

Øvelse 1. 200m individuell medley, damer**Heat 1**

1					
2	Lisa Aaslestad	96	Sandnes SLK		_____
3	Runa By Bårdsgård	95	Sandnes SLK		_____
4	Martha Maria Songstad	94	Bergens Svømme Club		_____
5					
6					

Heat 2

1	Emma Bull-Gjertsen	97	Varodd SK	3.42,56	_____
2	Madelen Stenberg	97	Varodd SK	3.35,36	_____
3	Sofie Thorsen	96	Varodd SK	3.32,81	_____
4	Caroline Birkeland	98	Varodd SK	3.35,35	_____
5	Ann Vilde Kristensen	97	Madla SK	3.39,22	_____
6	Christine Arctander	93	Madla SK		_____

Heat 3

1	Oda Tørnkvist	98	Varodd SK	3.19,16	_____
2	Virginia Sitta	97	Madla SK	3.12,30	_____
3	Anna Teetzmann	95	Stord IL	3.06,57	_____
4	Nina-Therese Storstein	98	Karmøy SK	3.07,31	_____
5	Malene Tangedal Mehus	94	IL Solid	3.17,22	_____
6	Thea Støle	96	Frisinn SK	3.26,53	_____

Heat 4

1	Toni G. Coudray	97	Bergens Svømme Club	3.04,07	_____
2	Monica Beeder	93	Bergens Svømme Club	3.03,55	_____
3	Matilde Giovannelli	94	Frisinn SK	2.56,16	_____
4	May Synnøve Bartlett	95	Madla SK	2.58,88	_____
5	Sofie Reisænen	97	Varodd SK	3.03,96	_____
6	Hanne Møkster	96	Frisinn SK	3.05,01	_____

Heat 5

1	Barbara Hansen	93	Frisinn SK	2.54,26	_____
2	Ingrid Bergslid	97	Madla SK	2.50,51	_____
3	Aleksandra Berge	94	Madla SK	2.49,58	_____
4	Vannja Celine Brunsvik	93	Haugesund SK	2.50,37	_____
5	Eirin Arnesen	93	Bergens Svømme Club	2.50,78	_____
6	Maren A Hegland	96	Mandal SK	2.55,13	_____

Heat 6

1	Kristin Bringedal	91	Frisinn SK	2.47,69	_____
2	Ingrid Hystad	92	IL Solid	2.41,65	_____
3	Inger Kristine Steinsland	92	IL Solid	2.40,47	_____
4	Mari Mjøllhus Kristoffersen	95	Madla SK	2.41,06	_____
5	Une Johnsen	96	Mandal SK	2.46,55	_____
6	Tiril Fredrikke Rist Jensen	94	Lillesand IL	2.49,11	_____

Heat 7

1	Maria Thompson Clausen	96	Madla SK	2.37,30	_____
2	Caroline Marki Mork	93	Stavanger SC	2.33,88	_____
3	Elisabeth Kristiansen	92	Haugesund SK	2.29,98	_____
4	Ingalill Urrang Naustvik	95	Karmøy SK	2.31,43	_____
5	Amalie Kristiansen	95	Haugesund SK	2.34,87	_____
6	Malena Martens	94	IL Solid	2.39,90	_____

Øvelse 2. 200m individuell medley, herrer**Heat 1**

1	Anders Nilsson	97	Frisinn SK		_____
2	Harald Goa Fagerheim	97	Karmøy SK		_____
3	Trym Jørgensen	98	Egersund SK	3.50,11	_____
4	Erik Hystad	97	Stord IL	4.06,40	_____
5	Erling Osland	96	Stord IL		_____
6	Mikko Virtanen	93	Stord IL		_____

Heat 2

1	Aamund Westermoen	98	Mandal SK	3.27,19	_____
2	Barneby Baines	98	Madla SK	3.21,67	_____
3	Fredrik Hana Voss	95	Randaberg IL	3.09,21	_____
4	Halvor Alvestad Larsen	98	Karmøy SK	3.15,52	_____
5	Tim Samuelsen	97	Madla SK	3.25,42	_____
6	Magnus Johnsen Horne	94	Stord IL	3.36,86	_____

Heat 3

1	Dennis Asbjørnsen	97	Madla SK	2.59,86	_____
2	Morten Wee Hollund	96	Karmøy SK	2.36,98	_____
3	Per Øystein Turøy	92	Stavanger SC	2.34,12	_____
4	Håkon Ismael Torstrup	96	Mandal SK	2.35,99	_____
5	Kai Martin Hansen	92	Drammen SK	2.43,79	_____
6	Jim Steinsland	95	IL Solid	3.01,00	_____

Heat 4

1	Daniel Sandhåland	95	Karmøy SK	2.26,36	_____
2	Vegard Belaska	93	Madla SK	2.23,98	_____
3	Lars Einar Borsheim	A-80	TS/Madla	2.13,58	_____
4	Sander Rødje	93	Haugesund SK	2.16,00	_____
5	Simen Alvestad	94	Karmøy SK	2.24,87	_____
6	Øystein Fjeldberg	93	Randaberg IL	2.29,69	_____

Øvelse 3. 400m fri, damer**Heat 1**

1	Siril Therese Bårtvedt	97	Sandnes SLK		_____
2	Rebekka Asbjørnsen	96	Sandnes SLK		_____
3	Kristin Serck Hanssen	98	Madla SK	6.50,56	_____
4	Ann Vilde Kristensen	97	Madla SK	7.02,37	_____
5	Vanessa Tuxen	92	Sola SK		_____
6					_____

Heat 2

1	Madelen Stenberg	97	Varodd SK	6.44,39	_____
2	Vilde E. Stokkenes	98	Haugesund SK	6.33,17	_____
3	Maria Voldsund	98	Delfana	6.19,02	_____
4	Ulrikke Rein	98	Madla SK	6.25,93	_____
5	Marit Hystad	96	IL Solid	6.34,97	_____
6	Emma Bull-Gjertsen	97	Varodd SK	6.49,97	_____

Heat 3

1	Ida Tomine Glomsaker	97	Madla SK	5.50,59	_____
2	Emilie Valand Sørensen	94	Varodd SK	5.17,28	_____
3	Julie Askeland	93	Haugesund SK	5.09,71	_____
4	Maria Bergfjord	93	Stavanger SC	5.15,30	_____
5	Signe Birch Moltu	94	Frisinn SK	5.47,95	_____
6	Gina Alvestad	98	Karmøy SK	6.00,67	_____

Heat 4

1	Vilde Tengesdal	96	Bryne SK	5.06,96	_____
2	Oda Gjerde	95	Bryne SK	4.47,61	_____
3	Victoria Rung	92	TS/Frisinn	4.27,90	_____
4	Ane Nygård	95	Stavanger SC	4.36,42	_____
5	Ingrid Wigestrånd	92	Sola SK	5.03,95	_____
6	Alida Etterlid Jensen	95	Stord IL	5.07,19	_____

Øvelse 4. 400m fri, herrer**Heat 1**

1	Jonas Østenstad	98	Haugesund SK		_____
2	Haakon Buckland	96	Haugesund SK	6.57,19	_____
3	Andreas Brobakken	96	Lillesand IL	6.48,41	_____
4	Aamund Westermoen	98	Mandal SK	6.53,59	_____
5	Yonathan David Heij	95	Haugesund SK		_____
6	Kristian Markhus Endresen	98	Haugesund SK		_____

Heat 2

1	Erling Belaska	98	Madla SK	6.32,49	_____
2	Dennis Asbjørnsen	97	Madla SK	5.42,17	_____
3	Eivind Bjelland	98	Karmøy SK	5.26,13	_____
4	Benjamin Alic	96	Haugesund SK	5.40,70	_____
5	Kacper Domanski	96	Frisinn SK	5.46,53	_____
6	Axel Ravndal	98	Sandnes SLK	6.35,21	_____

Heat 3

1	Håkon Ismael Torstrup	96	Mandal SK	5.12,01	_____
2	Ole Martin Turøy	95	Stavanger SC	4.51,90	_____
3	Morten Bordevich	94	Sola SK	4.15,95	_____
4	Stian With Bjørnstad	87	Madla SK	4.34,32	_____
5	Bjørn Eikanger Hanssen	95	Bryne SK	4.53,24	_____
6	Are Mowatt Gruben	96	Bergens Svømme Club	5.24,31	_____

Øvelse 5. 100m butterfly, damer**Heat 1**

1	Rebecca Baxter	97	Madla SK		_____
2	Hanne Hana Voss	97	Randaberg IL		_____
3	Silje Chirico Indrebø	95	Frisinn SK	1.35,70	_____
4	Christine Sekkesæter	98	Madla SK	1.56,73	_____
5	Kristin Serck Hanssen	98	Madla SK		_____
6	Henrikke Torstrup	99	Mandal SK		_____

Heat 2

1	Maren A Hegland	96	Mandal SK	1.30,20	_____
2	Nina Staveland	97	Madla SK	1.29,39	_____
3	Hanne Møkster	96	Frisinn SK	1.26,24	_____
4	Matilde Giovannelli	94	Frisinn SK	1.29,10	_____
5	Regine Sjørdal Lindanger	96	Frisinn SK	1.29,44	_____
6	Nina-Therese Storstein	98	Karmøy SK	1.35,63	_____

Heat 3

1	Barbara Hansen	93	Frisinn SK	1.23,10	_____
2	Marie L. Nygaard	94	Mandal SK	1.22,10	_____
3	Marte Staveland	95	Madla SK	1.21,13	_____
4	Solveig Vuilliomenet	94	Klepp	1.21,58	_____
5	Une Johnsen	96	Mandal SK	1.22,78	_____
6	Christine Arctander	93	Madla SK	1.23,98	_____

Heat 4

1	Sara Petrine Veierød	93	Bergens Svømme Club	1.15,16	_____
2	Nicole Tandrevold Næsheim	91	Stavanger SC	1.13,16	_____
3	Maria Thompson Clausen	96	Madla SK	1.12,36	_____
4	Rebekka Andersen	93	Stavanger SC	1.12,70	_____
5	Maren Larsen	94	Madla SK	1.14,94	_____
6	Maria Wigestrånd	94	Sola SK	1.20,14	_____

Heat 5

1	Ane Nygård	95	Stavanger SC	1.09,60	_____
2	Karoline Eriksen	92	Stavanger SC	1.04,97	_____
3	Maren Kristine Jansen	90	TS/Randaberg	1.04,58	_____
4	Karen Stødle	87	Team Stavanger	1.04,83	_____
5	Marthe Berg Sørensen	92	TS/Frisinn	1.08,59	_____
6	Stine Mjølhus Kristoffersen	93	TS/Frisinn	1.11,48	_____

Øvelse 6. 100m butterfly, herrer**Heat 1**

1	Filip Torjusen Byberg	96	Stavanger SC		_____
2	Erik Hystad	97	Stord IL	2.14,78	_____
3	Aamund Westermoen	98	Mandal SK	1.52,65	_____
4	Barneby Baines	98	Madla SK	2.01,17	_____
5	Asbjørn Skogen	93	Randaberg IL		_____
6	Glenn Skjæveland	92	Sandnes SLK		_____

Heat 2

1	Fredrik Hana Voss	95	Randaberg IL	1.42,08	_____
2	Halvor Alvestad Larsen	98	Karmøy SK	1.32,76	_____
3	Dennis Asbjørnsen	97	Madla SK	1.26,11	_____
4	Bjørn Stian Vuilliomenet	96	Klepp	1.32,38	_____
5	Adrian Etterlid Jensen	97	Stord IL	1.38,68	_____
6	Tim Samuelsen	97	Madla SK	1.51,47	_____

Heat 3

1	Maurice Sudkamp	97	Randaberg IL	1.22,70	_____
2	Håkon Ismael Torstrup	96	Mandal SK	1.15,33	_____
3	Sindre Aasland Ranaweera	96	Madla SK	1.15,00	_____
4	Erlend H. Hestnes	93	Egersund SK	1.15,00	_____
5	Henrik Ariansen	93	Mandal SK	1.16,24	_____
6	Michael Gutierrez Irgens	95	Bergens Svømme Club	1.23,44	_____

Heat 4

1	Hoby Andrian	95	Klepp	1.13,54	_____
2	Henrik Knudsen	94	Stavanger SC	1.08,57	_____
3	Henry Ravndal	93	Sandnes SLK	1.07,47	_____
4	Erik Vassøy Olsen	91	Stavanger SC	1.08,25	_____
5	Simon Thorbjørnsen Stavland	93	Stord IL	1.11,52	_____
6	Fredrik Nordhammer	94	Lillesand IL	1.13,92	_____

Heat 5

1	Stian With Bjørnstad	87	Madla SK	1.04,63	_____
2	Lars Einar Borsheim	80	TS/Madla	1.01,30	_____
3	Jørgen Møllerop	88	TS/Madla	57,48	_____
4	Ole Martin Grytten Ree	92	TS/Sola	57,59	_____
5	Bjarte Ravndal	91	TS/Sola	1.03,67	_____
6	Morten Wee Hollund	96	Karmøy SK	1.06,71	_____

Øvelse 7. 50m fri, damer

Heat 1

1	Ingrid Svelland	94	Madla SK	_____
2	Nora Kastellet	98	Madla SK	_____
3	Henrikke Torstrup	99	Mandal SK	_____
4	Elena Bergfjord	98	Stavanger SC	_____
5	Sunniva Svanes	98	Madla SK	_____
6	Runa V. Sandemoen	96	Stavanger VK	_____

Heat 2

1	Henriette Juul Jensen	99	Madla SK	_____
2	Emma Askeland Fosså	98	Madla SK	_____
3	Carmela Alonzo Ullestad	98	Madla SK	_____
4	Brita Kindem	99	Madla SK	_____
5	Sarah Louise Rung	89	Madla SK	_____
6	Andrea Edland	98	Frisinn SK	_____

Heat 3

1	Vivian Asplin	96	Madla SK	1.03,73	_____
2	Marit Haram Hjelmsås	99	Madla SK	53,38	_____
3	Martina Giovannelli	99	Frisinn SK	51,50	_____
4	Iris Aikio	98	Madla SK	51,60	_____
5	Mathilde Arctander	95	Madla SK	53,98	_____
6	Britta Benz	97	Madla SK		_____

Heat 4

1	Mari Bråten	98	Madla SK	50,21	_____
2	Vivian Nesheim Indrevoll	98	Stavanger VK	48,10	_____
3	Keerthana Balashankar	97	Madla SK	46,90	_____
4	Sarah Parsberg Støle	99	Frisinn SK	48,06	_____
5	Mathilde Opheim	98	Lillesand IL	48,14	_____
6	Maria Gutierrez Irgens	99	Bergens Svømme Club	51,31	_____

Heat 5

1	Dagny Vannebo	96	Drammen SK	45,77	_____
2	Emma Valand Sørensen	99	Varodd SK	45,11	_____
3	Johanne Willumsen de Haag	98	Madla SK	43,54	_____
4	Live Jørgensen	96	Egersund SK	44,94	_____
5	Ines Nystrand	98	Madla SK	45,34	_____
6	Emilie Chirico Indrebø	98	Frisinn SK	46,83	_____

Heat 6

1	Emilie Nilo Nilsen	98	Madla SK	42,83	_____
2	Vilde Næss	98	Lillesand IL	41,88	_____
3	Alina H Bjelancic	99	Randaberg IL	41,15	_____
4	Ann Vilde Kristensen	97	Madla SK	41,50	_____
5	Caroline Birkeland	98	Varodd SK	42,03	_____
6	Ida Elisabeth Tokvam	97	Madla SK	43,07	_____

Heat 7

1	Frida Nelson	97	Drammen SK	40,05	_____
2	Gina Alvestad	98	Karmøy SK	38,49	_____
3	Rebekka Asbjørnsen	96	Sandnes SLK	38,35	_____
4	Jasmine Rød	96	Madla SK	38,48	_____
5	Malene Tangedal Mehus	94	IL Solid	38,51	_____
6	Amalie Nortvedt	97	Frisinn SK	40,62	_____

Heat 8

1	Tina Lægraud	96	Varodd SK	38,00	_____
2	Sofie Thorsen	96	Varodd SK	37,68	_____
3	Karianne Møkster	99	Frisinn SK	37,67	_____
4	Linn Sigrid Sødal	97	Varodd SK	37,68	_____
5	Cecilia Eide Songstad	97	Bergens Svømme Club	37,83	_____
6	Marte Johanne Tangedal Mehus	97	Stord IL	38,32	_____

Heat 9

1	Johanne Heines Pettersen	99	Sandnes SLK	37,50	_____
2	Brita Stang Aune	97	Stavanger SC	36,87	_____
3	Toni G. Coudray	97	Bergens Svømme Club	36,24	_____
4	Nina-Therese Storstein	98	Karmøy SK	36,81	_____
5	Ulrikke Rein	98	Madla SK	37,35	_____
6	Marthe Gjøseter	97	Stord IL	37,58	_____

Heat 10

1	Marit Bergsland Hansen	95	Sandnes SLK	36,16	_____
2	Malin Tønnessen	96	Frisinn SK	36,03	_____
3	Tone Hartmark Nilsen	98	Mandal SK	35,57	_____
4	Vibeke Todnem	95	Sandnes SLK	35,59	_____
5	Virginia Sitta	97	Madla SK	36,15	_____
6	Marit Hystad	96	IL Solid	36,17	_____

Heat 11

1	Charlotte Juul Jensen	95	Madla SK	35,52	_____
2	Aulona Bytyqi	95	Lillesand IL	35,16	_____
3	Lene Holm	96	Sandnes SLK	35,12	_____
4	Tonje Immerstein	S10 - 89	Sandnes SLK	35,13	_____
5	Ingrid Marie Thorsen	96	Haugesund SK	35,38	_____
6	Ida Tomine Glomsaker	97	Madla SK	35,57	_____

Heat 12

1	Ingrid Bergslid	97	Madla SK	34,84	_____
2	Runa By Bårdsgård	95	Sandnes SLK	34,29	_____
3	Lotte Stang Aune	96	Stavanger SC	34,21	_____
4	Siril Therese Bårtvedt	97	Sandnes SLK	34,25	_____
5	Ida Jensen Lirhus	97	Madla SK	34,80	_____
6	Elise Trøan	92	Madla SK	34,90	_____

Heat 13

1	Maren Lootz Aarthun	95	Stavanger SC	33,85	_____
2	Kristin Graf Verpe	95	Drammen SK	33,59	_____
3	Cecilie E. Olsen	94	Sandnes SLK	33,48	_____
4	Maria Bergfjord	93	Stavanger SC	33,54	_____
5	Vannja Celine Brunsvik	93	Haugesund SK	33,68	_____
6	May Synnøve Bartlett	95	Madla SK	34,06	_____

Heat 14

1	Maren A Hegland	96	Mandal SK	33,41	_____
2	Heidi Marie Helgerud	91	Drammen SK	33,33	_____
3	Birgitte Tangen Gjerde	94	Molde SLK	33,16	_____
4	Marte Staveland	95	Madla SK	33,16	_____
5	Stine Hegland	93	Mandal SK	33,37	_____
6	Ida Grønnestad	95	Sandnes SLK	33,48	_____

Heat 15

1	Inger Arctander	D-66	ROMA	33,10	_____
2	Julie Svanes	93	Egersund SK	32,91	_____
3	Demi Coudray	94	Bergens Svømme Club	32,47	_____

4	Silje Undheim	94	Sandnes SLK	32,70	_____
5	Silje Lilledahl	94	Haugesund SK	32,97	_____
6	Une Johnsen	96	Mandal SK	33,11	_____

Heat 16

1	Hanna Huglen Vinsnesbakk	95	Stord IL	32,41	_____
2	Sanne D Risbakk	94	Randaberg IL	32,19	_____
3	Susanne Sekkesæter	95	Madla SK	32,12	_____
4	Renate Laupstad	92	Egersund SK	32,15	_____
5	Raili Karoline Haagensen	96	Haugesund SK	32,27	_____
6	Kristin Bringedal	91	Frisinn SK	32,42	_____

Heat 17

1	Camilla Thoreby	90	Madla SK	32,01	_____
2	Matilde Giovannelli	94	Frisinn SK	31,92	_____
3	Tiril Fredrikke Rist Jensen	94	Lillesand IL	31,82	_____
4	Ingeborg Jørmeland	96	Stavanger SC	31,87	_____
5	Cecilie Drabsch Norland	S8 - 78	Stavanger HAIK	32,00	_____
6	Anna Teetzmann	95	Stord IL	32,11	_____

Heat 18

1	Vilde Tengesdal	96	Bryne SK	31,64	_____
2	Solveig Vuilliomenet	94	Klepp	31,41	_____
3	Malin Haga	95	Stavanger SC	31,15	_____
4	Camilla Mangersnes Birkeland	96	Haugesund SK	31,34	_____
5	Martha Maria Songstad	94	Bergens Svømme Club	31,44	_____
6	Aleksandra Berge	94	Madla SK	31,71	_____

Heat 19

1	Ingrid Ånderå	93	Sandnes SLK	31,11	_____
2	Synnøve Fevang	93	Stavanger SC	30,96	_____
3	Emilie S. Knudsen	93	Drammen SK	30,65	_____
4	Emilie Knutsen Hegdal	96	Stavanger SC	30,84	_____
5	Siv Vuilliomenet	92	Klepp	31,03	_____
6	Signe Aarhun Lootz	93	Stavanger SC	31,11	_____

Heat 20

1	Siren Kristine Bergslid	93	Stavanger SC	30,38	_____
2	Ingrid Wigestrånd	92	Sola SK	30,29	_____
3	Emilie Valand Sørensen	94	Varodd SK	30,26	_____
4	Inger Kristine Steinsland	92	IL Solid	30,29	_____
5	Julie Askeland	93	Haugesund SK	30,35	_____
6	Lise Viola Haraldstad	94	Mandal SK	30,53	_____

Heat 21

1	Heidi Høgalmen	90	Madla SK	30,08	_____
2	Maren Larsen	94	Madla SK	29,84	_____
3	Hannah Wærenskjold	94	Mandal SK	29,67	_____
4	Renate Aasland Ranaweera	91	Madla SK	29,70	_____
5	Mari Mjølhus Kristoffersen	95	Madla SK	30,08	_____
6	Maria Wigestrånd	94	Sola SK	30,14	_____

Heat 22

1	Lotte Miller	96	Madla SK	29,36	_____
2	Alida Etterlid Jensen	95	Stord IL	29,17	_____
3	Karoline Eriksen	92	Stavanger SC	28,81	_____
4	Nicole Egeland	93	Sandnes SLK	28,94	_____
5	Ingalill Urrang Naustvik	95	Karmøy SK	29,27	_____
6	Malena Martens	94	IL Solid	29,44	_____

Heat 23

1	Elisabeth Kristiansen	92	Haugesund SK	28,63	_____
2	Ingrid Hystad	92	IL Solid	28,48	_____
3	Maria Thompson Clausen	96	Madla SK	28,27	_____
4	Eirin Arnesen	93	Bergens Svømme Club	28,36	_____
5	Vanessa Tuxen	92	Sola SK	28,61	_____
6	Maren Kristine Jansen	90	TS/Randaberg	28,71	_____

Heat 24

1	Marthe Berg Sørensen	92	TS/Frisinn	28,13	_____
2	Caroline Marki Mork	93	Stavanger SC	27,97	_____
3	Kristine Johansen	B-77	Team Stavanger	26,90	_____
4	Mari Ask Rasmussen	86	TS/SVK	27,38	_____
5	Trine Hovda	90	TS/Madla	28,06	_____
6	Hege Elisabeth Harestad	92	Stavanger SC	28,24	_____

Øvelse 8. 50m fri, herrer**Heat 1**

1	Christian-Alexander Egge Wagner	94	Drammen SK		_____
2	Eskild Grønnestad	97	Frisinn SK		_____
3	Tord Wiig Johannessen	99	Madla SK		_____
4	Brage Midbrød	98	Madla SK		_____
5	Lasse Benz	96	Madla SK		_____
6	Martin Husby Sem	99	Madla SK		_____

Heat 2

1	Mikko Virtanen	93	Stord IL		_____
2	Olav Rune Arctander	99	Madla SK	1.05,41	_____
3	Olav Nevestveit Barøy	99	Klepp	56,21	_____
4	Olav Lucas Torstrup	97	Mandal SK	1.02,54	_____
5	Petter De Boer	99	Madla SK		_____
6	Atle Wiig-Fisketjøn	97	Madla SK		_____

Heat 3

1	Jakob Skaftun	99	Madla SK	51,46	_____
2	Håvard Nevestveit Barøy	98	Klepp	49,88	_____
3	Eskild Strand	99	Madla SK	46,17	_____
4	Sean Buckland	98	Haugesund SK	49,26	_____
5	Håkon Bergersen	99	Madla SK	50,42	_____
6	Adrian Mathias Ceuppens	97	Frisinn SK	52,54	_____

Heat 4

1	Sindre Vatnamot Amble	98	Madla SK	44,17	_____
2	Aamund Westermoen	98	Mandal SK	42,76	_____
3	Erling Belaska	98	Madla SK	40,67	_____
4	Trym Jørgensen	98	Egersund SK	42,20	_____
5	Sindre Salte Dunseth	99	Frisinn SK	42,91	_____
6	Hector Moland	99	Madla SK	44,82	_____

Heat 5

1	Jonas Østenstad	98	Haugesund SK	39,68	_____
2	Ben Davidson	97	Stavanger SC	38,28	_____
3	Haakon Buckland	96	Haugesund SK	37,76	_____
4	Torbjørn Visnes	97	Stord IL	38,22	_____
5	Tobias Gellein	96	Frisinn SK	38,64	_____
6	Torstein Myklebust	96	Frisinn SK	39,89	_____

Heat 6

1	Endre Mowatt Gruben	99	Bergens Svømme Club	37,62	_____
2	Erling Osland	96	Stord IL	37,12	_____
3	Gord Behzadi	97	Madla SK	36,58	_____
4	Axel Ravndal	98	Sandnes SLK	36,82	_____
5	Magnus Johnsen Horne	94	Stord IL	37,60	_____
6	Kristian Markhus Endresen	98	Haugesund SK	37,68	_____

Heat 7

1	Halvor Arne Borgstøm	97	Stavanger SC	36,37	_____
2	Birk Hveding Ersdal	96	Drammen SK	36,07	_____
3	Adrian Etterlid Jensen	97	Stord IL	35,24	_____
4	Frank Reinmertz	94	Sandnes SLK	35,97	_____
5	Anders Gundersen	94	Stavanger SC	36,23	_____
6	Mathias Aarsland	96	Bryne SK	36,46	_____

Heat 8

1	Dennis Asbjørnsen	97	Madla SK	34,81	_____
2	Espen Sønneland	94	Madla SK	33,82	_____
3	Eivind Bjelland	98	Karmøy SK	33,37	_____
4	Sondre Møll	96	Stavanger SC	33,54	_____
5	Harald Goa Fagerheim	97	Karmøy SK	33,97	_____
6	Jørgen Tufteskog Spanne	95	Sandnes SLK	34,92	_____

Heat 9

1	Martin Langeland-Knudsen	96	Sola SK	32,92	_____
2	Håkon Wulf Haugen	96	Bergens Svømme Club	32,77	_____
3	Michael Gutierrez Irgens	95	Bergens Svømme Club	32,41	_____
4	Jørgen Abrahamsen	95	Randaberg IL	32,72	_____
5	Bjørn Stian Vuilliomenet	96	Klepp	32,84	_____
6	Yonathan David Heij	95	Haugesund SK	33,16	_____

Heat 10

1	Benjamin Alic	96	Haugesund SK	31,51	_____
2	Jim Steinsland	95	IL Solid	31,17	_____
3	Eirik Johnsen	96	Bergens Svømme Club	30,70	_____
4	Alexander Svanevik Nilsen	93	Stavanger SC	30,86	_____
5	Simen Clementsen	95	Frisinn SK	31,31	_____
6	Marius Skogen	95	Randaberg IL	32,18	_____

Heat 11

1	Oliver Haugberg	94	Stavanger SC	30,64	_____
2	Trond Vasslag	94	Stavanger SC	30,37	_____
3	Jan Ove Lytomt	92	Sandnes SLK	30,28	_____
4	Filip Torjusen Byberg	96	Stavanger SC	30,32	_____
5	Vincent Skage	94	Karmøy SK	30,57	_____
6	Sindre Aasland Ranaweera	96	Madla SK	30,65	_____

Heat 12

1	Asbjørn Skogen	93	Randaberg IL	29,98	_____
2	Bjørn Eikanger Hanssen	95	Bryne SK	29,72	_____
3	Fredrik Knutsen Hegdal	94	Stavanger SC	29,59	_____
4	Olav Ravndal Skjølingstad	95	Stavanger SC	29,61	_____
5	Morten Wee Hollund	96	Karmøy SK	29,90	_____
6	Thomas Brustveit	93	Sandnes SLK	30,22	_____

Heat 13

1	Jakob Westermoen	95	Mandal SK	29,21	_____
2	Håkon Ismael Torstrup	96	Mandal SK	28,96	_____
3	Hoby Andrian	95	Klepp	28,92	_____
4	Magnus Møkster	94	Frisinn SK	28,94	_____
5	Fredrik Langholm Furuli	93	Drammen SK	29,16	_____
6	Daniel Sandhåland	95	Karmøy SK	29,30	_____

Heat 14

1	Øyvind Malde	92	Madla SK	28,62	_____
2	Øyvind Normann	94	Drammen SK	28,50	_____
3	Kai Martin Hansen	92	Drammen SK	28,33	_____
4	Jens Holm	92	Drammen SK	28,48	_____
5	Magnus Andre Nilsen	91	Drammen SK	28,56	_____
6	Per Øystein Turøy	92	Stavanger SC	28,64	_____

Heat 15

1	Jonathan Nordhammer	93	Lillesand IL	27,92	_____
2	Simon Thorbjørnsen Stavland	93	Stord IL	27,68	_____
3	Petter Ledsaak	90	Sandnes SLK	27,49	_____
4	Morten Bordevich	94	Sola SK	27,52	_____
5	Henrik Ariansen	93	Mandal SK	27,73	_____
6	Jonas Langseth Guttormsen	92	Drammen SK	28,22	_____

Heat 16

1	Erlend H. Hestnes	93	Egersund SK	27,25	_____
2	Erlend Tveteraas	91	TS/Madla	27,21	_____
3	Simen Alvestad	94	Karmøy SK	27,09	_____
4	Stian With Bjørnstad	87	Madla SK	27,10	_____
5	Henry Ravndal	93	Sandnes SLK	27,24	_____
6	Thomas Johansen	85	Drammen SK	27,33	_____

Heat 17

1	Magne Klemetsen	E-62	Stord Masters SK	27,00	_____
2	Mikkel Hveding Ersdal	92	Drammen SK	26,93	_____
3	Vegard Belaska	93	Madla SK	26,78	_____
4	Erling Mjøs Brattelid	91	TS/Sola	26,82	_____
5	Pål Helland	C-72	Stord Masters SK	27,00	_____
6	Steffen Larsen	91	Madla SK	27,02	_____

Heat 18

1	Ørjan Monsen	92	Sola SK	26,61	_____
2	Gaute Ravndal	94	Sola SK	25,39	_____
3	Bernt M. Seyffarth	89	Mandal SK	24,00	_____
4	Per Sondre Sodeland	91	Mandal SK	24,10	_____
5	Thorbjørn Mangersnes Birkeland	93	Haugesund SK	25,70	_____
6	Haakon Andreas Hansen	82	Drammen SK	26,73	_____

Øvelse 9. 1500m fri, damer**Heat 1**

1					_____
2	Line Nilsson	94	Madla SK		_____
3	Nina Staveland	97	Madla SK		_____
4	Sandra Sola	97	Randaberg IL		_____
5					_____
6					_____

Heat 2

1					
2	Oda Tørnkvist	98	Varodd SK	27.30,00	_____
3	Marie L. Nygaard	94	Mandal SK	21.03,13	_____
4	Sofie Reisænen	97	Varodd SK	24.00,00	_____
5	Henriette Dahl	95	Bergens Svømme Club		_____
6					

Øvelse 10. 800m fri, herrer**Heat 1**

1					
2	Espen Sønneland	94	Madla SK		_____
3	Johan Markus Mowinckel	95	Bergens Svømme Club	11.34,30	_____
4	Gord Behzadi	97	Madla SK	11.40,19	_____
5	Øyvind Malde	92	Madla SK		_____
6					

Heat 2

1	Alexander Marki Mork	95	Stavanger SC	10.08,46	_____
2	Øystein Fjeldberg	93	Randaberg IL	9.08,19	_____
3	Thorbjørn Mangersnes Birkeland	93	Haugesund SK	9.01,17	_____
4	Ivan Aleksander Larsen	95	Karmøy SK	9.05,24	_____
5	Ørjan Monsen	92	Sola SK	9.18,29	_____
6	Maurice Sudkamp	97	Randaberg IL	11.11,25	_____

Pause 30 min.

Øvelse 11. 200m butterfly, damer**Heat 1**

1	Ida Jensen Lirhus	97	Madla SK		_____
2	May Synnøve Bartlett	95	Madla SK		_____
3	Oda Tørnkvist	98	Varodd SK	3.59,54	_____
4	Madelen Stenberg	97	Varodd SK	4.00,00	_____
5	Aleksandra Berge	94	Madla SK		_____
6					

Heat 2

1	Susanne Sekkesæter	95	Madla SK	3.13,48	_____
2	Eirin Arnesen	93	Bergens Svømme Club	2.51,28	_____
3	Victoria Rung	92	TS/Frisinn	2.21,05	_____
4	Rebekka Andersen	93	Stavanger SC	2.44,33	_____
5	Sara Petrine Veierød	93	Bergens Svømme Club	3.09,49	_____
6	Nina Staveland	97	Madla SK	3.15,86	_____

Øvelse 12. 200m butterfly, herrer**Heat 1**

1					
2	Stian With Bjørnstad	87	Madla SK		_____
3	Henry Ravndal	93	Sandnes SLK	2.44,69	_____
4	Dennis Asbjørnsen	97	Madla SK	3.10,06	_____
5	Kacper Domanski	96	Frisinn SK		_____
6					

Heat 2

1	Håkon P Ludvigsen	96	Randaberg IL	2.36,91	_____
2	Vegard Belaska	93	Madla SK	2.27,43	_____
3	Jørgen Møllerop	88	TS/Madla	2.07,43	_____
4	Morten Bordevich	94	Sola SK	2.20,87	_____
5	Øystein Fjeldberg	93	Randaberg IL	2.31,28	_____
6	Ørjan Monsen	92	Sola SK	2.39,09	_____

Øvelse 13. 100m bryst, damer**Heat 1**

1					
2	Iris Aikio	98	Madla SK		_____
3	Marit Haram Hjelmås	99	Madla SK		_____
4	Emilie Nilo Nilsen	98	Madla SK		_____
5					
6					

Heat 2

1	Janne Mong Hovland	96	Egersund SK		_____
2	Henrikke Torstrup	99	Mandal SK	2.22,88	_____
3	Johanne Willumsen de Haag	98	Madla SK	2.12,11	_____
4	Martina Giovannelli	99	Frisinn SK	2.15,71	_____
5	Tora Therese Høiland Arnesen	98	Frisinn SK		_____
6					

Heat 3

1	Mathilde Opheim	98	Lillesand IL	2.09,83	_____
2	Vilde Næss	98	Lillesand IL	2.02,94	_____
3	Mari Bråten	98	Madla SK	2.02,63	_____
4	Dagny Vannebo	96	Drammen SK	2.02,76	_____
5	Emilie Chirico Indrebø	98	Frisinn SK	2.06,29	_____
6	Ines Nystrand	98	Madla SK	2.10,65	_____

Heat 4

1	Rebecca Baxter	97	Madla SK	1.54,81	_____
2	Caroline Birkeland	98	Varodd SK	1.54,21	_____
3	Alina H Bjelancic	99	Randaberg IL	1.52,16	_____
4	Christine Sekkesæter	98	Madla SK	1.53,56	_____
5	Live Jørgensen	96	Egersund SK	1.54,63	_____
6	Hanne Hana Voss	97	Randaberg IL	1.55,50	_____

Heat 5

1	Kristin Serck Hanssen	98	Madla SK	1.51,83	_____
2	Amalie Nortvedt	97	Frisinn SK	1.50,81	_____
3	Marthe Gjøseter	97	Stord IL	1.46,75	_____
4	Brita Stang Aune	97	Stavanger SC	1.46,92	_____
5	Gina Alvestad	98	Karmøy SK	1.51,27	_____
6	Ann Vilde Kristensen	97	Madla SK	1.51,89	_____

Heat 6

1	Sofie Thorsen	96	Varodd SK	1.45,97	_____
2	Malin Tønnessen	96	Frisinn SK	1.45,32	_____
3	Vilde E. Stokkenes	98	Haugesund SK	1.43,87	_____
4	Rebekka Asbjørnsen	96	Sandnes SLK	1.45,15	_____
5	Maria Voldsund	98	Delfana	1.45,48	_____
6	Marte Johanne Tangedal Mehus	97	Stord IL	1.46,00	_____

Heat 7

1	Johanne Heines Pettersen	99	Sandnes SLK	1.42,23	_____
2	Toni G. Coudray	97	Bergens Svømme Club	1.42,07	_____
3	Sandra Sola	97	Randaberg IL	1.38,53	_____
4	Marit Hystad	96	IL Solid	1.41,15	_____
5	Tina Lægraid	96	Varodd SK	1.42,12	_____
6	Sofie Reisænen	97	Varodd SK	1.42,38	_____

Heat 8

1	Ingrid Marie Thorsen	96	Haugesund SK	1.38,45	_____
2	Tonje Immerstein	S10 - 89	Sandnes SLK	1.37,92	_____
3	Maren A Hegland	96	Mandal SK	1.37,38	_____
4	Lisa Aaslestad	96	Sandnes SLK	1.37,48	_____
5	Raili Karoline Haagensen	96	Haugesund SK	1.37,92	_____
6	Ida Jensen Lirhus	97	Madla SK	1.38,53	_____

Heat 9

1	Ulrikke Rein	98	Madla SK	1.36,86	_____
2	Heidi Marie Helgerud	91	Drammen SK	1.36,22	_____
3	Julie Svanes	93	Egersund SK	1.35,34	_____
4	Tone Hartmark Nilsen	98	Mandal SK	1.36,04	_____
5	Nina-Therese Storstein	98	Karmøy SK	1.36,41	_____
6	Thea Støle	96	Frisinn SK	1.37,31	_____

Heat 10

1	Ingrid Bergslid	97	Madla SK	1.34,66	_____
2	Ida Tomine Glomsaker	97	Madla SK	1.33,15	_____
3	Marte Staveland	95	Madla SK	1.32,80	_____
4	Malene Tangedal Mehus	94	IL Solid	1.32,93	_____
5	Camilla Mangersnes Birkeland	96	Haugesund SK	1.34,59	_____
6	Ida Grønnestad	95	Sandnes SLK	1.35,29	_____

Heat 11

1	Vannja Celine Brunsvik	93	Haugesund SK	1.32,08	_____
2	Hanna Huglen Vinsnesbakk	95	Stord IL	1.31,81	_____
3	Silje Lilledahl	94	Haugesund SK	1.30,45	_____
4	Une Johnsen	96	Mandal SK	1.30,51	_____
5	Matilde Giovannelli	94	Frisinn SK	1.31,88	_____
6	Cecilia Eide Songstad	97	Bergens Svømme Club	1.32,35	_____

Heat 12

1	Ingeborg Jørmeland	96	Stavanger SC	1.29,79	_____
2	Stine Hegland	93	Mandal SK	1.29,31	_____
3	Signe Aarhun Lootz	93	Stavanger SC	1.28,95	_____
4	Amalie Kristiansen	95	Haugesund SK	1.29,08	_____
5	Malin Haga	95	Stavanger SC	1.29,52	_____
6	Monica Beeder	93	Bergens Svømme Club	1.30,10	_____

Heat 13

1	Alida Etterlid Jensen	95	Stord IL	1.28,22	_____
2	Emilie S. Knudsen	93	Drammen SK	1.27,43	_____
3	Malena Martens	94	IL Solid	1.26,17	_____
4	Oda Gjerde	95	Bryne SK	1.26,98	_____
5	Tiril Fredrikke Rist Jensen	94	Lillesand IL	1.27,55	_____
6	Line Nilsson	94	Madla SK	1.28,81	_____

Heat 14

1	Mari Mjølhus Kristoffersen	95	Madla SK	1.24,00	_____
2	Ingrid Hystad	92	IL Solid	1.23,90	_____
3	Kristin Bringedal	91	Frisinn SK	1.23,59	_____
4	Maren Lootz Aarhun	95	Stavanger SC	1.23,63	_____
5	Renate Aasland Ranaweera	91	Madla SK	1.23,93	_____
6	Ingrid Wigestrånd	92	Sola SK	1.24,27	_____

Heat 15

1	Maren Larsen	94	Madla SK	1.20,28	_____
2	Martha Maria Songstad	94	Bergens Svømme Club	1.18,37	_____
3	Ingalill Urrang Naustvik	95	Karmøy SK	1.15,59	_____
4	Stine Mjølhus Kristoffersen	93	TS/Frisinn	1.17,34	_____
5	Siren Kristine Bergslid	93	Stavanger SC	1.18,70	_____
6	Elisabeth Kristiansen	92	Haugesund SK	1.20,32	_____

Øvelse 14. 100m bryst, herrer**Heat 1**

1					_____
2	Olav Nevestveit Barøy	99	Klepp		_____
3	Petter De Boer	99	Madla SK		_____
4	Eskild Strand	99	Madla SK		_____
5					_____
6					_____

Heat 2

1	Henrik Ariansen	93	Mandal SK		_____
2	Mikko Virtanen	93	Stord IL		_____
3	Olav Lucas Torstrup	97	Mandal SK	2.11,67	_____
4	Harald Goa Fagerheim	97	Karmøy SK		_____
5	Per Sondre Sodeland	91	Mandal SK		_____
6					_____

Heat 3

1	Aamund Westermoen	98	Mandal SK	2.00,89	_____
2	Haakon Buckland	96	Haugesund SK	1.59,28	_____
3	Sindre Salte Dunseth	99	Frisinn SK	1.56,21	_____
4	Erik Hystad	97	Stord IL	1.58,87	_____
5	Jonas Østenstad	98	Haugesund SK	2.00,59	_____
6	Sean Buckland	98	Haugesund SK	2.11,22	_____

Heat 4

1	Kristian Markhus Endresen	98	Haugesund SK	1.53,10	_____
2	Torstein Myklebust	96	Frisinn SK	1.51,09	_____
3	Halvor Alvestad Larsen	98	Karmøy SK	1.48,57	_____
4	Barneby Baines	98	Madla SK	1.48,60	_____
5	Tim Samuelsen	97	Madla SK	1.52,46	_____
6	Trym Jørgensen	98	Egersund SK	1.55,78	_____

Heat 5

1	Eivind Bjelland	98	Karmøy SK	1.47,22	_____
2	Erling Belaska	98	Madla SK	1.46,97	_____
3	Birk Hveding Ersdal	96	Drammen SK	1.44,89	_____
4	Andreas Brobakken	96	Lillesand IL	1.45,90	_____
5	Erling Osland	96	Stord IL	1.47,05	_____
6	Axel Ravndal	98	Sandnes SLK	1.47,57	_____

Heat 6

1	Benjamin Alic	96	Haugesund SK	1.42,08	_____
2	Dennis Asbjørnsen	97	Madla SK	1.40,22	_____
3	Jim Steinsland	95	IL Solid	1.39,00	_____
4	Bjørn Stian Vuilliomenet	96	Klepp	1.39,85	_____
5	Filip Torjusen Byberg	96	Stavanger SC	1.41,74	_____
6	Magnus Johnsen Horne	94	Stord IL	1.44,15	_____

Heat 7

1	Michael Gutierrez Irgens	95	Bergens Svømme Club	1.38,42	_____
2	Espen Sønneland	94	Madla SK	1.37,88	_____
3	Håkon Wulf Haugen	96	Bergens Svømme Club	1.34,75	_____
4	Martin Langeland-Knudsen	96	Sola SK	1.35,57	_____
5	Gord Behzadi	97	Madla SK	1.37,92	_____
6	Frank Reinmertz	94	Sandnes SLK	1.38,43	_____

Heat 8

1	Fredrik Langholm Furuli	93	Drammen SK	1.28,47	_____
2	Hoby Andrian	95	Klepp	1.27,87	_____
3	Marius Skogen	95	Randaberg IL	1.26,25	_____
4	Fredrik Nordhammer	94	Lillesand IL	1.27,63	_____
5	Simen Clementsen	95	Frisinn SK	1.28,18	_____
6	Adrian Etterlid Jensen	97	Stord IL	1.32,81	_____

Heat 9

1	Håkon Ismael Torstrup	96	Mandal SK	1.23,60	_____
2	Olav Ravndal Skjølingstad	95	Stavanger SC	1.22,06	_____
3	Trond Vasslag	94	Stavanger SC	1.20,75	_____
4	Jonas Langseth Guttormsen	92	Drammen SK	1.21,48	_____
5	Sindre Aasland Ranaweera	96	Madla SK	1.22,37	_____
6	Bjørn Eikanger Hanssen	95	Bryne SK	1.24,14	_____

Heat 10

1	Thorbjørn Mangersnes Birkeland	93	Haugesund SK	1.20,28	_____
2	Magnus Møkster	94	Frisinn SK	1.19,23	_____
3	Kai Martin Hansen	92	Drammen SK	1.18,36	_____
4	Vincent Skage	94	Karmøy SK	1.18,62	_____
5	Erlend H. Hestnes	93	Egersund SK	1.19,99	_____
6	Daniel Sandhåland	95	Karmøy SK	1.20,50	_____

Heat 11

1	Mikkel Hveding Ersdal	92	Drammen SK	1.17,43	_____
2	Sander Rødje	93	Haugesund SK	1.16,15	_____
3	Steffen Larsen	91	Madla SK	1.14,00	_____
4	Glenn Skjøveland	92	Sandnes SLK	1.14,40	_____
5	Øyvind Malde	92	Madla SK	1.16,40	_____
6	Ivan Aleksander Larsen	95	Karmøy SK	1.18,26	_____

Heat 12

1	Asbjørn Skogen	93	Randaberg IL	1.11,62	_____
2	Jørgen Møllerop	88	TS/Madla	1.09,62	_____
3	Erling Mjøs Brattelid	91	TS/Sola	1.05,09	_____
4	Bernt M. Seyffarth	89	Mandal SK	1.07,53	_____
5	Lars Einar Borsheim	80	TS/Madla	1.11,11	_____
6	Erik Vassøy Olsen	91	Stavanger SC	1.11,82	_____

Øvelse 15. 50m rygg, damer**Heat 1**

1	Ida Elisabeth Tokvam	97	Madla SK		_____
2	Marte Staveland	95	Madla SK		_____
3	Cecilia Eide Songstad	97	Bergens Svømme Club		_____
4	Ingrid Svelland	94	Madla SK		_____
5	Carmela Alonzo Ullestad	98	Madla SK		_____
6	Heidi Høgalmen	90	Madla SK		_____

Heat 2

1	Vivian Nesheim Indrevoll	98	Stavanger VK		_____
2	Live Jørgensen	96	Egersund SK		_____
3	Sunniva Svanes	98	Madla SK		_____
4	Veslemøy Nome	96	Frisinn SK		_____
5	Emma Askeland Fosså	98	Madla SK		_____
6	Nora Kastellet	98	Madla SK		_____

Heat 3

1	Maria Gutierrez Irgens	99	Bergens Svømme Club		_____
2	Johanne Heines Pettersen	99	Sandnes SLK		_____
3	Vilde E. Stokkenes	98	Haugesund SK		_____
4	Mathilde Arctander	95	Madla SK		_____
5	Elena Bergfjord	98	Stavanger SC		_____
6	Mari Bråten	98	Madla SK		_____

Heat 4

1	Britta Benz	97	Madla SK		_____
2	Tora Therese Høiland Arnesen	98	Frisinn SK	1.09,10	_____
3	Martina Giovannelli	99	Frisinn SK	1.05,06	_____
4	Henrikke Torstrup	99	Mandal SK	1.08,00	_____
5	Henriette Juul Jensen	99	Madla SK		_____
6	Brita Kindem	99	Madla SK		_____

Heat 5

1	Vivian Asplin	96	Madla SK	57,14	_____
2	Emma Valand Sørensen	99	Varodd SK	52,16	_____
3	Ann Vilde Kristensen	97	Madla SK	51,19	_____
4	Amalie Nortvedt	97	Frisinn SK	51,32	_____
5	Karianne Møkster	99	Frisinn SK	56,54	_____
6	Keerthana Balashankar	97	Madla SK	1.01,98	_____

Heat 6

1	Emma Bull-Gjertsen	97	Varodd SK	50,00	_____
2	Ulrikke Rein	98	Madla SK	49,85	_____
3	Maria Voldsund	98	Delfana	48,20	_____
4	Marthe Gjølseter	97	Stord IL	48,55	_____
5	Marte Johanne Tangedal Mehus	97	Stord IL	49,93	_____
6	Alina H Bjelancic	99	Randaberg IL	51,06	_____

Heat 7

1	Caroline Birkeland	98	Varodd SK	47,89	_____
2	Frida Nelson	97	Drammen SK	46,13	_____
3	Marit Hystad	96	IL Solid	45,47	_____
4	May Synnøve Bartlett	95	Madla SK	45,60	_____
5	Rebecca Baxter	97	Madla SK	47,74	_____
6	Vilde Næss	98	Lillesand IL	48,09	_____

Heat 8

1	Sofie Thorsen	96	Varodd SK	45,00	_____
2	Tone Hartmark Nilsen	98	Mandal SK	44,99	_____
3	Heidi Marie Helgerud	91	Drammen SK	43,22	_____
4	Jasmine Rød	96	Madla SK	44,29	_____
5	Tina Lægraid	96	Varodd SK	45,00	_____
6	Gina Alvestad	98	Karmøy SK	45,13	_____

Heat 9

1	Kristin Graf Verpe	95	Drammen SK	41,85	_____
2	Silje Chirico Indrebø	95	Frisinn SK	41,02	_____
3	Runa By Bårdsgård	95	Sandnes SLK	40,74	_____
4	Sofie Reisænen	97	Varodd SK	41,00	_____
5	Aulona Bytyqi	95	Lillesand IL	41,38	_____
6	Lotte Stang Aune	96	Stavanger SC	42,41	_____

Heat 10

1	Hanne Møkster	96	Frisinn SK	40,59	_____
2	Demi Coudray	94	Bergens Svømme Club	40,15	_____
3	Maren A Hegland	96	Mandal SK	39,91	_____
4	Siril Therese Bårtvedt	97	Sandnes SLK	39,93	_____
5	Solveig Vuilliomenet	94	Klepp	40,21	_____
6	Birgitte Tangen Gjerde	94	Molde SLK	40,66	_____

Heat 11

1	Virginia Sitta	97	Madla SK	39,69	_____
2	Tonje Immerstein	S10 - 89	Sandnes SLK	39,57	_____
3	Julie Svanes	93	Egersund SK	39,16	_____
4	Renate Laupstad	92	Egersund SK	39,34	_____
5	Anna Teetzmann	95	Stord IL	39,58	_____
6	Ida Jensen Lirhus	97	Madla SK	39,82	_____

Heat 12

1	Silje Lilledahl	94	Haugesund SK	39,05	_____
2	Susanne Sekkesæter	95	Madla SK	38,71	_____
3	Tiril Fredrikke Rist Jensen	94	Lillesand IL	38,51	_____
4	Une Johnsen	96	Mandal SK	38,61	_____
5	Linn Sigrid Sødal	97	Varodd SK	39,03	_____
6	Sandra Sola	97	Randaberg IL	39,06	_____

Heat 13

1	Camilla Thoreby	90	Madla SK	37,84	_____
2	Line Nilsson	94	Madla SK	37,27	_____
3	Christine Arctander	93	Madla SK	37,05	_____
4	Matilde Giovannelli	94	Frisinn SK	37,05	_____
5	Torhild Narvestad Anda	91	Randaberg IL	37,38	_____
6	Aleksandra Berge	94	Madla SK	38,28	_____

Heat 14

1	Ingrid Ånderå	93	Sandnes SLK	36,86	_____
2	Hannah Wærenskjold	94	Mandal SK	36,30	_____
3	Oda Gjerde	95	Bryne SK	35,84	_____
4	Silje Undheim	94	Sandnes SLK	35,89	_____
5	Lise Viola Haraldstad	94	Mandal SK	36,45	_____
6	Mari Mjøllhus Kristoffersen	95	Madla SK	37,02	_____

Heat 15

1	Camilla Mangersnes Birkeland	96	Haugesund SK	35,49	_____
2	Sanne D Risbakk	94	Randaberg IL	35,27	_____
3	Hege Elisabeth Harestad	92	Stavanger SC	34,87	_____
4	Vilde Tengedal	96	Bryne SK	35,15	_____
5	Inger Kristine Steinsland	92	IL Solid	35,29	_____
6	Siv Vuilliomenet	92	Klepp	35,74	_____

Heat 16

1	Maren Larsen	94	Madla SK	34,39	_____
2	Grethe Westrheim	A-81	Madla SK	33,57	_____
3	Lotte Miller	96	Madla SK	33,43	_____
4	Amalie Kristiansen	95	Haugesund SK	33,54	_____
5	Emilie Valand Sørensen	94	Varodd SK	34,02	_____
6	Julie Askeland	93	Haugesund SK	34,62	_____

Heat 17

1	Nicole Egeland	93	Sandnes SLK	32,79	_____
2	Nicole Tandrevold Næsheim	91	Stavanger SC	32,13	_____
3	Karen Stødle	87	Team Stavanger	30,10	_____
4	Trine Hovda	90	TS/Madla	31,41	_____
5	Vanessa Tuxen	92	Sola SK	32,52	_____
6	Ingrid Hystad	92	IL Solid	33,32	_____

Øvelse 16. 50m rygg, herrer

Heat 1

1				
2	Erling Belaska	98	Madla SK	_____
3	Haakon Buckland	96	Haugesund SK	_____
4	Brage Midbrød	98	Madla SK	_____
5				
6				

Heat 2

1	Martin Husby Sem	99	Madla SK	_____
2	Are Mowatt Gruben	96	Bergens Svømme Club	_____
3	Lasse Benz	96	Madla SK	_____
4	Håvard Nevestveit Barøy	98	Klepp	_____
5	Ben Davidson	97	Stavanger SC	_____
6	Olav Rune Arctander	99	Madla SK	_____

Heat 3

1	Per Sondre Sodeland	91	Mandal SK		_____
2	Olav Lucas Torstrup	97	Mandal SK	1.06,50	_____
3	Anders Nilsson	97	Frisinn SK	51,29	_____
4	Trym Jørgensen	98	Egersund SK	55,83	_____
5	Yonathan David Heij	95	Haugesund SK		_____
6	Hector Moland	99	Madla SK		_____

Heat 4

1	Anders Gundersen	94	Stavanger SC	50,94	_____
2	Erik Hystad	97	Stord IL	47,77	_____
3	Tobias Gellein	96	Frisinn SK	45,46	_____
4	Torbjørn Visnes	97	Stord IL	46,74	_____
5	Håkon Bergersen	99	Madla SK	50,32	_____
6	Endre Mowatt Gruben	99	Bergens Svømme Club	51,28	_____

Heat 5

1	Mathias Aarsland	96	Bryne SK	44,84	_____
2	Bjørn Stian Vuilliomenet	96	Klepp	43,31	_____
3	Adrian Etterlid Jensen	97	Stord IL	42,97	_____
4	Jørgen Tufteskog Spanne	95	Sandnes SLK	43,16	_____
5	Birk Hveding Ersdal	96	Drammen SK	44,46	_____
6	Halvor Arne Borgstøm	97	Stavanger SC	45,00	_____

Heat 6

1	Harald Goa Fagerheim	97	Karmøy SK	41,04	_____
2	Ole Martin Turøy	95	Stavanger SC	38,36	_____
3	Eirik Johnsen	96	Bergens Svømme Club	37,53	_____
4	Jørgen Abrahamsen	95	Randaberg IL	38,01	_____
5	Martin Langeland-Knudsen	96	Sola SK	38,62	_____
6	Gord Behzadi	97	Madla SK	42,60	_____

Heat 7

1	Kacper Domanski	96	Frisinn SK	36,41	_____
2	Magnus Møkster	94	Frisinn SK	35,29	_____
3	Henrik Ariansen	93	Mandal SK	34,78	_____
4	Erlend H. Hestnes	93	Egersund SK	34,83	_____
5	Sindre Aasland Ranaweera	96	Madla SK	35,76	_____
6	Jan Ove Lytomt	92	Sandnes SLK	37,22	_____

Heat 8

1	Simon Thorbjørnsen Stavland	93	Stord IL	34,21	_____
2	Jonathan Nordhammer	93	Lillesand IL	33,51	_____
3	Thomas Brustveit	93	Sandnes SLK	33,01	_____
4	Håkon Ismael Torstrup	96	Mandal SK	33,21	_____
5	Fredrik Berntsen	90	Stavanger SC	33,65	_____
6	Jakob Westermoen	95	Mandal SK	34,64	_____

Heat 9

1	Petter Ledsaak	90	Sandnes SLK	31,74	_____
2	Glenn Skjæveland	92	Sandnes SLK	30,23	_____
3	Erlend Tveteraas	91	TS/Madla	29,18	_____
4	Gaute Ravndal	94	Sola SK	29,77	_____
5	Stian With Bjørnstad	87	Madla SK	31,13	_____
6	Hoby Andrian	95	Klepp	32,99	_____

Øvelse 17. 400m individuell medley, damer**Heat 1**

1					_____
2	Nina Stavland	97	Madla SK		_____
3	Regine Sjørdal Lindanger	96	Frisinn SK		_____
4	Emilie Knutsen Hegdal	96	Stavanger SC		_____
5	Ingrid Bergslid	97	Madla SK		_____
6					_____

Heat 2

1	Signe Birch Moltu	94	Frisinn SK		_____
2	Oda Tørnkvist	98	Varodd SK	7.26,08	_____
3	Barbara Hansen	93	Frisinn SK	6.16,23	_____
4	Henriette Dahl	95	Bergens Svømme Club	6.23,05	_____
5	Emma Bull-Gjertsen	97	Varodd SK	7.53,85	_____
6	Maria Wigestrånd	94	Sola SK		_____

Øvelse 18. 400m individuell medley, herrer**Heat 1**

1	Johan Markus Mowinckel	95	Bergens Svømme Club		_____
2	Maurice Sudkamp	97	Randaberg IL		_____
3	Alexander Svanevik Nilsen	93	Stavanger SC	5.20,80	_____
4	Simen Alvestad	94	Karmøy SK	5.31,75	_____
5	Barneby Baines	98	Madla SK		_____
6	Stian With Bjørnstad	87	Madla SK		_____

Heat 2

1	Daniel Sandhåland	95	Karmøy SK	5.15,20	_____
2	Vegard Belaska	93	Madla SK	5.07,11	_____
3	Sander Rødje	93	Haugesund SK	4.56,84	_____
4	Morten Bordevich	94	Sola SK	5.06,55	_____
5	Øystein Fjeldberg	93	Randaberg IL	5.08,28	_____
6	Fredrik Knutsen Hegdal	94	Stavanger SC	5.18,74	_____

Øvelse 19. 4*100m fri, damer**Heat 1**

1	Bergens Svømme Clu J2 jr.	JR	Bergens Svømme Club		_____
2	Varodd SK J1 jr.	JR	Varodd SK	5.10,00	_____
3	Madla SK J4 jr.	JR	Madla SK	4.50,00	_____
4	Frisinn SK J2	JR	Frisinn SK	5.04,19	_____
5	Sandnes SLK J3 jr.	JR	Sandnes SLK	5.10,10	_____
6					

Heat 2

1	Drammen SK J1 jr.	JR	Drammen SK	4.49,81	_____
2	Mandal SK J1 jr.	JR	Mandal SK	4.45,00	_____
3	Frisinn SK J1	JR	Frisinn SK	4.40,34	_____
4	Karmøy SK J1 jr.	JR	Karmøy SK	4.44,31	_____
5	Stord IL J1 jr.	JR	Stord IL	4.45,00	_____
6	Sandnes SLK J2 jr.	JR	Sandnes SLK	4.49,90	_____

Heat 3

1	IL Solid J1 jr.	JR	IL Solid	4.30,00	_____
2	Madla SK J2 jr.	JR	Madla SK	4.25,00	_____
3	Team Stavanger J1 sr.	SR	Team Stavanger	3.59,00	_____
4	Madla SK J1 jr.	JR	Madla SK	4.20,00	_____
5	Madla SK J3 jr.	JR	Madla SK	4.30,00	_____
6	Sandnes SLK J1 jr.	JR	Sandnes SLK	4.36,90	_____

Øvelse 20. 4*100m fri, herrer**Heat 1**

1					
2	Bergens Svømme Clu G2 jr.	JR	Bergens Svømme Club		_____
3	Stord IL G1 jr.	JR	Stord IL	5.30,23	_____
4	Karmøy SK G2 jr.	JR	Karmøy SK		_____
5					
6					

Heat 2

1					
2	Sandnes SLK G4 jr.	JR	Sandnes SLK	4.32,30	_____
3	Drammen SK G1 jr.	JR	Drammen SK	4.12,75	_____
4	Madla SK G2 jr.	JR	Madla SK	4.24,00	_____
5	Frisinn SK G1	JR	Frisinn SK	4.56,13	_____
6					

Heat 3

1	Drammen SK G1 sr.	SR	Drammen SK	4.06,99	_____
2	Madla SK G1 jr.	JR	Madla SK	4.00,00	_____
3	Team Stavanger G1 sr.	SR	Team Stavanger	3.36,71	_____
4	Mandal SK G1 sr.	SR	Mandal SK	4.00,00	_____
5	Karmøy SK G1 jr.	JR	Karmøy SK	4.04,21	_____
6	Sandnes SLK G1 jr.	JR	Sandnes SLK	4.10,30	_____

Slutt Lørdag

Øvelse 21. 200m fri, herrer

Heat 1

1					
2	Mikko Virtanen	93	Stord IL		_____
3	Sigmund Ledaal	98	Frisinn SK	3.12,37	_____
4	Erling Belaska	98	Madla SK	3.13,01	_____
5					
6					

Heat 2

1					
2	Magnus Johnsen Horne	94	Stord IL	3.08,16	_____
3	Birk Hveding Ersdal	96	Drammen SK	2.58,89	_____
4	Erling Osland	96	Stord IL	3.05,62	_____
5	Axel Ravndal	98	Sandnes SLK	3.10,67	_____
6					

Heat 3

1	Dennis Asbjørnsen	97	Madla SK	2.44,98	_____
2	Gord Behzadi	97	Madla SK	2.42,71	_____
3	Bjørn Stian Vuilliomenet	96	Klepp	2.37,32	_____
4	Marius Skogen	95	Randaberg IL	2.39,04	_____
5	Kacper Domanski	96	Frisinn SK	2.44,66	_____
6	Yonathan David Heij	95	Haugesund SK	2.50,28	_____

Heat 4

1	Eivind Bjelland	98	Karmøy SK	2.36,83	_____
2	Espen Sønneland	94	Madla SK	2.31,85	_____
3	Jim Steinsland	95	IL Solid	2.30,00	_____
4	Maurice Sudkamp	97	Randaberg IL	2.30,23	_____
5	Håkon Ismael Torstrup	96	Mandal SK	2.33,77	_____
6	Sondre Møll	96	Stavanger SC	2.37,01	_____

Heat 5

1	Magnus Møkster	94	Frisinn SK	2.26,68	_____
2	Henrik Ariansen	93	Mandal SK	2.24,93	_____
3	Bjørn Eikanger Hanssen	95	Bryne SK	2.19,49	_____
4	Jonas Langseth Guttormsen	92	Drammen SK	2.22,63	_____
5	Jan Ove Lytomt	92	Sandnes SLK	2.26,16	_____
6	Eirik Johnsen	96	Bergens Svømme Club	2.27,92	_____

Heat 6

1	Sondre Eikanger Hanssen	91	Bryne SK	2.17,33	_____
2	Daniel Sandhåland	95	Karmøy SK	2.15,32	_____
3	Henry Ravndal	93	Sandnes SLK	2.08,72	_____
4	Øystein Fjeldberg	93	Randaberg IL	2.09,36	_____
5	Simon Thorbjørnsen Stavland	93	Stord IL	2.16,52	_____
6	Morten Wee Hollund	96	Karmøy SK	2.19,16	_____

Heat 7

1	Stian With Bjørnstad	87	Madla SK	2.07,12	_____
2	Gaute Ravndal	94	Sola SK	2.04,06	_____
3	Jørgen Møllerop	88	TS/Madla	1.50,31	_____
4	Thorbjørn Mangersnes Birkeland	93	Haugesund SK	2.02,75	_____
5	Morten Bordevich	94	Sola SK	2.05,36	_____
6	Ivan Aleksander Larsen	95	Karmøy SK	2.07,24	_____

Øvelse 22. 200m fri, damer

Heat 1

1					
2	Siril Therese Bårtvedt	97	Sandnes SLK		_____
3	Tuva Fløysvik	97	Madla SK		_____
4	Maren Kristine Jansen	90	TS/Randaberg		_____
5	Vibeke Todnem	95	Sandnes SLK		_____
6					

Heat 2

1	Runa By Bårdsgård	95	Sandnes SLK		_____
2	Madelen Stenberg	97	Varodd SK	3.15,11	_____
3	Caroline Birkeland	98	Varodd SK	3.12,00	_____
4	Emma Bull-Gjertsen	97	Varodd SK	3.15,00	_____
5	Ann Vilde Kristensen	97	Madla SK	3.37,54	_____
6	Sara Petrine Veierød	93	Bergens Svømme Club		_____

Heat 3

1	Tone Hartmark Nilsen	98	Mandal SK	3.07,87	_____
2	Virginia Sitta	97	Madla SK	3.00,82	_____
3	Malene Tangedal Mehus	94	IL Solid	3.00,00	_____
4	Sofie Thorsen	96	Varodd SK	3.00,00	_____
5	Oda Tørnkvist	98	Varodd SK	3.05,00	_____
6	Vilde E. Stokkenes	98	Haugesund SK	3.08,36	_____

Heat 4

1	Sofie Reisænen	97	Varodd SK	2.45,00	_____
2	Nina Staveland	97	Madla SK	2.42,70	_____
3	Signe Birch Moltu	94	Frisinn SK	2.41,78	_____
4	Ida Jensen Lirhus	97	Madla SK	2.42,51	_____
5	Silje Chirico Indrebø	95	Frisinn SK	2.44,96	_____
6	Susan Ultee	96	Frisinn SK	2.53,33	_____

Heat 5

1	Ida Grønnestad	95	Sandnes SLK	2.41,58	_____
2	Sandra Sola	97	Randaberg IL	2.41,04	_____
3	Ingrid Bergslid	97	Madla SK	2.37,53	_____
4	Demi Coudray	94	Bergens Svømme Club	2.38,59	_____
5	Solveig Vuilliomenet	94	Klepp	2.41,19	_____
6	Cecilie E. Olsen	94	Sandnes SLK	2.41,58	_____

Heat 6

1	Maren A Hegland	96	Mandal SK	2.36,16	_____
2	Barbara Hansen	93	Frisinn SK	2.34,45	_____
3	Kristin Bringedal	91	Frisinn SK	2.33,75	_____
4	Vannja Celine Brunsvik	93	Haugesund SK	2.34,38	_____
5	Une Johnsen	96	Mandal SK	2.35,62	_____
6	Kristin Graf Verpe	95	Drammen SK	2.36,29	_____

Heat 7

1	Rebekka Andersen	93	Stavanger SC	2.28,56	_____
2	Julie Askeland	93	Haugesund SK	2.27,25	_____
3	Mari Mjølhus Kristoffersen	95	Madla SK	2.25,45	_____
4	Vanessa Tuxen	92	Sola SK	2.26,85	_____
5	Vilde Tengedal	96	Bryne SK	2.27,45	_____
6	Silje Lilledahl	94	Haugesund SK	2.33,44	_____

Heat 8

1	Line Nilsson	94	Madla SK	2.22,76	_____
2	Inger Kristine Steinsland	92	IL Solid	2.18,95	_____
3	Malena Martens	94	IL Solid	2.17,85	_____
4	Oda Gjerde	95	Bryne SK	2.18,71	_____
5	Alida Etterlid Jensen	95	Stord IL	2.21,50	_____
6	Christine Arctander	93	Madla SK	2.24,37	_____

Heat 9

1	Nicole Tandrevold Næsheim	91	Stavanger SC	2.16,53	_____
2	Ane Nygård	95	Stavanger SC	2.14,81	_____
3	Cecilie W. Johannessen	90	Karmøy SK	2.00,52	_____
4	Victoria Rung	92	TS/Frisinn	2.07,64	_____
5	Ingalill Urrang Naustvik	95	Karmøy SK	2.14,98	_____
6	Maria Wigestrånd	94	Sola SK	2.17,11	_____

Øvelse 23. 200m bryst, herrer**Heat 1**

1					
2	Trym Jørgensen	98	Egersund SK		_____
3	Are Mowatt Gruben	96	Bergens Svømme Club		_____
4	Barneby Baines	98	Madla SK		_____
5					
6					

Heat 2

1	Benjamin Alic	96	Haugesund SK		_____
2	Frank Reinmertz	94	Sandnes SLK		_____
3	Remy Zakaria	92	Stavanger SC		_____
4	Olav Lucas Torstrup	97	Mandal SK		_____
5	Jørgen Tufteskog Spanne	95	Sandnes SLK		_____
6					

Heat 3

1	Sean Buckland	98	Haugesund SK	4.36,56	_____
2	Birk Hveding Ersdal	96	Drammen SK	3.50,74	_____
3	Andreas Brobakken	96	Lillesand IL	3.43,49	_____
4	Tim Samuelsen	97	Madla SK	3.50,21	_____
5	Haakon Buckland	96	Haugesund SK	4.07,90	_____
6	Anders Nilsson	97	Frisinn SK		_____

Heat 4

1	Adrian Etterlid Jensen	97	Stord IL	3.32,44	_____
2	Simen Clementsen	95	Frisinn SK	3.12,15	_____
3	Fredrik Nordhammer	94	Lillesand IL	3.01,83	_____
4	Fredrik Hana Voss	95	Randaberg IL	3.11,84	_____
5	Dennis Asbjørnsen	97	Madla SK	3.19,10	_____
6	Håkon Wulf Haugen	96	Bergens Svømme Club	3.34,60	_____

Heat 5

1	Kai Martin Hansen	92	Drammen SK	2.49,77	_____
2	Alexander Svanevik Nilsen	93	Stavanger SC	2.42,40	_____
3	Asbjørn Skogen	93	Randaberg IL	2.33,95	_____
4	Glenn Skjæveland	92	Sandnes SLK	2.37,88	_____
5	Øyvind Malde	92	Madla SK	2.44,04	_____
6	Mikkel Hveding Ersdal	92	Drammen SK	2.57,12	_____

Øvelse 24. 200m bryst, damer**Heat 1**

1				
2	Marthe Gjøseter	97	Stord IL	_____
3	Cecilia Eide Songstad	97	Bergens Svømme Club	_____
4	Lisa Aaslestad	96	Sandnes SLK	_____
5				
6				

Heat 2

1	Live Jørgensen	96	Egersund SK	_____
2	Ingrid Marie Thorsen	96	Haugesund SK	_____
3	Hanne Hana Voss	97	Randaberg IL	4.01,73
4	Charlotte Juul Jensen	95	Madla SK	4.01,94
5	Johanne Willumsen de Haag	98	Madla SK	_____
6				

Heat 3

1	Marit Bergsland Hansen	95	Sandnes SLK	3.50,24
2	Ingrid Elise Berge Jensen	98	Madla SK	3.48,83
3	Tina Lægraid	96	Varodd SK	3.44,69
4	Sofie Thorsen	96	Varodd SK	3.46,07
5	Nina-Therese Storstein	98	Karmøy SK	3.49,51
6	Marte Johanne Tangedal Mehus	97	Stord IL	3.51,19

Heat 4

1	Marit Hystad	96	IL Solid	3.39,16
2	Ida Tomine Glomsaker	97	Madla SK	3.17,62
3	Hanna Huglen Vinsnesbakk	95	Stord IL	3.14,78
4	Matilde Giovannelli	94	Frisinn SK	3.16,68
5	Marte Staveland	95	Madla SK	3.23,05
6	Ulrikke Rein	98	Madla SK	3.41,63

Heat 5

1	Emilie S. Knudsen	93	Drammen SK	3.09,02
2	May Synnøve Bartlett	95	Madla SK	3.07,06
3	Maren Lootz Aarthun	95	Stavanger SC	2.54,94
4	Aleksandra Berge	94	Madla SK	3.06,78
5	Tiril Fredrikke Rist Jensen	94	Lillesand IL	3.07,38
6	Stine Hegland	93	Mandal SK	3.13,51

Øvelse 25. 100m rygg, herrer**Heat 1**

1				
2	Asbjørn Skogen	93	Randaberg IL	_____
3	Stian With Bjørnstad	87	Madla SK	_____
4	Kristian Markhus Endresen	98	Haugesund SK	_____
5				
6				

Heat 2

1	Vemund Håland Hestnes	97	Egersund SK	_____
2	Jørgen Tufteskog Spanne	95	Sandnes SLK	_____
3	Erik Hystad	97	Stord IL	1.44,53
4	Jonas Østenstad	98	Haugesund SK	1.46,80
5	Martin Langeland-Knudsen	96	Sola SK	_____
6	Lars Einar Borsheim	80	TS/Madla	_____

Heat 3

1	Aamund Westermoen	98	Mandal SK	1.40,45	_____
2	Harald Goa Fagerheim	97	Karmøy SK	1.28,94	_____
3	Eivind Bjelland	98	Karmøy SK	1.27,61	_____
4	Anders Gundersen	94	Stavanger SC	1.28,29	_____
5	Torbjørn Visnes	97	Stord IL	1.39,76	_____
6	Erling Belaska	98	Madla SK	1.41,82	_____

Heat 4

1	Jørgen Abrahamsen	95	Randaberg IL	1.20,28	_____
2	Eirik Johnsen	96	Bergens Svømme Club	1.17,87	_____
3	Erik Vassøy Olsen	91	Stavanger SC	1.15,12	_____
4	Hoby Andrian	95	Klepp	1.15,23	_____
5	Sindre Aasland Ranaweera	96	Madla SK	1.17,88	_____
6	Fredrik Knutsen Hegdal	94	Stavanger SC	1.27,37	_____

Heat 5

1	Erlend H. Hestnes	93	Egersund SK	1.14,59	_____
2	Ørjan Monsen	92	Sola SK	1.12,56	_____
3	Thomas Brustveit	93	Sandnes SLK	1.10,45	_____
4	Øystein Fjeldberg	93	Randaberg IL	1.11,71	_____
5	Oliver Haugberg	94	Stavanger SC	1.14,44	_____
6	Håkon Ismael Torstrup	96	Mandal SK	1.14,86	_____

Heat 6

1	Simen Alvestad	94	Karmøy SK	1.06,76	_____
2	Gaute Ravndal	94	Sola SK	1.04,07	_____
3	Jørgen Møllerop	88	TS/Madla	57,94	_____
4	Henrik Knudsen	94	Stavanger SC	1.03,95	_____
5	Bjarte Ravndal	91	TS/Sola	1.06,42	_____
6	Erling Mjøs Brattelid	91	TS/Sola	1.07,32	_____

Øvelse 26. 100m rygg, damer**Heat 1**

1					
2	Vilde E. Stokkenes	98	Haugesund SK		_____
3	Jasmine Rød	96	Madla SK		_____
4	Silje Chirico Indrebø	95	Frisinn SK		_____
5					
6					

Heat 2

1	Sigrun Idsøe	96	Madla SK		_____
2	Johanne Heines Pettersen	99	Sandnes SLK		_____
3	Henrikke Torstrup	99	Mandal SK	2.25,11	_____
4	Torill Stokka Thuestad	99	Madla SK		_____
5	Maren A Hegland	96	Mandal SK		_____
6					

Heat 3

1	Rebecca Baxter	97	Madla SK	1.41,71	_____
2	Alina H Bjelancic	99	Randaberg IL	1.41,16	_____
3	Charlotte Juul Jensen	95	Madla SK	1.32,43	_____
4	Caroline Birkeland	98	Varodd SK	1.35,38	_____
5	Kristin Serck Hanssen	98	Madla SK	1.41,63	_____
6	Ann Vilde Kristensen	97	Madla SK	1.42,23	_____

Heat 4

1	Ida Jensen Lirhus	97	Madla SK	1.29,86	_____
2	Nina Staveland	97	Madla SK	1.26,46	_____
3	Signe Birch Moltu	94	Frisinn SK	1.25,61	_____
4	Linn Sigrid Sødal	97	Varodd SK	1.26,18	_____
5	Maria Voldsund	98	Delfana	1.26,48	_____
6	Gina Alvestad	98	Karmøy SK	1.30,01	_____

Heat 5

1	Une Johnsen	96	Mandal SK	1.25,10	_____
2	Susan Ultee	96	Frisinn SK	1.23,41	_____
3	Susanne Sekkesæter	95	Madla SK	1.22,06	_____
4	Regine Sjørdal Lindanger	96	Frisinn SK	1.22,65	_____
5	Raili Karoline Haagensen	96	Haugesund SK	1.24,83	_____
6	Anna Teetzmann	95	Stord IL	1.25,52	_____

Heat 6

1	Ingrid Bergslid	97	Madla SK	1.19,76	_____
2	Silje Undheim	94	Sandnes SLK	1.16,55	_____
3	Julie Askeland	93	Haugesund SK	1.15,08	_____
4	Emilie Valand Sørensen	94	Varodd SK	1.15,31	_____
5	Siv Vuilliomenet	92	Klepp	1.19,54	_____
6	Ingrid Ånderå	93	Sandnes SLK	1.20,40	_____

Heat 7

1	Karoline Eriksen	92	Stavanger SC	1.14,28	_____
2	Lotte Miller	96	Madla SK	1.12,47	_____
3	Karen Stødle	87	Team Stavanger	1.04,21	_____
4	Trine Hovda	90	TS/Madla	1.07,32	_____
5	Nicole Egeland	93	Sandnes SLK	1.13,12	_____
6	Ingrid Hystad	92	IL Solid	1.14,31	_____

Øvelse 27. 100m individuell medley, herrer**Heat 1**

1	Mikko Virtanen	93	Stord IL		_____
2	Per Sondre Sodeland	91	Mandal SK		_____
3	Thomas Johansen	85	Drammen SK		_____
4	Kacper Domanski	96	Frisinn SK		_____
5	Olav Lucas Torstrup	97	Mandal SK		_____
6					_____

Heat 2

1	Trym Jørgensen	98	Egersund SK	1.51,79	_____
2	Endre Mowatt Gruben	99	Bergens Svømme Club	1.48,09	_____
3	Harald Goa Fagerheim	97	Karmøy SK	1.45,94	_____
4	Erling Osland	96	Stord IL	1.46,80	_____
5	Aamund Westermoen	98	Mandal SK	1.48,60	_____
6	Ben Davidson	97	Stavanger SC		_____

Heat 3

1	Viktor Hermansen	97	Klepp	1.43,24	_____
2	Barneby Baines	98	Madla SK	1.39,06	_____
3	Halvor Arne Borgstøm	97	Stavanger SC	1.35,00	_____
4	Magnus Johnsen Horne	94	Stord IL	1.37,02	_____
5	Sigmund Ledaal	98	Frisinn SK	1.41,33	_____
6	Halvor Alvestad Larsen	98	Karmøy SK	1.45,07	_____

Heat 4

1	Bjørn Stian Vuilliomenet	96	Klepp	1.30,82	_____
2	Ole Martin Turøy	95	Stavanger SC	1.29,08	_____
3	Espen Sønneland	94	Madla SK	1.26,80	_____
4	Benjamin Alic	96	Haugesund SK	1.26,92	_____
5	Adrian Etterlid Jensen	97	Stord IL	1.29,13	_____
6	Gord Behzadi	97	Madla SK	1.34,00	_____

Heat 5

1	Håkon Wulf Haugen	96	Bergens Svømme Club	1.25,39	_____
2	Dennis Asbjørnsen	97	Madla SK	1.24,97	_____
3	Jørgen Abrahamsen	95	Randaberg IL	1.24,21	_____
4	Simen Clementsen	95	Frisinn SK	1.24,84	_____
5	Fredrik Langholm Furuli	93	Drammen SK	1.24,97	_____
6	Michael Gutierrez Irgens	95	Bergens Svømme Club	1.26,25	_____

Heat 6

1	Fredrik Nordhammer	94	Lillesand IL	1.21,59	_____
2	Marius Skogen	95	Randaberg IL	1.21,09	_____
3	Oliver Haugberg	94	Stavanger SC	1.15,76	_____
4	Henrik Ariansen	93	Mandal SK	1.17,28	_____
5	Jakob Westermoen	95	Mandal SK	1.21,32	_____
6	Jens Holm	92	Drammen SK	1.23,29	_____

Heat 7

1	Olav Ravndal Skjølingstad	95	Stavanger SC	1.15,24	_____
2	Trond Vasslag	94	Stavanger SC	1.14,70	_____
3	Morten Wee Hollund	96	Karmøy SK	1.14,22	_____
4	Sindre Aasland Ranaweera	96	Madla SK	1.14,24	_____
5	Simon Thorbjørnsen Stavland	93	Stord IL	1.14,87	_____
6	Vincent Skage	94	Karmøy SK	1.15,38	_____

Heat 8

1	Johan Markus Mowinckel	95	Bergens Svømme Club	1.13,99	_____
2	Bjørn Eikanger Hanssen	95	Bryne SK	1.13,43	_____
3	Haakon Andreas Hansen	82	Drammen SK	1.13,03	_____
4	Hoby Andrian	95	Klepp	1.13,35	_____
5	Mikkel Hveding Ersdal	92	Drammen SK	1.13,50	_____
6	Håkon Ismael Torstrup	96	Mandal SK	1.14,12	_____

Heat 9

1	Erlend H. Hestnes	93	Egersund SK	1.11,60	_____
2	Jonathan Nordhammer	93	Lillesand IL	1.11,36	_____
3	Simen Alvestad	94	Karmøy SK	1.10,44	_____
4	Morten Bordevich	94	Sola SK	1.10,64	_____
5	Magnus Møkster	94	Frisinn SK	1.11,37	_____
6	Øyvind Malde	92	Madla SK	1.12,29	_____

Heat 10

1	Steffen Larsen	91	Madla SK	1.07,12	_____
2	Erlend Tveteraas	91	TS/Madla	1.06,23	_____
3	Bernt M. Seyffarth	89	Mandal SK	1.01,57	_____
4	Sander Rødje	93	Haugesund SK	1.04,79	_____
5	Thorbjørn Mangersnes Birkeland	93	Haugesund SK	1.06,96	_____
6	Vegard Belaska	93	Madla SK	1.08,02	_____

Øvelse 28. 100m individuell medley, damer

Heat 1

1				
2	Emilie Nilo Nilsen	98	Madla SK	_____
3	Tuva Fløysvik	97	Madla SK	_____
4	Frida Nelson	97	Drammen SK	_____
5	Brita Stang Aune	97	Stavanger SC	_____
6				

Heat 2

1	Katharina Bø	97	Egersund SK	_____
2	Marthe Gjøseter	97	Stord IL	_____
3	Henrikke Torstrup	99	Mandal SK	_____
4	Rebekka Asbjørnsen	96	Sandnes SLK	_____
5	Martina Giovannelli	99	Frisinn SK	_____
6	Johanne Heines Pettersen	99	Sandnes SLK	_____

Heat 3

1	Marte Staveland	95	Madla SK	_____
2	Mathilde Opheim	98	Lillesand IL	2.02,66
3	Kristin Serck Hanssen	98	Madla SK	1.51,43
4	Rebecca Baxter	97	Madla SK	1.54,83
5	Sarah Parsberg Støle	99	Frisinn SK	_____
6	Karianne Møkster	99	Frisinn SK	_____

Heat 4

1	Ingrid Elise Berge Jensen	98	Madla SK	1.46,47
2	Marte Johanne Tangedal Mehus	97	Stord IL	1.43,67
3	Amalie Nortvedt	97	Frisinn SK	1.41,62
4	Caroline Birkeland	98	Varodd SK	1.43,24
5	Christine Sekkesæter	98	Madla SK	1.44,57
6	Emma Bull-Gjertsen	97	Varodd SK	1.47,18

Heat 5

1	Ann Vilde Kristensen	97	Madla SK	1.39,41
2	Malin G. Larsen	92	Egersund SK	1.36,63
3	Sigrun Idsøe	96	Madla SK	1.35,10
4	Sofie Thorsen	96	Varodd SK	1.36,13
5	Linn Sigrid Sødal	97	Varodd SK	1.37,16
6	Tina Lægraud	96	Varodd SK	1.40,00

Heat 6

1	Nina-Therese Storstein	98	Karmøy SK	1.31,62
2	Ida Tomine Glomsaker	97	Madla SK	1.30,11
3	Ida Jensen Lirhus	97	Madla SK	1.28,97
4	Sofie Reisænen	97	Varodd SK	1.30,00
5	Tone Hartmark Nilsen	98	Mandal SK	1.31,49
6	Ulrikke Rein	98	Madla SK	1.33,27

Heat 7

1	Virginia Sitta	97	Madla SK	1.28,10
2	Monica Beeder	93	Bergens Svømme Club	1.27,76
3	Kristin Graf Verpe	95	Drammen SK	1.26,14
4	Birgitte Tangen Gjerde	94	Molde SLK	1.26,69
5	Runa By Bårdsgård	95	Sandnes SLK	1.27,87
6	Sandra Sola	97	Randaberg IL	1.28,36

Heat 8

1	Lotte Stang Aune	96	Stavanger SC	1.25,39	_____
2	May Synnøve Bartlett	95	Madla SK	1.25,15	_____
3	Solveig Vuilliomenet	94	Klepp	1.23,85	_____
4	Maren A Hegland	96	Mandal SK	1.24,86	_____
5	Nina Staveland	97	Madla SK	1.25,25	_____
6	Anna Teetzmann	95	Stord IL	1.25,94	_____

Heat 9

1	Silje Lilledahl	94	Haugesund SK	1.23,42	_____
2	Tiril Fredrikke Rist Jensen	94	Lillesand IL	1.21,82	_____
3	Camilla Bø	93	Egersund SK	1.21,44	_____
4	Camilla Mangersnes Birkeland	96	Haugesund SK	1.21,60	_____
5	Sara Petrine Veierød	93	Bergens Svømme Club	1.22,80	_____
6	Demi Coudray	94	Bergens Svømme Club	1.23,48	_____

Heat 10

1	Stine Hegland	93	Mandal SK	1.21,26	_____
2	Vannja Celine Brunsvik	93	Haugesund SK	1.20,44	_____
3	Lise Viola Haraldstad	94	Mandal SK	1.19,79	_____
4	Renate Laupstad	92	Egersund SK	1.19,99	_____
5	Une Johnsen	96	Mandal SK	1.21,16	_____
6	Matilde Giovannelli	94	Frisinn SK	1.21,27	_____

Heat 11

1	Ingeborg Jørmeland	96	Stavanger SC	1.19,43	_____
2	Aleksandra Berge	94	Madla SK	1.18,59	_____
3	Rebekka Andersen	93	Stavanger SC	1.17,75	_____
4	Oda Gjerde	95	Bryne SK	1.18,27	_____
5	Siv Vuilliomenet	92	Klepp	1.19,32	_____
6	Malin Haga	95	Stavanger SC	1.19,68	_____

Heat 12

1	Vilde Tengesdal	96	Bryne SK	1.17,48	_____
2	Line Nilsson	94	Madla SK	1.17,02	_____
3	Torhild Narvestad Anda	91	Randaberg IL	1.16,75	_____
4	Vanessa Tuxen	92	Sola SK	1.16,90	_____
5	Ingrid Wigestrød	92	Sola SK	1.17,19	_____
6	Kristin Bringedal	91	Frisinn SK	1.17,62	_____

Heat 13

1	Hege Elisabeth Harestad	92	Stavanger SC	1.16,27	_____
2	Karoline Eriksen	92	Stavanger SC	1.14,64	_____
3	Inger Kristine Steinsland	92	IL Solid	1.14,06	_____
4	Ingrid Hystad	92	IL Solid	1.14,24	_____
5	Malena Martens	94	IL Solid	1.15,50	_____
6	Alida Etterlid Jensen	95	Stord IL	1.16,54	_____

Heat 14

1	Siren Kristine Bergslid	93	Stavanger SC	1.12,89	_____
2	Maren Larsen	94	Madla SK	1.12,25	_____
3	Stine Mjølhus Kristoffersen	93	TS/Frisinn	1.10,35	_____
4	Elisabeth Kristiansen	92	Haugesund SK	1.11,02	_____
5	Therese Tronerud	93	Egersund SK	1.12,43	_____
6	Maria Thompson Clausen	96	Madla SK	1.12,98	_____

Øvelse 29. 1500m fri, herrer**Heat 1**

1	Barneby Baines	98	Madla SK		_____
2	Håkon P Ludvigsen	96	Randaberg IL	19.30,00	_____
3	Ivan Aleksander Larsen	95	Karmøy SK	17.13,86	_____
4	Ørjan Monsen	92	Sola SK	17.52,05	_____
5	Maurice Sudkamp	97	Randaberg IL	21.07,79	_____
6					_____

Øvelse 30. 800m fri, damer**Heat 1**

1					_____
2	Maria Thompson Clausen	96	Madla SK		_____
3	Maria Voldsund	98	Delfana		_____
4	Regine Sjørdal Lindanger	96	Frisinn SK		_____
5					_____
6					_____

Heat 2

1	Christine Arctander	93	Madla SK		_____
2	Susanne Sekkesæter	95	Madla SK		_____
3	Oda Tørnkvist	98	Varodd SK	14.00,00	_____
4	Madelen Stenberg	97	Varodd SK	14.15,00	_____
5	Lotte Miller	96	Madla SK		_____
6					_____

Heat 3

1	Barbara Hansen	93	Frisinn SK	11.28,21	_____
2	Marie L. Nygaard	94	Mandal SK	11.07,40	_____
3	Mari Mjøllhus Kristoffersen	95	Madla SK	10.56,38	_____
4	Henriette Dahl	95	Bergens Svømme Club	10.59,51	_____
5	Amalie Kristiansen	95	Haugesund SK	11.08,08	_____
6	Toni G. Coudray	97	Bergens Svømme Club	11.55,32	_____

Heat 4

1	Emilie Valand Sørensen	94	Varodd SK	10.50,00	_____
2	Ingrid Wigestrånd	92	Sola SK	10.07,68	_____
3	Marthe Berg Sørensen	92	TS/Frisinn	9.33,91	_____
4	Ane Nygård	95	Stavanger SC	9.39,98	_____
5	Synnøve Fevang	93	Stavanger SC	10.33,29	_____
6	Maria Bergfjord	93	Stavanger SC	10.51,48	_____

Pause 30 min.

Øvelse 31. 50m bryst, herrer

Heat 1

1				
2	Ben Davidson	97	Stavanger SC	_____
3	Tord Wiig Johannessen	99	Madla SK	_____
4	Hector Moland	99	Madla SK	_____
5				
6				

Heat 2

1				
2	Stian With Bjørnstad	87	Madla SK	_____
3	Lasse Benz	96	Madla SK	_____
4	Mikko Virtanen	93	Stord IL	_____
5	Atle Wiig-Fisketjøn	97	Madla SK	_____
6				

Heat 3

1	Brage Midbrød	98	Madla SK	_____
2	Jakob Skaftun	99	Madla SK	1.01,99
3	Eskild Strand	99	Madla SK	57,38
4	Viktor Hermansen	97	Klepp	57,63
5	Olav Lucas Torstrup	97	Mandal SK	1.02,13
6	Vemund Håland Hestnes	97	Egersund SK	_____

Heat 4

1	Jonas Østenstad	98	Haugesund SK	54,78
2	Sindre Salte Dunseth	99	Frisinn SK	52,62
3	Barneby Baines	98	Madla SK	51,46
4	Kristian Markhus Endresen	98	Haugesund SK	51,66
5	Erik Hystad	97	Stord IL	53,56
6	Sean Buckland	98	Haugesund SK	56,96

Heat 5

1	Tobias Gellein	96	Frisinn SK	50,74
2	Halvor Arne Borgstøm	97	Stavanger SC	50,00
3	Magnus Johnsen Horne	94	Stord IL	48,43
4	Axel Ravndal	98	Sandnes SLK	49,77
5	Erling Osland	96	Stord IL	50,29
6	Torstein Myklebust	96	Frisinn SK	51,05

Heat 6

1	Trym Jørgensen	98	Egersund SK	47,32
2	Erlend Anfinen	97	Sandnes SLK	46,82
3	Bjørn Stian Vuillioinenet	96	Klepp	45,39
4	Jørgen Tufteskog Spanne	95	Sandnes SLK	45,57
5	Dennis Asbjørnsen	97	Madla SK	47,26
6	Birk Hveding Ersdal	96	Drammen SK	47,85

Heat 7

1	Håkon Wulf Haugen	96	Bergens Svømme Club	43,59
2	Jørgen Abrahamsen	95	Randaberg IL	42,92
3	Fredrik Nordhammer	94	Lillesand IL	40,52
4	Fredrik Langholm Furuli	93	Drammen SK	41,86
5	Adrian Etterlid Jensen	97	Stord IL	43,25
6	Frank Reinmertz	94	Sandnes SLK	44,05

Heat 8

1	Simen Clementsen	95	Frisinn SK	39,87	_____
2	Henrik Ariansen	93	Mandal SK	39,11	_____
3	Håkon Ismael Torstrup	96	Mandal SK	38,19	_____
4	Marius Skogen	95	Randaberg IL	39,05	_____
5	Hoby Andrian	95	Klepp	39,35	_____
6	Jens Holm	92	Drammen SK	40,26	_____

Heat 9

1	Jakob Westermoen	95	Mandal SK	37,31	_____
2	Vincent Skage	94	Karmøy SK	36,15	_____
3	Joar Skien Grannes	90	Sandnes SLK	35,62	_____
4	Alexander Svanevik Nilsen	93	Stavanger SC	35,74	_____
5	Sindre Aasland Ranaweera	96	Madla SK	37,22	_____
6	Jonas Langseth Guttormsen	92	Drammen SK	37,44	_____

Heat 10

1	Kai Martin Hansen	92	Drammen SK	35,29	_____
2	Sander Rødje	93	Haugesund SK	34,82	_____
3	Haakon Andreas Hansen	82	Drammen SK	34,10	_____
4	Mikkel Hveding Ersdal	92	Drammen SK	34,25	_____
5	Ivan Aleksander Larsen	95	Karmøy SK	35,18	_____
6	Øyvind Malde	92	Madla SK	35,44	_____

Heat 11

1	Glenn Skjæveland	92	Sandnes SLK	33,66	_____
2	Petter Ledsaak	90	Sandnes SLK	32,55	_____
3	Bernt M. Seyffarth	89	Mandal SK	29,30	_____
4	Pål Helland	C-72	Stord Masters SK	31,97	_____
5	Asbjørn Skogen	93	Randaberg IL	33,64	_____
6	Magne Klemetsen	E-62	Stord Masters SK	34,00	_____

Øvelse 32. 50m bryst, damer**Heat 1**

1					
2	Ingrid Svelland	94	Madla SK		_____
3	Nora Kastellet	98	Madla SK		_____
4	Torill Stokka Thuestad	99	Madla SK		_____
5					
6					

Heat 2

1	Nora Larsen Rørvik	98	Madla SK		_____
2	Sarah Parsberg Støle	99	Frisinn SK		_____
3	Cathrine Hallanger	99	Madla SK		_____
4	Vivian Asplin	96	Madla SK		_____
5	Maria Gutierrez Irgens	99	Bergens Svømme Club		_____
6					

Heat 3

1	Siril Therese Bårtvedt	97	Sandnes SLK		_____
2	Frida Skafthun	95	Madla SK		_____
3	Marit Haram Hjeltnås	99	Madla SK		_____
4	Cecilia Eide Songstad	97	Bergens Svømme Club		_____
5	Linn Ramsfjell	98	Frisinn SK		_____
6	Sunniva Svanes	98	Madla SK		_____

Heat 4

1	Jasmine Rød	96	Madla SK		_____
2	Veslemøy Nome	96	Frisinn SK		_____
3	Sunniva Omdal	98	Madla SK	1.04,35	_____
4	Elena Bergfjord	98	Stavanger SC		_____
5	Britta Benz	97	Madla SK		_____
6	Tora Therese Høiland Arnesen	98	Frisinn SK		_____

Heat 5

1	Henrikke Torstrup	99	Mandal SK	1.01,07	_____
2	Ines Nystrand	98	Madla SK	59,27	_____
3	Emma Valand Sørensen	99	Varodd SK	58,26	_____
4	Iris Aikio	98	Madla SK	58,63	_____
5	Martina Giovannelli	99	Frisinn SK	1.00,91	_____
6	Keerthana Balashankar	97	Madla SK	1.01,38	_____

Heat 6

1	Frida Nelson	97	Drammen SK	54,81	_____
2	Mathilde Opheim	98	Lillesand IL	54,41	_____
3	Virginia Sitta	97	Madla SK	50,83	_____
4	Alina H Bjelancic	99	Randaberg IL	54,02	_____
5	Rebecca Baxter	97	Madla SK	54,80	_____
6	Dagny Vannebo	96	Drammen SK	55,59	_____

Heat 7

1	Marthe Gjøseter	97	Stord IL	50,47	_____
2	Amalie Nortvedt	97	Frisinn SK	50,17	_____
3	Sofie Thorsen	96	Varodd SK	49,48	_____
4	Emilie Nilo Nilsen	98	Madla SK	50,03	_____
5	Karianne Møkster	99	Frisinn SK	50,28	_____
6	Johanne Willumsen de Haag	98	Madla SK	50,48	_____

Heat 8

1	Aulona Bytyqi	95	Lillesand IL	49,28	_____
2	Marit Bergsland Hansen	95	Sandnes SLK	48,64	_____
3	Rebekka Asbjørnsen	96	Sandnes SLK	47,93	_____
4	Malin G. Larsen	92	Egersund SK	48,00	_____
5	Live Jørgensen	96	Egersund SK	48,71	_____
6	Marte Johanne Tangedal Mehus	97	Stord IL	49,28	_____

Heat 9

1	Charlotte Juul Jensen	95	Madla SK	47,85	_____
2	Nina Staveland	97	Madla SK	47,70	_____
3	Marit Hystad	96	IL Solid	46,55	_____
4	Malin Tønnessen	96	Frisinn SK	46,88	_____
5	Johanne Heines Pettersen	99	Sandnes SLK	47,74	_____
6	Tina Lægraid	96	Varodd SK	47,87	_____

Heat 10

1	Katharina Bø	97	Egersund SK	46,35	_____
2	Ulrikke Rein	98	Madla SK	45,52	_____
3	Tone Hartmark Nilsen	98	Mandal SK	44,70	_____
4	Thea Støle	96	Frisinn SK	44,87	_____
5	Lisa Aaslestad	96	Sandnes SLK	46,21	_____
6	Sandra Sola	97	Randaberg IL	46,47	_____

Heat 11

1	Heidi Marie Helgerud	91	Drammen SK	44,22	_____
2	Regine Sjørdal Lindanger	96	Frisinn SK	43,57	_____
3	Siv Vuillimienet	92	Klepp	43,21	_____
4	Ida Tomine Glomsaker	97	Madla SK	43,40	_____
5	Lise Viola Haraldstad	94	Mandal SK	43,71	_____
6	Anna Teetzmann	95	Stord IL	44,50	_____

Heat 12

1	Ida Grønnestad	95	Sandnes SLK	42,77	_____
2	Silje Undheim	94	Sandnes SLK	42,32	_____
3	Malene Tangedal Mehus	94	IL Solid	42,03	_____
4	Silje Lilledahl	94	Haugesund SK	42,30	_____
5	Silje Chirico Indrebø	95	Frisinn SK	42,69	_____
6	Hanna Huglen Vinsnesbakk	95	Stord IL	42,90	_____

Heat 13

1	Matilde Giovannelli	94	Frisinn SK	41,80	_____
2	Signe Aarthun Lootz	93	Stavanger SC	41,65	_____
3	Renate Laupstad	92	Egersund SK	41,54	_____
4	Marte Staveland	95	Madla SK	41,55	_____
5	Monica Beeder	93	Bergens Svømme Club	41,79	_____
6	May Synnøve Bartlett	95	Madla SK	41,95	_____

Heat 14

1	Aleksandra Berge	94	Madla SK	41,37	_____
2	Tiril Fredrikke Rist Jensen	94	Lillesand IL	39,81	_____
3	Amalie Kristiansen	95	Haugesund SK	39,65	_____
4	Sanne D Risbakk	94	Randaberg IL	39,70	_____
5	Stine Hegland	93	Mandal SK	40,38	_____
6	Jeanette Aasland	E-61	ROMA	41,50	_____

Heat 15

1	Hannah Wærenskjold	94	Mandal SK	39,46	_____
2	Mari Mjølhus Kristoffersen	95	Madla SK	39,19	_____
3	Heidi Høgalmen	90	Madla SK	38,80	_____
4	Maria Wigestrands	94	Sola SK	38,90	_____
5	Line Nilsson	94	Madla SK	39,40	_____
6	Maren Lootz Aarthun	95	Stavanger SC	39,55	_____

Heat 16

1	Ingrid Hystad	92	IL Solid	38,08	_____
2	Kristin Bringedal	91	Frisinn SK	37,31	_____
3	Camilla Bø	93	Egersund SK	37,24	_____
4	Camilla Thoreby	90	Madla SK	37,26	_____
5	Inger Kristine Steinsland	92	IL Solid	37,46	_____
6	Ingrid Wigestrands	92	Sola SK	38,41	_____

Heat 17

1	Siren Kristine Bergslid	93	Stavanger SC	36,32	_____
2	Stine Mjølhus Kristoffersen	93	TS/Frisinn	35,80	_____
3	Ingalill Urrang Naustvik	95	Karmøy SK	34,93	_____
4	Therese Tronerud	93	Egersund SK	35,78	_____
5	Maren Larsen	94	Madla SK	36,28	_____
6	Renate Aasland Ranaweera	91	Madla SK	37,16	_____

Øvelse 33. 100m fri, herrer

Heat 1

1	Christian-Alexander Egge Wagner	94	Drammen SK		_____
2	Olav Lucas Torstrup	97	Mandal SK	2.19,20	_____
3	Adrian Mathias Ceuppens	97	Frisinn SK	1.52,69	_____
4	Sean Buckland	98	Haugesund SK	1.55,10	_____
5	Mikko Virtanen	93	Stord IL		_____
6	Eskild Strand	99	Madla SK		_____

Heat 2

1	Sindre Vatnamot Amble	98	Madla SK	1.42,00	_____
2	Endre Mowatt Gruben	99	Bergens Svømme Club	1.39,90	_____
3	Tobias Gellein	96	Frisinn SK	1.32,17	_____
4	Hector Moland	99	Madla SK	1.37,14	_____
5	Aamund Westermoen	98	Mandal SK	1.40,70	_____
6	Håkon Bergersen	99	Madla SK	1.50,85	_____

Heat 3

1	Torbjørn Visnes	97	Stord IL	1.26,77	_____
2	Erling Belaska	98	Madla SK	1.25,99	_____
3	Erling Osland	96	Stord IL	1.24,67	_____
4	Ben Davidson	97	Stavanger SC	1.25,62	_____
5	Magnus Johnsen Horne	94	Stord IL	1.26,41	_____
6	Viktor Hermansen	97	Klepp	1.29,90	_____

Heat 4

1	Halvor Alvestad Larsen	98	Karmøy SK	1.23,37	_____
2	Axel Ravndal	98	Sandnes SLK	1.21,67	_____
3	Birk Hveding Ersdal	96	Drammen SK	1.18,61	_____
4	Anders Gundersen	94	Stavanger SC	1.18,74	_____
5	Andreas Brobakken	96	Lillesand IL	1.21,84	_____
6	Tim Samuelsen	97	Madla SK	1.24,20	_____

Heat 5

1	Dennis Asbjørnsen	97	Madla SK	1.17,10	_____
2	Eivind Bjelland	98	Karmøy SK	1.12,55	_____
3	Bjørn Stian Vuilliomenet	96	Klepp	1.12,34	_____
4	Sondre Møll	96	Stavanger SC	1.12,44	_____
5	Harald Goa Fagerheim	97	Karmøy SK	1.16,58	_____
6	Gord Behzadi	97	Madla SK	1.17,98	_____

Heat 6

1	Simen Clementsen	95	Frisinn SK	1.11,32	_____
2	Marius Skogen	95	Randaberg IL	1.10,63	_____
3	Kacper Domanski	96	Frisinn SK	1.10,06	_____
4	Espen Sønneland	94	Madla SK	1.10,38	_____
5	Martin Langeland-Knudsen	96	Sola SK	1.10,72	_____
6	Are Mowatt Gruben	96	Bergens Svømme Club	1.11,80	_____

Heat 7

1	Eirik Johnsen	96	Bergens Svømme Club	1.08,60	_____
2	Olav Ravndal Skjølingstad	95	Stavanger SC	1.07,52	_____
3	Oliver Haugberg	94	Stavanger SC	1.06,96	_____
4	Fredrik Langholm Furuli	93	Drammen SK	1.07,29	_____
5	Filip Torjusen Byberg	96	Stavanger SC	1.08,58	_____
6	Jim Steinsland	95	IL Solid	1.10,01	_____

Heat 8

1	Håkon Ismael Torstrup	96	Mandal SK	1.05,45	_____
2	Johan Markus Mowinckel	95	Bergens Svømme Club	1.05,12	_____
3	Asbjørn Skogen	93	Randaberg IL	1.04,49	_____
4	Trond Vasslag	94	Stavanger SC	1.04,96	_____
5	Morten Wee Hollund	96	Karmøy SK	1.05,19	_____
6	Jan Ove Lytomt	92	Sandnes SLK	1.05,70	_____

Heat 9

1	Magnus Møkster	94	Frisinn SK	1.04,30	_____
2	Øyvind Malde	92	Madla SK	1.02,57	_____
3	Øyvind Normann	94	Drammen SK	1.01,43	_____
4	Jonathan Nordhammer	93	Lillesand IL	1.01,44	_____
5	Ole Martin Turøy	95	Stavanger SC	1.02,89	_____
6	Jens Holm	92	Drammen SK	1.04,41	_____

Heat 10

1	Erik Vassøy Olsen	91	Stavanger SC	1.01,38	_____
2	Simon Thorbjørnsen Stavland	93	Stord IL	1.01,04	_____
3	Sondre Eikanger Hanssen	91	Bryne SK	1.00,77	_____
4	Glenn Skjæveland	92	Sandnes SLK	1.00,97	_____
5	Henrik Ariansen	93	Mandal SK	1.01,30	_____
6	Erlend H. Hestnes	93	Egersund SK	1.01,41	_____

Heat 11

1	Morten Bordevich	94	Sola SK	59,29	_____
2	Mikkel Hveding Ersdal	92	Drammen SK	59,06	_____
3	Henry Ravndal	93	Sandnes SLK	58,80	_____
4	Haakon Andreas Hansen	82	Drammen SK	59,01	_____
5	Steffen Larsen	91	Madla SK	59,07	_____
6	Lars Einar Borsheim	80	TS/Madla	59,41	_____

Heat 12

1	Ørjan Monsen	92	Sola SK	57,64	_____
2	Thorbjørn Mangersnes Birkeland	93	Haugesund SK	55,96	_____
3	Jørgen Møllerop	88	TS/Madla	50,63	_____
4	Bernt M. Seyffarth	89	Mandal SK	51,61	_____
5	Stian With Bjørnstad	87	Madla SK	56,61	_____
6	Remy Zakaria	92	Stavanger SC	58,39	_____

Øvelse 34. 100m fri, damer**Heat 1**

1					
2	Sigrun Idsø	96	Madla SK		_____
3	Cecilia Eide Songstad	97	Bergens Svømme Club		_____
4	Ines Nystrand	98	Madla SK		_____
5					
6					

Heat 2

1					
2	Cathrine Hallanger	99	Madla SK		_____
3	Tora Therese Høiland Arnesen	98	Frisinn SK		_____
4	Sarah Louise Rung	89	Madla SK		_____
5	Frida Skafthun	95	Madla SK		_____
6					

Heat 3

1	Amalie Nortvedt	97	Frisinn SK		_____
2	Henrikke Torstrup	99	Mandal SK	2.05,33	_____
3	Keerthana Balashankar	97	Madla SK	1.48,37	_____
4	Martina Giovannelli	99	Frisinn SK	1.57,60	_____
5	Tuva Fløysvik	97	Madla SK		_____
6	Torill Stokka Thuestad	99	Madla SK		_____

Heat 4

1	Vilde Næss	98	Lillesand IL	1.40,29	_____
2	Caroline Birkeland	98	Varodd SK	1.33,46	_____
3	Emma Bull-Gjertsen	97	Varodd SK	1.30,98	_____
4	Alina H Bjelancic	99	Randaberg IL	1.30,99	_____
5	Ingrid Elise Berge Jensen	98	Madla SK	1.36,91	_____
6	Dagny Vannebo	96	Drammen SK	1.41,48	_____

Heat 5

1	Christine Sekkesæter	98	Madla SK	1.28,52	_____
2	Marthe Gjøseter	97	Stord IL	1.28,33	_____
3	Jasmine Rød	96	Madla SK	1.27,04	_____
4	Frida Nelson	97	Drammen SK	1.28,30	_____
5	Ann Vilde Kristensen	97	Madla SK	1.28,39	_____
6	Madelen Stenberg	97	Varodd SK	1.28,84	_____

Heat 6

1	Marit Bergsland Hansen	95	Sandnes SLK	1.26,62	_____
2	Katharina Bø	97	Egersund SK	1.24,12	_____
3	Sofie Thorsen	96	Varodd SK	1.23,92	_____
4	Linn Sigrid Sødal	97	Varodd SK	1.23,95	_____
5	Tina Lægraid	96	Varodd SK	1.24,28	_____
6	Marte Johanne Tangedal Mehus	97	Stord IL	1.26,91	_____

Heat 7

1	Johanne Heines Pettersen	99	Sandnes SLK	1.22,21	_____
2	Aulona Bytyqi	95	Lillesand IL	1.20,14	_____
3	Lotte Stang Aune	96	Stavanger SC	1.18,54	_____
4	Malin G. Larsen	92	Egersund SK	1.19,34	_____
5	Vibeke Todnem	95	Sandnes SLK	1.20,39	_____
6	Ingrid Marie Thorsen	96	Haugesund SK	1.22,41	_____

Heat 8

1	Thea Støle	96	Frisinn SK	1.17,16	_____
2	Signe Birch Moltu	94	Frisinn SK	1.16,79	_____
3	Runa By Bårdsgård	95	Sandnes SLK	1.16,52	_____
4	Heidi Marie Helgerud	91	Drammen SK	1.16,58	_____
5	Sofie Reisænen	97	Varodd SK	1.17,00	_____
6	Nina-Therese Storstein	98	Karmøy SK	1.17,45	_____

Heat 9

1	Nina Staveland	97	Madla SK	1.14,66	_____
2	May Synnøve Bartlett	95	Madla SK	1.13,82	_____
3	Demi Coudray	94	Bergens Svømme Club	1.13,07	_____
4	Maren A Hegland	96	Mandal SK	1.13,80	_____
5	Susan Ultee	96	Frisinn SK	1.13,97	_____
6	Ida Jensen Lirhus	97	Madla SK	1.16,34	_____

Heat 10

1	Marte Staveland	95	Madla SK	1.12,87	_____
2	Ida Grønnestad	95	Sandnes SLK	1.12,68	_____
3	Camilla Mangersnes Birkeland	96	Haugesund SK	1.11,79	_____
4	Birgitte Tangen Gjerde	94	Molde SLK	1.11,97	_____
5	Cecilie E. Olsen	94	Sandnes SLK	1.12,68	_____
6	Aleksandra Berge	94	Madla SK	1.12,98	_____

Heat 11

1	Raili Karoline Haagensen	96	Haugesund SK	1.11,30	_____
2	Maria Bergfjord	93	Stavanger SC	1.10,75	_____
3	Une Johnsen	96	Mandal SK	1.10,46	_____
4	Solveig Vuilliomenet	94	Klepp	1.10,50	_____
5	Camilla Bø	93	Egersund SK	1.10,97	_____
6	Kristin Graf Verpe	95	Drammen SK	1.11,60	_____

Heat 12

1	Renate Laupstad	92	Egersund SK	1.09,99	_____
2	Ingrid Ånderå	93	Sandnes SLK	1.09,64	_____
3	Julie Askeland	93	Haugesund SK	1.08,29	_____
4	Emilie S. Knudsen	93	Drammen SK	1.09,06	_____
5	Vannja Celine Brunsvik	93	Haugesund SK	1.09,96	_____
6	Susanne Sekkesæter	95	Madla SK	1.10,06	_____

Heat 13

1	Vilde Tengesdal	96	Bryne SK	1.07,29	_____
2	Oda Gjerde	95	Bryne SK	1.05,72	_____
3	Amalie Kristiansen	95	Haugesund SK	1.04,32	_____
4	Nicole Egeland	93	Sandnes SLK	1.05,03	_____
5	Therese Tronerud	93	Egersund SK	1.06,00	_____
6	Synnøve Fevang	93	Stavanger SC	1.08,28	_____

Heat 14

1	Christine Arctander	93	Madla SK	1.03,70	_____
2	Maria Thompson Clausen	96	Madla SK	1.02,77	_____
3	Vanessa Tuxen	92	Sola SK	1.02,14	_____
4	Hege Elisabeth Harestad	92	Stavanger SC	1.02,16	_____
5	Malena Martens	94	IL Solid	1.03,48	_____
6	Alida Etterlid Jensen	95	Stord IL	1.04,07	_____

Heat 15

1	Elisabeth Kristiansen	92	Haugesund SK	1.01,37	_____
2	Marthe Berg Sørensen	92	TS/Frisinn	1.00,93	_____
3	Karen Stødle	87	Team Stavanger	1.00,08	_____
4	Trine Hovda	90	TS/Madla	1.00,30	_____
5	Nicole Tandrevold Næsheim	91	Stavanger SC	1.01,33	_____
6	Karoline Eriksen	92	Stavanger SC	1.02,04	_____

Øvelse 35. 200m rygg, herrer**Heat 1**

1	Barneby Baines	98	Madla SK		_____
2	Anders Nilsson	97	Frisinn SK	3.56,07	_____
3	Yonathan David Heij	95	Haugesund SK	3.07,86	_____
4	Fredrik Hana Voss	95	Randaberg IL	3.13,44	_____
5	Benjamin Alic	96	Haugesund SK		_____
6	Haakon Buckland	96	Haugesund SK		_____

Heat 2

1	Jørgen Abrahamsen	95	Randaberg IL	2.50,36	_____
2	Håkon Ismael Torstrup	96	Mandal SK	2.36,96	_____
3	Håkon P Ludvigsen	96	Randaberg IL	2.32,11	_____
4	Bjørn Eikanger Hanssen	95	Bryne SK	2.33,60	_____
5	Hoby Andrian	95	Klepp	2.42,99	_____
6	Vincent Skage	94	Karmøy SK	3.00,78	_____

Heat 3

1	Øystein Fjeldberg	93	Randaberg IL	2.28,80	_____
2	Simen Alvestad	94	Karmøy SK	2.23,46	_____
3	Erlend Tveteraas	91	TS/Madla	2.19,16	_____
4	Markus Lie	95	Åstveit SK	2.20,91	_____
5	Vegard Belaska	93	Madla SK	2.25,12	_____
6	Thomas Brustveit	93	Sandnes SLK	2.31,01	_____

Øvelse 36. 200m rygg, damer**Heat 1**

1	Kristin Serck Hanssen	98	Madla SK		_____
2	Emma Bull-Gjertsen	97	Varodd SK	3.43,37	_____
3	Oda Tørnkvist	98	Varodd SK	3.24,58	_____
4	Caroline Birkeland	98	Varodd SK	3.38,18	_____
5	Hanne Hana Voss	97	Randaberg IL		_____
6					_____

Heat 2

1	Siv Vuillimienet	92	Klepp	2.58,88	_____
2	Susan Ultee	96	Frisinn SK	2.54,73	_____
3	Une Johnsen	96	Mandal SK	2.51,60	_____
4	Maren A Hegland	96	Mandal SK	2.54,04	_____
5	Ida Jensen Lirhus	97	Madla SK	2.57,38	_____
6	Sofie Reisænen	97	Varodd SK	3.00,60	_____

Heat 3

1	Silje Undheim	94	Sandnes SLK	2.44,61	_____
2	Emilie Knutsen Hegdal	96	Stavanger SC	2.33,64	_____
3	Victoria Rung	92	TS/Frisinn	2.29,30	_____
4	Lotte Miller	96	Madla SK	2.33,39	_____
5	Emilie Valand Sørensen	94	Varodd SK	2.43,35	_____
6	Toni G. Coudray	97	Bergens Svømme Club	2.50,44	_____

Øvelse 37. 50m butterfly, herrer**Heat 1**

1					_____
2	Per Sondre Sodeland	91	Mandal SK		_____
3	Jonas Østenstad	98	Haugesund SK	56,70	_____
4	Olav Lucas Torstrup	97	Mandal SK		_____
5					_____
6					_____

Heat 2

1	Trym Jørgensen	98	Egersund SK	53,40	_____
2	Erling Belaska	98	Madla SK	50,91	_____
3	Kristian Markhus Endresen	98	Haugesund SK	49,24	_____
4	Endre Mowatt Gruben	99	Bergens Svømme Club	50,48	_____
5	Erik Hystad	97	Stord IL	52,72	_____
6	Sindre Vatnamot Amble	98	Madla SK	56,35	_____

Heat 3

1	Aamund Westermoen	98	Mandal SK	46,31	_____
2	Espen Sønneland	94	Madla SK	41,07	_____
3	Are Mowatt Gruben	96	Bergens Svømme Club	40,09	_____
4	Adrian Etterlid Jensen	97	Stord IL	40,21	_____
5	Viktor Hermansen	97	Klepp	46,17	_____
6	Gord Behzadi	97	Madla SK	47,62	_____

Heat 4

1	Dennis Asbjørnsen	97	Madla SK	39,50	_____
2	Halvor Alvestad Larsen	98	Karmøy SK	39,37	_____
3	Eivind Bjelland	98	Karmøy SK	37,73	_____
4	Martin Langeland-Knudsen	96	Sola SK	39,08	_____
5	Fredrik Langholm Furuli	93	Drammen SK	39,38	_____
6	Halvor Arne Borgstøm	97	Stavanger SC	40,00	_____

Heat 5

1	Bjørn Stian Vuilliomenet	96	Klepp	37,33	_____
2	Jan Ove Lytomt	92	Sandnes SLK	35,40	_____
3	Johan Markus Mowinckel	95	Bergens Svømme Club	34,09	_____
4	Jim Steinsland	95	IL Solid	35,00	_____
5	Jakob Westermoen	95	Mandal SK	35,49	_____
6	Michael Gutierrez Irgens	95	Bergens Svømme Club	37,61	_____

Heat 6

1	Sindre Aasland Ranaweera	96	Madla SK	33,35	_____
2	Oliver Haugberg	94	Stavanger SC	32,99	_____
3	Håkon Ismael Torstrup	96	Mandal SK	32,31	_____
4	Fredrik Nordhammer	94	Lillesand IL	32,58	_____
5	Magnus Andre Nilsen	91	Drammen SK	33,04	_____
6	Jens Holm	92	Drammen SK	33,71	_____

Heat 7

1	Ørjan Monsen	92	Sola SK	31,67	_____
2	Øyvind Normann	94	Drammen SK	31,25	_____
3	Jonathan Nordhammer	93	Lillesand IL	31,02	_____
4	Sondre Eikanger Hanssen	91	Bryne SK	31,05	_____
5	Kai Martin Hansen	92	Drammen SK	31,60	_____
6	Henrik Ariansen	93	Mandal SK	31,78	_____

Heat 8

1	Mikkel Hveding Ersdal	92	Drammen SK	30,82	_____
2	Morten Bordevich	94	Sola SK	30,76	_____
3	Haakon Andreas Hansen	82	Drammen SK	30,63	_____
4	Simon Thorbjørnsen Stavland	93	Stord IL	30,69	_____
5	Hoby Andrian	95	Klepp	30,77	_____
6	Henry Ravndal	93	Sandnes SLK	30,87	_____

Heat 9

1	Erlend H. Hestnes	93	Egersund SK	30,40	_____
2	Glenn Skjæveland	92	Sandnes SLK	30,29	_____
3	Ivan Aleksander Larsen	95	Karmøy SK	29,68	_____
4	Thomas Johansen	85	Drammen SK	29,96	_____
5	Daniel Sandhåland	95	Karmøy SK	30,34	_____
6	Steffen Larsen	91	Madla SK	30,51	_____

Heat 10

1	Stian With Bjørnstad	87	Madla SK	29,28	_____
2	Fredrik Knutsen Hegdal	94	Stavanger SC	28,37	_____
3	Sander Rødje	93	Haugesund SK	27,50	_____
4	Joar Skien Grannes	90	Sandnes SLK	27,71	_____
5	Gaute Ravndal	94	Sola SK	28,38	_____
6	Petter Ledsaak	90	Sandnes SLK	29,60	_____

Øvelse 38. 50m butterfly, damer**Heat 1**

1					_____
2	Ida Elisabeth Tokvam	97	Madla SK		_____
3	Live Jørgensen	96	Egersund SK		_____
4	Tuva Fløysvik	97	Madla SK		_____
5					_____
6					_____

Heat 2

1	Rebekka Asbjørnsen	96	Sandnes SLK		_____
2	Henrikke Torstrup	99	Mandal SK	1.03,00	_____
3	Alina H Bjelancic	99	Randaberg IL	52,39	_____
4	Rebecca Baxter	97	Madla SK	55,94	_____
5	Maria Gutierrez Irgens	99	Bergens Svømme Club	1.09,28	_____
6	Vilde E. Stokkenes	98	Haugesund SK		_____

Heat 3

1	Marthe Gjøseter	97	Stord IL	48,36	_____
2	Amalie Nortvedt	97	Frisinn SK	46,11	_____
3	Gina Alvestad	98	Karmøy SK	44,98	_____
4	Marte Johanne Tangedal Mehus	97	Stord IL	45,16	_____
5	Ida Tomine Glomsaker	97	Madla SK	47,98	_____
6	Christine Sekkesæter	98	Madla SK	50,42	_____

Heat 4

1	Andrea Marki Mork	98	Stavanger SC	44,19	_____
2	Linn Sigrid Sødal	97	Varodd SK	43,05	_____
3	Marit Hystad	96	IL Solid	42,91	_____
4	Oda Tørnkvist	98	Varodd SK	43,05	_____
5	Ulrikke Rein	98	Madla SK	43,39	_____
6	Malin Tønnessen	96	Frisinn SK	44,41	_____

Heat 5

1	Ingrid Elise Berge Jensen	98	Madla SK	42,54	_____
2	Brita Stang Aune	97	Stavanger SC	42,42	_____
3	Maria Voldsund	98	Delfana	41,43	_____
4	Tone Hartmark Nilsen	98	Mandal SK	42,29	_____
5	Malene Tangedal Mehus	94	IL Solid	42,49	_____
6	Katharina Bø	97	Egersund SK	42,72	_____

Heat 6

1	Maren A Hegland	96	Mandal SK	41,01	_____
2	May Synnøve Bartlett	95	Madla SK	40,21	_____
3	Malin G. Larsen	92	Egersund SK	40,03	_____
4	Signe Birch Moltu	94	Frisinn SK	40,15	_____
5	Anna Teetzmann	95	Stord IL	40,28	_____
6	Susan Ultee	96	Frisinn SK	41,38	_____

Heat 7

1	Silje Chirico Indrebø	95	Frisinn SK	38,94	_____
2	Birgitte Tangen Gjerde	94	Molde SLK	38,77	_____
3	Camilla Bø	93	Egersund SK	38,23	_____
4	Nina Staveland	97	Madla SK	38,68	_____
5	Une Johnsen	96	Mandal SK	38,82	_____
6	Charlotte Juul Jensen	95	Madla SK	38,97	_____

Heat 8

1	Ingrid Bergslid	97	Madla SK	37,55	_____
2	Hanna Huglen Vinsnesbakk	95	Stord IL	37,49	_____
3	Barbara Hansen	93	Frisinn SK	37,10	_____
4	Kristin Graf Verpe	95	Drammen SK	37,11	_____
5	Cecilie E. Olsen	94	Sandnes SLK	37,49	_____
6	Grethe Westrheim	A-81	Madla SK	37,91	_____

Heat 9

1	Elise Trøan	92	Madla SK	37,00	_____
2	Lise Viola Haraldstad	94	Mandal SK	36,81	_____
3	Inger Arctander	D-66	ROMA	36,50	_____
4	Siv Vuillioinenet	92	Klepp	36,62	_____
5	Matilde Giovannelli	94	Frisinn SK	36,92	_____
6	Susanne Sekkesæter	95	Madla SK	37,10	_____

Heat 10

1	Solveig Vuillioinenet	94	Klepp	35,90	_____
2	Maria Wigestrånd	94	Sola SK	35,53	_____
3	Camilla Mangersnes Birkeland	96	Haugesund SK	35,46	_____
4	Alida Etterlid Jensen	95	Stord IL	35,47	_____
5	Camilla Thoreby	90	Madla SK	35,57	_____
6	Marie L. Nygaard	94	Mandal SK	36,10	_____

Heat 11

1	Oda Gjerde	95	Bryne SK	35,40	_____
2	Aleksandra Berge	94	Madla SK	35,06	_____
3	Hannah Wærenskjold	94	Mandal SK	34,57	_____
4	Line Nilsson	94	Madla SK	34,72	_____
5	Renate Laupstad	92	Egersund SK	35,39	_____
6	Marte Staveland	95	Madla SK	35,43	_____

Heat 12

1	Torhild Narvestad Anda	91	Randaberg IL	34,33	_____
2	Therese Tronerud	93	Egersund SK	34,11	_____
3	Sanne D Risbakk	94	Randaberg IL	33,88	_____
4	Christine Arctander	93	Madla SK	33,98	_____
5	Henriette Dahl	95	Bergens Svømme Club	34,20	_____
6	Malin Haga	95	Stavanger SC	34,51	_____

Heat 13

1	Ingeborg Jørmeland	96	Stavanger SC	33,78	_____
2	Siren Kristine Bergslid	93	Stavanger SC	33,47	_____
3	Maren Larsen	94	Madla SK	32,47	_____
4	Heidi Høgalmen	90	Madla SK	32,98	_____
5	Vilde Tengesdal	96	Bryne SK	33,66	_____
6	Mari Mjølhus Kristoffersen	95	Madla SK	33,84	_____

Heat 14

1	Maria Thompson Clausen	96	Madla SK	32,16	_____
2	Malena Martens	94	IL Solid	31,71	_____
3	Marthe Berg Sørensen	92	TS/Frisinn	31,25	_____
4	Nicole Tandrevold Næsheim	91	Stavanger SC	31,46	_____
5	Ingalill Urrang Naustvik	95	Karmøy SK	31,83	_____
6	Rebekka Andersen	93	Stavanger SC	32,21	_____

Heat 15

1	Caroline Marki Mork	93	Stavanger SC	30,98	_____
2	Stine Mjølhus Kristoffersen	93	TS/Frisinn	30,36	_____
3	Maren Kristine Jansen	90	TS/Randaberg	28,56	_____
4	Elisabeth Kristiansen	92	Haugesund SK	30,19	_____
5	Ingrid Hystad	92	IL Solid	30,91	_____
6	Inger Kristine Steinsland	92	IL Solid	31,03	_____

Øvelse 39. 4*100m lag medley, herrer**Heat 1**

1					
2	Bergens Svømme Clu G2 jr.	JR	Bergens Svømme Club		_____
3	Frisinn SK G1	JR	Frisinn SK	5.39,05	_____
4	Stord IL G1 jr.	JR	Stord IL	6.00,00	_____
5					
6					

Heat 2

1	Madla SK G2 jr.	JR	Madla SK	5.00,00	_____
2	Sandnes SLK G1 jr.	JR	Sandnes SLK	4.21,80	_____
3	Team Stavanger G1 sr.	SR	Team Stavanger	4.00,00	_____
4	Mandal SK G1 sr.	SR	Mandal SK	4.20,00	_____
5	Madla SK G1 jr.	JR	Madla SK	4.40,00	_____
6					

Øvelse 40. 4*100m lag medley, damer**Heat 1**

1	Stord IL J1 jr.	JR	Stord IL	5.45,00	_____
2	Varodd SK J1 jr.	JR	Varodd SK	5.44,00	_____
3	Madla SK J3 jr.	JR	Madla SK	5.25,00	_____
4	Madla SK J4 jr.	JR	Madla SK	5.40,00	_____
5	Frisinn SK J2	JR	Frisinn SK	5.44,48	_____
6	Bergens Svømme Clu J2 jr.	JR	Bergens Svømme Club		_____

Heat 2

1	Mandal SK J1 jr.	JR	Mandal SK	5.20,00	_____
2	IL Solid J1 jr.	JR	IL Solid	5.05,00	_____
3	Team Stavanger J1 sr.	SR	Team Stavanger	4.25,00	_____
4	Madla SK J1 jr.	JR	Madla SK	5.00,00	_____
5	Madla SK J2 jr.	JR	Madla SK	5.10,00	_____
6	Frisinn SK J1	JR	Frisinn SK	5.24,06	_____