

## Øvelse 1. 25m fri, damer

## Heat 1

1	Julie Marie Høie	03	Sola SK	_____
2	Lotte Sangolt	03	Bryne SK	_____
3	Emma Fiskå	03	Stavanger SC	_____
4	Sanna Standal Sokn	03	Sola SK	_____
5	Marlin Dahl Larsen	03	Frisinn SK	_____
6	Lavenda Stava	03	Karmøy SK	_____

## Heat 2

1	Emma Victoria Bystøl-Hill	03	Stavanger SC	_____
2	Bettina Ølberg	03	Stavanger SC	_____
3	Johanne Merenyi	03	Stavanger SC	_____
4	Emilia Wetteland	03	Egersund SK	_____
5	Cathryn Helena Bystøl-Hill	03	Stavanger SC	_____
6	Sanne Ølberg	03	Stavanger SC	_____

## Heat 3

1				
2	Carina Landro Østebo	02	Frisinn SK	_____
3	Natalie Breivik	02	Bryne SK	_____
4	Eirin Stendahl	02	Stavanger SC	_____
5				
6				

## Heat 4

1				
2	Eline Vik	02	Sandnes SLK	_____
3	Ine-Marie Hansen	02	Sola SK	_____
4	Marie Wathne	02	Sandnes SLK	_____
5	Aud Sofie Danielsen	02	Stavanger SC	_____
6				

## Heat 5

1	Lina Sunde	02	Klepp SSK	_____
2	Selma Vemmestad	02	Klepp SSK	_____
3	Charlotte Haavardsholm	02	Sande SK	_____
4	Maria Klovning Minde	02	Karmøy SK	_____
5	Betina Ulsund	02	Egersund SK	_____
6	Synne Hebo	02	Klepp SSK	_____

## Heat 6

1	Kaia Macfarlane	02	Sande SK	_____
2	Dina Revfe	02	Klepp SSK	_____
3	Malin B Berg	02	Stavanger SC	_____
4	Eline Vicotoria Stangeland	02	Klepp SSK	_____
5	Kari Haugland	02	Bryne SK	_____
6	Anna Eie Jacobsen	02	Frisinn SK	_____

## Heat 7

1				
2	Malin Gjesdal	01	Stavanger SC	_____
3	Karoline Skagen Pedersen	01	Stavanger SC	_____
4	Elisabeth B. Kalseth	01	Sandnes SLK	_____
5				
6				

**Heat 8**

1				
2	Maria Sannes	01	Bryne SK	_____
3	Serine Steen-Hansen	01	Bryne SK	_____
4	Embla Hatlebakk	01	Sandnes SLK	_____
5	Live Nesse Fintland	01	Frisinn SK	_____
6				

**Heat 9**

1	Live Pettersen	01	Sola SK	_____
2	Emilie Skjøldt Tønnesen	01	Frisinn SK	_____
3	Sol Utbjoa	01	Klepp SSK	_____
4	Sina Engelsvoll	01	Klepp SSK	_____
5	Helle Lode Thorsen	01	Klepp SSK	_____
6	Selene Time	01	Stavanger SC	_____

**Heat 10**

1	Ane Braut	01	Klepp SSK	_____
2	Henriette Nessa Bjørnevik	01	Bryne SK	_____
3	Ihne Ølberg	01	Stavanger SC	_____
4	Sunniva Muren	01	Klepp SSK	_____
5	Thea Lothe	01	Klepp SSK	_____
6	Amanda Leidland	01	Egersund SK	_____

**Heat 11**

1				
2	Marlen Voll Svendsen	00	Randaberg IL Svømming	_____
3	Mina Serene Flytlie	00	Frisinn SK	_____
4	Marte Engene Hognestad	00	Sandnes SLK	_____
5				
6				

**Heat 12**

1	Karianne Seeck Humborstad	00	Sandnes SLK	_____
2	Ine Mortveit	00	Sandnes SLK	_____
3	Christina Marianne S. Andersen	00	Bryne SK	_____
4	Mia Macfarlane	00	Sande SK	_____
5	Trine Ø. Håheim	00	Randaberg IL Svømming	_____
6	Gunvor Horpestad	00	Klepp SSK	_____

**Heat 13**

1	Salma Knapp	00	Sola SK	_____
2	Hannah Macfarlane	00	Sande SK	_____
3	Lene Waaland	00	Klepp SSK	_____
4	Ingrid Tveit Langeland	00	Klepp SSK	_____
5	Mathilde Pollestad	00	Klepp SSK	_____
6	Silje Horvei	00	Sola SK	_____

**Heat 14**

1	Serina Barane Olsen	00	Klepp SSK	_____
2	Sanna T. Stangeland	00	Egersund SK	_____
3	Solveig Revfe	00	Klepp SSK	_____
4	Elen R. Skadberg	00	Egersund SK	_____
5	Åse Skarding	00	Klepp SSK	_____
6	Sofie Hartmann Nielsen	00	Klepp SSK	_____

**Heat 15**

1				
2	Renate Sangolt	99	Bryne SK	_____
3	Yasmin Eiklid	99	Sandnes SLK	_____
4	Tanahiriyan Jiimma	99	Bryne SK	_____
5				
6				

**Heat 16**

1				
2	Victoria Olsen	99	Egersund SK	_____
3	Ida Vinningland	99	Egersund SK	_____
4	Hanna Sannes	99	Bryne SK	_____
5	Alexandra Stokka	99	Sandnes SLK	_____
6				

**Heat 17**

1	Victoria Johansen	98	Randaberg IL Svømming	_____
2	Hanne Tollefsen	98	Egersund SK	_____
3	Emilie Trane	98	Stavanger SC	_____
4	Liv Skarding	98	Klepp SSK	_____
5	Camilla Lyster	98	Stavanger SC	_____
6	Iselin Danielsen	98	Stavanger SC	_____

**Øvelse 2. 25m fri, herrer****Heat 1**

1				
2	Jonas Lyng	03	Stavanger SC	_____
3	Joakim Fjælberg Mæhle	03	Klepp SSK	_____
4	Jesper T Nødland	03	Stavanger SC	_____
5				
6				

**Heat 2**

1				
2	Håvard Tveit Langeland	03	Klepp SSK	_____
3	Ivo Espeland Don Santos	03	Stavanger SC	_____
4	Peder Flytlie	03	Frisinn SK	_____
5	Roald Klemetsen Gilje	03	Sande SK	_____
6				

**Heat 3**

1				
2	Tim Seeberg	02	Karmøy SK	_____
3	Mads Fjogstad Tobiassen	02	Bryne SK	_____
4	Eivind Vestbøstad	02	Frisinn SK	_____
5				
6				

**Heat 4**

1				
2	Thomas Stangeland Pedersen	02	Sandnes SLK	_____
3	Herman L. Knutsen	02	Sola SK	_____
4	Vetle Toska Søråas	02	Sandnes SLK	_____
5	Anders Bergsvik	02	Sola SK	_____
6				

**Heat 5**

1	Jørund Drengstig	02	Sola SK	_____
2	Emil Kaspersen	02	Klepp SSK	_____
3	Stian Kaspersen	02	Klepp SSK	_____
4	Sindre Lode	02	Sande SK	_____
5	Ask Kram Simensen	02	Frisinn SK	_____
6	Nikolaj Parsberg Støle	02	Frisinn SK	_____

**Heat 6**

1				
2	Lasse Dickhausen	01	Sandnes SLK	_____
3	Lars K. Lenschow	01	Randaberg IL Svømming	_____
4	Håkon Junge	01	Sande SK	_____
5				
6				

**Heat 7**

1	Linus Klepp Vik	01	Sola SK	_____
2	Mads Lønø	01	Randaberg IL Svømming	_____
3	Stian Munkejord	01	Karmøy SK	_____
4	Jakob Vestly	01	Sande SK	_____
5	Marius Løe Pedersen	01	Stavanger SC	_____
6				

**Heat 8**

1	Jack Roland Bystøl-Hill	01	Stavanger SC	_____
2	Runar Fosse	01	Bryne SK	_____
3	Mathias R Evensen	01	Randaberg IL Svømming	_____
4	Leiv Richard Bystøl-Hill	01	Stavanger SC	_____
5	Hedvig Wathne	01	Stavanger SC	_____
6	Jørgen Vestly	01	Sande SK	_____

**Heat 9**

1	Jakob Michael Dietrich	01	Stavanger SC	_____
2	Leo Kjær	01	Klepp SSK	_____
3	Ivan Strandnæs Nervik	01	Egersund SK	_____
4	Andreas Gundersen	01	Stavanger SC	_____
5	Magnus Egeland	01	Klepp SSK	_____
6	Marcus G Andersen	01	Egersund SK	_____

**Heat 10**

1	Magnus Carlsen Haaland	00	Stavanger SC	_____
2	Jonas Rossavik Johannessen	00	Sandnes SLK	_____
3	Odin Bernhoff	00	Frisinn SK	_____
4	Erlend Toska Søråas	00	Sandnes SLK	_____
5	Vetle M. Meling	00	Randaberg IL Svømming	_____
6	Martin Selback	00	Randaberg IL Svømming	_____

**Heat 11**

1	Remi Munkvold Buvik	00	Klepp SSK	_____
2	Rens Maessen	00	Klepp SSK	_____
3	Edvard Stangeland	00	Klepp SSK	_____
4	Bjarte Matre	00	Klepp SSK	_____
5	Vegard Tveit	00	Sandnes SLK	_____
6	Dag Ole Bergesen Himle	00	Frisinn SK	_____

**Heat 12**

1	Mads H. Torgeirsen	00	Egersund SK	_____
2	Morten Strandnæs Nervik	00	Egersund SK	_____
3	Lars Audun Bøen	00	Klepp SSK	_____
4	Mathias Vehus	00	Egersund SK	_____
5	Emil H. Torgeirsen	00	Egersund SK	_____
6	Eivind Larsen	00	Egersund SK	_____

**Heat 13**

1				
2	Andreas Turøy Krag	99	Klepp SSK	_____
3	Aleksander Nordmark	99	Randaberg IL Svømming	_____
4	Anders Reime	99	Sandnes SLK	_____
5	Isac Hackman	99	Sandnes SLK	_____
6				

**Heat 14**

1	Emil Helland	99	Klepp SSK	_____
2	Thomas Macfarlane	99	Sande SK	_____
3	Marius Time	99	Stavanger SC	_____
4	Karl Inge Olaussen	99	Karmøy SK	_____
5	Hans David Olaussen	99	Karmøy SK	_____
6	Odin Larsen Selvik	99	Sandnes SLK	_____

**Heat 15**

1	Per Ove Hansen	99	Egersund SK	_____
2	Daniel Berentsen	99	Egersund SK	_____
3	Robin Olsby	99	Egersund SK	_____
4	Arne Assersen	99	Egersund SK	_____
5	Even N Holmane Stangeland	99	Klepp SSK	_____
6	Andreas Maråk	99	Klepp SSK	_____

**Heat 16**

1				
2	Blazej Lipinski	98	Frisinn SK	_____
3	Tellef Glendrange	98	Egersund SK	_____
4	Rik Maessen	98	Klepp SSK	_____
5	Malvin Tjøtta	98	Klepp SSK	_____
6				

**Heat 17**

1				
2	Are Sebastian Mortveit	95	Sandnes SLK	_____
3	Jørn Grude Augustin	97	Klepp SSK	_____
4	Stian Pettersen	96	Stavanger SC	_____
5				
6				

## Øvelse 3. 50m bryst, damer

## Heat 1

1	Caroline Øglend Markwick	03	Egersund SK	_____
2	Sanna Standal Sokn	03	Sola SK	_____
3	Emilia Wetteland	03	Egersund SK	_____
4	Julie Marie Høie	03	Sola SK	_____
5	Vilde Zetlitz Nessler	03	Frisinn SK	_____
6	Lotte Sangolt	03	Bryne SK	_____

## Heat 2

1	Elisabeth Ose	02	Egersund SK	_____
2	Anna Sofie Nygård Solvik	02	Bryne SK	_____
3	Kristin N. Magnussen	02	Bryne SK	_____
4	Charlotte Haavardsholm	02	Sande SK	_____
5	Mari Elvebakk	02	Sande SK	_____
6	Inger Ree Fintland	02	Bryne SK	_____

## Heat 3

1	Malin Dyrnes	02	Egersund SK	_____
2	Kaia Macfarlane	02	Sande SK	_____
3	Kine Vinningland	02	Egersund SK	_____
4	Siv Ariande Christensen	02	Egersund SK	_____
5	Johanne Ølberg	02	Sande SK	_____
6	Anna Nevestveit Barøy	02	Klepp SSK	_____

## Heat 4

1	Henriette Nessa Bjørnevik	01	Bryne SK	_____
2	Thadshana Somalingan	01	Egersund SK	_____
3	Lykke Berge	01	Egersund SK	_____
4	Serine Steen-Hansen	01	Bryne SK	_____
5	Marita Undheim	01	Bryne SK	_____
6	Live Pettersen	01	Sola SK	_____

## Heat 5

1	Emilie Skjøldt Tønnesen	01	Frisinn SK	_____
2	Ingeborg Muri Stangeland	01	Bryne SK	_____
3	Vilde Mikalsen	01	Egersund SK	_____
4	Vilde Linn Tønnesen	01	Egersund SK	_____
5	Amalie Hovland	01	Egersund SK	_____
6	Sol Utbjoa	01	Klepp SSK	_____

## Heat 6

1				_____
2	Salma Knapp	00	Sola SK	_____
3	Mia Macfarlane	00	Sande SK	_____
4	Sunniva Engan Maude	00	Stavanger SC	_____
5				_____
6				_____

## Heat 7

1				_____
2	Live Standal Sokn	00	Sola SK	_____
3	Andrea Skeie	00	Sandnes SLK	_____
4	Silje Horvei	00	Sola SK	_____
5	Hannah Macfarlane	00	Sande SK	_____
6				_____

**Heat 8**

1	Sara Eiane	00	Sola SK	_____
2	Mathilde Pollestad	00	Klepp SSK	_____
3	Helene Baxter	00	Stavanger SC	_____
4	Karianne Seeck Humborstad	00	Sandnes SLK	_____
5	Karianne Høie	00	Sola SK	_____
6	Serina Barane Olsen	00	Klepp SSK	_____

**Heat 9**

1				
2	Victoria Olsen	99	Egersund SK	_____
3	Ida Vinningland	99	Egersund SK	_____
4	Anne-Guro Hansen	99	Sola SK	_____
5	Tanahiryani Jimma	99	Bryne SK	_____
6				

**Heat 10**

1				
2	Victoria Johansen	98	Randaberg IL Svømming	_____
3	Hanne Tollefsen	98	Egersund SK	_____
4	Cecilie Skeie	98	Sandnes SLK	_____
5				
6				

## Øvelse 4. 50m bryst, herrer

## Heat 1

1	Markus Skåra Hultmann	03	Egersund SK	_____
2				_____
3	Jørund Drengstig	02	Sola SK	_____
4	Vetle Nagell Fjelde	02	Frisinn SK	_____
5	Christian Øgreid	02	Frisinn SK	_____
6				_____

## Heat 2

1				_____
2	Håkon Junge	01	Sande SK	_____
3	Linus Klepp Vik	01	Sola SK	_____
4	Jakob Vestly	01	Sande SK	_____
5				_____
6				_____

## Heat 3

1				_____
2	Odin Jørgensen	01	Egersund SK	_____
3	Marcus G Andersen	01	Egersund SK	_____
4	Mathias R Evensen	01	Randaberg IL Svømming	_____
5	Jørgen Vestly	01	Sande SK	_____
6				_____

## Heat 4

1				_____
2	Edvard Stangeland	00	Klepp SSK	_____
3	Vetle M. Meling	00	Randaberg IL Svømming	_____
4	Harald Frøyland	00	Stavanger SC	_____
5				_____
6				_____

## Heat 5

1	Magnus Carlsen Haaland	00	Stavanger SC	_____
2	Martin Selback	00	Randaberg IL Svømming	_____
3	Eivind Larsen	00	Egersund SK	_____
4	Mathias Vehus	00	Egersund SK	_____
5	Morten Strandnæs Nervik	00	Egersund SK	_____
6	Henrik Jacobsen	00	Stavanger SC	_____

## Heat 6

1	Anders Reime	99	Sandnes SLK	_____
2	Sturle Anfinssen	99	Sandnes SLK	_____
3	Andreas Turøy Krag	99	Klepp SSK	_____
4	Emil Helland	99	Klepp SSK	_____
5	Thomas Macfarlane	99	Sande SK	_____
6				_____

## Heat 7

1	Fredric Sudkamp	99	Randaberg IL Svømming	_____
2	Per Ove Hansen	99	Egersund SK	_____
3	Andreas Maråk	99	Klepp SSK	_____
4	Daniel Berentsen	99	Egersund SK	_____
5	Arne Assersen	99	Egersund SK	_____
6	Mons Borsheim	99	Sandnes SLK	_____

**Heat 8**

1				
2	Daniel Kalseth	97	Sandnes SLK	_____
3	Tellef Glendrange	98	Egersund SK	_____
4	Mats Flesjaa	98	Sandnes SLK	_____
5				
6				

**Øvelse 5. 25m butterfly, damer****Heat 1**

1				
2	Vilde Zetlitz Nessler	03	Frisinn SK	_____
3	Ine-Marie Hansen	02	Sola SK	_____
4	Anna Sofie Nygård Solvik	02	Bryne SK	_____
5	Emilia Wetteland	03	Egersund SK	_____
6				

**Heat 2**

1				
2	Salma Knapp	00	Sola SK	_____
3	Karianne Høie	00	Sola SK	_____
4	Live Standal Sokn	00	Sola SK	_____
5	Anne-Guro Hansen	99	Sola SK	_____
6				

**Øvelse 6. 25m butterfly, herrer****Heat 1**

1				
2	Mads Fjogstad Tobiassen	02	Bryne SK	_____
3	Christian Øgreid	02	Frisinn SK	_____
4	Tim Seeberg	02	Karmøy SK	_____
5	Vetle Nagell Fjelde	02	Frisinn SK	_____
6				

**Heat 2**

1				
2	Stian Munkejord	01	Karmøy SK	_____
3	Sigbjørn Mikkelsen	00	Stavanger SC	_____
4	Lars Audun Bøen	00	Klepp SSK	_____
5				
6				

**Heat 3**

1				
2	Jørn Grude Augustin	97	Klepp SSK	_____
3	Fredric Sudkamp	99	Randaberg IL Svømming	_____
4	Karl Inge Olaussen	99	Karmøy SK	_____
5				
6				

## Øvelse 7. 25m rygg, damer

## Heat 1

1	Lavenda Stava	03	Karmøy SK	_____
2	Sanna Standal Sokn	03	Sola SK	_____
3	Lotte Sangolt	03	Bryne SK	_____
4	Julie Marie Høie	03	Sola SK	_____
5	Vilde Zetlitz Nessler	03	Frisinn SK	_____
6				_____

## Heat 2

1				_____
2	Anna Eie Jacobsen	02	Frisinn SK	_____
3	June Møller	02	Klepp SSK	_____
4	Charlotte Haavardsholm	02	Sande SK	_____
5	Selma Vemmestad	02	Klepp SSK	_____
6				_____

## Heat 3

1	Betina Ulsund	02	Egersund SK	_____
2	Johanne Ølberg	02	Sande SK	_____
3	Maria Klovning Minde	02	Karmøy SK	_____
4	Ine-Marie Hansen	02	Sola SK	_____
5	Marie Wathne	02	Sandnes SLK	_____
6	Anna Nevestveit Barøy	02	Klepp SSK	_____

## Heat 4

1				_____
2	Ingeborg Muri Stangeland	01	Bryne SK	_____
3	Thadshana Somalingan	01	Egersund SK	_____
4	Emilie Marie Breivik	01	Bryne SK	_____
5				_____
6				_____

## Heat 5

1	Amanda Sami	01	Sande SK	_____
2	Vilde Linn Tønnesen	01	Egersund SK	_____
3	Henriette Nessa Bjørnevik	01	Bryne SK	_____
4	Sunniva Muren	01	Klepp SSK	_____
5	Lykke Berge	01	Egersund SK	_____
6	Helle Lode Thorsen	01	Klepp SSK	_____

## Heat 6

1				_____
2	Christina Marianne S. Andersen	00	Bryne SK	_____
3	Katharina Husveg Jørgensen	00	Sandnes SLK	_____
4	Ine Mortveit	00	Sandnes SLK	_____
5	Andrea Skeie	00	Sandnes SLK	_____
6				_____

## Heat 7

1	Trine Ø. Håheim	00	Randaberg IL Svømming	_____
2	Gunvor Horpestad	00	Klepp SSK	_____
3	Salma Knapp	00	Sola SK	_____
4	Mina Serene Flytlie	00	Frisinn SK	_____
5	Kristin Engene Hognestad	00	Sandnes SLK	_____
6	Marte Engene Hognestad	00	Sandnes SLK	_____

**Heat 8**

1	Karen Engene Hognestad	98	Sandnes SLK	_____
2	Ida Byre Olsen	99	Sandnes SLK	_____
3	Ida Vinningland	99	Egersund SK	_____
4	Hanna Sannes	99	Bryne SK	_____
5	Yasmin Eiklid	99	Sandnes SLK	_____
6				

**Øvelse 8. 25m rygg, herrer****Heat 1**

1				
2				
3	Markus Skåra Hultmann	03	Egersund SK	_____
4	Peder Flytlie	03	Frisinn SK	_____
5	Mads Fjogstad Tobiassen	02	Bryne SK	_____
6	Tim Seeberg	02	Karmøy SK	_____

**Heat 2**

1	Nikolaj Parsberg Støle	02	Frisinn SK	_____
2	Anders Bergsvik	02	Sola SK	_____
3	Eivind Vestbøstad	02	Frisinn SK	_____
4	Thomas Stangeland Pedersen	02	Sandnes SLK	_____
5	Sindre Lode	02	Sande SK	_____
6				

**Heat 3**

1	Leiv Richard Bystøl-Hill	01	Stavanger SC	_____
2	Jack Roland Bystøl-Hill	01	Stavanger SC	_____
3	Magnus Egeland	01	Klepp SSK	_____
4	Leo Kjær	01	Klepp SSK	_____
5	Stian Munkejord	01	Karmøy SK	_____
6	Markus Bjøberg Stokland	01	Klepp SSK	_____

**Heat 4**

1	Jøran Osland	00	Sandnes SLK	_____
2	Dag Ole Bergesen Himle	00	Frisinn SK	_____
3	Sigbjørn Mikkelsen	00	Stavanger SC	_____
4	Matias D Iversen	00	Stavanger SC	_____
5	Lars Audun Bøen	00	Klepp SSK	_____
6				

**Heat 5**

1	Aleksander Nordmark	99	Randaberg IL Svømming	_____
2	Are Sebastian Mortveit	95	Sandnes SLK	_____
3	Rik Maessen	98	Klepp SSK	_____
4	Tellef Glendrange	98	Egersund SK	_____
5	Hans David Olaussen	99	Karmøy SK	_____
6	Robin Olsby	99	Egersund SK	_____

## Øvelse 9. 25m bryst, damer

## Heat 1

1				
2	Julie Marie Høie	03	Sola SK	_____
3	Marlin Dahl Larsen	03	Frisinn SK	_____
4	Caroline Øglend Markwick	03	Egersund SK	_____
5				
6				

## Heat 2

1	Selma Vemmestad	02	Klepp SSK	_____
2	Cathryn Helena Bystøl-Hill	03	Stavanger SC	_____
3	Emilia Wetteland	03	Egersund SK	_____
4	Emma Victoria Bystøl-Hill	03	Stavanger SC	_____
5	Sanna Standal Sokn	03	Sola SK	_____
6				

## Heat 3

1	Mari Elvebakk	02	Sande SK	_____
2	Kari Haugland	02	Bryne SK	_____
3	Lina Sunde	02	Klepp SSK	_____
4	Ine-Marie Hansen	02	Sola SK	_____
5	Johanne Ølberg	02	Sande SK	_____
6	Kristin N. Magnussen	02	Bryne SK	_____

## Heat 4

1	Eline Vik	02	Sandnes SLK	_____
2	Eirin Stendahl	02	Stavanger SC	_____
3	Carina Landro Østebø	02	Frisinn SK	_____
4	June Møller	02	Klepp SSK	_____
5	Anna Eie Jacobsen	02	Frisinn SK	_____
6	Martine Hallberg	02	Sandnes SLK	_____

## Heat 5

1	Dina Revfe	02	Klepp SSK	_____
2	Malin Dyrnes	02	Egersund SK	_____
3	Kine Vinningland	02	Egersund SK	_____
4	Embla Gudbrandsen	02	Stavanger SC	_____
5	Synne Hebo	02	Klepp SSK	_____
6	Eline Vicotoria Stangeland	02	Klepp SSK	_____

## Heat 6

1				
2	Live Pettersen	01	Sola SK	_____
3	Selene Time	01	Stavanger SC	_____
4	Sunniva Muren	01	Klepp SSK	_____
5	Lykke Berge	01	Egersund SK	_____
6				

## Heat 7

1	Emilie Marie Breivik	01	Bryne SK	_____
2	Maria Sannes	01	Bryne SK	_____
3	Thea Lothe	01	Klepp SSK	_____
4	Emilie Skjøldt Tønnesen	01	Frisinn SK	_____
5	Live Nesse Finntland	01	Frisinn SK	_____
6	Helle Lode Thorsen	01	Klepp SSK	_____

**Heat 8**

1	Ane Braut	01	Klepp SSK	_____
2	Amanda Leidland	01	Egersund SK	_____
3	Henriette Nessa Bjørnevik	01	Bryne SK	_____
4	Marita Undheim	01	Bryne SK	_____
5	Amalie Hovland	01	Egersund SK	_____
6	Elisabeth B. Kalseth	01	Sandnes SLK	_____

**Heat 9**

1				
2	Salma Knapp	00	Sola SK	_____
3	Mina Serene Flytlie	00	Frisinn SK	_____
4	Marlen Voll Svendsen	00	Randaberg IL Svømming	_____
5				
6				

**Heat 10**

1	Marte Engene Hognestad	00	Sandnes SLK	_____
2	Sofie Hartmann Nielsen	00	Klepp SSK	_____
3	Christina Marianne S. Andersen	00	Bryne SK	_____
4	Celine Byberg	00	Sande SK	_____
5	Ingrid Tveit Langeland	00	Klepp SSK	_____
6	Silje Horvei	00	Sola SK	_____

**Heat 11**

1	Lene Waaland	00	Klepp SSK	_____
2	Solveig Revfe	00	Klepp SSK	_____
3	Elen R. Skadberg	00	Egersund SK	_____
4	Sanna T. Stangeland	00	Egersund SK	_____
5	Serina Barane Olsen	00	Klepp SSK	_____
6	Kristin Engene Hognestad	00	Sandnes SLK	_____

**Heat 12**

1	Renate Sangolt	99	Bryne SK	_____
2	Tanahiriyan Jimma	99	Bryne SK	_____
3	Ida Vinningland	99	Egersund SK	_____
4	Hannah Nummedal	99	Bryne SK	_____
5	Ida Byre Olsen	99	Sandnes SLK	_____
6				

**Heat 13**

1				
2	Karen Engene Hognestad	98	Sandnes SLK	_____
3	Victoria Johansen	98	Randaberg IL Svømming	_____
4	Hanne Tollefsen	98	Egersund SK	_____
5	Emilie Trane	98	Stavanger SC	_____
6				

## Øvelse 10. 25m bryst, herrer

## Heat 1

1				
2	Peder Flytlie	03	Frisinn SK	_____
3	Markus Skåra Hultmann	03	Egersund SK	_____
4	Roald Klemetsen Gilje	03	Sande SK	_____
5	Joakim Fjælberg Mæhle	03	Klepp SSK	_____
6				

## Heat 2

1				
2	Jørund Drengstig	02	Sola SK	_____
3	Vetle Toska Søråas	02	Sandnes SLK	_____
4	Tim Seeberg	02	Karmøy SK	_____
5				
6				

## Heat 3

1	Ask Kram Simensen	02	Frisinn SK	_____
2	Thomas Stangeland Pedersen	02	Sandnes SLK	_____
3	Herman Nummedal	02	Bryne SK	_____
4	Herman L. Knutsen	02	Sola SK	_____
5	Anders Bergsvik	02	Sola SK	_____
6	Mads Fjogstad Tobiassen	02	Bryne SK	_____

## Heat 4

1				
2	Lars K. Lenschow	01	Randaberg IL Svømming	_____
3	Jørgen Vestly	01	Sande SK	_____
4	Hedvig Wathne	01	Stavanger SC	_____
5				
6				

## Heat 5

1	Jack Roland Bystøl-Hill	01	Stavanger SC	_____
2	Stian Munkejord	01	Karmøy SK	_____
3	Mads Lønø	01	Randaberg IL Svømming	_____
4	Linus Klepp Vik	01	Sola SK	_____
5	Marius Løe Pedersen	01	Stavanger SC	_____
6				

## Heat 6

1	Runar Fosse	01	Bryne SK	_____
2	Leiv Richard Bystøl-Hill	01	Stavanger SC	_____
3	Odin Jørgensen	01	Egersund SK	_____
4	Peter Tveita	01	Klepp SSK	_____
5	Lasse Dickhausen	01	Sandnes SLK	_____
6	Håkon Junge	01	Sande SK	_____

## Heat 7

1	Mathias R Evensen	01	Randaberg IL Svømming	_____
2	Magnus Egeland	01	Klepp SSK	_____
3	Ivan Strandnæs Nervik	01	Egersund SK	_____
4	Leo Kjær	01	Klepp SSK	_____
5	Markus Bjøberg Stokland	01	Klepp SSK	_____
6	Andreas Gundersen	01	Stavanger SC	_____

**Heat 8**

1				
2	Martin Selback	00	Randaberg IL Svømming	_____
3	Bjarte Matre	00	Klepp SSK	_____
4	Vetle M. Meling	00	Randaberg IL Svømming	_____
5				
6				

**Heat 9**

1	Dag Ole Bergesen Himle	00	Frisinn SK	_____
2	Vegard Tveit	00	Sandnes SLK	_____
3	Erlend Toska Søraas	00	Sandnes SLK	_____
4	Matias D Iversen	00	Stavanger SC	_____
5	Odin Bernhoff	00	Frisinn SK	_____
6	Remi Munkvold Buvik	00	Klepp SSK	_____

**Heat 10**

1	Emil H. Torgeirsen	00	Egersund SK	_____
2	Lars Audun Bøen	00	Klepp SSK	_____
3	Eivind Larsen	00	Egersund SK	_____
4	Mads H. Torgeirsen	00	Egersund SK	_____
5	Edvard Stangeland	00	Klepp SSK	_____
6	Rens Maessen	00	Klepp SSK	_____

**Heat 11**

1				
2	Anders Reime	99	Sandnes SLK	_____
3	Odin Larsen Selvik	99	Sandnes SLK	_____
4	Andreas Maråk	99	Klepp SSK	_____
5	Malvin Tjøtta	98	Klepp SSK	_____
6				

**Heat 12**

1	Emil Helland	99	Klepp SSK	_____
2	Per Ove Hansen	99	Egersund SK	_____
3	Arne Assersen	99	Egersund SK	_____
4	Daniel Berentsen	99	Egersund SK	_____
5	Marius Time	99	Stavanger SC	_____
6	Isac Hackman	99	Sandnes SLK	_____

**Heat 13**

1	Blazej Lipinski	98	Frisinn SK	_____
2	Jørn Grude Augustin	97	Klepp SSK	_____
3	Stian Pettersen	96	Stavanger SC	_____
4	Rik Maessen	98	Klepp SSK	_____
5	David Mugås Madebo	97	Sandnes SLK	_____
6	Mats Flesjaa	98	Sandnes SLK	_____

## Øvelse 11. 4\*25m fri, mixed

## Heat 1

1				
2	Sandnes Mix Rekrutt 7	YJ	Sandnes SLK	_____
3	Sola Mix 2	YJ	Sola SK	_____
4	Egersund SK Mix 2	YJ	Egersund SK	_____
5	Sola Mix 1	YJ	Sola SK	_____
6				

## Heat 2

1	Sande SK Mix 2 yj.	YJ	Sande SK	_____
2	Randaberg Mix 1	YJ	Randaberg IL Svømming	_____
3	Stavanger SC Mix 1 jr.	YJ	Stavanger SC	_____
4	Egersund SK Mix 1	YJ	Egersund SK	_____
5	Frisinn SK Mix 2	YJ	Frisinn SK	_____
6	Randaberg Mix 2	YJ	Randaberg IL Svømming	_____

## Heat 3

1	Sandnes Mix Rekrutt 5	YJ	Sandnes SLK	_____
2	Karmøy 1 Mix	YJ	Karmøy SK	_____
3	Klepp SSK Mix 1 yj.	YJ	Klepp SSK	_____
4	Bryne 2 Mix	YJ	Bryne SK	_____
5	Sandnes Mix Rekrutt 6	YJ	Sandnes SLK	_____
6	Stavanger SC Mix 2 jr.	YJ	Stavanger SC	_____

## Heat 4

1	Frisinn SK Mix 3	YJ	Frisinn SK	_____
2	Sandnes Mix Rekrutt 2	YJ	Sandnes SLK	_____
3	Egersund SK Mix 3	YJ	Egersund SK	_____
4	Klepp SSK Mix 3 yj.	YJ	Klepp SSK	_____
5	Sandnes Mix Rekrutt 1	YJ	Sandnes SLK	_____
6	Sande SK Mix 1 yj.	YJ	Sande SK	_____

## Heat 5

1	Klepp SSK Mix 2 yj.	YJ	Klepp SSK	_____
2	Sandnes Mix Rekrutt 4	YJ	Sandnes SLK	_____
3	Sandnes Mix Rekrutt 3	YJ	Sandnes SLK	_____
4	Bryne 1 Mix	YJ	Bryne SK	_____
5	Klepp SSK Mix 4 yj.	YJ	Klepp SSK	_____
6	Frisinn SK Mix 1	YJ	Frisinn SK	_____

**Øvelse 12. 50m rygg, herrer****Heat 1**

1				
2	Emil Kaspersen	02	Klepp SSK	_____
3				
4	Christian Øgreid	02	Frisinn SK	_____
5	Vetle Nagell Fjelde	02	Frisinn SK	_____
6				

**Heat 2**

1				
2	Jøran Osland	00	Sandnes SLK	_____
3	Magnus Egeland	01	Klepp SSK	_____
4	Rik Maessen	98	Klepp SSK	_____
5	Malvin Tjøtta	98	Klepp SSK	_____
6				

**Øvelse 13. 50m rygg, damer****Heat 1**

1				
2	Lavenda Stava	03	Karmøy SK	_____
3	Kristin N. Magnussen	02	Bryne SK	_____
4	Martine Hallberg	02	Sandnes SLK	_____
5				
6				

**Heat 2**

1				
2	Kari Haugland	02	Bryne SK	_____
3	Anna Sofie Nygård Solvik	02	Bryne SK	_____
4	Inger Ree Fintland	02	Bryne SK	_____
5	Siv Ariande Christensen	02	Egersund SK	_____
6				

**Heat 3**

1				
2	Marita Undheim	01	Bryne SK	_____
3	Serine Steen-Hansen	01	Bryne SK	_____
4	Sol Utbjoa	01	Klepp SSK	_____
5	Amanda Sami	01	Sande SK	_____
6				

**Heat 4**

1				
2	Trine Ø. Håheim	00	Randaberg IL Svømming	_____
3	Karianne Høie	00	Sola SK	_____
4	Salma Knapp	00	Sola SK	_____
5				
6				

**Heat 5**

1				
2	Live Standal Sokn	00	Sola SK	_____
3	Helene Baxter	00	Stavanger SC	_____
4	Mathilde Pollestad	00	Klepp SSK	_____
5	Sara Eiane	00	Sola SK	_____
6				

**Heat 6**

1				
2	Vera Djapic Oosterkamp	99	Karmøy SK	_____
3	Ida Vinningland	99	Egersund SK	_____
4	Anne-Guro Hansen	99	Sola SK	_____
5	Cecilie Skeie	98	Sandnes SLK	_____
6				

## Øvelse 14. 50m fri, herrer

## Heat 1

1				
2	Anders Bergsvik	02	Sola SK	_____
3	Herman L. Knutsen	02	Sola SK	_____
4	Christian Øgreid	02	Frisinn SK	_____
5				
6				

## Heat 2

1	Eivind Vestbøstad	02	Frisinn SK	_____
2	Vetle Nagell Fjelde	02	Frisinn SK	_____
3	Nikolaj Parsberg Støle	02	Frisinn SK	_____
4	Jørund Drengstig	02	Sola SK	_____
5				
6				

## Heat 3

1	Peter Tveita	01	Klepp SSK	_____
2	Marius Løe Pedersen	01	Stavanger SC	_____
3	Markus Bjøberg Stokland	01	Klepp SSK	_____
4	Magnus Egeland	01	Klepp SSK	_____
5	Linus Klepp Vik	01	Sola SK	_____
6				

## Heat 4

1	Lars K. Lenschow	01	Randaberg IL Svømming	_____
2	Jakob Vestly	01	Sande SK	_____
3	Ivan Strandnæs Nervik	01	Egersund SK	_____
4	Jakob Michael Dietrich	01	Stavanger SC	_____
5	Stian Munkejord	01	Karmøy SK	_____
6	Mathias R Evensen	01	Randaberg IL Svømming	_____

## Heat 5

1				
2	Harald Frøyland	00	Stavanger SC	_____
3	Kristian Bjerklund	00	Frisinn SK	_____
4	Vetle M. Meling	00	Randaberg IL Svømming	_____
5				
6				

## Heat 6

1	Henrik Jacobsen	00	Stavanger SC	_____
2	Edvard Stangeland	00	Klepp SSK	_____
3	Mathias Vehus	00	Egersund SK	_____
4	Bjarte Matre	00	Klepp SSK	_____
5	Jøran Osland	00	Sandnes SLK	_____
6	Erlend Toska Søråas	00	Sandnes SLK	_____

## Heat 7

1	Emil H. Torgeisen	00	Egersund SK	_____
2	Morten Strandnæs Nervik	00	Egersund SK	_____
3	Sigbjørn Mikkelsen	00	Stavanger SC	_____
4	Lars Audun Bøen	00	Klepp SSK	_____
5	Mads H. Torgeisen	00	Egersund SK	_____
6	Martin Selback	00	Randaberg IL Svømming	_____

**Heat 8**

1				
2	Sturle Anfinsen	99	Sandnes SLK	_____
3	Karl Inge Olaussen	99	Karmøy SK	_____
4	Emil Helland	99	Klepp SSK	_____
5	Malvin Tjøtta	98	Klepp SSK	_____
6				

**Heat 9**

1	Robin Olsby	99	Egersund SK	_____
2	Thomas Macfarlane	99	Sande SK	_____
3	Andreas Maråk	99	Klepp SSK	_____
4	Fredric Sudkamp	99	Randaberg IL Svømming	_____
5	Hans David Olaussen	99	Karmøy SK	_____
6	Mons Borsheim	99	Sandnes SLK	_____

**Heat 10**

1	David Mugås Madebo	97	Sandnes SLK	_____
2	Are Sebastian Mortveit	95	Sandnes SLK	_____
3	Tellef Glendrange	98	Egersund SK	_____
4	Rik Maessen	98	Klepp SSK	_____
5	Stian Pettersen	96	Stavanger SC	_____
6	Daniel Kalseth	97	Sandnes SLK	_____

## Øvelse 15. 50m fri, damer

## Heat 1

1				
2	Vilde Zetlitz Nessler	03	Frisinn SK	_____
3	Lavenda Stava	03	Karmøy SK	_____
4	Johanne Merenyi	03	Stavanger SC	_____
5				
6				

## Heat 2

1				
2	Eline Vik	02	Sandnes SLK	_____
3	Kaia Macfarlane	02	Sande SK	_____
4	Kristin N. Magnussen	02	Bryne SK	_____
5	Selma Vemmestad	02	Klepp SSK	_____
6				

## Heat 3

1	Kari Haugland	02	Bryne SK	_____
2	Betina Ulsund	02	Egersund SK	_____
3	Natalie Breivik	02	Bryne SK	_____
4	Eline Vicotoria Stangeland	02	Klepp SSK	_____
5	Martine Hallberg	02	Sandnes SLK	_____
6	Inger Ree Fintland	02	Bryne SK	_____

## Heat 4

1	Anna Nevestveit Barøy	02	Klepp SSK	_____
2	Siv Ariande Christensen	02	Egersund SK	_____
3	Elisabeth Ose	02	Egersund SK	_____
4	Embla Gudbrandsen	02	Stavanger SC	_____
5	Anna Sofie Nygård Solvik	02	Bryne SK	_____
6	Ine-Marie Hansen	02	Sola SK	_____

## Heat 5

1				
2	Marita Undheim	01	Bryne SK	_____
3	Live Nesse Fintland	01	Frisinn SK	_____
4	Live Pettersen	01	Sola SK	_____
5				
6				

## Heat 6

1	Ingeborg Muri Stangeland	01	Bryne SK	_____
2	Embla Hatlebakk	01	Sandnes SLK	_____
3	Sol Utbjoa	01	Klepp SSK	_____
4	Ane Braut	01	Klepp SSK	_____
5	Serine Steen-Hansen	01	Bryne SK	_____
6	Henriette Nessa Bjørnevik	01	Bryne SK	_____

## Heat 7

1	Mathilde Pollestad	00	Klepp SSK	_____
2	Mia Macfarlane	00	Sande SK	_____
3	Trine Ø. Håheim	00	Randaberg IL Svømming	_____
4	Karianne Høie	00	Sola SK	_____
5	Katharina Husveg Jørgensen	00	Sandnes SLK	_____
6	Live Standal Sokn	00	Sola SK	_____

**Heat 8**

1	Hannah Macfarlane	00	Sande SK	_____
2	Salma Knapp	00	Sola SK	_____
3	Helene Baxter	00	Stavanger SC	_____
4	Sara Eiane	00	Sola SK	_____
5	Elen R. Skadberg	00	Egersund SK	_____
6	Kristin Engene Hognestad	00	Sandnes SLK	_____

**Heat 9**

1	Anne-Guro Hansen	99	Sola SK	_____
2	Alexandra Stokka	99	Sandnes SLK	_____
3	Renate Sangolt	99	Bryne SK	_____
4	Hannah Nummedal	99	Bryne SK	_____
5	Vera Djapic Oosterkamp	99	Karmøy SK	_____
6				

**Heat 10**

1				
2	Karen Engene Hognestad	98	Sandnes SLK	_____
3	Iselin Danielsen	98	Stavanger SC	_____
4	Cecilie Skeie	98	Sandnes SLK	_____
5				
6				