

Øvelse 1. 4*100m fri, herrer**Senior**

1p	Team Stavanger G1 sr.	SR	Team Stavanger	3.36,71	684
	Bjarte Ravndal:	25,14(25,14)	52,57(27,43)	52,57	
	Ole Martin Grytten Ree:	1.18,56(25,99)	1.46,79(28,23)	54,22	
	Erlend Tveteraas:	2.14,26(27,47)	2.44,95(30,69)	58,16	
	Jørgen Møllerop:	3.09,66(24,71)	3.36,71(27,05)	51,76	
2p	Madla SK G1 sr.	SR	Madla SK	4.00,21	502
	Stian With Bjørnstad:	27,99(27,99)	58,90(30,91)	58,90	
	Øyvind Malde:	1.28,37(29,47)	2.01,55(33,18)	1.02,65	
	Steffen Larsen:	2.29,73(28,18)	3.01,72(31,99)	1.00,17	
	Vegard Belaska:	3.29,48(27,76)	4.00,21(30,73)	58,49	

Øvelse 2. 4*50m fri, damer**Senior**

1p	Team Stavanger J1 sr.	SR	Team Stavanger	1.51,87	703
	Victoria Rung:	28,05(28,05)			
	Marthe Berg Sørensen:	55,98(27,93)			
	Trine Hovda:	1.24,14(28,16)			
	Mari Ask Rasmussen:	1.51,87(27,73)			
2p	Madla SK J1 jr.	JR	Madla SK	1.57,90	601
	Maria Thompson Clausen:	29,07(29,07)			
	Line Nilsson:	58,92(29,85)			
	Maren Larsen:	1.28,27(29,35)			
	Renate Aasland Ranaweera:	1.57,90(29,63)			
3p	Madla SK J2 jr.	JR	Madla SK	2.11,22	435
	Mari Mjøllhus Kristoffersen:	30,99(30,99)			
	May Synnøve Bartlett:	1.05,39(34,40)			
	Malin Klungtveit:	1.38,80(33,41)			
	Aleksandra Berge:	2.11,22(32,42)			

Øvelse 3. 50m bryst, herrer**Senior**

1p	Morten Jarland	80	ROMA	31,26	609
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Eldre junior

1p	Erling Mjøs Brattelid	91	TS/Sola	31,25	609
2p	Glenn Skjæveland	92	Sandnes SLK	33,68	487
3p	Vegard Belaska	93	Madla SK	35,30	423
4	Øyvind Malde	92	Madla SK	35,81	405
5	Alexander Svanevik Nilsen	93	Stavanger SC	36,28	389
	Asbjørn Skogen	93	Randaberg IL	DISK	

Yngre junior

1p	Ivan Aleksander Larsen	95	Karmøy SK	35,18	427
2p	Magnus Møkster	94	Frisinn SK	36,36	387
3p	Daniel Sandhåland	95	Karmøy SK	36,44	384
4	Vincent Skage	94	Karmøy SK	36,79	373
5	Bjørnar Ulvang	94	Lund SK	36,90	370
6	Sindre Aasland Ranaweera	96	Madla SK	37,50	352
7	Marius Skogen	95	Randaberg IL	39,05	312

Snorre Andreas Røkbuvold	94	Lund SK		DISK
Martin Langeland-Knudsen	96	Sola SK		DISK

Øvelse 4. 50m rygg, damer**Senior**

1p	Ida Nordbø	89	TS/Madla	(0,70)	31,92	618
2p	Vibeke Brigg	89	TS/Madla	(0,82)	33,08	555

Eldre junior

1p	Cecilie W. Johannessen	90	Karmøy SK	(0,67)	30,83	685
2p	Victoria Rung	92	TS/Frisinn	(0,71)	32,51	585
3p	Vanessa Tuxen	92	Sola SK	(0,73)	32,52	584
4	Monica W. Johannessen	90	Karmøy SK	(0,69)	32,64	578
5	Nicole Egeland	93	Sandnes SLK	(0,63)	32,86	566
6	Stine Mjølhus Kristoffersen	93	TS/Frisinn	(0,70)	34,95	470
7	Ingeborg Ueland	91	Sola SK	(0,81)	37,85	370

Yngre junior

1p	Maren Larsen	94	Madla SK	(0,83)	35,58	446
2p	Camilla Mangersnes Birkeland	96	Haugesund SK	(0,86)	36,53	412
3p	Silje Undheim	94	Sandnes SLK	(0,77)	36,81	403
4	Regine Sjørdal Lindanger	96	Frisinn SK	(0,75)	37,66	376

Øvelse 5. 100m individuell medley, herrer**Senior**

1p	Lars Einar Borsheim	80	TS/Madla		1.02,49	609
	29,05(29,05)				1.02,49(33,44)	
2p	Stian With Bjørnstad	87	Madla SK		1.05,57	527
	30,21(30,21)				1.05,57(35,36)	

Eldre junior

1p	Ole Martin Grytten Ree	92	TS/Sola		1.01,03	653
	28,65(28,65)				1.01,03(32,38)	
2p	Erling Mjøs Brattelid	91	TS/Sola		1.04,51	553
	30,94(30,94)				1.04,51(33,57)	
3p	Erlend Tveteraas	91	TS/Madla		1.06,23	511
	30,34(30,34)				1.06,23(35,89)	
4	Steffen Larsen	91	Madla SK		1.07,88	475
	32,47(32,47)				1.07,88(35,41)	
5	Børre Bastiqkeit	92	Haugesund SK		1.08,33	465
	31,26(31,26)				1.08,33(37,07)	
6	Ørjan Monsen	92	Sola SK		1.08,79	456
	32,12(32,12)				1.08,79(36,67)	
7	Asbjørn Skogen	93	Randaberg IL		1.11,40	408
	35,02(35,02)				1.11,40(36,38)	
8	Øyvind Malde	92	Madla SK		1.12,92	383
	34,54(34,54)				1.12,92(38,38)	
9	Fredrik Berntsen	90	Stavanger SC		1.16,09	337
	32,76(32,76)				1.16,09(43,33)	

Yngre junior

1p	Gaute Ravndal 30,21(30,21)	94	Sola SK	1.05,67	524
2p	Morten Bordevich 32,05(32,05)	94	Sola SK	1.10,64	421
3p	Daniel Sandhåland 32,34(32,34)	95	Karmøy SK	1.10,79	418
4	Magnus Møkster 33,61(33,61)	94	Frisinn SK	1.11,37	408
5	Håkon P Ludvigsen 33,56(33,56)	96	Randaberg IL	1.14,85	354
6	Vincent Skage 35,79(35,79)	94	Karmøy SK	1.15,52	345
	Trond Vasslag	94	Stavanger SC	DISK	
	Martin Langeland-Knudsen	96	Sola SK	DISK	

Øvelse 6. 100m individuell medley, damer

Senior

1p	Mari Ask Rasmussen 32,48(32,48)	86	TS/SVK	1.09,58	640
2p	Ida Nordbø 32,13(32,13)	89	TS/Madla	1.12,37	569
3p	Christine Ørland 34,07(34,07)	88	TS/Madla	1.12,39	569
4	Vibeke Brigg 33,56(33,56)	89	TS/Madla	1.13,93	534

Eldre junior

1p	Victoria Rung 32,03(32,03)	92	TS/Frisinn	1.08,48	672
2p	Monica W. Johannessen 32,13(32,13)	90	Karmøy SK	1.08,58	669
3p	Trine Hovda 31,87(31,87)	90	TS/Madla	1.08,88	660
4	Stine Mjølhus Kristoffersen 34,11(34,11)	93	TS/Frisinn	1.11,97	579
5	Maren Kristine Jansen 33,56(33,56)	90	TS/Randaberg	1.13,34	547
6	Nicole Egeland 33,35(33,35)	93	Sandnes SLK	1.14,18	528
7	Vannja Celine Brunsvik 35,61(35,61)	93	Haugesund SK	1.20,44	414
8	Ingeborg Ueland 39,20(39,20)	91	Sola SK	1.22,47	384

Yngre junior

1p	Eva Marie Wilson Østerhus 32,87(32,87)	94	TS/Madla	1.10,23	623
2p	Ingalill Urrang Naustvik 34,55(34,55)	95	Karmøy SK	1.12,42	568
3p	Maria Thompson Clausen 35,07(35,07)	96	Madla SK	1.12,98	555
4	Maria Wigestrånd 35,32(35,32)	94	Sola SK	1.14,86	514
5	Mari Mjølhus Kristoffersen 35,82(35,82)	95	Madla SK	1.15,63	499

6	Marie Heines Pettersen	96	Sandnes SLK	1.16,63	479
	36,33(36,33)	1.16,63(40,30)			
7	Aleksandra Berge	94	Madla SK	1.18,59	444
	36,98(36,98)	1.18,59(41,61)			
8	Silje Undheim	94	Sandnes SLK	1.21,08	405
	37,62(37,62)	1.21,08(43,46)			
9	Camilla Mangersnes Birkeland	96	Haugesund SK	1.21,60	397
	38,14(38,14)	1.21,60(43,46)			
10	Malin Klungtveit	96	Madla SK	1.22,83	379
	39,61(39,61)	1.22,83(43,22)			
11	Regine Sjørdal Lindanger	96	Frisinn SK	1.23,41	372
	38,52(38,52)	1.23,41(44,89)			
12	Cecilie E. Olsen	94	Sandnes SLK	1.24,13	362
	39,63(39,63)	1.24,13(44,50)			
13	May Synnøve Bartlett	95	Madla SK	1.25,15	349
	40,89(40,89)	1.25,15(44,26)			
14	Jacqueline PC Gale	94	Madla SK	1.32,83	269
	43,83(43,83)	1.32,83(49,00)			

Øvelse 7. 1500m fri, herrer

Eldre junior

1p	Bjarte Ravndal	91	TS/Sola	16.42,07	658
	30,12(30,12)	1.05,29(35,17)	1.39,50(34,21)	2.13,73(34,23)	
	2.46,68(32,95)	3.20,28(33,60)	3.53,96(33,68)	4.27,06(33,10)	
	5.00,99(33,93)	5.34,19(33,20)	6.07,39(33,20)	6.40,79(33,40)	
	7.13,88(33,09)	7.46,92(33,04)	8.20,50(33,58)	8.53,59(33,09)	
	9.26,70(33,11)	10.00,34(33,64)	10.33,93(33,59)	11.07,18(33,25)	
	11.40,23(33,05)	12.14,51(34,28)	12.48,00(33,49)	13.21,48(33,48)	
	13.55,44(33,96)	14.29,41(33,97)	15.03,46(34,05)	15.36,97(33,51)	
	16.09,83(32,86)	16.42,07(32,24)			
2p	Øystein Fjeldberg	93	Randaberg IL	17.24,89	581
	30,86(30,86)	1.05,24(34,38)	1.39,52(34,28)	2.14,27(34,75)	
	2.48,80(34,53)	3.23,40(34,60)	3.58,28(34,88)	4.33,41(35,13)	
	5.08,38(34,97)	5.43,32(34,94)	6.18,77(35,45)	6.53,79(35,02)	
	7.28,68(34,89)	8.03,70(35,02)	8.38,54(34,84)	9.13,73(35,19)	
	9.49,53(35,80)	10.24,37(34,84)	10.59,23(34,86)	11.34,61(35,38)	
	12.09,57(34,96)	12.45,24(35,67)	13.20,50(35,26)	13.55,72(35,22)	
	14.30,99(35,27)	15.06,48(35,49)	15.41,43(34,95)	16.16,50(35,07)	
	16.50,93(34,43)	17.24,89(33,96)			
3p	Simon Høisæter	93	Haugesund SK	19.26,20	417
	34,41(34,41)	1.12,97(38,56)	1.52,40(39,43)	2.31,24(38,84)	
	3.10,11(38,87)	3.49,63(39,52)	4.28,97(39,34)	5.08,14(39,17)	
	5.47,42(39,28)	6.26,99(39,57)	7.06,03(39,04)	7.45,32(39,29)	
	8.24,80(39,48)	9.04,29(39,49)	9.43,94(39,65)	10.23,45(39,51)	
	11.02,70(39,25)	11.41,89(39,19)	12.22,07(40,18)	13.01,57(39,50)	
	13.40,86(39,29)	14.19,38(38,52)	14.58,21(38,83)	15.36,98(38,77)	
	16.16,25(39,27)	16.55,12(38,87)	17.33,63(38,51)	18.11,79(38,16)	
	18.50,21(38,42)	19.26,20(35,99)			

Yngre junior

1p	Ivan Aleksander Larsen	95	Karmøy SK	17.13,86	599
	30,17(30,17)	1.04,28(34,11)	1.39,20(34,92)	2.13,93(34,73)	
	2.48,43(34,50)	3.23,31(34,88)	3.58,29(34,98)	4.33,46(35,17)	
	5.08,59(35,13)	5.43,55(34,96)	6.18,51(34,96)	6.53,16(34,65)	
	7.27,84(34,68)	8.02,87(35,03)	8.37,55(34,68)	9.12,67(35,12)	
	9.47,38(34,71)	10.21,96(34,58)	10.56,83(34,87)	11.31,35(34,52)	
	12.06,33(34,98)	12.40,96(34,63)	13.15,81(34,85)	13.51,19(35,38)	
	14.25,98(34,79)	15.00,98(35,00)	15.35,57(34,59)	16.10,38(34,81)	
	16.42,77(32,39)	17.13,86(31,09)			
2p	Simen Alvestad	94	Karmøy SK	18.22,11	495
	31,46(31,46)	1.06,33(34,87)	1.41,76(35,43)	2.17,82(36,06)	
	2.54,28(36,46)	3.30,71(36,43)	4.07,82(37,11)	4.44,94(37,12)	
	5.22,29(37,35)	6.00,14(37,85)	6.37,72(37,58)	7.15,46(37,74)	
	7.52,92(37,46)	8.30,60(37,68)	9.07,58(36,98)	9.44,91(37,33)	

	10.22,14(37,23)	10.59,19(37,05)	11.35,81(36,62)	12.12,76(36,95)	
	12.50,05(37,29)	13.27,30(37,25)	14.05,31(38,01)	14.42,98(37,67)	
	15.20,69(37,71)	15.58,26(37,57)	16.35,22(36,96)	17.11,10(35,88)	
	17.47,13(36,03)	18.22,11(34,98)			
3p	Håkon P Ludvigsen	96	Randaberg IL	19.30,00	413
	33,34(33,34)	1.10,59(37,25)	1.49,84(39,25)	2.27,83(37,99)	
	3.06,65(38,82)	3.45,10(38,45)	4.24,28(39,18)	5.04,32(40,04)	
	5.43,92(39,60)	6.23,04(39,12)	7.01,68(38,64)	7.40,82(39,14)	
	8.20,79(39,97)	9.00,04(39,25)	9.39,38(39,34)	10.19,42(40,04)	
	10.59,06(39,64)	11.35,81(36,75)	12.14,62(38,81)	12.55,49(40,87)	
	13.37,11(41,62)	14.17,86(40,75)	14.58,93(41,07)	15.38,57(39,64)	
	16.19,21(40,64)	16.59,22(40,01)	17.36,95(37,73)	18.15,73(38,78)	
	18.53,81(38,08)	19.30,00(36,19)			

Øvelse 8. 800m fri, damer

Eldre junior

1p	Cecilie W. Johannessen	90	Karmøy SK	8.57,73	790
	30,75(30,75)	1.04,03(33,28)	1.37,24(33,21)	2.11,29(34,05)	
	2.45,59(34,30)	3.19,21(33,62)	3.53,41(34,20)	4.28,03(34,62)	
	5.02,07(34,04)	5.36,65(34,58)	6.10,80(34,15)	6.45,17(34,37)	
	7.19,11(33,94)	7.52,66(33,55)	8.26,05(33,39)	8.57,73(31,68)	
2p	Marthe Berg Sørensen	92	TS/Frisinn	9.35,58	644
	31,47(31,47)	1.06,09(34,62)	1.42,16(36,07)	2.19,14(36,98)	
	2.55,67(36,53)	3.32,28(36,61)	4.09,14(36,86)	4.45,76(36,62)	
	5.22,28(36,52)	5.59,24(36,96)	6.35,68(36,44)	7.12,45(36,77)	
	7.48,59(36,14)	8.24,94(36,35)	9.00,84(35,90)	9.35,58(34,74)	
3p	Ingrid Wigestrånd	92	Sola SK	10.07,68	547
	33,37(33,37)	1.11,30(37,93)	1.50,02(38,72)	2.28,74(38,72)	
	3.07,82(39,08)	3.46,67(38,85)	4.26,05(39,38)	5.03,95(37,90)	
	5.42,06(38,11)	6.20,90(38,84)	6.59,29(38,39)	7.37,19(37,90)	
	8.15,33(38,14)	8.53,87(38,54)	9.31,59(37,72)	10.07,68(36,09)	
4	Renate Aasland Ranaweera	91	Madla SK	10.18,70	518
	33,32(33,32)	1.10,05(36,73)	1.48,04(37,99)	2.26,43(38,39)	
	3.05,40(38,97)	3.44,52(39,12)	4.23,34(38,82)	5.02,88(39,54)	
	5.42,43(39,55)	6.22,39(39,96)	7.02,40(40,01)	7.42,37(39,97)	
	8.22,21(39,84)	9.02,11(39,90)	9.40,94(38,83)	10.18,70(37,76)	
5	Julie Askeland	93	Haugesund SK	10.45,49	456
	37,64(37,64)	1.19,36(41,72)	2.00,20(40,84)	2.41,30(41,10)	
	3.22,61(41,31)	4.02,95(40,34)	4.44,04(41,09)	5.24,68(40,64)	
	6.05,64(40,96)	6.46,33(40,69)	7.26,59(40,26)	8.06,96(40,37)	
	8.47,18(40,22)	9.27,16(39,98)	10.07,06(39,90)	10.45,49(38,43)	

Yngre junior

1p	Line Nilsson	94	Madla SK	10.36,21	477
	34,78(34,78)	1.11,31(36,53)	1.49,31(38,00)	2.28,29(38,98)	
	3.08,11(39,82)	3.48,01(39,90)	4.28,19(40,18)	5.08,63(40,44)	
	5.49,05(40,42)	6.29,78(40,73)	7.10,33(40,55)	7.51,45(41,12)	
	8.32,40(40,95)	9.13,85(41,45)	9.55,35(41,50)	10.36,21(40,86)	
2p	Silje Lilledahl	94	Haugesund SK	10.46,77	454
	36,89(36,89)	1.17,46(40,57)	1.58,57(41,11)	2.39,85(41,28)	
	3.21,75(41,90)	4.03,24(41,49)	4.44,63(41,39)	5.25,89(41,26)	
	6.07,11(41,22)	6.48,07(40,96)	7.29,15(41,08)	8.08,99(39,84)	
	8.49,07(40,08)	9.29,28(40,21)	10.08,61(39,33)	10.46,77(38,16)	

Øvelse 9. 4*200m fri, damer

Øvelse 10. 4*50m fri, herrer

Senior

1p	Team Stavanger G1 sr.	SR	Team Stavanger	1.40,28	630
	Bjarte Ravndal:	24,92(24,92)			
	Jørgen Møllerop:	49,40(24,48)			
	Lars Einar Borsheim:	1.15,48(26,08)			
	Ole Martin Grytten Ree:	1.40,28(24,80)			
2p	Madla SK G1 sr.	SR	Madla SK	1.49,74	481
	Øyvind Malde:	28,79(28,79)			
	Steffen Larsen:	55,71(26,92)			
	Stian With Bjørnstad:	1.23,30(27,59)			
	Vegard Belaska:	1.49,74(26,44)			
3p	Sola SK G1 jr.	JR	Sola SK	1.52,05	452
	Morten Bordevich:	27,52(27,52)			
	Martin Langeland-Knudsen:	1.00,17(32,65)			
	Ørjan Monsen:	1.26,77(26,60)			
	Gaute Ravndal:	1.52,05(25,28)			
4	Karmøy SK G1 jr.	JR	Karmøy SK	1.53,74	432
	Simen Alvestad:	27,67(27,67)			
	Vincent Skage:	58,27(30,60)			
	Daniel Sandhåland:	1.26,99(28,72)			
	Ivan Aleksander Larsen:	1.53,74(26,75)			

Øvelse 11. 400m individuell medley, damer

Eldre junior

1p	Cecilie W. Johannessen	90	Karmøy SK	5.01,80	726
	32,89(32,89)	1.09,47(36,58)	1.48,90(39,43)	2.26,27(37,37)	
	3.11,54(45,27)	3.58,01(46,47)	4.30,03(32,02)	5.01,80(31,77)	
2p	Victoria Rung	92	TS/Frisinn	5.09,52	673
	32,81(32,81)	1.10,14(37,33)	1.49,58(39,44)	2.28,83(39,25)	
	3.14,10(45,27)	3.59,81(45,71)	4.34,79(34,98)	5.09,52(34,73)	
3p	Stine Mjølhus Kristoffersen	93	TS/Frisinn	5.31,35	549
	34,50(34,50)	1.15,36(40,86)	1.58,18(42,82)	2.40,07(41,89)	
	3.26,51(46,44)	4.13,25(46,74)	4.53,32(40,07)	5.31,35(38,03)	

Yngre junior

1p	Maria Thompson Clausen	96	Madla SK	5.41,31	502
	36,48(36,48)	1.19,12(42,64)	2.04,43(45,31)	2.49,57(45,14)	
	3.36,56(46,99)	4.24,87(48,31)	5.03,67(38,80)	5.41,31(37,64)	
2p	Oda Gjerde	95	Bryne SK	5.47,77	474
	38,39(38,39)	1.24,42(46,03)	2.08,98(44,56)	2.52,28(43,30)	
	3.41,21(48,93)	4.30,74(49,53)	5.10,34(39,60)	5.47,77(37,43)	
3p	Aleksandra Berge	94	Madla SK	5.59,72	429
	37,52(37,52)	1.23,71(46,19)	2.10,36(46,65)	2.56,25(45,89)	
	3.44,97(48,72)	4.36,27(51,30)	5.19,19(42,92)	5.59,72(40,53)	
4	Malin Klungtveit	96	Madla SK	6.11,86	388
	39,68(39,68)	1.26,58(46,90)	2.16,28(49,70)	3.03,42(47,14)	
	3.55,47(52,05)	4.49,47(54,00)	5.31,75(42,28)	6.11,86(40,11)	
	Maren Larsen	94	Madla SK	BRUTT	

Øvelse 12. 100m butterfly, herrer

Senior

1p	Lars Einar Borsheim 29,02(29,02)	80	TS/Madla	1.01,30	572
2p	Stian With Bjørnstad 30,30(30,30)	87	Madla SK	1.04,63	488

Eldre junior

1p	Erling Mjøs Brattelid 29,42(29,42)	91	TS/Sola	1.02,10	550
2p	Bjarte Ravndal 29,87(29,87)	91	TS/Sola	1.03,67	510
3p	Børre Bastiqkeit 30,31(30,31)	92	Haugesund SK	1.07,55	427
4	Ørjan Monsen 32,17(32,17)	92	Sola SK	1.08,60	408
5	Henry Ravndal 31,78(31,78)	93	Sandnes SLK	1.09,62	390

Yngre junior

1p	Morten Bordevich 31,24(31,24)	94	Sola SK	1.06,27	452
	Sindre Aasland Ranaweera	96	Madla SK	BRUTT	

Øvelse 13. 100m fri, damer**Senior**

1p	Vibeke Brigg 30,22(30,22)	89	TS/Madla	1.04,63	548
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Eldre junior

1p	Cecilie W. Johannessen 28,47(28,47)	90	Karmøy SK	58,43	741
2p	Marthe Berg Sørensen 29,53(29,53)	92	TS/Frisinn	1.01,36	640
3p	Trine Hovda 29,65(29,65)	90	TS/Madla	1.02,19	615
4	Vanessa Tuxen 30,01(30,01)	92	Sola SK	1.02,33	610
5	Nicole Egeland 31,19(31,19)	93	Sandnes SLK	1.05,41	528
6	Renate Aasland Ranaweera 31,40(31,40)	91	Madla SK	1.05,82	518
7	Ingrid Wigestrands 31,54(31,54)	92	Sola SK	1.06,46	504
8	Maren Kristine Jansen 31,09(31,09)	90	TS/Randaberg	1.07,41	483
9	Julie Askeland 33,24(33,24)	93	Haugesund SK	1.08,91	452
10	Vannja Celine Brunsvik 33,68(33,68)	93	Haugesund SK	1.09,96	432
11	Renate Laupstad 33,70(33,70)	92	Egersund SK	1.11,03	412
12	Ingeborg Ueland 34,91(34,91)	91	Sola SK	1.11,99	396

Yngre junior

1p	Ingalill Urrang Naustvik	95	Karmøy SK	1.03,32	582
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	30,68(30,68)	1.03,32(32,64)			
2p	Marie Heines Pettersen	96	Sandnes SLK	1.04,52	550
	30,88(30,88)	1.04,52(33,64)			
3p	Maria Wigestrånd	94	Sola SK	1.04,57	549
	31,32(31,32)	1.04,57(33,25)			
4	Oda Gjerde	95	Bryne SK	1.07,82	474
	32,84(32,84)	1.07,82(34,98)			
5	Silje Lilledahl	94	Haugesund SK	1.10,55	421
	34,17(34,17)	1.10,55(36,38)			
6	Camilla Mangersnes Birkeland	96	Haugesund SK	1.11,79	399
	34,56(34,56)	1.11,79(37,23)			
7	Aleksandra Berge	94	Madla SK	1.12,98	380
	35,01(35,01)	1.12,98(37,97)			
8	Silje Undheim	94	Sandnes SLK	1.13,04	379
	34,45(34,45)	1.13,04(38,59)			
9	Cecilie E. Olsen	94	Sandnes SLK	1.13,10	378
	35,03(35,03)	1.13,10(38,07)			
10	May Synnøve Bartlett	95	Madla SK	1.14,96	351
	35,73(35,73)	1.14,96(39,23)			
11	Kaja Konow Grønseth	95	Frisinn SK	1.16,46	330
	36,98(36,98)	1.16,46(39,48)			
12	Jacqueline PC Gale	94	Madla SK	1.19,63	293
	37,34(37,34)	1.19,63(42,29)			

Øvelse 14. 200m rygg, herrer

Senior

1p	Jørgen Møllerop	88	TS/Madla	(0,69)	2.07,48	683
	30,66(30,66)	1.03,29(32,63)	1.35,68(32,39)	2.07,48(31,80)		

Eldre junior

1p	Erlend Tveteraas	91	TS/Madla	(0,63)	2.19,16	525
	31,57(31,57)	1.05,78(34,21)	1.41,67(35,89)	2.19,16(37,49)		
2p	Didrik Konow Grønseth	92	Frisinn SK	(0,66)	2.24,80	466
	32,97(32,97)	1.09,91(36,94)	1.48,17(38,26)	2.24,80(36,63)		
3p	Glenn Skjæveland	92	Sandnes SLK	(0,65)	2.26,89	446
	33,20(33,20)	1.10,37(37,17)	1.49,58(39,21)	2.26,89(37,31)		
4	Øystein Fjeldberg	93	Randaberg IL	(0,71)	2.28,80	429
	34,55(34,55)	1.12,10(37,55)	1.50,69(38,59)	2.28,80(38,11)		
5	Thomas Brustveit	93	Sandnes SLK	(0,77)	2.31,87	404
	35,15(35,15)	1.13,50(38,35)	1.52,95(39,45)	2.31,87(38,92)		
6	Alexander Svanevik Nilsen	93	Stavanger SC	(0,77)	2.35,77	374
	36,59(36,59)	1.16,18(39,59)	1.56,42(40,24)	2.35,77(39,35)		

Yngre junior

1p	Gaute Ravndal	94	Sola SK	(0,85)	2.18,25	535
	32,63(32,63)	1.08,03(35,40)	1.44,24(36,21)	2.18,25(34,01)		
2p	Simen Alvestad	94	Karmøy SK	(0,71)	2.24,23	471
	34,11(34,11)	1.10,51(36,40)	1.47,57(37,06)	2.24,23(36,66)		
3p	Trond Vasslag	94	Stavanger SC	(0,44)	2.35,81	374
	36,66(36,66)	1.16,71(40,05)	1.57,26(40,55)	2.35,81(38,55)		
4	Håkon P Ludvigsen	96	Randaberg IL	(0,87)	2.36,39	370
	36,26(36,26)	1.16,21(39,95)	1.56,79(40,58)	2.36,39(39,60)		
5	Ivan Aleksander Larsen	95	Karmøy SK	(0,71)	2.39,46	349
	36,44(36,44)	1.16,68(40,24)	1.58,24(41,56)	2.39,46(41,22)		

Øvelse 15. 200m bryst, damer

Senior

1p	Mari Ask Rasmussen	86	TS/SVK	2.43,23	647
	35,67(35,67)	1.16,24(40,57)	1.58,61(42,37)	2.43,23(44,62)	
2p	Christine Ørland	88	TS/Madla	2.46,63	608
	38,40(38,40)	1.20,17(41,77)	2.03,81(43,64)	2.46,63(42,82)	

Eldre junior

1p	Monica W. Johannessen	90	Karmøy SK	2.56,23	514
	39,55(39,55)	1.24,71(45,16)	2.10,31(45,60)	2.56,23(45,92)	
2p	Camilla Bø	93	Egersund SK	3.09,20	415
	42,11(42,11)	1.29,16(47,05)	2.19,10(49,94)	3.09,20(50,10)	

Yngre junior

1p	Ingalill Urrang Naustvik	95	Karmøy SK	2.52,37	549
	39,49(39,49)	1.23,96(44,47)	2.09,01(45,05)	2.52,37(43,36)	
2p	Eva Marie Wilson Østerhus	94	TS/Madla	2.53,56	538
	40,58(40,58)	1.24,54(43,96)	2.09,19(44,65)	2.53,56(44,37)	
3p	Mari Mjølhus Kristoffersen	95	Madla SK	3.01,18	473
	41,51(41,51)	1.27,05(45,54)	2.13,69(46,64)	3.01,18(47,49)	
4	Maria Wigestrånd	94	Sola SK	3.03,64	454
	40,68(40,68)	1.26,87(46,19)	2.14,57(47,70)	3.03,64(49,07)	
5	Silje Lilledahl	94	Haugesund SK	3.10,28	408
	44,00(44,00)	1.32,78(48,78)	2.21,68(48,90)	3.10,28(48,60)	
6	Marie Heines Pettersen	96	Sandnes SLK	3.10,69	405
	43,13(43,13)	1.31,58(48,45)	2.20,92(49,34)	3.10,69(49,77)	
7	Silje Chirico Indrebø	95	Frisinn SK	3.22,16	340
	45,59(45,59)	1.37,10(51,51)	2.29,60(52,50)	3.22,16(52,56)	
8	Regine Sørđal Lindanger	96	Frisinn SK	3.25,00	326
	46,91(46,91)	1.40,15(53,24)	2.34,20(54,05)	3.25,00(50,80)	
9	Malin Klungveit	96	Madla SK	3.26,44	319
	48,05(48,05)	1.41,18(53,13)	2.34,58(53,40)	3.26,44(51,86)	
10	Camilla Mangersnes Birkeland	96	Haugesund SK	3.27,58	314
	47,66(47,66)	1.41,78(54,12)	2.36,51(54,73)	3.27,58(51,07)	
11	Susan Ultee	96	Frisinn SK	3.33,42	289
	46,62(46,62)	1.40,34(53,72)	2.36,40(56,06)	3.33,42(57,02)	
12	Kaja Konow Grønseth	95	Frisinn SK	3.35,42	281
	49,44(49,44)	1.45,74(56,30)	2.42,89(57,15)	3.35,42(52,53)	

Øvelse 16. 100m bryst, herrer

Eldre junior

1p	Ole Martin Grytten Ree	92	TS/Sola	1.09,99	582
	33,49(33,49)	1.09,99(36,50)			
2p	Asbjørn Skogen	93	Randaberg IL	1.12,53	523
	33,87(33,87)	1.12,53(38,66)			
3p	Glenn Skjæveland	92	Sandnes SLK	1.17,24	433
	35,97(35,97)	1.17,24(41,27)			
4	Didrik Konow Grønseth	92	Frisinn SK	1.17,71	425
	36,17(36,17)	1.17,71(41,54)			
5	Øyvind Malde	92	Madla SK	1.19,86	392
	37,55(37,55)	1.19,86(42,31)			

Yngre junior

1p	Magnus Møkster	94	Frisinn SK	1.19,23	401
	36,37(36,37)	1.19,23(42,86)			
2p	Vincent Skage	94	Karmøy SK	1.20,69	380

	37,38(37,38)	1.20,69(43,31)			
3p	Simen Alvestad	94	Karmøy SK	1.21,44	369
	38,49(38,49)	1.21,44(42,95)			
4	Sindre Aasland Ranaweera	96	Madla SK	1.22,96	349
	38,25(38,25)	1.22,96(44,71)			
5	Marius Skogen	95	Randaberg IL	1.27,47	298
	40,21(40,21)	1.27,47(47,26)			
6	Martin Langeland-Knudsen	96	Sola SK	1.35,57	228
	43,98(43,98)	1.35,57(51,59)			

Øvelse 17. 50m butterfly, damer**Senior**

1p	Ida Nordbø	89	TS/Madla	31,22	552
2p	Stine Haferkamp	83	TS/Madla	32,14	506
3p	Vibeke Brigg	89	TS/Madla	32,48	490

Eldre junior

1p	Cecilie W. Johannessen	90	Karmøy SK	29,17	677
2p	Monica W. Johannessen	90	Karmøy SK	29,68	643
3p	Maren Kristine Jansen	90	TS/Randaberg	30,43	596
4	Marthe Berg Sørensen	92	TS/Frisinn	31,37	544
5	Nicole Egeland	93	Sandnes SLK	32,68	481
6	Vannja Celine Brunsvik	93	Haugesund SK	32,97	469
7	Julie Askeland	93	Haugesund SK	35,07	389
8	Renate Laupstad	92	Egersund SK	35,95	361
	Vanessa Tuxen	92	Sola SK	DISK	

Yngre junior

1p	Ingalill Urrang Naustvik	95	Karmøy SK	33,01	467
2p	Mari Mjølhus Kristoffersen	95	Madla SK	34,74	401
3p	Line Nilsson	94	Madla SK	34,80	399
4	Susanne Sekkesæter	95	Madla SK	37,38	321
5	Cecilie E. Olsen	94	Sandnes SLK	38,33	298
6	Regine Sjørdal Lindanger	96	Frisinn SK	38,45	295
7	Jacqueline PC Gale	94	Madla SK	43,98	197

Øvelse 18. 400m individuell medley, herrer**Senior**

1p	Lars Einar Borsheim	80	TS/Madla	4.51,51	602
	30,07(30,07)	1.05,22(35,15)	1.43,07(37,85)	2.20,00(36,93)	
	3.01,08(41,08)	3.43,33(42,25)	4.18,04(34,71)	4.51,51(33,47)	

Eldre junior

1p	Vegard Belaska	93	Madla SK	5.07,11	514
	31,14(31,14)	1.08,63(37,49)	1.47,59(38,96)	2.26,30(38,71)	
	3.11,48(45,18)	3.57,62(46,14)	4.32,79(35,17)	5.07,11(34,32)	
2p	Øystein Fjeldberg	93	Randaberg IL	5.08,28	509
	32,53(32,53)	1.10,54(38,01)	1.50,37(39,83)	2.29,50(39,13)	
	3.15,43(45,93)	4.01,72(46,29)	4.35,30(33,58)	5.08,28(32,98)	
3p	Ørjan Monsen	92	Sola SK	5.18,71	460
	34,44(34,44)	1.16,26(41,82)	1.57,12(40,86)	2.37,14(40,02)	

	3.23,27(46,13)	4.09,78(46,51)	4.44,80(35,02)	5.18,71(33,91)	
4	Simon Høisæter	93	Haugesund SK	5.50,05	347
	39,30(39,30)	1.32,00(52,70)	2.16,36(44,36)	2.58,38(42,02)	
	3.45,66(47,28)	4.34,68(49,02)	5.14,15(39,47)	5.50,05(35,90)	

Yngre junior

1p	Daniel Sandhåland	95	Karmøy SK	5.18,04	463
	33,54(33,54)	1.14,01(40,47)	1.53,84(39,83)	2.33,96(40,12)	
	3.20,29(46,33)	4.07,18(46,89)	4.43,40(36,22)	5.18,04(34,64)	
2p	Håkon P Ludvigsen	96	Randaberg IL	5.43,51	367
	35,04(35,04)	1.16,72(41,68)	2.01,55(44,83)	2.43,80(42,25)	
	3.32,81(49,01)	4.24,04(51,23)	5.03,61(39,57)	5.43,51(39,90)	

Øvelse 19. 4*100m fri, damer

Senior

1p	Team Stavanger J1 sr.	SR	Team Stavanger	4.05,08	684
	Marthe Berg Sørensen:	29,25(29,25)	1.00,93(31,68)	1.00,93	
	Victoria Rung:	1.29,98(29,05)	2.02,01(32,03)	1.01,08	
	Trine Hovda:	2.30,73(28,72)	3.02,78(32,05)	1.00,77	
	Christine Ørland:	3.33,04(30,26)	4.05,08(32,04)	1.02,30	
2p	Madla SK J1 jr.	JR	Madla SK	4.26,35	533
	Line Nilsson:	31,63(31,63)	1.06,17(34,54)	1.06,17	
	Maria Thompson Clausen:	1.36,38(30,21)	2.10,01(33,63)	1.03,84	
	Renate Aasland Ranaweera:	2.41,49(31,48)	3.17,08(35,59)	1.07,07	
	Mari Mjøllhus Kristoffersen:	3.49,96(32,88)	4.26,35(36,39)	1.09,27	
3p	Madla SK J2 jr.	JR	Madla SK	5.01,65	367
	Aleksandra Berge:	37,01(37,01)	1.16,58(39,57)	1.16,58	
	Jacqueline PC Gale:	1.52,94(36,36)			
	Malin Klungtveit:	3.10,82(1.17,88)	3.49,49(38,67)		
	May Synnøve Bartlett:	4.23,49(34,00)	5.01,65(38,16)	1.12,16	

Øvelse 20. 4*200m fri, herrer

Øvelse 21. 100m butterfly, damer

Senior

1p	Ida Nordbø	89	TS/Madla	1.09,82	553
	32,09(32,09)	1.09,82(37,73)			

Eldre junior

1p	Cecilie W. Johannessen	90	Karmøy SK	1.06,36	644
	31,69(31,69)	1.06,36(34,67)			
2p	Monica W. Johannessen	90	Karmøy SK	1.07,45	614
	32,14(32,14)	1.07,45(35,31)			
3p	Marthe Berg Sørensen	92	TS/Frisinn	1.09,64	557
	33,48(33,48)	1.09,64(36,16)			
4	Stine Mjøllhus Kristoffersen	93	TS/Frisinn	1.11,48	515
	32,70(32,70)	1.11,48(38,78)			
5	Vannja Celine Brunsvik	93	Haugesund SK	1.18,83	384
	37,01(37,01)	1.18,83(41,82)			

Yngre junior

1p	Eva Marie Wilson Østerhus 33,27(33,27)	94	TS/Madla	1.09,55	560
2p	Line Nilsson 36,01(36,01)	94	Madla SK	1.19,08	381
3p	Aleksandra Berge 38,32(38,32)	94	Madla SK	1.22,28	338
4	Malin Klungtveit 40,10(40,10)	96	Madla SK	1.26,33	292
5	Regine Sjørdal Lindanger 41,80(41,80)	96	Frisinn SK	1.29,69	261
	Susan Ultee	96	Frisinn SK	BRUTT	

Øvelse 22. 100m fri, herrer

Senior

1p	Stian With Bjørnstad 27,98(27,98)	87	Madla SK	58,70	513
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Eldre junior

1p	Bjarte Ravndal 25,39(25,39)	91	TS/Sola	53,36	683
2p	Ole Martin Grytten Ree 26,39(26,39)	92	TS/Sola	54,84	629
3p	Joar Skien Grannes 26,18(26,18)	90	Sandnes SLK	55,41	610
4	Ørjan Monsen 28,80(28,80)	92	Sola SK	57,90	534
5	Erlend Tveteraas 27,77(27,77)	91	TS/Madla	58,34	522
6	Steffen Larsen 28,50(28,50)	91	Madla SK	59,23	499
7	Henry Ravndal 28,97(28,97)	93	Sandnes SLK	1.00,14	477
8	Børre Bastiqkeit 28,79(28,79)	92	Haugesund SK	1.00,38	471
9	Øyvind Malde 30,26(30,26)	92	Madla SK	1.02,60	423
10	Simon Høisæter 30,29(30,29)	93	Haugesund SK	1.03,49	405

Yngre junior

1p	Gaute Ravndal 27,65(27,65)	94	Sola SK	56,16	586
2p	Ivan Aleksander Larsen 28,19(28,19)	95	Karmøy SK	58,66	514
3p	Simen Alvestad 28,36(28,36)	94	Karmøy SK	58,98	506
4	Daniel Sandhåland 30,05(30,05)	95	Karmøy SK	1.02,55	424
5	Håkon P Ludvigsen 30,41(30,41)	96	Randaberg IL	1.05,04	377
6	Vincent Skage 32,09(32,09)	94	Karmøy SK	1.07,07	344
7	Martin Langeland-Knudsen 33,63(33,63)	96	Sola SK	1.10,72	293

1p	Daniel Sandhåland 37,97(37,97)	95	Karmøy SK 2.04,08(43,08)	2.47,98 2.47,98(43,90)	431
2p	Magnus Møkster 38,39(38,39)	94	Frisinn SK 2.08,41(45,36)	2.53,56 2.53,56(45,15)	390
3p	Vincent Skage 39,00(39,00)	94	Karmøy SK 2.06,86(45,09)	2.54,78 2.54,78(47,92)	382
4	Trond Vasslag 39,73(39,73)	94	Stavanger SC 2.10,28(45,62)	2.55,55 2.55,55(45,27)	377
5	Olav Ravndal Skjølingstad 39,25(39,25)	95	Stavanger SC 2.15,51(49,83)	3.05,47 3.05,47(49,96)	320
6	Martin Langeland-Knudsen 45,93(45,93)	96	Sola SK 2.32,61(55,09)	3.24,59 3.24,59(51,98)	238

Øvelse 25. 200m rygg, damer

Eldre junior

1p	Trine Hovda 34,24(34,24)	90	TS/Madla 1.49,38(37,80)	(0,77) 2.26,35 2.26,35(36,97)	629
2p	Victoria Rung 35,27(35,27)	92	TS/Frisinn 1.51,47(38,31)	(0,78) 2.29,30 2.29,30(37,83)	592
3p	Ingeborg Ueland 40,18(40,18)	91	Sola SK 2.08,47(45,25)	(0,93) 2.53,88 2.53,88(45,41)	375

Yngre junior

1p	Oda Gjerde 38,19(38,19)	95	Bryne SK 1.59,69(41,32)	(0,94) 2.39,99 2.39,99(40,30)	481
2p	Ingalill Urrang Naustvik 40,01(40,01)	95	Karmøy SK 2.04,11(41,96)	(0,70) 2.43,99 2.43,99(39,88)	447
3p	Silje Lilledahl 40,83(40,83)	94	Haugesund SK 2.06,34(42,85)	(0,86) 2.47,99 2.47,99(41,65)	416
4	Silje Undheim 39,55(39,55)	94	Sandnes SLK 2.06,65(44,31)	(0,79) 2.49,60 2.49,60(42,95)	404
5	Camilla Mangersnes Birkeland 41,68(41,68)	96	Haugesund SK 2.08,85(43,81)	(0,87) 2.51,11 2.51,11(42,26)	393
6	Susan Ultee 40,90(40,90)	96	Frisinn SK 2.12,02(46,20)	(0,76) 2.54,73 2.54,73(42,71)	369
7	Elise Sandvoll 44,84(44,84)	96	Frisinn SK 2.25,82(51,11)	(0,75) 3.14,29 3.14,29(48,47)	269

Øvelse 26. 800m fri, herrer

Senior

1p	Jørgen Møllerop 28,52(28,52) 2.34,25(31,53) 4.41,34(31,77) 6.49,63(31,87)	88	TS/Madla 1.31,20(31,39) 3.37,67(31,71) 5.45,64(31,97) 7.53,23(31,61)	8.23,61 2.02,72(31,52) 4.09,57(31,90) 6.17,76(32,12) 8.23,61(30,38)	746
2p	Stian With Bjørnstad 31,27(31,27) 2.51,22(35,04) 5.10,23(34,71) 7.29,24(35,02)	87	Madla SK 1.40,87(35,24) 4.00,64(34,65) 6.19,92(34,65) 8.39,49(35,08)	9.13,21 2.16,18(35,31) 4.35,52(34,88) 6.54,22(34,30) 9.13,21(33,72)	562

Eldre junior

1p	Øystein Fjeldberg 31,14(31,14) 2.47,83(34,70)	93	Randaberg IL 1.38,75(34,04) 3.57,05(34,39)	9.08,19 2.13,13(34,38) 4.31,79(34,74)	578
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	5.06,30(34,51)	5.41,16(34,86)	6.15,98(34,82)	6.50,63(34,65)	
	7.25,85(35,22)	8.01,20(35,35)	8.35,27(34,07)	9.08,19(32,92)	
2p	Ørjan Monsen	92	Sola SK	9.28,11	519
	31,71(31,71)	1.06,81(35,10)	1.42,84(36,03)	2.19,17(36,33)	
	2.55,75(36,58)	3.32,01(36,26)	4.08,64(36,63)	4.45,26(36,62)	
	5.21,85(36,59)	5.57,62(35,77)	6.33,87(36,25)	7.09,86(35,99)	
	7.45,32(35,46)	8.20,47(35,15)	8.55,16(34,69)	9.28,11(32,95)	

Yngre junior

1p	Morten Bordevich	94	Sola SK	8.44,45	660
	29,57(29,57)	1.01,39(31,82)	1.33,88(32,49)	2.06,94(33,06)	
	2.39,75(32,81)	3.12,99(33,24)	3.46,17(33,18)	4.19,06(32,89)	
	4.52,21(33,15)	5.25,61(33,40)	5.59,28(33,67)	6.32,77(33,49)	
	7.06,17(33,40)	7.39,56(33,39)	8.12,75(33,19)	8.44,45(31,70)	
2p	Ivan Aleksander Larsen	95	Karmøy SK	9.12,27	565
	30,30(30,30)	1.04,41(34,11)	1.39,04(34,63)	2.14,26(35,22)	
	2.48,89(34,63)	3.23,88(34,99)	3.58,82(34,94)	4.33,61(34,79)	
	5.08,45(34,84)	5.43,40(34,95)	6.18,92(35,52)	6.53,98(35,06)	
	7.29,59(35,61)	8.04,60(35,01)	8.39,12(34,52)	9.12,27(33,15)	
3p	Simen Alvestad	94	Karmøy SK	9.32,89	506
	30,50(30,50)	1.04,75(34,25)	1.40,11(35,36)	2.16,44(36,33)	
	2.52,25(35,81)	3.28,83(36,58)	4.05,58(36,75)	4.41,88(36,30)	
	5.18,30(36,42)	5.55,36(37,06)	6.31,82(36,46)	7.08,96(37,14)	
	7.45,36(36,40)	8.21,85(36,49)	8.58,07(36,22)	9.32,89(34,82)	
4	Håkon P Ludvigsen	96	Randaberg IL	10.09,94	419
	33,52(33,52)	1.11,40(37,88)	1.50,48(39,08)	2.29,43(38,95)	
	3.08,72(39,29)	3.48,03(39,31)	4.26,16(38,13)	5.04,56(38,40)	
	5.42,59(38,03)	6.21,60(39,01)	7.01,04(39,44)	7.40,33(39,29)	
	8.19,42(39,09)	8.56,88(37,46)	9.33,66(36,78)	10.09,94(36,28)	

Øvelse 27. 1500m fri, damer

Eldre junior

1p	Cecilie W. Johannessen	90	Karmøy SK	18.15,02	663
	32,11(32,11)	1.07,85(35,74)	1.44,54(36,69)	2.21,58(37,04)	
	2.56,92(35,34)	3.33,13(36,21)	4.09,37(36,24)	4.45,99(36,62)	
	5.22,21(36,22)	5.58,68(36,47)	6.35,33(36,65)	7.12,15(36,82)	
	7.49,28(37,13)	8.25,53(36,25)	9.02,57(37,04)	9.38,81(36,24)	
	10.15,15(36,34)	10.52,65(37,50)	11.28,98(36,33)	12.05,89(36,91)	
	12.42,62(36,73)	13.19,86(37,24)	13.56,46(36,60)	14.33,00(36,54)	
	15.10,39(37,39)	15.46,88(36,49)	16.23,97(37,09)	17.01,27(37,30)	
	17.38,73(37,46)	18.15,02(36,29)			
2p	Ingrid Wigestrånd	92	Sola SK	19.47,14	520
	34,16(34,16)	1.13,29(39,13)	1.53,12(39,83)	2.32,74(39,62)	
	3.13,25(40,51)	3.53,05(39,80)	4.33,41(40,36)	5.12,50(39,09)	
	5.52,38(39,88)	6.32,61(40,23)	7.12,90(40,29)	7.52,85(39,95)	
	8.32,94(40,09)	9.13,53(40,59)	9.54,09(40,56)	10.33,29(39,20)	
	11.13,58(40,29)	11.54,04(40,46)	12.34,44(40,40)	13.14,84(40,40)	
	13.54,23(39,39)	14.33,27(39,04)	15.11,97(38,70)	15.52,44(40,47)	
	16.32,66(40,22)	17.11,93(39,27)	17.52,27(40,34)	18.31,28(39,01)	
	19.10,38(39,10)	19.47,14(36,76)			

Øvelse 28. 4*50m lag medley, damer

Senior

1p	Sola SK J1 jr.	JR	Sola SK	2.19,46	484
	Vanessa Tuxen:	32,87(32,87)			
	Maria Wigestrånd:	1.10,38(37,51)			
	Ingrid Wigestrånd:	1.45,54(35,16)			
	Ingeborg Ueland:	2.19,46(33,92)			
2p	Sandnes SLK J1 jr.	JR	Sandnes SLK	2.22,48	453

	Nicole Egeland:	32,98(32,98)				
	Silje Undheim:	1.15,75(42,77)				
	Cecilie E. Olsen:	1.53,49(37,74)				
	Marie Heines Pettersen:	2.22,48(28,99)				
3p	Madla SK J1 jr.	JR	Madla SK	2.26,06	421	
	Malin Klungveit:	39,46(39,46)				
	May Synnøve Bartlett:	1.21,85(42,39)				
	Aleksandra Berge:	1.57,27(35,42)				
	Maria Thompson Clausen:	2.26,06(28,79)				
	Team Stavanger J1 sr.	SR	Team Stavanger	DISK		
	Ida Nordbø:	31,46(31,46)				
	Mari Ask Rasmussen:					
	Maren Kristine Jansen:					
	Vibeke Brigg:					

Øvelse 29. 4*100m lag medley, herrer

Senior

1p	Team Stavanger G1 sr.	SR	Team Stavanger	(0,66)	4.13,04	571
	Erlend Tveteraas:	30,70(30,70)	1.03,23(32,53)	1.03,23		
	Erling Mjøs Brattelid:	1.37,20(33,97)	2.16,45(39,25)	1.13,22		
	Jan Erik Borsheim:	2.44,70(28,25)	3.18,44(33,74)	1.01,99		
	Bjarte Ravndal:	3.43,92(25,48)	4.13,04(29,12)	54,60		
2p	Karmøy SK G1 jr.	JR	Karmøy SK	(0,82)	4.39,08	426
	Daniel Sandhåland:	33,84(33,84)	1.10,39(36,55)	1.10,39		
	Vincent Skage:	1.47,86(37,47)	2.32,10(44,24)	1.21,71		
	Ivan Aleksander Larsen:	3.02,62(30,52)	3.39,87(37,25)	1.07,77		
	Simen Alvestad:	4.07,64(27,77)	4.39,08(31,44)	59,21		
3p	Madla SK G1 sr.	SR	Madla SK	(0,71)	4.51,02	375
	Sindre Aasland Ranaweera:	37,57(37,57)	1.20,87(43,30)	1.20,87		
	Steffen Larsen:	1.55,47(34,60)	2.36,54(41,07)	1.15,67		
	Vegard Belaska:	3.08,00(31,46)	3.47,04(39,04)	1.10,50		
	Øyvind Malde:	4.17,46(30,42)	4.51,02(33,56)	1.03,98		

Øvelse 30. 400m fri, damer

Eldre junior

1p	Cecilie W. Johannessen	90	Karmøy SK	4.23,95	768
	30,88(30,88)	1.03,81(32,93)	1.36,74(32,93)	2.10,51(33,77)	
	2.43,67(33,16)	3.17,64(33,97)	3.51,22(33,58)	4.23,95(32,73)	
2p	Victoria Rung	92	TS/Frisinn	4.29,64	721
	31,23(31,23)	1.04,61(33,38)	1.38,51(33,90)	2.12,61(34,10)	
	2.46,78(34,17)	3.21,48(34,70)	3.55,79(34,31)	4.29,64(33,85)	
3p	Marthe Berg Sørensen	92	TS/Frisinn	4.40,37	641
	31,63(31,63)	1.05,86(34,23)	1.40,93(35,07)	3.29,87(1.48,94)	
	4.05,72(35,85)	4.40,40(34,68)		4.40,37(-0,03)	
4	Renate Aasland Ranaweera	91	Madla SK	5.01,71	514
	33,23(33,23)	1.10,00(36,77)	1.48,27(38,27)	2.26,66(38,39)	
	3.04,92(38,26)	3.44,62(39,70)	4.23,73(39,11)	5.01,71(37,98)	

Yngre junior

1p	Oda Gjerde	95	Bryne SK	4.55,26	549
	33,21(33,21)	1.09,92(36,71)	1.47,32(37,40)	2.24,85(37,53)	
	3.03,23(38,38)	3.41,07(37,84)	4.18,78(37,71)	4.55,26(36,48)	
2p	Maria Wigestrands	94	Sola SK	4.55,32	549
	32,57(32,57)	1.08,07(35,50)	1.45,41(37,34)	2.23,75(38,34)	
	3.02,07(38,32)	3.40,56(38,49)	4.18,31(37,75)	4.55,32(37,01)	
3p	Marie Heines Pettersen	96	Sandnes SLK	5.00,08	523
	32,83(32,83)	1.09,74(36,91)	1.47,62(37,88)	2.26,12(38,50)	
	3.05,51(39,39)	3.44,39(38,88)	4.22,82(38,43)	5.00,08(37,26)	

4	Camilla Mangersnes Birkeland	96	Haugesund SK	5.37,56	367
	36,80(36,80)	1.19,80(43,00)	2.04,10(44,30)	2.48,40(44,30)	
	3.32,06(43,66)	4.15,53(43,47)	4.57,47(41,94)	5.37,56(40,09)	
5	Kaja Konow Grønseth	95	Frisinn SK	5.40,15	359
	38,92(38,92)	1.22,35(43,43)	2.06,41(44,06)	2.51,16(44,75)	
	3.34,77(43,61)	4.18,31(43,54)	5.01,34(43,03)	5.40,15(38,81)	
6	Regine Sjørdal Lindanger	96	Frisinn SK	5.40,88	357
	37,86(37,86)	1.21,05(43,19)	2.05,63(44,58)	2.49,61(43,98)	
	3.33,78(44,17)	4.17,76(43,98)	5.00,83(43,07)	5.40,88(40,05)	
7	Susan Ultee	96	Frisinn SK	5.48,11	335
	38,93(38,93)	1.23,20(44,27)	2.08,21(45,01)	2.53,33(45,12)	
	3.39,23(45,90)	4.23,71(44,48)	5.07,02(43,31)	5.48,11(41,09)	
8	Jacqueline PC Gale	94	Madla SK	6.03,32	294
	39,85(39,85)	1.24,81(44,96)	2.11,32(46,51)	2.58,20(46,88)	
	3.45,17(46,97)	4.31,67(46,50)		6.03,32(1.31.65)	

Øvelse 31. 50m fri, herrer**Eldre junior**

1p	Joar Skien Grannes	90	Sandnes SLK	25,62	573
2p	Ørjan Monsen	92	Sola SK	26,65	509
3p	Vegard Belaska	93	Madla SK	26,78	502
4	Børre Bastiqkeit	92	Haugesund SK	27,31	473
4	Erik William Ravndal	90	Sandnes SLK	27,31	473
6	Henry Ravndal	93	Sandnes SLK	27,33	472
7	Steffen Larsen	91	Madla SK	27,52	463
8	Glenn Skjæveland	92	Sandnes SLK	27,57	460
9	Fredrik Berntsen	90	Stavanger SC	28,29	426
10	Øyvind Malde	92	Madla SK	28,79	404
11	Asbjørn Skogen	93	Randaberg IL	30,16	351
12	Thomas Brustveit	93	Sandnes SLK	30,29	347

Yngre junior

1p	Ivan Aleksander Larsen	95	Karmøy SK	27,50	464
2p	Bjørnar Ulvang	94	Lund SK	28,86	401
3p	Magnus Møkster	94	Frisinn SK	28,94	398
4	Daniel Sandhåland	95	Karmøy SK	29,30	383
5	Snorre Andreas Røkbuvold	94	Lund SK	29,72	367
6	Olav Ravndal Skjølingstad	95	Stavanger SC	30,30	346
7	Vincent Skage	94	Karmøy SK	31,41	311
8	Thomas Juvik	95	Stavanger SC	31,95	295
9	Marius Skogen	95	Randaberg IL	32,62	278
10	Martin Langeland-Knudsen	96	Sola SK	33,10	266

Øvelse 32. 100m bryst, damer**Senior**

1p	Mari Ask Rasmussen	86	TS/SVK	1.15,11	675
	35,53(35,53)	1.15,11(39,58)			
2p	Stine Haferkamp	83	TS/Madla	1.15,81	657
	35,63(35,63)	1.15,81(40,18)			
3p	Christine Ørland	88	TS/Madla	1.18,56	590
	37,44(37,44)	1.18,56(41,12)			

Eldre junior

1p	Ingrid Wigestrand 38,82(38,82)	92	Sola SK	1.24,27	478
2p	Camilla Bø 38,55(38,55)	93	Egersund SK	1.24,87	468
3p	Julie Askeland 40,13(40,13)	93	Haugesund SK	1.26,64	440
4	Renate Laupstad 41,60(41,60)	92	Egersund SK	1.30,88	381
5	Vannja Celine Brunsvik 43,67(43,67)	93	Haugesund SK	1.32,08	366
6	Julie Svanes 45,84(45,84)	93	Egersund SK	1.38,25	301

Yngre junior

1p	Ingalill Urrang Naustvik 36,04(36,04)	95	Karmøy SK	1.16,42	641
2p	Maren Larsen 37,58(37,58)	94	Madla SK	1.22,04	518
3p	Mari Mjølhus Kristoffersen 40,13(40,13)	95	Madla SK	1.24,18	479
4	Silje Lilledahl 42,88(42,88)	94	Haugesund SK	1.31,50	373
5	May Synnøve Bartlett 43,97(43,97)	95	Madla SK	1.31,85	369
6	Silje Undheim 43,19(43,19)	94	Sandnes SLK	1.32,12	366
7	Silje Chirico Indrebø 43,52(43,52)	95	Frisinn SK	1.34,03	344

Øvelse 33. 200m fri, herrer

Senior

1p	Jørgen Møllerop 27,04(27,04)	88	TS/Madla	1.54,35	738
2p	Lars Einar Borsheim 28,57(28,57)	80	TS/Madla	2.01,30	618

Eldre junior

1p	Bjarte Ravndal 28,33(28,33)	91	TS/Sola	2.03,01	593
2p	Ørjan Monsen 30,57(30,57)	92	Sola SK	2.07,28	535
3p	Øystein Fjeldberg 30,44(30,44)	93	Randaberg IL	2.09,36	509
4	Simon Høisæter 32,09(32,09)	93	Haugesund SK	2.20,07	401

Yngre junior

1p	Gaute Ravndal 29,43(29,43)	94	Sola SK	2.04,06	578
2p	Morten Bordevich 29,13(29,13)	94	Sola SK	2.05,36	560
3p	Ivan Aleksander Larsen 29,45(29,45)	95	Karmøy SK	2.11,07	490
4	Simen Alvestad 30,59(30,59)	94	Karmøy SK	2.11,94	480
5	Trond Vasslag	94	Stavanger SC	2.20,45	398

	31,84(31,84)	1.07,52(35,68)	1.44,41(36,89)	2.20,45(36,04)	
6	Vincent Skage	94	Karmøy SK	2.26,08	354
	33,62(33,62)	1.11,08(37,46)	1.48,87(37,79)	2.26,08(37,21)	

Øvelse 34. 50m fri, damer**Senior**

1p	Vibeke Brigg	89	TS/Madla	29,46	561
2p	Ida Nordbø	89	TS/Madla	29,52	557

Eldre junior

1p	Cecilie W. Johannessen	90	Karmøy SK	26,92	735
2p	Marthe Berg Sørensen	92	TS/Frisinn	28,13	644
3p	Vanessa Tuxen	92	Sola SK	28,90	594
4	Trine Hovda	90	TS/Madla	28,93	592
5	Nicole Egeland	93	Sandnes SLK	28,94	592
6	Karoline Eriksen	92	Stavanger SC	29,65	550
7	Maren Kristine Jansen	90	TS/Randaberg	29,79	542
8	Renate Aasland Ranaweera	91	Madla SK	30,13	524
9	Camilla Bø	93	Egersund SK	31,91	441
10	Renate Laupstad	92	Egersund SK	32,50	417
11	Julie Svanes	93	Egersund SK	33,52	380
12	Ingeborg Ueland	91	Sola SK	33,61	377

Yngre junior

1p	Maria Thompson Clausen	96	Madla SK	28,27	635
2p	Marie Heines Pettersen	96	Sandnes SLK	29,64	551
3p	Ingalill Urrang Naustvik	95	Karmøy SK	29,88	537
4	Line Nilsson	94	Madla SK	30,01	530
5	Maria Wigestrånd	94	Sola SK	30,35	513
6	Oda Gjerde	95	Bryne SK	31,65	452
7	Aleksandra Berge	94	Madla SK	31,71	450
8	Camilla Mangersnes Birkeland	96	Haugesund SK	32,19	430
9	Malin Klungveit	96	Madla SK	32,93	401
10	Silje Lilledahl	94	Haugesund SK	32,97	400
11	Silje Undheim	94	Sandnes SLK	33,34	387
12	Regine Sjørdal Lindanger	96	Frisinn SK	33,35	386
13	Cecilie E. Olsen	94	Sandnes SLK	33,46	383
14	Kaja Konow Grønseth	95	Frisinn SK	34,57	347
15	Jacqueline PC Gale	94	Madla SK	36,09	305
16	Elise Sandvoll	96	Frisinn SK	36,52	294

Øvelse 35. 100m rygg, herrer**Eldre junior**

1p	Joar Skien Grannes	90	Sandnes SLK	(0,75)	1.00,78	602
	29,41(29,41)	1.00,78(31,37)				
2p	Erlend Tvetraas	91	TS/Madla	(0,64)	1.03,31	533
	30,60(30,60)	1.03,31(32,71)				
3p	Didrik Konow Grønseth	92	Frisinn SK	(0,62)	1.07,13	447
	32,51(32,51)	1.07,13(34,62)				
4	Børre Bastiqkeit	92	Haugesund SK		1.11,14	375
	34,15(34,15)	1.11,14(36,99)				

5	Thomas Brustveit 35,38(35,38)	93	Sandnes SLK	(0,79)	1.12,53	354
6	Øyvind Malde 36,10(36,10)	92	Madla SK		1.14,25	330
7	Simon Høisæter 36,87(36,87)	93	Haugesund SK	(0,80)	1.14,82	323
8	Alexander Svanevik Nilsen 37,29(37,29)	93	Stavanger SC		1.16,90	297

Yngre junior

1p	Simen Alvestad 32,48(32,48)	94	Karmøy SK	(0,70)	1.06,76	454
2p	Håkon P Ludvigsen 35,16(35,16)	96	Randaberg IL		1.12,22	359

Øvelse 36. 200m butterfly, damer**Senior**

1p	Christine Ørland 33,11(33,11)	88	TS/Madla 1.52,57(40,84)		2.34,41 2.34,41(41,84)	535
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Eldre junior

1p	Stine Mjølhus Kristoffersen 34,88(34,88)	93	TS/Frisinn 1.57,32(42,13)		2.39,32 2.39,32(42,00)	487
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Yngre junior

1p	Susanne Sekkesæter 39,75(39,75)	95	Madla SK 2.22,92(54,03)		3.18,80 3.18,80(55,88)	250
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Øvelse 37. 50m butterfly, herrer**Eldre junior**

1p	Erling Mjøs Brattelid	91	TS/Sola		28,40	521
2p	Erik William Ravndal	90	Sandnes SLK		29,70	455
3p	Didrik Konow Grønseth	92	Frisinn SK		30,02	441
4	Vegard Belaska	93	Madla SK		30,34	427
5	Steffen Larsen	91	Madla SK		30,62	416
6	Øystein Fjeldberg	93	Randaberg IL		31,25	391
7	Henry Ravndal	93	Sandnes SLK		31,52	381
8	Asbjørn Skogen	93	Randaberg IL		36,04	255

Yngre junior

1p	Gaute Ravndal	94	Sola SK		29,86	448
2p	Ivan Aleksander Larsen	95	Karmøy SK		30,03	441
3p	Magnus Møkster	94	Frisinn SK		30,92	404
4	Daniel Sandhåland	95	Karmøy SK		30,93	403
5	Morten Bordevich	94	Sola SK		31,25	391
6	Olav Ravndal Skjølingstad	95	Stavanger SC		34,12	300
7	Martin Langeland-Knudsen	96	Sola SK		39,08	200
	Thomas Juvik	95	Stavanger SC		DISK	

Øvelse 38. 4*50m lag medley, herrer**Senior**

1p	Team Stavanger G1 sr.	SR	Team Stavanger	1.51,94	611
	Erlend Tveteraas:	30,52(30,52)			
	Erling Mjøs Brattelid:	1.00,64(30,12)			
	Bjarte Ravndal:	1.28,17(27,53)			
	Jørgen Møllerop:	1.51,94(23,77)			
2p	ROMA G1 sr.	SR	ROMA	1.55,49	556
	Stein Erik Olsen:	31,14(31,14)			
	Morten Jarland:	1.01,55(30,41)			
	Arild Bråten:	1.30,17(28,62)			
	Per Erik Sørgaard:	1.55,49(25,32)			
3p	Sandnes SLK G1 jr.	JR	Sandnes SLK	2.04,88	440
	Thomas Brustveit:	34,23(34,23)			
	Glenn Skjæveland:	1.08,77(34,54)			
	Erik William Ravndal:	1.37,68(28,91)			
	Henry Ravndal:	2.04,88(27,20)			
4	Randaberg IL G1 jr.	JR	Randaberg IL	2.09,43	395
	Øystein Fjeldberg:	34,02(34,02)			
	Asbjørn Skogen:	1.07,28(33,26)			
	Håkon P Ludvigsen:	1.37,76(30,48)			
	Marius Skogen:	2.09,43(31,67)			
5	Madla SK G1 sr.	SR	Madla SK	2.09,61	393
	Øyvind Malde:	34,95(34,95)			
	Sindre Aasland Ranaweera:	1.13,02(38,07)			
	Vegard Belaska:	1.43,07(30,05)			
	Steffen Larsen:	2.09,61(26,54)			
6	Sola SK G1 jr.	JR	Sola SK	2.11,94	373
	Martin Langeland-Knudsen:	40,11(40,11)			
	Ørjan Monsen:	1.16,04(35,93)			
	Gaute Ravndal:	1.45,02(28,98)			
	Morten Bordevich:	2.11,94(26,92)			

Øvelse 39. 4*100m lag medley, damer**Senior**

1p	Madla SK J1 jr.	JR	Madla SK	5.40,60	342
	Aleksandra Berge:	39,22(39,22)	1.20,58(41,36)	1.20,58	
	May Synnøve Bartlett:	2.04,45(43,87)	2.53,53(49,08)	1.32,95	
	Malin Klungtveit:	3.33,56(40,03)	4.20,42(46,86)	1.26,89	
	Jacqueline PC Gale:	4.57,77(37,35)	5.40,60(42,83)	1.20,18	
	Team Stavanger J1 sr.	SR	Team Stavanger	DISK	
	Trine Hovda:	34,34(34,34)	1.12,05(37,71)	1.12,05	
	Stine Mjølhus Kristoffersen:				
	Victoria Rung:				
	Marthe Berg Sørensen:				

Øvelse 40. 400m fri, herrer**Senior**

1p	Jørgen Møllerop	88	TS/Madla	4.03,27	730
	28,04(28,04)	58,76(30,72)	1.29,29(30,53)	2.00,26(30,97)	
	2.31,20(30,94)	3.02,39(31,19)	3.33,72(31,33)	4.03,27(29,55)	

Eldre junior

1p	Ørjan Monsen	92	Sola SK	4.28,90	541
	30,44(30,44)	1.03,86(33,42)	1.38,26(34,40)	2.12,97(34,71)	
	2.47,60(34,63)	3.21,99(34,39)	3.56,21(34,22)	4.28,90(32,69)	
2p	Øystein Fjeldberg	93	Randaberg IL	4.31,06	528
	30,71(30,71)	1.04,62(33,91)	1.39,61(34,99)	2.14,41(34,80)	
	2.49,06(34,65)	3.23,86(34,80)	3.58,59(34,73)	4.31,06(32,47)	
3p	Henry Ravndal	93	Sandnes SLK	4.33,75	512
	30,37(30,37)	1.03,99(33,62)	1.38,23(34,24)	2.13,53(35,30)	
	2.49,84(36,31)	3.25,85(36,01)	4.01,17(35,32)	4.33,75(32,58)	
4	Alexander Svanevik Nilsen	93	Stavanger SC	4.51,58	424
	32,14(32,14)	1.07,78(35,64)	1.44,34(36,56)	2.21,51(37,17)	
	2.59,24(37,73)	3.37,35(38,11)	4.15,37(38,02)	4.51,58(36,21)	

Yngre junior

1p	Morten Bordevich	94	Sola SK	4.15,95	627
	29,42(29,42)	1.01,36(31,94)	1.33,74(32,38)	2.06,37(32,63)	
	2.39,00(32,63)	3.12,03(33,03)	3.44,68(32,65)	4.15,95(31,27)	
2p	Ivan Aleksander Larsen	95	Karmøy SK	4.33,66	513
	30,48(30,48)	1.04,54(34,06)	1.40,13(35,59)	2.15,61(35,48)	
	2.51,43(35,82)	3.27,17(35,74)	4.02,87(35,70)	4.33,66(30,79)	
3p	Simen Alvestad	94	Karmøy SK	4.41,64	470
	31,47(31,47)	1.05,64(34,17)	1.41,31(35,67)	2.17,93(36,62)	
	2.53,93(36,00)	3.30,45(36,52)	4.06,67(36,22)	4.41,64(34,97)	
4	Håkon P Ludvigsen	96	Randaberg IL	4.49,57	433
	33,49(33,49)	1.09,57(36,08)	1.46,39(36,82)	2.24,62(38,23)	
	3.01,08(36,46)	3.37,03(35,95)	4.14,06(37,03)	4.49,57(35,51)	

Øvelse 41. 200m fri, damer

Eldre junior

1p	Cecilie W. Johannessen	90	Karmøy SK	2.02,44	832
	29,53(29,53)	1.00,54(31,01)	1.31,48(30,94)	2.02,44(30,96)	
2p	Trine Hovda	90	TS/Madla	2.11,87	666
	31,02(31,02)	1.05,05(34,03)	1.38,82(33,77)	2.11,87(33,05)	
3p	Marthe Berg Sørensen	92	TS/Frisinn	2.18,48	575
	32,54(32,54)	1.07,14(34,60)	1.43,50(36,36)	2.18,48(34,98)	
4	Renate Aasland Ranaweera	91	Madla SK	2.21,36	541
	31,82(31,82)	1.07,53(35,71)	1.44,51(36,98)	2.21,36(36,85)	
5	Ingrid Wigestrånd	92	Sola SK	2.24,29	508
	33,36(33,36)	1.10,51(37,15)	1.48,24(37,73)	2.24,29(36,05)	
6	Julie Askeland	93	Haugesund SK	2.28,32	468
	34,28(34,28)	1.12,57(38,29)	1.51,21(38,64)	2.28,32(37,11)	
7	Ingeborg Ueland	91	Sola SK	2.37,55	390
	36,40(36,40)	1.16,32(39,92)	1.57,41(41,09)	2.37,55(40,14)	

Yngre junior

1p	Ingalill Urrang Naustvik	95	Karmøy SK	2.17,65	586
	31,81(31,81)	1.06,39(34,58)	1.42,77(36,38)	2.17,65(34,88)	
2p	Maria Wigestrånd	94	Sola SK	2.19,84	559
	32,03(32,03)	1.07,39(35,36)	1.43,76(36,37)	2.19,84(36,08)	
3p	Marie Heines Pettersen	96	Sandnes SLK	2.20,19	554
	32,28(32,28)	1.07,44(35,16)	1.44,33(36,89)	2.20,19(35,86)	
4	Oda Gjerde	95	Bryne SK	2.21,47	539
	32,93(32,93)	1.08,79(35,86)	1.45,83(37,04)	2.21,47(35,64)	
5	Mari Mjølhus Kristoffersen	95	Madla SK	2.25,45	496
	33,45(33,45)	1.10,81(37,36)	1.47,99(37,18)	2.25,45(37,46)	
6	May Synnøve Bartlett	95	Madla SK	2.42,03	359
	37,97(37,97)	1.19,44(41,47)	2.01,85(42,41)	2.42,03(40,18)	
7	Kaja Konow Grønseth	95	Frisinn SK	2.44,19	345
	37,62(37,62)	1.19,83(42,21)	2.02,98(43,15)	2.44,19(41,21)	

Øvelse 42. 200m individuell medley, herrer**Senior**

1p	Lars Einar Borsheim	80	TS/Madla	2.14,14	643
	28,87(28,87)	1.03,80(34,93)	1.42,60(38,80)	2.14,14(31,54)	

Eldre junior

1p	Didrik Konow Grønseth	92	Frisinn SK	2.28,10	478
	32,12(32,12)	1.09,90(37,78)	1.54,93(45,03)	2.28,10(33,17)	
2p	Asbjørn Skogen	93	Randaberg IL	2.32,38	439
	33,78(33,78)	1.12,70(38,92)	1.53,57(40,87)	2.32,38(38,81)	
3p	Erik William Ravndal	90	Sandnes SLK	2.33,63	428
	29,85(29,85)	1.08,12(38,27)	1.55,07(46,95)	2.33,63(38,56)	

Yngre junior

1p	Daniel Sandhåland	95	Karmøy SK	2.30,57	455
	32,42(32,42)	1.10,71(38,29)	1.56,07(45,36)	2.30,57(34,50)	
2p	Trond Vasslag	94	Stavanger SC	2.36,06	408
	35,16(35,16)	1.15,93(40,77)	2.00,91(44,98)	2.36,06(35,15)	
3p	Håkon P Ludvigsen	96	Randaberg IL	2.38,03	393
	33,50(33,50)	1.16,06(42,56)	2.03,59(47,53)	2.38,03(34,44)	
4	Olav Ravndal Skjølingstad	95	Stavanger SC	2.51,14	309
	34,76(34,76)	1.19,83(45,07)	2.09,59(49,76)	2.51,14(41,55)	

Øvelse 43. 100m rygg, damer**Senior**

1p	Ida Nordbø	89	TS/Madla	(0,72)	1.09,44	593
	33,41(33,41)	1.09,44(36,03)				

Eldre junior

1p	Victoria Rung	92	TS/Frisinn	(0,80)	1.10,23	573
	34,28(34,28)	1.10,23(35,95)				
2p	Vanessa Tuxen	92	Sola SK	(0,78)	1.11,64	540
	34,18(34,18)	1.11,64(37,46)				
3p	Nicole Egeland	93	Sandnes SLK	(0,66)	1.13,12	508
	34,90(34,90)	1.13,12(38,22)				
4	Stine Mjøllhus Kristoffersen	93	TS/Frisinn	(0,73)	1.14,05	489
	35,60(35,60)	1.14,05(38,45)				
5	Karoline Eriksen	92	Stavanger SC	(0,78)	1.15,73	457
	36,15(36,15)	1.15,73(39,58)				
6	Julie Askeland	93	Haugesund SK	(0,57)	1.17,33	429
	37,79(37,79)	1.17,33(39,54)				

Yngre junior

1p	Camilla Mangersnes Birkeland	96	Haugesund SK	(0,85)	1.18,95	403
	38,00(38,00)	1.18,95(40,95)				
2p	Silje Undheim	94	Sandnes SLK	(0,83)	1.19,36	397
	38,49(38,49)	1.19,36(40,87)				
3p	Silje Lilledahl	94	Haugesund SK	(0,92)	1.21,14	372
	40,19(40,19)	1.21,14(40,95)				
4	Line Nilsson	94	Madla SK	(0,73)	1.21,27	370
	39,08(39,08)	1.21,27(42,19)				

5	Susanne Sekkesæter 40,78(40,78)	95	Madla SK	(0,69)	1.24,54	328
					1.24,54(43,76)	
6	Elise Sandvoll 44,90(44,90)	96	Frisinn SK	(0,75)	1.32,14	254
					1.32,14(47,24)	
7	Charlotte Juul Jensen 44,16(44,16)	95	Madla SK	(1,00)	1.32,43	251
					1.32,43(48,27)	

Øvelse 44. 200m butterfly, herrer**Eldre junior**

1p	Erling Mjøs Brattelid 30,60(30,60)	91	TS/Sola		2.19,14	529
					1.43,31(36,82)	
					2.19,14(35,83)	
2p	Vegard Belaska 32,27(32,27)	93	Madla SK		2.29,74	425
					1.48,94(38,95)	
					2.29,74(40,80)	
3p	Øystein Fjeldberg 33,30(33,30)	93	Randaberg IL		2.31,28	412
					1.51,80(39,79)	
					2.31,28(39,48)	
4	Børre Bastiqkeit 32,40(32,40)	92	Haugesund SK		2.32,52	402
					1.50,47(40,25)	
					2.32,52(42,05)	
5	Ørjan Monsen 33,38(33,38)	92	Sola SK		2.39,09	354
					1.57,13(42,75)	
					2.39,09(41,96)	

Yngre junior

1p	Morten Bordevich 31,93(31,93)	94	Sola SK		2.20,87	510
					1.44,21(36,29)	
					2.20,87(36,66)	
2p	Håkon P Ludvigsen 37,81(37,81)	96	Randaberg IL		2.52,27	279
					2.10,58(47,76)	
					2.52,27(41,69)	

Øvelse 45. 200m individuell medley, damer**Eldre junior**

1p	Vannja Celine Brunsvik 36,13(36,13)	93	Haugesund SK		2.50,37	437
					2.10,64(48,87)	
					2.50,37(39,73)	

Yngre junior

1p	Ingalill Urrang Naustvik 34,09(34,09)	95	Karmøy SK		2.33,05	603
					1.57,48(41,98)	
					2.33,05(35,57)	
2p	Maren Larsen 34,10(34,10)	94	Madla SK		2.41,94	509
					2.02,02(46,44)	
					2.41,94(39,92)	
3p	Maria Wigestrands 37,49(37,49)	94	Sola SK		2.44,15	489
					2.07,65(47,34)	
					2.44,15(36,50)	
4	Oda Gjerde 36,94(36,94)	95	Bryne SK		2.44,59	485
					2.07,40(48,37)	
					2.44,59(37,19)	
5	Malin Klungveit 40,33(40,33)	96	Madla SK		2.57,56	386
					2.19,49(51,22)	
					2.57,56(38,07)	
6	Regine Sørda Lindanger 40,11(40,11)	96	Frisinn SK		2.59,95	371
					2.19,69(55,22)	
					2.59,95(40,26)	
7	May Synnøve Bartlett 40,99(40,99)	95	Madla SK		3.01,30	362
					2.19,64(48,35)	
					3.01,30(41,66)	
8	Susan Ultee 41,38(41,38)	96	Frisinn SK		3.04,02	347
					2.21,69(54,68)	
					3.04,02(42,33)	
9	Jacqueline PC Gale 46,44(46,44)	94	Madla SK		3.16,11	286
					2.32,64(55,78)	
					3.16,11(43,47)	

Øvelse 46. 50m rygg, herrer**Senior**

1p	Jørgen Møllerop	88	TS/Madla	(0,69)	28,02	601
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Eldre junior

1p	Erlend Tveteraas	91	TS/Madla	(0,60)	29,18	532
2p	Bjarte Ravndal	91	TS/Sola	(0,74)	29,68	505
3p	Glenn Skjæveland	92	Sandnes SLK	(0,71)	30,67	458
4	Didrik Konow Grønseth	92	Frisinn SK		31,60	419
5	Simon Høisæter	93	Haugesund SK	(0,71)	33,27	359
6	Fredrik Berntsen	90	Stavanger SC	(0,72)	33,65	347
7	Thomas Brustveit	93	Sandnes SLK	(0,80)	34,67	317

Yngre junior

1p	Gaute Ravndal	94	Sola SK	(0,80)	29,77	501
2p	Simen Alvestad	94	Karmøy SK	(0,62)	31,36	428
3p	Daniel Sandhåland	95	Karmøy SK	(0,78)	32,26	394
4	Ivan Aleksander Larsen	95	Karmøy SK	(0,64)	34,58	319
5	Vincent Skage	94	Karmøy SK	(0,64)	35,73	289
6	Sindre Aasland Ranaweera	96	Madla SK	(0,71)	36,87	263
7	Olav Ravndal Skjølingstad	95	Stavanger SC	(0,26)	37,68	247
8	Martin Langeland-Knudsen	96	Sola SK	(0,88)	41,01	191

9 beste senior:

1p	Jørgen Møllerop	88	TS/Madla	746p
2	Stine Haferkamp	83	TS/Madla	681p
3	Mari Ask Rasmussen	86	TS/SVK	675p
4	Lars Einar Borsheim	80	TS/Madla	643p
5	Ida Nordbø	89	TS/Madla	618p
6	Morten Jarland	80	ROMA	609p
7	Christine Ørland	88	TS/Madla	608p
8	Stian With Bjørnstad	87	Madla SK	562p
9	Vibeke Brigg	89	TS/Madla	561p

20 beste eldre juniorer herrer:

1p	Bjarte Ravndal	91	TS/Sola	683p
2	Ole Martin Grytten Ree	92	TS/Sola	653p
3	Joar Skien Grannes	90	Sandnes SLK	610p
4	Erling Mjøs Brattelid	91	TS/Sola	609p
5	Øystein Fjeldberg	93	Randaberg IL	581p
6	Asbjørn Skogen	93	Randaberg IL	559p
7	Ørjan Monsen	92	Sola SK	541p
8	Erlend Tveteraas	91	TS/Madla	533p
9	Glenn Skjæveland	92	Sandnes SLK	519p
10	Vegard Belaska	93	Madla SK	514p
11	Henry Ravndal	93	Sandnes SLK	512p
12	Steffen Larsen	91	Madla SK	499p
13	Didrik Konow Grønseth	92	Frisinn SK	478p
14	Alexander Svanevik Nilsen	93	Stavanger SC	477p
15	Børre Bastiqkeit	92	Haugesund SK	473p
16	Erik William Ravndal	90	Sandnes SLK	473p
17	Fredrik Berntsen	90	Stavanger SC	426p
18	Øyvind Malde	92	Madla SK	423p
19	Simon Høisæter	93	Haugesund SK	417p
20	Thomas Brustveit	93	Sandnes SLK	404p

16 beste yngre juniorer herrer:

1p	Morten Bordevich	94	Sola SK	660p
2	Ivan Aleksander Larsen	95	Karmøy SK	599p
3	Gaute Ravndal	94	Sola SK	586p
4	Simen Alvestad	94	Karmøy SK	506p
5	Daniel Sandhåland	95	Karmøy SK	463p
6	Håkon P Ludvigsen	96	Randaberg IL	433p
7	Magnus Møkster	94	Frisinn SK	408p
8	Trond Vasslag	94	Stavanger SC	408p
9	Bjørnar Ulvang	94	Lund SK	401p
10	Vincent Skage	94	Karmøy SK	382p
11	Snorre Andreas Røkbuvold	94	Lund SK	367p
12	Sindre Aasland Ranaweera	96	Madla SK	352p
13	Olav Ravndal Skjølingstad	95	Stavanger SC	346p
14	Marius Skogen	95	Randaberg IL	312p
15	Thomas Juvik	95	Stavanger SC	295p
16	Martin Langeland-Knudsen	96	Sola SK	293p

18 beste eldre juniorer damer:

1p	Cecilie W. Johannessen	90	Karmøy SK	832p
2	Victoria Rung	92	TS/Frisinn	721p
3	Monica W. Johannessen	90	Karmøy SK	669p
4	Trine Hovda	90	TS/Madla	666p
5	Marthe Berg Sørensen	92	TS/Frisinn	644p
6	Vanessa Tuxen	92	Sola SK	610p
7	Maren Kristine Jansen	90	TS/Randaberg	596p
8	Nicole Egeland	93	Sandnes SLK	592p
9	Stine Mjølhus Kristoffersen	93	TS/Frisinn	579p
10	Karoline Eriksen	92	Stavanger SC	550p
11	Ingrid Wigestrånd	92	Sola SK	547p
12	Renate Aasland Ranaweera	91	Madla SK	541p
13	Camilla Bø	93	Egersund SK	522p
14	Julie Askeland	93	Haugesund SK	481p
15	Vannja Celine Brunsvik	93	Haugesund SK	469p
16	Renate Laupstad	92	Egersund SK	417p
17	Ingeborg Ueland	91	Sola SK	396p
18	Julie Svanes	93	Egersund SK	380p

20 beste yngre juniorer damer:

1p	Ingalill Urrang Naustvik	95	Karmøy SK	644p
2	Maria Thompson Clausen	96	Madla SK	635p
3	Eva Marie Wilson Østerhus	94	TS/Madla	623p
4	Maria Wigestrånd	94	Sola SK	559p
5	Marie Heines Pettersen	96	Sandnes SLK	554p
6	Oda Gjerde	95	Bryne SK	549p
7	Maren Larsen	94	Madla SK	547p
8	Line Nilsson	94	Madla SK	530p
9	Mari Mjølhus Kristoffersen	95	Madla SK	499p
10	Silje Lilledahl	94	Haugesund SK	454p
11	Aleksandra Berge	94	Madla SK	450p
12	Camilla M. Birkeland	96	Haugesund SK	430p
13	Silje Undheim	94	Sandnes SLK	405p
14	Malin Klungtveit	96	Madla SK	401p
15	Regine Sjørdal Lindanger	96	Frisinn SK	386p
16	Cecilie E. Olsen	94	Sandnes SLK	383p
17	May Synnøve Bartlett	95	Madla SK	369p
18	Susan Ultee	96	Frisinn SK	369p
19	Kaja Konow Grønseth	95	Frisinn SK	359p
20	Silje Chirico Indrebø	95	Frisinn SK	344p