Sola SK	59,18	500
8	Erlend Tveteraas 27,69(27,69)	91	Madla SK	59,36	496
9	Steffen Larsen 29,44(29,44)	91	Madla SK	1.01,56	445
10	Henning S. Pryde 29,97(29,97)	92	Stavanger SC	1.02,00	435
11	Remy Zakaria 29,64(29,64)	92	Stavanger SC	1.03,33	408
12	Sondre Eikanger Hanssen 30,35(30,35)	91	Bryne SK	1.04,42	388

## Yngre junior

1p	Sander Rødje 27,19(27,19)	93	Haugesund SK	56,27	582
2p	Thorbjørn Birkeland 27,67(27,67)	93	Haugesund SK	56,39	579
3p	Vegard Belaska 29,24(29,24)	93	Madla SK	1.00,03	479
4	Simen Alvestad 29,50(29,50)	94	Karmøy SK	1.00,83	461
5	Henry Ravndal 29,54(29,54)	93	Sandnes SLK	1.01,74	441
6	Ivan Aleksander Larsen	95	Karmøy SK	1.03,67	402

	30,44(30,44)	1.03,67(33,23)			
7	Daniel Sandhåland	95	Karmøy SK	1.06,47	353
	32,19(32,19)	1.06,47(34,28)			
8	Bjørn Eikanger Hanssen	95	Bryne SK	1.06,85	347
	32,63(32,63)	1.06,85(34,22)			
9	Vincent Skage	94	Karmøy SK	1.11,15	288
	34,53(34,53)	1.11,15(36,62)			
10	Anders Lindanger	95	Stavanger SC	1.11,54	283
	34,40(34,40)	1.11,54(37,14)			
11	Gunnar Gundersen	93	Egersund SK	1.13,40	262
	33,89(33,89)	1.13,40(39,51)			

**Øvelse 23. 50m bryst, damer****Eldre junior**

1p	Camilla Thoreby	90	Madla SK	37,62	522
2p	Mariell Vik	92	Madla SK	37,73	518
3p	Renate Aasland Ranaweera	91	Madla SK	38,02	506
4	Kristin Bringedal	91	Frisinn SK	39,09	466
5	Ingrid Wigestrånd	92	Sola SK	39,31	458
6	Torhild Narvestad Anda	91	Randaberg IL	39,32	458
7	Alise Sandvik	91	Bryne SK	39,45	453
8	Elisabeth Berntsen	92	Stavanger SC	41,65	385
9	Renate Laupstad	92	Egersund SK	42,61	359

**Yngre junior**

1p	Stine Mjølhus Kristoffersen	93	TS/Frisinn	36,32	581
2p	Ingalill Urrang Naustvik	95	Karmøy SK	37,25	538
3p	Maren Larsen	94	Madla SK	37,70	519
4	Siren Kristine Bergslid	93	Stavanger SC	37,92	510
5	Maren Lootz Aarthun	95	Stavanger SC	39,41	454
6	Mari Mjølhus Kristoffersen	95	Madla SK	39,59	448
7	Thea Runestad Stølen	94	Stavanger VK	39,61	448
8	Christina Krogdahl	95	Karmøy SK	41,12	400
9	Eva Marie W. Østerhus	94	TS/Madla	41,60	386
10	Silje Lilledahl	94	Haugesund SK	42,06	374
11	May Synnøve Bartlett	95	Madla SK	44,27	320
12	Julie Svanes	93	Egersund SK	45,15	302
13	Silje Chirico Indrebø	95	Frisinn SK	45,17	302
14	Barbara Hansen	93	Frisinn SK	45,35	298
15	Signe Birch Moltu	94	Frisinn SK	46,73	272
16	Kaja Konow Grønseth	95	Frisinn SK	48,52	243

**SB9 Senior**

1p	Tonje Immerstein	89	Sandnes SLK	47,43	260
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**Øvelse 24. 200m bryst, herrer****Senior**

1p	Lars Einar Borsheim	80	TS/Madla	2.31,68	585
	34,34(34,34)	1.13,17(38,83)	1.52,72(39,55)	2.31,68(38,96)	

**Eldre junior**

1p	Erik Vassøy Olsen 35,48(35,48)	91	Stavanger SC 1.14,95(39,47)	2.37,47 1.55,90(40,95)	523
2p	Petter Ledsaak 35,37(35,37)	89	Sandnes SLK 1.14,63(39,26)	2.37,68 1.55,36(40,73)	521
3p	Steffen Larsen 36,86(36,86)	91	Madla SK 1.19,51(42,65)	2.48,13 2.03,86(44,35)	429
4	Didrik Konow Grønseth 37,20(37,20)	92	Frisinn SK 1.20,21(43,01)	2.48,93 2.04,99(44,78)	423
5	Glenn Skjæveland 37,95(37,95)	92	Ålgård SK 1.21,81(43,86)	2.50,46 2.06,51(44,70)	412

## Yngre junior

1p	Asbjørn Skogen 39,50(39,50)	93	Randaberg IL 1.23,23(43,73)	2.47,89 2.06,28(43,05)	431
2p	Simon Høisæter 37,78(37,78)	93	Haugesund SK 1.22,06(44,28)	2.50,83 2.06,01(43,95)	409
3p	Vincent Skage 41,04(41,04)	94	Karmøy SK 1.27,02(45,98)	3.00,35 2.13,64(46,62)	348
4	Magnus Møkster 41,53(41,53)	94	Frisinn SK 1.29,99(48,46)	3.05,66 2.18,32(48,33)	319
5	Alf Martin Malmstrøm 42,61(42,61)	94	Stavanger SC 1.31,78(49,17)	3.09,32 2.21,00(49,22)	301
6	Bjørn Eikanger Hanssen 44,86(44,86)	95	Bryne SK 1.34,35(49,49)	3.15,51 2.25,07(50,72)	273
7	Fredrik Hana Voss 49,11(49,11)	95	Randaberg IL 1.42,05(52,94)	3.28,34 2.36,48(54,43)	225
	Alexander Svanevik Nilsen	93	Stavanger SC	DISK	

## Øvelse 25. 200m rygg, damer

## Eldre junior

1p	Monica W. Johannessen 35,49(35,49)	90	Karmøy SK 1.13,52(38,03)	(0,99) 2.30,29 1.51,71(38,19)	581
2p	Ida Nordbø 35,56(35,56)	89	TS/Madla 1.13,89(38,33)	(0,81) 2.33,49 1.53,69(39,80)	545
3p	Karoline Eriksen 37,45(37,45)	92	Stavanger SC 1.17,77(40,32)	(0,84) 2.40,30 1.59,45(41,68)	479
4	Vanessa Tuxen 37,92(37,92)	92	Sola SK 1.19,66(41,74)	(0,74) 2.45,38 2.03,17(43,51)	436
5	Kristin Bringedal 40,54(40,54)	91	Frisinn SK 1.24,69(44,15)	(0,66) 2.51,96 2.09,42(44,73)	388
6	Elise Trøan 42,49(42,49)	92	Madla SK 1.30,18(47,69)	(0,90) 3.08,72 2.19,52(49,34)	293

## Yngre junior

1p	Eva Marie W. Østerhus 35,50(35,50)	94	TS/Madla 1.13,26(37,76)	(0,85) 2.29,65 1.51,73(38,47)	588
2p	Amalie Kristiansen 37,13(37,13)	95	Haugesund SK 1.16,95(39,82)	(0,79) 2.36,23 1.57,01(40,06)	517
3p	Rebekka Andersen 39,21(39,21)	93	Stavanger SC 1.22,24(43,03)	(0,62) 2.48,54 2.06,45(44,21)	412
4	Mari Mjøllhus Kristoffersen 41,21(41,21)	95	Madla SK 1.24,20(42,99)	(0,81) 2.48,64 2.07,90(43,70)	411
5	Matilde Giovannelli 42,34(42,34)	94	Frisinn SK 1.27,09(44,75)	(0,93) 2.55,13 2.12,17(45,08)	367
6	Susanne Sekkesæter 42,36(42,36)	95	Madla SK 1.27,30(44,94)	(0,71) 2.56,82 2.12,56(45,26)	356

7	Aleksandra Berge 43,83(43,83)	94	Madla SK 2.15,50(44,88)	(0,97) 2.58,94 2.58,94(43,44)	344
8	Oda Gjerde 44,00(44,00)	95	Bryne SK 2.16,69(45,66)	(0,91) 3.00,27 3.00,27(43,58)	336
9	Susanne Fornasari 44,84(44,84)	94	Madla SK 2.17,54(46,51)	(0,90) 3.02,67 3.02,67(45,13)	323
10	Signe Birch Moltu 45,15(45,15)	94	Frisinn SK 2.23,64(49,57)	(0,93) 3.10,39 3.10,39(46,75)	285
11	Silje Chirico Indrebø 47,00(47,00)	95	Frisinn SK 2.28,07(50,42)	(0,89) 3.16,21 3.16,21(48,14)	261
12	Kaja Konow Grønseth 48,79(48,79)	95	Frisinn SK 2.35,86(54,42)	(1,07) 3.27,88 3.27,88(52,02)	219

## Øvelse 26. 800m fri, herrer

## Eldre junior

1p	Ole Martin G Ree 30,41(30,41) 2.43,76(33,22) 4.56,18(32,87) 7.07,77(32,76)	92	TS/Sola 1.37,30(33,50) 3.50,28(33,33) 6.02,14(33,02) 8.13,81(32,93)	8.45,97 2.10,54(33,24) 4.23,31(33,03) 6.35,01(32,87) 8.45,97(32,16)	654
2p	Erling Mjøs Brattelid 30,46(30,46) 2.47,22(34,40) 5.04,22(1.08,31) 7.19,56(33,88)	91	TS/Sola 1.38,10(34,04) 3.55,91(34,49) 6.12,10(1.07,88) 8.26,26(33,26)	8.57,69 2.12,82(34,72) 6.45,68(33,58) 8.57,69(31,43)	613
3p	Henning S. Pryde 31,21(31,21) 2.46,45(33,59) 5.02,73(34,17) 7.18,67(34,03)	92	Stavanger SC 1.38,81(33,93) 3.54,75(34,14) 6.10,58(33,82) 8.25,75(33,57)	8.57,77 2.12,86(34,05) 4.28,56(33,81) 6.44,64(34,06) 8.57,77(32,02)	612
4	Sindre Lilledahl 30,47(30,47) 2.48,09(34,61) 5.06,94(34,76) 7.26,02(34,57)	92	Haugesund SK 1.38,85(34,69) 3.57,62(34,89) 6.16,78(34,94) 8.34,05(33,61)	9.07,42 2.13,48(34,63) 4.32,18(34,56) 6.51,45(34,67) 9.07,42(33,37)	580
5	Ørjan Monsen 32,77(32,77) 2.56,69(36,18) 5.21,87(36,05) 7.44,77(35,23)	92	Sola SK 1.44,25(36,08) 4.09,47(36,15) 6.33,48(35,73) 8.54,10(34,45)	9.26,17 2.20,51(36,26) 4.45,82(36,35) 7.09,54(36,06) 9.26,17(32,07)	525

## Yngre junior

1p	Sander Rødje 30,59(30,59) 2.47,66(34,49) 5.04,52(34,02) 7.18,99(33,30)	93	Haugesund SK 1.39,45(34,63) 3.56,44(34,35) 6.12,19(34,12) 8.23,80(31,91)	8.54,21 2.13,17(33,72) 4.30,50(34,06) 6.45,69(33,50) 8.54,21(30,41)	625
2p	Thorbjørn Birkeland 30,94(30,94) 2.48,92(34,61) 5.05,79(34,08) 7.20,35(33,52)	93	Haugesund SK 1.40,17(35,01) 3.57,60(34,07) 6.13,37(33,93) 8.26,81(33,12)	8.58,44 2.14,31(34,14) 4.31,71(34,11) 6.46,83(33,46) 8.58,44(31,63)	610
3p	Morten Bordevich 31,74(31,74) 2.50,65(35,25) 5.11,53(35,32) 7.32,53(34,93)	94	Sola SK 1.40,56(34,47) 4.01,00(35,06) 6.22,36(35,32) 8.42,00(34,46)	9.15,00 2.15,40(34,84) 4.36,21(35,21) 6.57,60(35,24) 9.15,00(33,00)	557
4	Simen Alvestad 32,31(32,31) 2.53,40(35,47) 5.15,83(35,98) 7.40,82(36,08)	94	Karmøy SK 1.42,08(35,05) 4.03,98(35,27) 6.28,67(36,65) 8.53,30(36,03)	9.27,85 2.17,93(35,85) 4.39,85(35,87) 7.04,74(36,07) 9.27,85(34,55)	520
5	Fredrik Knutsen Hegdal	94	Stavanger SC	9.36,00	498

	32,42(32,42)	1.08,30(35,88)	1.45,22(36,92)	2.21,41(36,19)	
	2.57,34(35,93)	3.33,88(36,54)	4.10,08(36,20)	4.45,80(35,72)	
	5.21,96(36,16)	5.58,33(36,37)	6.34,59(36,26)	7.11,39(36,80)	
	7.48,25(36,86)	8.24,97(36,72)	9.01,01(36,04)	9.36,00(34,99)	
6	Ivan Aleksander Larsen	95	Karmøy SK	9.38,09	493
	32,63(32,63)	1.09,58(36,95)	1.46,29(36,71)	2.23,53(37,24)	
	3.00,09(36,56)	3.37,02(36,93)	4.13,77(36,75)	4.50,58(36,81)	
	5.27,11(36,53)	6.03,44(36,33)	6.40,05(36,61)	7.16,92(36,87)	
	7.52,59(35,67)	8.29,02(36,43)	9.04,92(35,90)	9.38,09(33,17)	
7	Øystein Fjeldberg	93	Randaberg IL	9.45,12	475
	33,31(33,31)	1.09,59(36,28)	1.46,46(36,87)	2.23,43(36,97)	
	2.59,79(36,36)	3.36,41(36,62)	4.13,40(36,99)	4.50,34(36,94)	
	5.27,45(37,11)	6.04,40(36,95)	6.41,83(37,43)	7.19,17(37,34)	
	7.55,65(36,48)	8.33,01(37,36)	9.09,71(36,70)	9.45,12(35,41)	
8	Daniel Sandhåland	95	Karmøy SK	10.06,69	426
	34,18(34,18)	1.11,99(37,81)	1.50,05(38,06)	2.28,56(38,51)	
	3.06,93(38,37)	3.45,43(38,50)	4.24,26(38,83)	5.03,23(38,97)	
	5.41,54(38,31)	6.19,98(38,44)	6.58,40(38,42)	7.36,85(38,45)	
	8.15,26(38,41)	8.53,34(38,08)	9.30,74(37,40)	10.06,69(35,95)	
9	Trond Vasslag	94	Stavanger SC	10.36,06	370
	33,65(33,65)	1.13,38(39,73)	1.54,70(41,32)	2.35,12(40,42)	
	3.14,92(39,80)	3.55,40(40,48)	4.36,20(40,80)	5.17,07(40,87)	
	5.56,64(39,57)	6.36,88(40,24)	7.16,35(39,47)	7.56,94(40,59)	
	8.37,78(40,84)	9.18,09(40,31)	9.58,61(40,52)	10.36,06(37,45)	

## Øvelse 27. 1500m fri, damer

## Eldre junior

1p	Cecilie W. Johannessen	90	Karmøy SK	17.58,26	695
	31,03(31,03)	1.05,50(34,47)	1.40,40(34,90)	2.15,74(35,34)	
	2.51,27(35,53)	3.26,90(35,63)	4.03,04(36,14)	4.39,22(36,18)	
	5.15,42(36,20)	5.52,08(36,66)	6.28,02(35,94)	7.03,95(35,93)	
	7.39,64(35,69)	8.16,07(36,43)	8.52,48(36,41)	9.29,15(36,67)	
	10.06,21(37,06)	10.43,22(37,01)	11.20,01(36,79)	11.57,25(37,24)	
	12.33,49(36,24)	13.09,81(36,32)	13.46,64(36,83)	14.23,93(37,29)	
	15.01,30(37,37)	15.37,61(36,31)	16.14,03(36,42)	16.49,50(35,47)	
	17.25,43(35,93)	17.58,26(32,83)			
2p	Kristin Hagen	92	Karmøy SK	19.22,38	554
	34,54(34,54)	1.12,04(37,50)	1.50,06(38,02)	2.28,29(38,23)	
	3.06,91(38,62)	3.45,66(38,75)	4.24,41(38,75)	5.03,27(38,86)	
	5.42,06(38,79)	6.21,02(38,96)	7.00,10(39,08)	7.39,08(38,98)	
	8.18,26(39,18)	8.57,41(39,15)	9.36,58(39,17)	10.15,80(39,22)	
	10.54,82(39,02)	11.33,82(39,00)	12.12,79(38,97)	12.51,79(39,00)	
	13.31,21(39,42)	14.10,35(39,14)	14.49,55(39,20)	15.28,65(39,10)	
	16.08,00(39,35)	16.47,31(39,31)	17.26,65(39,34)	18.05,87(39,22)	
	18.45,23(39,36)	19.22,38(37,15)			
3p	Elisabeth Kristiansen	92	Haugesund SK	19.55,80	509
	34,62(34,62)	1.14,02(39,40)	1.54,15(40,13)	2.34,48(40,33)	
	3.15,03(40,55)	3.55,03(40,00)	4.35,20(40,17)	5.15,94(40,74)	
	5.56,46(40,52)	6.37,16(40,70)	7.16,96(39,80)	7.57,42(40,46)	
	8.37,92(40,50)	9.19,08(41,16)	9.59,23(40,15)	10.39,03(39,80)	
	11.19,76(40,73)	12.00,37(40,61)	12.40,36(39,99)	13.20,55(40,19)	
	14.00,72(40,17)	14.40,81(40,09)	15.21,54(40,73)	16.02,12(40,58)	
	16.43,01(40,89)	17.22,55(39,54)	18.02,27(39,72)	18.41,36(39,09)	
	19.19,48(38,12)	19.55,80(36,32)			

## Øvelse 28. 4\*50m lag medley, damer

## Senior

1p	Team Stavanger J1 sr.	SR	Team Stavanger	(0,70)	2.06,47	649
	Stine Mjølhus Kristoffersen:	33,56(33,56)				
	Mari Ask Rasmussen:	1.07,26(33,70)				
	Christine Ørland:	1.38,04(30,78)				

2p	Victoria Rung: Karmøy SK J1 jr.	2.06,47(28,43) JR	Karmøy SK	(0,64)	2.08,03	625
	Cecilie W. Johannessen: Ingalill Urrang Naustvik: Kristin Hagen: Monica W. Johannessen:	30,77(30,77) 1.08,39(37,62) 1.37,89(29,50) 2.08,03(30,14)				
3p	Stavanger SC J1 jr.	JR	Stavanger SC	(0,73)	2.12,15	568
	Nicole Tandrevold Næsheim: Siren Kristine Bergslid: Caroline Marki Mork: Hege Elisabeth Harestad:	33,48(33,48) 1.10,74(37,26) 1.41,95(31,21) 2.12,15(30,20)				
4	Stavanger SC J2 jr.	JR	Stavanger SC	(0,61)	2.17,95	500
	Rebekka Andersen: Maren Lootz Aarthun: Karoline Eriksen: Malin Haga:	36,27(36,27) 1.16,39(40,12) 1.47,02(30,63) 2.17,95(30,93)				
5	Madla SK J1 jr.	JR	Madla SK	(0,79)	2.18,34	495
	Maren Larsen: Camilla Thoreby: Mari Mjøllhus Kristoffersen: Line Øie Nilsson:	35,35(35,35) 1.12,90(37,55) 1.48,13(35,23) 2.18,34(30,21)				
6	Madla SK J2 jr.	JR	Madla SK	(0,93)	2.32,00	373
	Aleksandra Berge: Elise Trøan: May Synnøve Bartlett: Susanne Fornasari:	39,87(39,87) 1.22,77(42,90) 1.59,22(36,45) 2.32,00(32,78)				
7	Frisinn SK J1 jr.	JR	Frisinn SK	(0,95)	2.32,50	370
	Barbara Hansen: Kristin Bringedal: Matilde Giovannelli: Silje Chirico Indrebø:	38,73(38,73) 1.18,28(39,55) 1.58,29(40,01) 2.32,50(34,21)				

### Øvelse 29. 4\*100m lag medley, herrer

#### Senior

1p	Team Stavanger G1 sr.	SR	Team Stavanger	(0,65)	4.10,12	591
	Lars Einar Borsheim: Erling Mjøs Brattelid: Ole Martin G Ree: Jørgen Møllerop:	31,23(31,23) 1.38,55(34,34) 2.46,12(28,89) 3.42,83(24,08)	1.04,21(32,98) 2.17,23(38,68) 3.18,75(32,63) 4.10,12(27,29)	1.04,21 1.13,02 1.01,52 51,37		
2p	Sandnes SLK G1 jr.	JR	Sandnes SLK	(0,72)	4.17,42	542
	Joar Skien Grannes: Petter Ledsaak: Erik William Ravndal: Thor Helge Billington:	30,95(30,95) 1.37,78(34,53) 2.46,22(29,66) 3.47,76(25,95)	1.03,25(32,30) 2.16,56(38,78) 3.21,81(35,59) 4.17,42(29,66)	1.03,25 1.13,31 1.05,25 55,61		
3p	Madla SK G1 jr.	JR	Madla SK	(0,68)	4.26,36	490
	Erlend Tveteraas: Steffen Larsen: Eirik Ramstad: Vegard Belaska:	31,10(31,10) 1.38,63(34,12) 2.48,70(30,67) 3.53,73(29,03)	1.04,51(33,41) 2.18,03(39,40) 3.24,70(36,00) 4.26,36(32,63)	1.04,51 1.13,52 1.06,67 1.01,66		
4	Stavanger SC G1 jr.	JR	Stavanger SC	(0,74)	4.31,62	462
	Per Øystein Turøy: Erik Vassøy Olsen: Fredrik Knutsen Hegdal: Henning S. Pryde:	32,85(32,85) 1.42,24(34,92) 2.52,51(31,21) 3.59,22(30,48)	1.07,32(34,47) 2.21,30(39,06) 3.28,74(36,23) 4.31,62(32,40)	1.07,32 1.13,98 1.07,44 1.02,88		
5	Stavanger SC G2 jr.	JR	Stavanger SC	(0,79)	5.20,07	282
	Oliver Haugberg: Alexander Svanevik Nilsen: Trond Vasslag: Anders Lindanger:	37,72(37,72) 1.58,62(40,84) 3.23,51(38,18) 4.43,13(33,56)	1.17,78(40,06) 2.45,33(46,71) 4.09,57(46,06) 5.20,07(36,94)	1.17,78 1.27,55 1.24,24 1.10,50		

### Øvelse 30. 400m fri, damer

## Eldre junior

1p	Cecilie W. Johannessen	90	Karmøy SK	4.28,60	729
	30,28(30,28)	1.03,38(33,10)	1.36,61(33,23)	2.10,98(34,37)	
	2.45,53(34,55)	3.19,66(34,13)	3.54,48(34,82)	4.28,60(34,12)	
2p	Renate Aasland Ranaweera	91	Madla SK	4.58,31	532
	33,43(33,43)	1.10,25(36,82)	1.47,90(37,65)	2.25,52(37,62)	
	3.03,11(37,59)	3.41,16(38,05)	4.19,71(38,55)	4.58,31(38,60)	
3p	Kristin Hagen	92	Karmøy SK	4.59,74	525
	34,27(34,27)	1.11,29(37,02)	1.48,77(37,48)	2.26,68(37,91)	
	3.04,84(38,16)	3.43,38(38,54)	4.22,13(38,75)	4.59,74(37,61)	
4	Alise Sandvik	91	Bryne SK	5.10,52	472
	34,83(34,83)	1.13,73(38,90)	1.53,24(39,51)	2.33,39(40,15)	
	3.13,40(40,01)	3.53,72(40,32)	4.33,48(39,76)	5.10,52(37,04)	
5	Ingrid Wigestrånd	92	Sola SK	5.12,95	461
	33,84(33,84)	1.12,35(38,51)	1.52,02(39,67)	2.32,90(40,88)	
	3.13,10(40,20)	3.53,46(40,36)	4.33,78(40,32)	5.12,95(39,17)	

## Yngre junior

1p	Ane Nygård	95	Stavanger SC	4.53,53	559
	31,60(31,60)	1.07,86(36,26)	1.45,40(37,54)	2.23,05(37,65)	
	3.01,24(38,19)	3.38,94(37,70)	4.16,84(37,90)	4.53,53(36,69)	
2p	Synnøve Fevang	93	Stavanger SC	5.04,18	502
	33,54(33,54)	1.11,24(37,70)	1.49,83(38,59)	2.28,37(38,54)	
	3.07,28(38,91)	3.46,28(39,00)	4.25,90(39,62)	5.04,18(38,28)	
3p	Maria Bergfjord	93	Stavanger SC	5.15,30	451
	34,76(34,76)	1.13,88(39,12)	1.53,89(40,01)	2.33,94(40,05)	
	3.14,35(40,41)	3.54,83(40,48)	4.35,97(41,14)	5.15,30(39,33)	
4	Silje Lilledahl	94	Haugesund SK	5.17,97	439
	35,70(35,70)	1.15,54(39,84)	1.56,41(40,87)	2.37,69(41,28)	
	3.18,34(40,65)	3.58,85(40,51)	4.39,10(40,25)	5.17,97(38,87)	
5	Barbara Hansen	93	Frisinn SK	5.35,34	374
	37,37(37,37)	1.19,17(41,80)	2.02,41(43,24)	2.45,96(43,55)	
	3.28,65(42,69)	4.11,66(43,01)	4.54,74(43,08)	5.35,34(40,60)	
6	Oda Gjerde	95	Bryne SK	5.44,00	347
	38,54(38,54)	1.21,37(42,83)	2.05,38(44,01)	2.49,60(44,22)	
	3.34,00(44,40)	4.17,46(43,46)	4.59,03(41,57)	5.44,00(44,97)	
7	Kaja Konow Grønseth	95	Frisinn SK	5.49,04	332
	40,05(40,05)	1.24,60(44,55)	2.09,25(44,65)	2.55,01(45,76)	
	3.37,61(42,60)	4.22,06(44,45)	5.07,24(45,18)	5.49,04(41,80)	
8	Signe Birch Moltu	94	Frisinn SK	5.51,38	325
	39,23(39,23)	1.23,87(44,64)	2.08,89(45,02)	2.54,49(45,60)	
	3.38,51(44,02)	4.23,69(45,18)	5.09,75(46,06)	5.51,38(41,63)	
9	Silje Chirico Indrebø	95	Frisinn SK	5.59,29	304
	39,73(39,73)	1.24,33(44,60)	2.10,13(45,80)	2.56,55(46,42)	
	3.42,00(45,45)	4.27,57(45,57)	5.13,87(46,30)	5.59,29(45,42)	

## Øvelse 31. 50m fri, herrer

## Senior

1p	Jørgen Møllerop	88	TS/Madla	24,46	659
2p	Pål Jåtun Pedersen	82	TS/Madla	25,41	588

## Eldre junior

1p	Joar Skien Grannes	90	Sandnes SLK	25,11	609
2p	Jørn Nygård	92	Stavanger SC	25,93	553
3p	Thor Helge Billington	90	Sandnes SLK	26,32	529
4	Erik William Ravndal	90	Sandnes SLK	26,66	509
5	Eirik Ramstad	91	Madla SK	26,84	499
6	Per Øystein Turøy	92	Stavanger SC	26,95	493

7	Steffen Larsen	91	Madla SK	27,79	449
8	Remy Zakaria	92	Stavanger SC	28,03	438
9	Petter Ledsaak	89	Sandnes SLK	28,23	428
10	Erik Vassøy Olsen	91	Stavanger SC	28,27	427
11	Sondre Eikanger Hanssen	91	Bryne SK	28,43	419
12	Hauk Næss Haga	92	Sola SK	28,70	408
13	Fredrik Berntsen	90	Stavanger SC	28,94	398
14	Anders Hjelmeland	92	Sola SK	29,55	373
15	Øyvind Malde	92	Madla SK	31,71	302

**Yngre junior**

1p	Simon Høisæter	93	Haugesund SK	27,09	485
2p	Vegard Belaska	93	Madla SK	28,08	435
3p	Simen Alvestad	94	Karmøy SK	28,24	428
4	Alexander Marki Mork	95	Stavanger SC	28,35	423
5	Henry Ravndal	93	Sandnes SLK	28,48	417
6	Bjørnar Ulvang	94	Lund SK	29,00	395
7	Ivan Aleksander Larsen	95	Karmøy SK	29,58	372
8	Snorre Andreas Røkbuvold	94	Lund SK	29,83	363
9	Bjørn Eikanger Hanssen	95	Bryne SK	30,56	338
10	Daniel Sandhåland	95	Karmøy SK	30,61	336
11	Anders Lindanger	95	Stavanger SC	31,71	302
12	Vincent Skage	94	Karmøy SK	32,29	286
13	Gunnar Gundersen	93	Egersund SK	32,98	269

**Øvelse 32. 100m bryst, damer****Senior**

1p	Mari Ask Rasmussen	86	TS/SVK	1.16,66	635
	35,90(35,90)			1.16,66(40,76)	

**Eldre junior**

1p	Elisabeth Kristiansen	92	Haugesund SK	1.20,16	555
	37,58(37,58)			1.20,16(42,58)	
2p	Mariell Vik	92	Madla SK	1.22,43	511
	38,73(38,73)			1.22,43(43,70)	
3p	Alise Sandvik	91	Bryne SK	1.24,17	480
	39,89(39,89)			1.24,17(44,28)	
4	Kristin Bringedal	91	Frisinn SK	1.24,69	471
	40,03(40,03)			1.24,69(44,66)	
5	Camilla Thoreby	90	Madla SK	1.24,87	468
	39,37(39,37)			1.24,87(45,50)	
6	Renate Aasland Ranaweera	91	Madla SK	1.25,11	464
	40,18(40,18)			1.25,11(44,93)	
7	Torhild Narvestad Anda	91	Randaberg IL	1.26,71	439
	40,82(40,82)			1.26,71(45,89)	
8	Elisabeth Berntsen	92	Stavanger SC	1.29,62	397
	41,70(41,70)			1.29,62(47,92)	
9	Renate Laupstad	92	Egersund SK	1.33,14	354
	43,54(43,54)			1.33,14(49,60)	

**Yngre junior**

1p	Stine Mjølhus Kristoffersen	93	TS/Frisinn	1.19,50	569
	37,77(37,77)			1.19,50(41,73)	
2p	Siren Kristine Bergslid	93	Stavanger SC	1.21,14	535
	38,45(38,45)			1.21,14(42,69)	

3p	Ingalill Urrang Naustvik 39,51(39,51)	95	Karmøy SK	1.22,69	506
4	Mari Mjølhus Kristoffersen 40,92(40,92)	95	Madla SK	1.25,09	464
5	Maren Lootz Aarthun 41,28(41,28)	95	Stavanger SC	1.28,14	418
6	Eva Marie W. Østerhus 42,08(42,08)	94	TS/Madla	1.28,28	416
7	May Synnøve Bartlett 45,27(45,27)	95	Madla SK	1.34,40	340
8	Christina Krogdahl 44,34(44,34)	95	Karmøy SK	1.34,63	337
9	Oda Gjerde 45,84(45,84)	95	Bryne SK	1.35,41	329
10	Matilde Giovannelli 46,52(46,52)	94	Frisinn SK	1.36,67	316
11	Silje Chirico Indrebø 46,54(46,54)	95	Frisinn SK	1.38,14	302
12	Julie Svanes 46,89(46,89)	93	Egersund SK	1.43,19	260

## Øvelse 33. 200m fri, herrer

## Senior

1p	Lars Einar Borsheim 28,06(28,06)	80	TS/Madla 1.30,61(31,60)	2.02,22 2.02,22(31,61)	604
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## Eldre junior

1p	Ole Martin G Ree 27,41(27,41)	92	TS/Sola 1.27,78(30,39)	1.58,37 1.58,37(30,59)	665
2p	Henning S. Pryde 28,87(28,87)	92	Stavanger SC 1.31,46(31,32)	2.02,19 2.02,19(30,73)	605
3p	Erling Mjøs Brattelid 29,23(29,23)	91	TS/Sola 1.33,46(32,73)	2.06,01 2.06,01(32,55)	551
4	Sindre Lilledahl 28,46(28,46)	92	Haugesund SK 1.34,30(33,70)	2.07,05 2.07,05(32,75)	538
5	Ørjan Monsen 30,51(30,51)	92	Sola SK 1.36,63(33,26)	2.09,05 2.09,05(32,42)	513
6	Sondre Eikanger Hanssen 32,08(32,08)	91	Bryne SK 1.47,76(39,04)	2.25,48 2.25,48(37,72)	358
7	Hauk Næss Haga 32,05(32,05)	92	Sola SK 1.49,43(40,29)	2.30,28 2.30,28(40,85)	325
	Per Øystein Turøy	92	Stavanger SC	BRUTT	

## Yngre junior

1p	Sander Rødje 27,79(27,79)	93	Haugesund SK 1.30,77(32,01)	2.00,98 2.00,98(30,21)	623
2p	Thorbjørn Birkeland 28,15(28,15)	93	Haugesund SK 1.31,32(31,96)	2.01,36 2.01,36(30,04)	617
3p	Vegard Belaska 30,58(30,58)	93	Madla SK 1.36,81(33,40)	2.09,84 2.09,84(33,03)	504
4	Morten Bordevich 30,53(30,53)	94	Sola SK 1.37,55(33,63)	2.10,06 2.10,06(32,51)	501
5	Simen Alvestad 30,61(30,61)	94	Karmøy SK 1.39,45(35,41)	2.13,74 2.13,74(34,29)	461
6	Øystein Fjeldberg 31,14(31,14)	93	Randaberg IL 1.39,72(34,36)	2.14,03 2.14,03(34,31)	458
7	Ivan Aleksander Larsen 31,81(31,81)	95	Karmøy SK 1.43,96(36,57)	2.18,74 2.18,74(34,78)	413

8	Alexander Marki Mork 32,16(32,16)	95	Stavanger SC 1.07,74(35,58)	2.20,58 1.45,10(37,36)	397
9	Daniel Sandhåland 32,91(32,91)	95	Karmøy SK 1.08,70(35,79)	2.20,88 1.45,65(36,95)	394
10	Vincent Skage 34,80(34,80)	94	Karmøy SK 1.13,36(38,56)	2.29,15 1.52,02(38,66)	332
11	Trond Vasslag 33,74(33,74)	94	Stavanger SC 1.13,01(39,27)	2.33,26 1.54,39(41,38)	306
12	Anders Lindanger 35,54(35,54)	95	Stavanger SC 1.15,11(39,57)	2.40,17 1.57,60(42,49)	268

**Øvelse 34. 50m fri, damer****Senior**

1p	Mari Ask Rasmussen	86	TS/SVK	28,86	596
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**Eldre junior**

1p	Cecilie W. Johannessen	90	Karmøy SK	27,19	713
2p	Monica W. Johannessen	90	Karmøy SK	27,37	699
3p	Victoria Rung	92	TS/Frisinn	28,69	607
4	Marthe Berg Sørensen	92	TS/Frisinn	29,19	576
5	Ida Nordbø	89	TS/Madla	29,20	576
6	Nicole Tandrevold Næsheim	91	Stavanger SC	29,81	541
7	Karoline Eriksen	92	Stavanger SC	29,83	540
8	Hege Elisabeth Harestad	92	Stavanger SC	29,88	537
9	Vanessa Tuxen	92	Sola SK	29,94	534
10	Elisabeth Berntsen	92	Stavanger SC	30,57	502
11	Renate Aasland Ranaweera	91	Madla SK	30,85	488
12	Kristin Hagen	92	Karmøy SK	31,20	472
13	Renate Laupstad	92	Egersund SK	33,27	389
14	Heidi Gjerde	92	Sandnes SLK	33,99	365
15	Elise Trøan	92	Madla SK	35,13	330

**Yngre junior**

1p	Eva Marie W. Østerhus	94	TS/Madla	29,73	546
2p	Line Øie Nilsson	94	Madla SK	29,95	534
3p	Maren Larsen	94	Madla SK	30,50	505
4	Christina Krogdahl	95	Karmøy SK	31,15	474
5	Thea Runestad Stølen	94	Stavanger VK	31,19	472
6	Ingalill Urrang Naustvik	95	Karmøy SK	31,27	469
7	Amalie Kristiansen	95	Haugesund SK	31,37	464
8	Mari Mjølhus Kristoffersen	95	Madla SK	31,93	440
9	Susanne Sekkesæter	95	Madla SK	31,97	439
10	Synnøve Fevang	93	Stavanger SC	32,01	437
11	Matilde Giovannelli	94	Frisinn SK	32,83	405
12	Maria Bergfjord	93	Stavanger SC	32,92	402
13	Silje Lilledahl	94	Haugesund SK	33,05	397
14	Barbara Hansen	93	Frisinn SK	33,68	375
15	Susanne Fornasari	94	Madla SK	33,71	374
16	Aleksandra Berge	94	Madla SK	33,88	368
17	May Synnøve Bartlett	95	Madla SK	36,43	296

**S8 Senior**

1p	Cecilie Drabsch	78	Stavanger HAIK	32,30	425
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**Øvelse 35. 100m rygg, herrer****Senior**

1p	Jørgen Møllerop 29,29(29,29)	88	TS/Madla	(0,76)	1.01,10	593
					1.01,10(31,81)	

**Eldre junior**

1p	Joar Skien Grannes 30,16(30,16)	90	Sandnes SLK	(0,73)	1.02,07	565
					1.02,07(31,91)	
2p	Erlend Tveteraas 31,99(31,99)	91	Madla SK	(0,66)	1.06,39	462
					1.06,39(34,40)	
3p	Per Øystein Turøy 32,76(32,76)	92	Stavanger SC	(0,67)	1.07,16	446
					1.07,16(34,40)	
4	Didrik Konow Grønseth 33,52(33,52)	92	Frisinn SK	(0,68)	1.08,20	426
					1.08,20(34,68)	
5	Glenn Skjæveland 34,36(34,36)	92	Ålgård SK	(0,75)	1.12,11	360
					1.12,11(37,75)	
6	Eirik Ramstad 36,04(36,04)	91	Madla SK	(0,75)	1.13,24	344
					1.13,24(37,20)	

**Yngre junior**

1p	Sander Rødje 31,23(31,23)	93	Haugesund SK	(0,74)	1.02,60	551
					1.02,60(31,37)	
2p	Henrik Knudsen 32,70(32,70)	94	Stavanger SC	(0,79)	1.07,28	444
					1.07,28(34,58)	
3p	Simon Høisæter 34,01(34,01)	93	Haugesund SK	(0,70)	1.09,57	401
					1.09,57(35,56)	
4	Bjørn Eikanger Hanssen 38,54(38,54)	95	Bryne SK	(0,62)	1.16,92	297
					1.16,92(38,38)	
5	Oliver Haugberg 38,91(38,91)	94	Stavanger SC	(0,76)	1.18,25	282
					1.18,25(39,34)	
6	Thomas Brustveit 38,05(38,05)	93	Sandnes SLK	(0,72)	1.19,33	271
					1.19,33(41,28)	
7	Alf Martin Malmstrøm 40,10(40,10)	94	Stavanger SC	(0,94)	1.21,65	248
					1.21,65(41,55)	

**Øvelse 36. 200m butterfly, damer****Senior**

1p	Christine Ørland 32,95(32,95)	88	TS/Madla		2.30,69	575
					2.30,69(40,05)	
					1.10,65(37,70)	
					1.50,64(39,99)	

**Eldre junior**

1p	Monica W. Johannessen 33,35(33,35)	90	Karmøy SK		2.31,18	570
					2.31,18(39,39)	
					1.11,35(38,00)	
					1.51,79(40,44)	
2p	Marthe Berg Sørensen 34,25(34,25)	92	TS/Frisinn		2.37,68	502
					2.37,68(40,73)	
					1.14,65(40,40)	
					1.56,95(42,30)	
3p	Karoline Eriksen 33,46(33,46)	92	Stavanger SC		2.38,98	490
					2.38,98(43,60)	
					1.12,43(38,97)	
					1.55,38(42,95)	

**Yngre junior**

1p	Caroline Marki Mork 34,58(34,58)	93	Stavanger SC		2.37,95	499
					2.37,95(41,80)	
					1.14,26(39,68)	
					1.56,15(41,89)	

2p	Ane Nygård 33,50(33,50)	95	Stavanger SC 1.13,57(40,07)	2.39,52(42,73)	485
3p	Stine Mjøllhus Kristoffersen 35,37(35,37)	93	TS/Frisinn 1.15,18(39,81)	2.43,87(1.28,69)	447
4	Maren Larsen 35,51(35,51)	94	Madla SK 1.18,04(42,53)	2.54,75(49,94)	369
5	Line Øie Nilsson 36,88(36,88)	94	Madla SK 1.20,75(43,87)	2.59,39(50,39)	341
6	Susanne Sekkesæter 40,35(40,35)	95	Madla SK 1.28,19(47,84)	3.07,18(50,34)	300
7	Susanne Fornasari 46,04(46,04)	94	Madla SK 1.37,73(51,69)	3.20,77(50,47)	243

## Øvelse 37. 50m butterfly, herrer

## Senior

1p	Jørgen Møllerop	88	TS/Madla	26,25	660
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## Eldre junior

1p	Ole Martin G Ree	92	TS/Sola	27,31	586
2p	Thor Helge Billington	90	Sandnes SLK	27,43	578
3p	Joar Skien Grannes	90	Sandnes SLK	27,56	570
4	Erik William Ravndal	90	Sandnes SLK	29,04	487
5	Erling Mjøs Brattelid	91	TS/Sola	29,23	478
6	Didrik Konow Grønseth	92	Frisinn SK	30,60	416
7	Eirik Ramstad	91	Madla SK	30,87	406
8	Fredrik Berntsen	90	Stavanger SC	32,31	354
9	Sondre Eikanger Hanssen	91	Bryne SK	33,12	328
10	Anders Hjelmeland	92	Sola SK	35,07	276
11	Hauk Næss Haga	92	Sola SK	36,64	242
12	Øyvind Malde	92	Madla SK	39,14	199

## Yngre junior

1p	Thorbjørn Birkeland	93	Haugesund SK	30,63	415
2p	Øystein Fjeldberg	93	Randaberg IL	32,56	346
3p	Henry Ravndal	93	Sandnes SLK	33,11	329
4	Daniel Sandhåland	95	Karmøy SK	33,83	308
5	Bjørn Eikanger Hanssen	95	Bryne SK	36,02	255
6	Magnus Møkster	94	Frisinn SK	36,81	239
7	Trond Vasslag	94	Stavanger SC	36,82	239
8	Matteo Scarpanti	94	Madla SK	38,60	207
9	Gunnar Gundersen	93	Egersund SK	39,00	201
10	Anders Lindanger	95	Stavanger SC	39,56	192

## Øvelse 38. 4\*50m lag medley, herrer

## Senior

1p	Team Stavanger G1 sr. Lars Einar Borsheim: Pål Jåtun Pedersen: Ole Martin G Ree: Jørgen Møllerop:	SR	Team Stavanger 30,18(30,18) 1.01,67(31,49) 1.29,49(27,82) 1.53,23(23,74)	1.53,23	590
2p	Madla SK G1 jr. Eirik Ramstad:	JR	Madla SK 30,70(30,70)	2.03,00	460

	Erlend Tveteraas:	1.04,58(33,88)			
	Steffen Larsen:	1.36,05(31,47)			
	Vegard Belaska:	2.03,00(26,95)			
3p	Stavanger SC G1 jr.	JR	Stavanger SC	2.03,10	459
	Per Øystein Turøy:	31,17(31,17)			
	Erik Vassøy Olsen:	1.06,17(35,00)			
	Fredrik Knutsen Hegdal:	1.36,76(30,59)			
	Henning S. Pryde:	2.03,10(26,34)			
4	Stavanger SC G2 jr.	JR	Stavanger SC	2.05,01	438
	Henrik Knudsen:	32,92(32,92)			
	Remy Zakaria:	1.08,30(35,38)			
	Jørn Nygård:	1.36,77(28,47)			
	Alexander Svanevik Nilsen:	2.05,01(28,24)			
	Karmøy SK G1 jr.	JR	Karmøy SK	DISK	
	Simen Alvestad:				
	Vincent Skage:				
	Daniel Sandhåland:				
	Ivan Aleksander Larsen:				

### Øvelse 39. 4\*100m lag medley, damer

#### Senior

1p	Team Stavanger J1 sr.	SR	Team Stavanger	4.47,19	570
	Ida Nordbø:	33,78(33,78)	1.11,19(37,41)	1.11,19	
	Marthe Berg Sørensen:	1.48,47(37,28)	2.31,74(43,27)	1.20,55	
	Stine Mjøllhus Kristoffersen:	3.04,58(32,84)	3.44,37(39,79)	1.12,63	
	Victoria Rung:	4.13,92(29,55)	4.47,19(33,27)	1.02,82	
2p	Stavanger SC J1 jr.	JR	Stavanger SC	4.51,30	547
	Nicole Tandrevold Næsheim:	35,19(35,19)	1.13,18(37,99)	1.13,18	
	Siren Kristine Bergslid:	1.52,35(39,17)	2.35,19(42,84)	1.22,01	
	Karoline Eriksen:	3.07,54(32,35)	3.45,08(37,54)	1.09,89	
	Hege Elisabeth Harestad:	4.16,60(31,52)	4.51,30(34,70)	1.06,22	
	Stavanger SC J2 jr.	JR	Stavanger SC	DISK	
	Hege Elisabeth Harestad:				
	Maren Lootz Aarthun:				
	Caroline Marki Mork:				
	Elisabeth Berntsen:				

### Øvelse 40. 400m fri, herrer

#### Eldre junior

1p	Henning S. Pryde	92	Stavanger SC	4.19,67	600
	30,05(30,05)	1.02,58(32,53)	1.35,81(33,23)	2.09,37(33,56)	
	2.42,59(33,22)	3.15,80(33,21)	3.48,47(32,67)	4.19,67(31,20)	
2p	Sindre Lilledahl	92	Haugesund SK	4.20,61	594
	29,86(29,86)	1.02,62(32,76)	1.35,94(33,32)	2.09,73(33,79)	
	2.43,31(33,58)	3.16,63(33,32)	3.50,39(33,76)	4.20,61(30,22)	
3p	Ørjan Monsen	92	Sola SK	4.32,90	517
	32,37(32,37)	1.07,00(34,63)	1.42,40(35,40)	2.17,79(35,39)	
	2.52,72(34,93)	3.27,05(34,33)	4.00,77(33,72)	4.32,90(32,13)	
4	Petter Ledsaak	89	Sandnes SLK	4.38,48	487
	31,69(31,69)	1.05,93(34,24)	1.40,82(34,89)	2.16,10(35,28)	
	2.51,86(35,76)	3.27,54(35,68)	4.03,25(35,71)	4.38,48(35,23)	

#### Yngre junior

1p	Sander Rødje	93	Haugesund SK	4.13,09	648
	29,15(29,15)	1.01,58(32,43)	1.34,42(32,84)	2.06,83(32,41)	
	2.38,82(31,99)	3.11,35(32,53)	3.43,24(31,89)	4.13,09(29,85)	
2p	Thorbjørn Birkeland	93	Haugesund SK	4.17,77	614
	29,30(29,30)	1.02,04(32,74)	1.35,15(33,11)	2.07,52(32,37)	

3p	Morten Bordevich	94	Sola SK	4.32,27	521
	2.40,27(32,75)	3.13,39(33,12)	3.46,47(33,08)	4.17,77(31,30)	
	30,83(30,83)	1.04,27(33,44)	1.38,63(34,36)	2.13,26(34,63)	
	2.48,26(35,00)	3.23,45(35,19)	3.58,26(34,81)	4.32,27(34,01)	
4	Simen Alvestad	94	Karmøy SK	4.37,87	490
	31,05(31,05)	1.05,33(34,28)	1.40,71(35,38)	2.16,33(35,62)	
	2.51,93(35,60)	3.28,06(36,13)	4.03,82(35,76)	4.37,87(34,05)	
5	Ivan Aleksander Larsen	95	Karmøy SK	4.41,15	473
	32,79(32,79)	1.08,46(35,67)	1.44,52(36,06)	2.20,90(36,38)	
	2.56,49(35,59)	3.32,51(36,02)	4.07,55(35,04)	4.41,15(33,60)	
6	Simon Høisæter	93	Haugesund SK	4.41,49	471
	31,97(31,97)	1.08,14(36,17)	1.44,68(36,54)	2.20,79(36,11)	
	2.56,17(35,38)	3.31,93(35,76)	4.07,29(35,36)	4.41,49(34,20)	
7	Øystein Fjeldberg	93	Randaberg IL	4.41,74	470
	32,61(32,61)	1.07,86(35,25)	1.43,58(35,72)	2.19,58(36,00)	
	2.55,42(35,84)	3.31,26(35,84)	4.06,79(35,53)	4.41,74(34,95)	
8	Alf Martin Malmstrøm	94	Stavanger SC	5.05,31	369
	33,91(33,91)	1.11,05(37,14)	1.49,38(38,33)	2.27,65(38,27)	
	3.06,73(39,08)	3.47,18(40,45)	4.27,04(39,86)	5.05,31(38,27)	
9	Bjørn Eikanger Hanssen	95	Bryne SK	5.13,00	343
	35,57(35,57)	1.14,28(38,71)	1.53,75(39,47)	2.33,18(39,43)	
	3.13,28(40,10)	3.53,33(40,05)	4.33,79(40,46)	5.13,00(39,21)	
10	Alexander Svanevik Nilsen	93	Stavanger SC	5.24,03	309
	34,83(34,83)	1.14,07(39,24)	1.54,99(40,92)	2.36,28(41,29)	
	3.17,70(41,42)	4.00,45(42,75)	4.43,15(42,70)	5.24,03(40,88)	

## Øvelse 41. 200m fri, damer

## Eldre junior

1p	Cecilie W. Johannessen	90	Karmøy SK	2.06,35	757
	30,02(30,02)	1.02,32(32,30)	1.34,54(32,22)	2.06,35(31,81)	
2p	Renate Aasland Ranaweera	91	Madla SK	2.22,58	527
	32,93(32,93)	1.08,96(36,03)	1.45,86(36,90)	2.22,58(36,72)	
3p	Kristin Hagen	92	Karmøy SK	2.23,31	519
	33,68(33,68)	1.09,47(35,79)	1.46,84(37,37)	2.23,31(36,47)	
4	Torhild Narvestad Anda	91	Randaberg IL	2.25,30	498
	34,01(34,01)	1.11,60(37,59)	1.48,84(37,24)	2.25,30(36,46)	
5	Alise Sandvik	91	Bryne SK	2.25,47	496
	33,78(33,78)	1.11,71(37,93)	1.49,60(37,89)	2.25,47(35,87)	

## Yngre junior

1p	Ane Nygård	95	Stavanger SC	2.19,40	564
	32,48(32,48)	1.07,76(35,28)	1.43,76(36,00)	2.19,40(35,64)	
2p	Ingalill Urrang Naustvik	95	Karmøy SK	2.20,48	551
	33,43(33,43)	1.08,85(35,42)	1.45,69(36,84)	2.20,48(34,79)	
3p	Line Øie Nilsson	94	Madla SK	2.21,60	538
	32,42(32,42)	1.07,89(35,47)	1.44,48(36,59)	2.21,60(37,12)	
4	Caroline Marki Mork	93	Stavanger SC	2.26,81	483
	33,61(33,61)	1.10,15(36,54)	1.48,65(38,50)	2.26,81(38,16)	
5	Mari Mjølhus Kristoffersen	95	Madla SK	2.28,07	470
	34,39(34,39)	1.12,63(38,24)	1.51,27(38,64)	2.28,07(36,80)	
6	Susanne Fornasari	94	Madla SK	2.34,55	414
	36,46(36,46)	1.15,79(39,33)	1.56,26(40,47)	2.34,55(38,29)	
7	Maria Bergfjord	93	Stavanger SC	2.35,47	406
	35,20(35,20)	1.14,75(39,55)	1.55,42(40,67)	2.35,47(40,05)	
8	Barbara Hansen	93	Frisinn SK	2.36,57	398
	36,20(36,20)	1.17,16(40,96)	1.58,17(41,01)	2.36,57(38,40)	
9	May Synnøve Bartlett	95	Madla SK	2.42,02	359
	37,00(37,00)	1.18,33(41,33)	2.01,44(43,11)	2.42,02(40,58)	
10	Silje Chirico Indrebø	95	Frisinn SK	2.48,21	321
	37,74(37,74)	1.21,75(44,01)	2.06,31(44,56)	2.48,21(41,90)	
11	Signe Birch Moltu	94	Frisinn SK	2.50,53	308

38,21(38,21)      1.22,25(44,04)      2.08,46(46,21)      2.50,53(42,07)

**Øvelse 42. 200m individuell medley, herrer****Senior**

1p	Lars Einar Borsheim	80	TS/Madla	2.15,46	625
	29,02(29,02)	1.05,12(36,10)	1.43,98(38,86)	2.15,46(31,48)	

**Eldre junior**

1p	Jørn Nygård	92	Stavanger SC	2.22,39	538
	31,00(31,00)	1.07,73(36,73)	1.51,12(43,39)	2.22,39(31,27)	
2p	Erik Vassøy Olsen	91	Stavanger SC	2.24,67	513
	31,83(31,83)	1.10,91(39,08)	1.51,36(40,45)	2.24,67(33,31)	
3p	Didrik Konow Grønseth	92	Frisinn SK	2.28,47	474
	31,42(31,42)	1.09,44(38,02)	1.54,07(44,63)	2.28,47(34,40)	
4	Glenn Skjæveland	92	Ålgård SK	2.37,79	395
	34,75(34,75)	1.14,84(40,09)	2.00,52(45,68)	2.37,79(37,27)	

**Yngre junior**

1p	Henrik Knudsen	94	Stavanger SC	2.36,67	404
	35,52(35,52)	1.14,46(38,94)	2.01,37(46,91)	2.36,67(35,30)	
2p	Daniel Sandhåland	95	Karmøy SK	2.39,44	383
	36,27(36,27)	1.17,74(41,47)	2.03,63(45,89)	2.39,44(35,81)	
3p	Vincent Skage	94	Karmøy SK	2.45,83	340
	36,29(36,29)	1.21,37(45,08)	2.06,33(44,96)	2.45,83(39,50)	
4	Bjørn Eikanger Hanssen	95	Bryne SK	2.52,33	303
	39,64(39,64)	1.23,16(43,52)	2.14,92(51,76)	2.52,33(37,41)	
5	Oliver Haugberg	94	Stavanger SC	2.53,41	297
	37,71(37,71)	1.21,87(44,16)	2.12,60(50,73)	2.53,41(40,81)	
6	Anders Lindanger	95	Stavanger SC	3.04,10	248
	41,85(41,85)	1.28,54(46,69)	2.23,05(54,51)	3.04,10(41,05)	
7	Fredrik Hana Voss	95	Randaberg IL	3.14,05	212
	46,19(46,19)	1.36,93(50,74)	2.31,71(54,78)	3.14,05(42,34)	

**Øvelse 43. 100m rygg, damer****Eldre junior**

1p	Cecilie W. Johannessen	90	Karmøy SK	1.07,24	653
	32,51(32,51)	1.07,24(34,73)			
2p	Elisabeth Kristiansen	92	Haugesund SK	1.10,47	567
	34,38(34,38)	1.10,47(36,09)			
3p	Nicole Tandrevold Næsheim	91	Stavanger SC	1.13,56	499
	35,51(35,51)	1.13,56(38,05)			
4	Vanessa Tuxen	92	Sola SK	1.14,78	475
	35,92(35,92)	1.14,78(38,86)			

**Yngre junior**

1p	Eva Marie W. Østerhus	94	TS/Madla	1.10,50	567
	34,70(34,70)	1.10,50(35,80)			
2p	Stine Mjølhus Kristoffersen	93	TS/Frisinn	1.11,46	544
	34,93(34,93)	1.11,46(36,53)			
3p	Amalie Kristiansen	95	Haugesund SK	1.14,31	484
	36,03(36,03)	1.14,31(38,28)			
4	Maren Larsen	94	Madla SK	1.15,80	456
	36,27(36,27)	1.15,80(39,53)			

5	Rebekka Andersen 37,53(37,53)	93	Stavanger SC	1.17,91 1.17,91(40,38)	420
6	Matilde Giovannelli 39,99(39,99)	94	Frisinn SK	1.20,59 1.20,59(40,60)	379
7	Silje Lilledahl 40,05(40,05)	94	Haugesund SK	1.21,72 1.21,72(41,67)	364
8	Malin Haga 39,20(39,20)	95	Stavanger SC	1.21,93 1.21,93(42,73)	361
9	Susanne Sekkesæter 40,25(40,25)	95	Madla SK	1.22,28 1.22,28(42,03)	356
10	Aleksandra Berge 40,22(40,22)	94	Madla SK	1.23,86 1.23,86(43,64)	337
11	Christina Krogdahl 40,74(40,74)	95	Karmøy SK	1.26,78 1.26,78(46,04)	304

### Øvelse 44. 200m butterfly, herrer

#### Eldre junior

1p	Ole Martin G Ree 30,78(30,78)	92	TS/Sola	2.16,42 1.41,28(35,08)	562
2p	Erling Mjøs Brattelid 31,52(31,52)	91	TS/Sola	2.20,95 1.44,67(36,91)	509
3p	Eirik Ramstad 31,94(31,94)	91	Madla SK	2.22,77 1.45,15(37,20)	490
4	Erik William Ravndal 31,21(31,21)	90	Sandnes SLK	2.40,83 1.52,21(43,47)	343
	Thor Helge Billington	90	Sandnes SLK	DISK	

#### Yngre junior

1p	Fredrik Knutsen Hegdal 32,72(32,72)	94	Stavanger SC	2.29,85 1.50,38(39,82)	424
2p	Vegard Belaska 35,52(35,52)	93	Madla SK	2.39,56 1.57,76(41,14)	351
3p	Øystein Fjeldberg 36,48(36,48)	93	Randaberg IL	2.49,64 2.02,82(45,18)	292

### Øvelse 45. 200m individuell medley, damer

#### Eldre junior

1p	Cecilie W. Johannessen 31,91(31,91)	90	Karmøy SK	2.25,15 1.53,42(44,98)	707
2p	Elisabeth Kristiansen 33,80(33,80)	92	Haugesund SK	2.35,45 1.59,13(44,99)	575
3p	Ida Nordbø 32,53(32,53)	89	TS/Madla	2.37,43 2.00,90(49,42)	554
4	Alise Sandvik 36,66(36,66)	91	Bryne SK	2.40,97 2.04,88(45,15)	518
5	Mariell Vik 35,91(35,91)	92	Madla SK	2.41,49 2.05,00(45,29)	513
6	Elisabeth Berntsen 34,83(34,83)	92	Stavanger SC	2.42,23 2.04,92(48,63)	506
7	Camilla Thoreby 36,31(36,31)	90	Madla SK	2.47,12 2.07,14(46,61)	463
8	Ingrid Wigestrands 36,90(36,90)	92	Sola SK	2.47,65 2.08,41(47,54)	459
9	Kristin Hagen	92	Karmøy SK	2.50,29	438

	38,34(38,34)	1.22,09(43,75)	2.13,37(51,28)	2.50,29(36,92)	
10	Elise Trøan	92	Madla SK	3.07,36	328
	38,28(38,28)	1.26,60(48,32)	2.21,76(55,16)	3.07,36(45,60)	

## Yngre junior

1p	Stine Mjølhus Kristoffersen	93	TS/Frisinn	2.33,27	600
	33,90(33,90)	1.12,68(38,78)	1.57,33(44,65)	2.33,27(35,94)	
2p	Ingalill Urrang Naustvik	95	Karmøy SK	2.39,57	532
	35,86(35,86)	1.19,41(43,55)	2.03,62(44,21)	2.39,57(35,95)	
3p	Mari Mjølhus Kristoffersen	95	Madla SK	2.42,40	505
	36,25(36,25)	1.19,67(43,42)	2.06,32(46,65)	2.42,40(36,08)	
4	Amalie Kristiansen	95	Haugesund SK	2.45,24	479
	37,44(37,44)	1.19,26(41,82)	2.07,92(48,66)	2.45,24(37,32)	
5	Siren Kristine Bergslid	93	Stavanger SC	2.48,35	453
	37,77(37,77)	1.22,59(44,82)	2.08,90(46,31)	2.48,35(39,45)	
6	Susanne Sekkesæter	95	Madla SK	2.52,73	419
	39,07(39,07)	1.23,20(44,13)	2.14,07(50,87)	2.52,73(38,66)	
7	Aleksandra Berge	94	Madla SK	2.53,70	412
	39,86(39,86)	1.24,73(44,87)	2.13,95(49,22)	2.53,70(39,75)	
8	Oda Gjerde	95	Bryne SK	2.56,79	391
	38,87(38,87)	1.24,46(45,59)	2.14,50(50,04)	2.56,79(42,29)	
9	Maria Bergfjord	93	Stavanger SC	2.57,32	387
	40,98(40,98)	1.26,18(45,20)	2.19,47(53,29)	2.57,32(37,85)	
10	Barbara Hansen	93	Frisinn SK	3.00,46	368
	41,55(41,55)	1.26,89(45,34)	2.20,76(53,87)	3.00,46(39,70)	
11	Matilde Giovannelli	94	Frisinn SK	3.06,37	334
	44,50(44,50)	1.31,24(46,74)	2.24,59(53,35)	3.06,37(41,78)	
	Maren Lootz Aarthun	95	Stavanger SC	BRUTT	

## Øvelse 46. 50m rygg, herrer

## Eldre junior

1p	Joar Skien Grannes	90	Sandnes SLK	(0,76)	28,59	566
2p	Glenn Skjæveland	92	Ålgård SK	(0,77)	31,57	420
3p	Sindre Lilledahl	92	Haugesund SK	(0,63)	32,13	398
4	Didrik Konow Grønseth	92	Frisinn SK	(0,67)	32,22	395
5	Fredrik Berntsen	90	Stavanger SC	(0,71)	35,59	293

## Yngre junior

1p	Sander Rødje	93	Haugesund SK	(0,76)	30,55	463
2p	Simon Høisæter	93	Haugesund SK	(0,74)	33,05	366
3p	Simen Alvestad	94	Karmøy SK	(0,69)	33,23	360
4	Henrik Knudsen	94	Stavanger SC	(0,75)	34,02	335
5	Alexander Marki Mork	95	Stavanger SC	(0,84)	34,36	326
6	Thorbjørn Birkeland	93	Haugesund SK	(0,76)	34,81	313
7	Henry Ravndal	93	Sandnes SLK	(0,73)	35,63	292
8	Oliver Haugberg	94	Stavanger SC	(0,72)	36,87	263
9	Bjørn Eikanger Hanssen	95	Bryne SK	(0,66)	36,98	261
10	Thomas Brustveit	93	Sandnes SLK	(0,75)	37,63	248
11	Trond Vasslag	94	Stavanger SC	(0,84)	39,05	222
12	Anders Lindanger	95	Stavanger SC	(0,68)	39,34	217