

Øvelse 1./2. 1500m fri**Heat 1**

| | | | | |
|---|------------------|----|--------------|-------|
| 1 | | | | |
| 2 | | | | |
| 3 | Maurice Sudkamp | 97 | Randaberg IL | _____ |
| 4 | Madelen Stenberg | 97 | Varodd SK | _____ |
| 5 | | | | |

Øvelse 3. 50m bryst, herrer**Heat 1**

| | | | | |
|---|-----------------------|----|----------|-------|
| 1 | | | | |
| 2 | Olav Nevestveit Barøy | 99 | Klepp | _____ |
| 3 | Eskild Strand | 99 | Madla SK | _____ |
| 4 | Jakob Skaftun | 99 | Madla SK | _____ |
| 5 | | | | |

Heat 2

| | | | | |
|---|------------------|----|--------------|-------------|
| 1 | | | | |
| 2 | Viktor Hermansen | 97 | Klepp | 57,79 _____ |
| 3 | Haakon Buckland | 96 | Haugesund SK | 54,77 _____ |
| 4 | Jonas Østenstad | 98 | Haugesund SK | 55,49 _____ |
| 5 | | | | |

Heat 3

| | | | | |
|---|---------------------------|----|--------------|-------------|
| 1 | Erling Belaska | 98 | Madla SK | 54,18 _____ |
| 2 | Bjørn Stian Vuilliomenet | 96 | Klepp | 45,39 _____ |
| 3 | Hoby Andrian | 95 | Klepp | 39,51 _____ |
| 4 | Thomas A Fardal | 97 | Egersund SK | 40,18 _____ |
| 5 | Kristian Markhus Endresen | 98 | Haugesund SK | 51,87 _____ |

Øvelse 4. 50m bryst, damer**Heat 1**

| | | | | |
|---|----------------------|----|----------|-------|
| 1 | | | | |
| 2 | Ida Elisabeth Tokvam | 97 | Madla SK | _____ |
| 3 | Emilie Nilo Nilsen | 98 | Madla SK | _____ |
| 4 | Jasmine Rød | 96 | Madla SK | _____ |
| 5 | | | | |

Heat 2

| | | | | |
|---|-----------------------|----|----------|-------------|
| 1 | | | | |
| 2 | Marit Haram Hjelmås | 99 | Madla SK | _____ |
| 3 | Björg Marie Pollestad | 97 | Klepp | 54,82 _____ |
| 4 | Marthe Bjørnevik | 98 | Bryne SK | 56,08 _____ |
| 5 | Iris Aikio | 98 | Madla SK | _____ |

Heat 3

| | | | | |
|---|--------------------------|----|--------------|-------------|
| 1 | Martine Borsheim | 95 | Klepp | 53,83 _____ |
| 2 | Marta-Johanne Svendsen | 95 | Egersund SK | 51,05 _____ |
| 3 | Raili Karoline Haagensen | 96 | Haugesund SK | 44,11 _____ |
| 4 | Malin G. Larsen | 92 | Egersund SK | 48,00 _____ |
| 5 | Ena Kjær | 96 | Klepp | 53,46 _____ |

Heat 4

| | | | | | |
|---|------------------------|----|--------------|-------|-------|
| 1 | Julie Svanes | 93 | Egersund SK | 43,41 | _____ |
| 2 | Renate Laupstad | 92 | Egersund SK | 41,54 | _____ |
| 3 | Inger Husveg | 92 | Klepp | 40,93 | _____ |
| 4 | Vannja Celine Brunsvik | 93 | Haugesund SK | 40,96 | _____ |
| 5 | Siv Vuilliomenet | 92 | Klepp | 43,21 | _____ |

Øvelse 5. 100m rygg, herrer**Heat 1**

| | | | | | |
|---|------------------|----|--------------|---------|-------|
| 1 | | | | | _____ |
| 2 | Jonas Østenstad | 98 | Haugesund SK | 1.46,80 | _____ |
| 3 | Mathias Aarmland | 96 | Bryne SK | 1.34,14 | _____ |
| 4 | Barneby Baines | 98 | Madla SK | 1.40,01 | _____ |
| 5 | Erik Gjesdal | 95 | Bryne SK | 1.47,33 | _____ |

Heat 2

| | | | | | |
|---|-------------------------|----|--------------|---------|-------|
| 1 | Stian Saurdal | 95 | Bryne SK | 1.33,34 | _____ |
| 2 | Erik Årmland Gidskehaug | 97 | Bryne SK | 1.24,01 | _____ |
| 3 | Vegard Belaska | 93 | Madla SK | 1.09,90 | _____ |
| 4 | Bjørn Eikanger Hanssen | 95 | Bryne SK | 1.13,46 | _____ |
| 5 | Yonathan D. Heij | 95 | Haugesund SK | 1.27,02 | _____ |

Øvelse 6. 100m rygg, damer**Heat 1**

| | | | | | |
|---|----------------------|----|----------|---------|-------|
| 1 | Hanne Reime | 98 | Bryne SK | | _____ |
| 2 | Monica Avlesbug | 95 | Klepp | | _____ |
| 3 | Solveig Vuilliomenet | 94 | Klepp | 1.29,21 | _____ |
| 4 | Ulrikke Rein | 98 | Madla SK | 1.40,71 | _____ |
| 5 | Jasmine Rød | 96 | Madla SK | | _____ |

Heat 2

| | | | | | |
|---|---------------------|----|----------|---------|-------|
| 1 | Christine Arctander | 93 | Madla SK | 1.23,30 | _____ |
| 2 | Vilde Tengedal | 96 | Bryne SK | 1.19,68 | _____ |
| 3 | Oda Gjerde | 95 | Bryne SK | 1.18,68 | _____ |
| 4 | Siv Vuilliomenet | 92 | Klepp | 1.19,54 | _____ |
| 5 | Line Nilsson | 94 | Madla SK | 1.20,86 | _____ |

Øvelse 7. 100m butterfly, herrer**Heat 1**

| | | | | | |
|---|--------------------------|----|--------------|---------|-------|
| 1 | | | | | _____ |
| 2 | Bjørn Stian Vuilliomenet | 96 | Klepp | 1.32,38 | _____ |
| 3 | Hoby Andrian | 95 | Klepp | 1.15,97 | _____ |
| 4 | Maurice Sudkamp | 97 | Randaberg IL | 1.28,01 | _____ |
| 5 | | | | | _____ |

Øvelse 8. 100m butterfly, damer**Heat 1**

| | | | | | |
|---|------------------------|----|--------------|---------|-------|
| 1 | | | | | _____ |
| 2 | Inger Husveg | 92 | Klepp | 1.19,44 | _____ |
| 3 | Maren Larsen | 94 | Madla SK | 1.14,94 | _____ |
| 4 | Vannja Celine Brunsvik | 93 | Haugesund SK | 1.17,33 | _____ |
| 5 | Trine Friestad | 94 | Bryne SK | 1.38,56 | _____ |

Øvelse 9. 50m fri, herrer**Heat 1**

| | | | | |
|---|-------------------------|----|----------|-------|
| 1 | Håvard Nevestveit Barøy | 98 | Klepp | _____ |
| 2 | Jakob Skaftun | 99 | Madla SK | _____ |
| 3 | Olav Nevestveit Barøy | 99 | Klepp | _____ |
| 4 | Olav Rune Arctander | 99 | Madla SK | _____ |
| 5 | Hector Moland | 99 | Madla SK | _____ |

Heat 2

| | | | | |
|---|---------------------------|----|--------------|-------|
| 1 | Eskild Strand | 99 | Madla SK | _____ |
| 2 | Jonas Østenstad | 98 | Haugesund SK | 39,87 |
| 3 | Kristian Markhus Endresen | 98 | Haugesund SK | 37,68 |
| 4 | Haakon Buckland | 96 | Haugesund SK | 38,27 |
| 5 | Viktor Hermansen | 97 | Klepp | 40,34 |

Heat 3

| | | | | |
|---|--------------------------|------|-------------|-------|
| 1 | Erik Gjesdal | 95 | Bryne SK | 35,42 |
| 2 | Thomas A Fardal | 97 | Egersund SK | 32,60 |
| 3 | Arild Bråten | D-66 | ROMA | 27,05 |
| 4 | Hoby Andrian | 95 | Klepp | 29,27 |
| 5 | Bjørn Stian Vuilliomenet | 96 | Klepp | 32,84 |

Øvelse 10. 50m fri, damer**Heat 1**

| | | | | |
|---|----------------------|----|----------|-------|
| 1 | | | | |
| 2 | Iris Aikio | 98 | Madla SK | _____ |
| 3 | Ida Elisabeth Tokvam | 97 | Madla SK | _____ |
| 4 | Mathilde Arctander | 95 | Madla SK | _____ |
| 5 | | | | |

Heat 2

| | | | | |
|---|---------------------|----|----------|-------|
| 1 | | | | |
| 2 | Emilie Nilo Nilsen | 98 | Madla SK | _____ |
| 3 | Sara Kjær | 98 | Klepp | 45,04 |
| 4 | Marit Haram Hjelmås | 99 | Madla SK | _____ |
| 5 | Mari Bråten | 98 | Madla SK | _____ |

Heat 3

| | | | | |
|---|------------------------|----|-------------|-------|
| 1 | Marthe Bjørnevik | 98 | Bryne SK | 44,53 |
| 2 | Bjørg Marie Pollestad | 97 | Klepp | 43,10 |
| 3 | Martine Borsheim | 95 | Klepp | 41,93 |
| 4 | Marta-Johanne Svendsen | 95 | Egersund SK | 42,21 |
| 5 | Stine Bertelsen | 99 | Bryne SK | 44,00 |

Heat 4

| | | | | |
|---|---------------------------|----|-------------|-------|
| 1 | Ena Kjær | 96 | Klepp | 40,94 |
| 2 | Hanne Reime | 98 | Bryne SK | 38,21 |
| 3 | Trine Friestad | 94 | Bryne SK | 33,67 |
| 4 | Malin G. Larsen | 92 | Egersund SK | 36,60 |
| 5 | Ingrid Elise Berge Jensen | 98 | Madla SK | 40,75 |

Heat 5

| | | | | |
|---|-------------------------|----|--------------|-------|
| 1 | Raili Karoline Haagenen | 96 | Haugesund SK | 33,57 |
| 2 | Julie Svanes | 93 | Egersund SK | 32,91 |
| 3 | Renate Laupstad | 92 | Egersund SK | 32,15 |
| 4 | Inger Husveg | 92 | Klepp | 32,68 |
| 5 | Monica Avlesbug | 95 | Klepp | 32,98 |

Heat 6

| | | | | | |
|---|----------------------|----|----------|-------|-------|
| 1 | Solveig Vuilliomenet | 94 | Klepp | 31,55 | _____ |
| 2 | Line Nilsson | 94 | Madla SK | 29,88 | _____ |
| 3 | Christine Arctander | 93 | Madla SK | 29,41 | _____ |
| 4 | Maren Larsen | 94 | Madla SK | 29,84 | _____ |
| 5 | Siv Vuilliomenet | 92 | Klepp | 31,03 | _____ |

Øvelse 11. 200m rygg, herrer**Heat 1**

| | | | | | |
|---|------------------|----|----------|---------|-------|
| 1 | | | | | _____ |
| 2 | Stian Saurdal | 95 | Bryne SK | | _____ |
| 3 | Tim Samuelsen | 97 | Madla SK | 4.08,15 | _____ |
| 4 | Mathias Aarsland | 96 | Bryne SK | | _____ |
| 5 | | | | | _____ |

Heat 2

| | | | | | |
|---|-------------------------|----|-----------------|---------|-------|
| 1 | | | | | _____ |
| 2 | Erik Årslund Gidskehaug | 97 | Bryne SK | 2.52,39 | _____ |
| 3 | Henrik Wathne | 94 | Bærumssvømmerne | 2.19,90 | _____ |
| 4 | Bjørn Eikanger Hanssen | 95 | Bryne SK | 2.34,13 | _____ |
| 5 | Yonathan D. Heij | 95 | Haugesund SK | 3.07,86 | _____ |

Øvelse 12. 200m rygg, damer**Heat 1**

| | | | | | |
|---|-------------------------|----|--------------|---------|-------|
| 1 | | | | | _____ |
| 2 | Siv Vuilliomenet | 92 | Klepp | 3.26,83 | _____ |
| 3 | Oda Gjerde | 95 | Bryne SK | 2.39,49 | _____ |
| 4 | Vilde Tengedal | 96 | Bryne SK | 2.42,78 | _____ |
| 5 | Raili Karoline Haagenen | 96 | Haugesund SK | | _____ |

Øvelse 13. 50m butterfly, herrer**Heat 1**

| | | | | | |
|---|---------------------------|----|--------------|-------|-------|
| 1 | | | | | _____ |
| 2 | Kristian Markhus Endresen | 98 | Haugesund SK | | _____ |
| 3 | Erling Belaska | 98 | Madla SK | 55,87 | _____ |
| 4 | Stian Saurdal | 95 | Bryne SK | | _____ |
| 5 | | | | | _____ |

Heat 2

| | | | | | |
|---|------------------|----|--------------|-------|-------|
| 1 | | | | | _____ |
| 2 | Barneby Baines | 98 | Madla SK | 49,40 | _____ |
| 3 | Thomas A Fardal | 97 | Egersund SK | 38,19 | _____ |
| 4 | Viktor Hermansen | 97 | Klepp | 46,65 | _____ |
| 5 | Haakon Buckland | 96 | Haugesund SK | 53,19 | _____ |

Heat 3

| | | | | | |
|---|--------------------------|------|--------------|-------|-------|
| 1 | Yonathan D. Heij | 95 | Haugesund SK | 37,87 | _____ |
| 2 | Hoby Andrian | 95 | Klepp | 31,72 | _____ |
| 3 | Arild Bråten | D-66 | ROMA | 28,63 | _____ |
| 4 | Vegard Belaska | 93 | Madla SK | 29,87 | _____ |
| 5 | Bjørn Stian Vuilliomenet | 96 | Klepp | 37,33 | _____ |

Øvelse 14. 50m butterfly, damer**Heat 1**

| | | | | | |
|---|-----------------------|----|----------|-------|-------|
| 1 | | | | | |
| 2 | Stine Bertelsen | 99 | Bryne SK | | _____ |
| 3 | Bjørg Marie Pollestad | 97 | Klepp | 48,54 | _____ |
| 4 | Mari Bråten | 98 | Madla SK | | _____ |
| 5 | Monica Avlesbug | 95 | Klepp | | _____ |

Heat 2

| | | | | | |
|---|---------------------------|----|--------------|-------|-------|
| 1 | Ulrikke Rein | 98 | Madla SK | 45,72 | _____ |
| 2 | Malin G. Larsen | 92 | Egersund SK | 42,54 | _____ |
| 3 | Raili Karoline Haagensen | 96 | Haugesund SK | 39,05 | _____ |
| 4 | Trine Friestad | 94 | Bryne SK | 39,68 | _____ |
| 5 | Ingrid Elise Berge Jensen | 98 | Madla SK | 42,54 | _____ |

Heat 3

| | | | | | |
|---|------------------------|----|--------------|-------|-------|
| 1 | Julie Svanes | 93 | Egersund SK | 37,07 | _____ |
| 2 | Renate Laupstad | 92 | Egersund SK | 35,39 | _____ |
| 3 | Vannja Celine Brunsvik | 93 | Haugesund SK | 32,03 | _____ |
| 4 | Inger Husveg | 92 | Klepp | 34,45 | _____ |
| 5 | Solveig Vuillioenenet | 94 | Klepp | 36,14 | _____ |

Øvelse 15. 4*100m fri, herrer**Heat 1**

| | | | | | |
|---|-----------------|----|----------|--|-------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | Bryne SK G1 jr. | JR | Bryne SK | | _____ |
| 4 | | | | | |
| 5 | | | | | |

Øvelse 16. 4*100m fri, damer**Heat 1**

| | | | | | |
|---|-----------------|----|----------|--|-------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | Bryne SK J1 jr. | JR | Bryne SK | | _____ |
| 4 | Klepp J1 jr. | JR | Klepp | | _____ |
| 5 | | | | | |

Øvelse 19. 100m bryst, herrer**Heat 1**

| | | | | | |
|---|------------------|----|--------------|---------|-------|
| 1 | | | | | |
| 2 | Barneby Baines | 98 | Madla SK | 2.04,87 | _____ |
| 3 | Mathias Aarsland | 96 | Bryne SK | 2.00,00 | _____ |
| 4 | Jonas Østenstad | 98 | Haugesund SK | 2.00,59 | _____ |
| 5 | | | | | |

Heat 2

| | | | | | |
|---|---------------------------|----|--------------|---------|-------|
| 1 | | | | | |
| 2 | Haakon Buckland | 96 | Haugesund SK | 1.59,37 | _____ |
| 3 | Kristian Markhus Endresen | 98 | Haugesund SK | 1.53,72 | _____ |
| 4 | Erling Belaska | 98 | Madla SK | 1.57,83 | _____ |
| 5 | | | | | |

Heat 3

| | | | | | |
|---|---------------------------|----|-----------------|---------|-------|
| 1 | Bjørn Stian Vuillioinenet | 96 | Klepp | 1.36,57 | _____ |
| 2 | Thomas A Fardal | 97 | Egersund SK | 1.27,75 | _____ |
| 3 | Henrik Wathne | 94 | Bærumssvømmerne | 1.19,72 | _____ |
| 4 | Bjørn Eikanger Hanssen | 95 | Bryne SK | 1.25,34 | _____ |
| 5 | Erik Årsland Gidskehaug | 97 | Bryne SK | 1.35,12 | _____ |

Øvelse 20. 100m bryst, damer**Heat 1**

| | | | | | |
|---|-----------------------|----|----------|---------|-------|
| 1 | | | | | |
| 2 | Mari Bråten | 98 | Madla SK | | _____ |
| 3 | Björg Marie Pollestad | 97 | Klepp | 1.58,60 | _____ |
| 4 | Marthe Bjørnevik | 98 | Bryne SK | | _____ |
| 5 | | | | | |

Heat 2

| | | | | | |
|---|----------------------|----|-------------|---------|-------|
| 1 | | | | | |
| 2 | Ann Vilde Kristensen | 97 | Madla SK | 1.53,18 | _____ |
| 3 | Malin G. Larsen | 92 | Egersund SK | 1.47,30 | _____ |
| 4 | Nora Flåten | 96 | Klepp | 1.51,61 | _____ |
| 5 | Ena Kjær | 96 | Klepp | 1.57,51 | _____ |

Heat 3

| | | | | | |
|---|--------------------------|----|--------------|---------|-------|
| 1 | Raili Karoline Haagensen | 96 | Haugesund SK | 1.40,39 | _____ |
| 2 | Ulrikke Rein | 98 | Madla SK | 1.39,10 | _____ |
| 3 | Marte Staveland | 95 | Madla SK | 1.34,90 | _____ |
| 4 | Monica Avlesbug | 95 | Klepp | 1.35,45 | _____ |
| 5 | Siv Vuillioinenet | 92 | Klepp | 1.39,77 | _____ |

Heat 4

| | | | | | |
|---|------------------------|----|--------------|---------|-------|
| 1 | Inger Husveg | 92 | Klepp | 1.34,70 | _____ |
| 2 | Christine Arctander | 93 | Madla SK | 1.29,53 | _____ |
| 3 | Vilde Tengedal | 96 | Bryne SK | 1.28,14 | _____ |
| 4 | Oda Gjerde | 95 | Bryne SK | 1.29,42 | _____ |
| 5 | Vannja Celine Brunsvik | 93 | Haugesund SK | 1.31,71 | _____ |

Øvelse 21. 200m butterfly, herrer**Heat 1**

| | | | | |
|---|--------------|----|-------|-------|
| 1 | | | | |
| 2 | | | | |
| 3 | Hoby Andrian | 95 | Klepp | _____ |
| 4 | | | | |
| 5 | | | | |

Øvelse 23. 4*100m lag medley, herrer**Heat 1**

| | | | | |
|---|-----------------|----|----------|-------|
| 1 | | | | |
| 2 | | | | |
| 3 | Bryne SK G1 jr. | JR | Bryne SK | _____ |
| 4 | | | | |
| 5 | | | | |

Øvelse 24. 4*100m lag medley, damer**Heat 1**

| | | | | |
|---|-----------------|----|----------|-------|
| 1 | | | | |
| 2 | | | | |
| 3 | Bryne SK J1 jr. | JR | Bryne SK | _____ |
| 4 | Klepp J1 jr. | JR | Klepp | _____ |
| 5 | | | | |

Øvelse 25. 50m rygg, herrer**Heat 1**

| | | | | | |
|---|-----------------|----|-----------------|-------|-------|
| 1 | Erik Gjesdal | 95 | Bryne SK | | _____ |
| 2 | Thomas A Fardal | 97 | Egersund SK | 37,60 | _____ |
| 3 | Henrik Wathne | 94 | Bærumssvømmerne | 30,83 | _____ |
| 4 | Hoby Andrian | 95 | Klepp | 33,49 | _____ |
| 5 | Håkon Bergersen | 99 | Madla SK | | _____ |

Øvelse 26. 50m rygg, damer**Heat 1**

| | | | | | |
|---|-------------------------|----|----------|--|-------|
| 1 | | | | | |
| 2 | Emilie Nilo Nilsen | 98 | Madla SK | | _____ |
| 3 | Sara Kjær | 98 | Klepp | | _____ |
| 4 | Carmela Alonzo Ullestad | 98 | Madla SK | | _____ |
| 5 | | | | | |

Heat 2

| | | | | | |
|---|-----------------------|----|----------|-------|-------|
| 1 | | | | | |
| 2 | Marthe Bjørnevik | 98 | Bryne SK | 55,83 | _____ |
| 3 | Stine Bertelsen | 99 | Bryne SK | 49,59 | _____ |
| 4 | Björg Marie Pollestad | 97 | Klepp | 50,23 | _____ |
| 5 | Vivian Asplin | 96 | Madla SK | | _____ |

Heat 3

| | | | | | |
|---|-------------------|----|----------|-------|-------|
| 1 | Martine Borsheim | 95 | Klepp | 46,77 | _____ |
| 2 | Jasmine Rød | 96 | Madla SK | 44,29 | _____ |
| 3 | Siv Vuillioinenet | 92 | Klepp | 35,84 | _____ |
| 4 | Sigrun Idsøe | 96 | Madla SK | 44,06 | _____ |
| 5 | Ena Kjær | 96 | Klepp | 45,09 | _____ |

Øvelse 27. 100m fri, herrer**Heat 1**

| | | | | | |
|---|---------------------------|----|--------------|---------|-------|
| 1 | | | | | |
| 2 | Håkon Bergersen | 99 | Madla SK | | _____ |
| 3 | Kristian Markhus Endresen | 98 | Haugesund SK | 1.34,41 | _____ |
| 4 | Eavan Pattie | 98 | Madla SK | | _____ |
| 5 | | | | | |

Heat 2

| | | | | | |
|---|------------------|----|--------------|---------|-------|
| 1 | Haakon Buckland | 96 | Haugesund SK | 1.30,94 | _____ |
| 2 | Mathias Aarsland | 96 | Bryne SK | 1.27,56 | _____ |
| 3 | Barneby Baines | 98 | Madla SK | 1.25,55 | _____ |
| 4 | Erling Belaska | 98 | Madla SK | 1.25,99 | _____ |
| 5 | Jonas Østenstad | 98 | Haugesund SK | 1.30,88 | _____ |

Heat 3

| | | | | | |
|---|--------------------------|----|--------------|---------|-------|
| 1 | Stian Saurdal | 95 | Bryne SK | 1.23,28 | _____ |
| 2 | Yonathan D. Heij | 95 | Haugesund SK | 1.14,71 | _____ |
| 3 | Sondre Eikanger Hanssen | 91 | Bryne SK | 1.00,77 | _____ |
| 4 | Bjørn Stian Vuilliomenet | 96 | Klepp | 1.12,34 | _____ |
| 5 | Erik Gjesdal | 95 | Bryne SK | 1.21,15 | _____ |

Øvelse 28. 100m fri, damer**Heat 1**

| | | | | | |
|---|-------------------------|----|----------|--|-------|
| 1 | | | | | |
| 2 | Carmela Alonzo Ullestad | 98 | Madla SK | | _____ |
| 3 | Sigrun Idsøe | 96 | Madla SK | | _____ |
| 4 | Vivian Asplin | 96 | Madla SK | | _____ |
| 5 | | | | | |

Heat 2

| | | | | | |
|---|----------------------|----|----------|---------|-------|
| 1 | | | | | |
| 2 | Ann Vilde Kristensen | 97 | Madla SK | 1.35,44 | _____ |
| 3 | Nora Flåten | 96 | Klepp | 1.27,07 | _____ |
| 4 | Ulrikke Rein | 98 | Madla SK | 1.29,58 | _____ |
| 5 | Stine Bertelsen | 99 | Bryne SK | 1.37,81 | _____ |

Heat 3

| | | | | | |
|---|--------------------------|----|--------------|---------|-------|
| 1 | Jasmine Rød | 96 | Madla SK | 1.27,04 | _____ |
| 2 | Malin G. Larsen | 92 | Egersund SK | 1.20,03 | _____ |
| 3 | Raili Karoline Haagensen | 96 | Haugesund SK | 1.15,15 | _____ |
| 4 | Trine Friestad | 94 | Bryne SK | 1.16,53 | _____ |
| 5 | Hanne Reime | 98 | Bryne SK | 1.24,04 | _____ |

Heat 4

| | | | | | |
|---|------------------------|----|--------------|---------|-------|
| 1 | May Synnøve Bartlett | 95 | Madla SK | 1.13,82 | _____ |
| 2 | Marte Staveland | 95 | Madla SK | 1.12,87 | _____ |
| 3 | Vannja Celine Brunsvik | 93 | Haugesund SK | 1.09,57 | _____ |
| 4 | Renate Laupstad | 92 | Egersund SK | 1.09,99 | _____ |
| 5 | Inger Husveg | 92 | Klepp | 1.13,73 | _____ |

Øvelse 29. 100m individuell medley, herrer**Heat 1**

| | | | | | |
|---|-------------------------|------|-----------------|---------|-------|
| 1 | | | | | |
| 2 | Hoby Andrian | 95 | Klepp | 1.13,35 | _____ |
| 3 | Geir Andersen Patursson | D-68 | ROMA | 1.02,96 | _____ |
| 4 | Henrik Wathne | 94 | Bærumssvømmerne | 1.08,10 | _____ |
| 5 | Thomas A Fardal | 97 | Egersund SK | 1.22,84 | _____ |

Øvelse 30. 100m individuell medley, damer**Heat 1**

| | | | | | |
|---|----------------------|----|----------|--|-------|
| 1 | | | | | |
| 2 | Stine Bertelsen | 99 | Bryne SK | | _____ |
| 3 | Emilie Nilo Nilsen | 98 | Madla SK | | _____ |
| 4 | Ann Vilde Kristensen | 97 | Madla SK | | _____ |
| 5 | | | | | |

Heat 2

| | | | | | |
|---|-----------------------|----|-------------|---------|-------|
| 1 | Bjørg Marie Pollestad | 97 | Klepp | 1.52,09 | _____ |
| 2 | Siv Vuillioinenet | 92 | Klepp | 1.20,92 | _____ |
| 3 | Christine Arctander | 93 | Madla SK | 1.18,22 | _____ |
| 4 | Renate Laupstad | 92 | Egersund SK | 1.19,99 | _____ |
| 5 | Ena Kjær | 96 | Klepp | 1.45,56 | _____ |

Øvelse 31. 200m bryst, herrer**Heat 1**

| | | | | | |
|---|---------------------------|----|-----------------|---------|-------|
| 1 | Kristian Markhus Endresen | 98 | Haugesund SK | 4.04,97 | _____ |
| 2 | Erik Årslund Gidskehaug | 97 | Bryne SK | 3.19,55 | _____ |
| 3 | Henrik Wathne | 94 | Bærumssvømmerne | 2.52,14 | _____ |
| 4 | Bjørn Eikanger Hanssen | 95 | Bryne SK | 3.02,06 | _____ |
| 5 | Bjørn Stian Vuillioinenet | 96 | Klepp | 3.34,27 | _____ |

Øvelse 32. 200m bryst, damer**Heat 1**

| | | | | | |
|---|------------------------|----|--------------|---------|-------|
| 1 | Inger Husveg | 92 | Klepp | 3.22,93 | _____ |
| 2 | May Synnøve Bartlett | 95 | Madla SK | 3.12,04 | _____ |
| 3 | Vilde Tengesdal | 96 | Bryne SK | 3.02,45 | _____ |
| 4 | Oda Gjerde | 95 | Bryne SK | 3.05,81 | _____ |
| 5 | Vannja Celine Brunsvik | 93 | Haugesund SK | 3.18,35 | _____ |