

**14. mai 2011 kl. 10.00****Øvelse 1. 4\*100m lag butterfly, damer****Heat 1**

1	Madla SK J2 jr.	JR	Madla SK	_____
2	Stavanger SC J1 jr.	JR	Stavanger SC	_____
3	Stavanger SC J2 jr.	JR	Stavanger SC	_____
4	Madla SK J3 jr.	JR	Madla SK	_____
5	Madla SK J1 jr.	JR	Madla SK	_____
6				

**Øvelse 2. 4\*100m lag butterfly, herrer****Heat 1**

1				
2	Madla SK G1 sr.	SR	Madla SK	_____
3	Stavanger SC G2 jr.	JR	Stavanger SC	_____
4	Madla SK G1 jr.	JR	Madla SK	_____
5	Stavanger SC G1 jr.	JR	Stavanger SC	_____
6				

**Øvelse 3. 200m rygg, damer****Heat 1**

1				
2	Andrea Håvarstein	99	Stavanger SC	_____
3	Emily Lane	00	Stavanger SC	_____
4	Vanessa Tuxen	92	Madla SK	_____
5				
6				

**Heat 2**

1	Ulva Bray	00	Stavanger SC	_____
2	Karoline Auestad Petterson	98	Madla SK	3.22,43 _____
3	Ines Nystrand	98	Madla SK	3.04,57 _____
4	Iris Aikio	98	Madla SK	3.07,38 _____
5	Heather Mulvany	99	Madla SK	_____
6	Stine Lindanger	98	Stavanger SC	_____

**Heat 3**

1	Alina H Bjelancic	99	Stavanger SC	2.46,03 _____
2	Lotte Stang Aune	96	Stavanger SC	2.41,07 _____
3	Eva Marie Wilson Østerhus	94	Madla SK	2.28,54 _____
4	Stine Mjølhus Kristoffersen	93	Madla SK	2.34,35 _____
5	Christine Sekkesæter	98	Madla SK	2.45,56 _____
6	Ingrid Elise Berge Jenssen	98	Madla SK	2.53,88 _____

**Øvelse 4. 200m individuell medley, herrer****Heat 1**

1				
2	Georg Turøy	00	Stavanger SC	_____
3	Mathias Lamo Kristensen	98	Stavanger SC	3.49,98 _____
4	Mats Skretting Beneventi	99	Stavanger SC	_____
5				
6				

**Heat 2**

1	Ben Davison	97	Stavanger SC	3.09,59	_____
2	Jens Petter Turøy	99	Stavanger SC	3.05,54	_____
3	Truls Wigdel	99	Madla SK	2.55,30	_____
4	Aune Lagestrand	98	Klepp SSK	3.02,67	_____
5	Mads Vestly	99	Sandnes SLK	3.06,22	_____
6					

**Heat 3**

1	Axel Ravndal	98	Sandnes SLK	2.40,31	_____
2	Alexander Svanevik Nilsen	93	Stavanger SC	2.31,42	_____
3	Thomas Brustveit	93	Sandnes SLK	2.29,39	_____
4	Erik Andre Klepp Vik	96	Sandnes SLK	2.30,75	_____
5	Tim Samuelsen	97	Madla SK	2.36,18	_____
6	Gord Behzadi	97	Madla SK	2.53,32	_____

**Heat 4**

1	Øyvind Malde	92	Madla SK	2.22,29	_____
2	Morten Bordevich	94	Madla SK	2.14,58	_____
3	Fredrik Knutsen Hegdal	94	Stavanger SC	2.07,91	_____
4	Sindre Aasland Ranaweera	96	Madla SK	2.14,32	_____
5	Alexander Marki Mork	95	Stavanger SC	2.21,81	_____
6	Trond Vasslag	94	Stavanger SC	2.28,86	_____

**Øvelse 5. 100m fri, damer****Heat 1**

1					
2	Silje Kristiansen	97	Klepp SSK		_____
3	Stine Lindanger	98	Stavanger SC	1.48,52	_____
4	Malin Jensen Salte	97	Klepp SSK		_____
5					
6					

**Heat 2**

1	Marie Hinna	00	Stavanger SC	1.39,50	_____
2	Andrea Håvarstein	99	Stavanger SC	1.36,96	_____
3	Peyton Karlson	00	Madla SK	1.32,46	_____
4	Mona Kathrine Behzadi	00	Madla SK	1.33,46	_____
5	Synnøve Døskeland	98	Stavanger SC	1.39,15	_____
6					

**Heat 3**

1	Bjørg Marie Pollestad	97	Klepp SSK	1.23,23	_____
2	Ida Askeland	98	Stavanger SC	1.16,83	_____
3	Brita Stang Aune	97	Stavanger SC	1.09,39	_____
4	Kristin Serck-Hanssen	98	Madla SK	1.12,73	_____
5	Tessa Fransisca Janssen	99	Stavanger SC	1.18,37	_____
6	Karoline Bergfjord	96	Stavanger SC	1.24,47	_____

**Heat 4**

1	Siril Therese Follo Bårtvedt	97	Sandnes SLK	1.06,22	_____
2	Susanne Sekkesæter	95	Madla SK	1.03,52	_____
3	Ingeborg Jørmeland	96	Stavanger SC	1.02,64	_____
4	Lotte Miller	96	Madla SK	1.02,74	_____
5	Mari Mjølhus Kristoffersen	95	Madla SK	1.04,47	_____
6	Ida Tomine Glomsaker	97	Madla SK	1.07,14	_____

**Heat 5**

1	Emilie Knutsen Hegdal	96	Stavanger SC	1.01,80	_____
2	Marthe Berg Sørensen	92	Madla SK	1.00,88	_____
3	Maria Thompson Clausen	96	Madla SK	58,16	_____
4	Maria Larsen Wigestrands	94	Madla SK	58,74	_____
5	Ane Nygård	95	Stavanger SC	1.00,91	_____
6	Maren Larsen	94	Madla SK	1.02,60	_____

**Øvelse 6. 1500m fri, herrer****Heat 1**

1					
2	Håvard Nevestveit Barøy	98	Klepp SSK		_____
3	Olav Nevestveit Barøy	99	Klepp SSK		_____
4	Ole André Wigestrands	99	Sandnes SLK		_____
5					
6					

**Heat 2**

1	Svein Are Presthus	97	Klepp SSK		_____
2	Alec Karlsen	98	Madla SK	18.45,06	_____
3	Ørjan Monsen	92	Madla SK	16.26,50	_____
4	Ole Martin Turøy	95	Stavanger SC	17.21,71	_____
5	Gord Behzadi	97	Madla SK	20.29,61	_____
6					

**Øvelse 7. 200m butterfly, damer****Heat 1**

1					
2	Sandra Sola	97	Madla SK		_____
3	Ingrid Elise Berge Jenssen	98	Madla SK	3.12,15	_____
4	Karoline Auestad Petterson	98	Madla SK		_____
5					
6					

**Heat 2**

1					
2	Ida Jensen Lirhus	97	Madla SK	2.43,37	_____
3	Victoria Rung	92	Madla SK	2.18,39	_____
4	Stine Mjølhus Kristoffersen	93	Madla SK	2.43,27	_____
5	Lotte Miller	96	Madla SK	2.47,49	_____
6					

**Øvelse 8. 100m bryst, herrer****Heat 1**

1					
2	Tarald Egeland	98	Klepp SSK		_____
3	Mathias Lamo Kristensen	98	Stavanger SC		_____
4	Vegard Belaska	93	Madla SK		_____
5					
6					

**Heat 2**

1	Sander Michael Haga	99	Stavanger SC	1.57,25	_____
2	Magnus Ravndal	99	Madla SK	1.48,24	_____
3	Sindre Salte Dunseth	99	Madla SK	1.39,38	_____
4	Mads Vestly	99	Sandnes SLK	1.39,74	_____
5	Ole Jørmeland	98	Stavanger SC	1.55,27	_____
6	Sondre Henningsen	99	Stavanger SC		_____

**Heat 3**

1	Aune Lagestrand	98	Klepp SSK	1.30,04	_____
2	Glenn Skjæveland	92	Sandnes SLK	1.11,82	_____
3	Øyvind Malde	92	Madla SK	1.08,52	_____
4	Sindre Aasland Ranaweera	96	Madla SK	1.09,80	_____
5	Alexander Svanevik Nilsen	93	Stavanger SC	1.16,60	_____
6	Truls Wigdel	99	Madla SK	1.35,89	_____

**Øvelse 9. 100m bryst, damer****Heat 1**

1	Synnøve Døskeland	98	Stavanger SC		_____
2	Mona Kathrine Behzadi	00	Madla SK	1.52,98	_____
3	Andrea Håvarstein	99	Stavanger SC	1.49,52	_____
4	Ines Nystrand	98	Madla SK	1.51,94	_____
5	Marie Hinna	00	Stavanger SC	2.09,49	_____
6	Marie Dahl	99	Madla SK		_____

**Heat 2**

1	Tessa Fransisca Janssen	99	Stavanger SC	1.46,08	_____
2	Marie Sveingard	99	Stavanger SC	1.43,88	_____
3	Ida Askeland	98	Stavanger SC	1.39,46	_____
4	Bjørn Marie Pollestad	97	Klepp SSK	1.41,52	_____
5	Karoline Bergfjord	96	Stavanger SC	1.45,94	_____
6	Iris Aikio	98	Madla SK	1.48,76	_____

**Heat 3**

1	Kristin Serck-Hanssen	98	Madla SK	1.35,15	_____
2	Stine Marie Anderssen	95	Sandnes SLK	1.25,63	_____
3	Helen Holter	B-79	ROMA	1.25,04	_____
4	Eva Marie Wilson Østerhus	94	Madla SK	1.25,12	_____
5	Christine Sekkesæter	98	Madla SK	1.34,91	_____
6	Brita Stang Aune	97	Stavanger SC	1.36,24	_____

**Heat 4**

1	Lotte Miller	96	Madla SK	1.22,38	_____
2	Ulrikke Rein	98	Madla SK	1.21,83	_____
3	Maria Thompson Clausen	96	Madla SK	1.17,11	_____
4	Ida Tomine Glomsaker	97	Madla SK	1.21,18	_____
5	Ingeborg Jørmeland	96	Stavanger SC	1.22,24	_____
6	Maria Larsen Wigestrands	94	Madla SK	1.24,29	_____

**Øvelse 10. 200m butterfly, herrer****Heat 1**

1					_____
2	Alec Karlsen	98	Madla SK	2.46,06	_____
3	Fredrik Knutsen Hegdal	94	Stavanger SC	2.07,00	_____
4	Erik Andre Klepp Vik	96	Sandnes SLK	2.40,58	_____
5	Ørjan Monsen	92	Madla SK		_____
6					_____

**Øvelse 11. 400m individuell medley, damer****Heat 1**

1	Mari Mjølhus Kristoffersen	95	Madla SK	5.43,38	_____
2	Ulrikke Rein	98	Madla SK	5.41,66	_____
3	Victoria Rung	92	Madla SK	5.01,94	_____
4	Sandra Sola	97	Madla SK	5.40,30	_____
5	Ida Jensen Lirhus	97	Madla SK	5.43,30	_____
6	Heather Mulvany	99	Madla SK		_____

**Øvelse 12. 100m fri, herrer****Heat 1**

1					_____
2	Sondre Henningsen	99	Stavanger SC		_____
3	Vigar Opedal Fyllingsnes	99	Stavanger SC		_____
4	Mathias Lamo Kristensen	98	Stavanger SC		_____
5					_____
6					_____

**Heat 2**

1					_____
2	Georg Turøy	00	Stavanger SC	1.38,78	_____
3	Eirik Rønneberg Bustnes	98	Sandnes SLK	1.18,39	_____
4	Ole Jørmeland	98	Stavanger SC	1.24,78	_____
5	Mats Skretting Beneventi	99	Stavanger SC	1.39,77	_____
6					_____

**Heat 3**

1	Sindre Salte Dunseth	99	Madla SK	1.17,23	_____
2	Jens Petter Turøy	99	Stavanger SC	1.14,99	_____
3	Svein Are Presthus	97	Klepp SSK	1.14,59	_____
4	Håvard Nevestveit Barøy	98	Klepp SSK	1.14,64	_____
5	Mads Vestly	99	Sandnes SLK	1.16,49	_____
6	Magnus Ravndal	99	Madla SK	1.17,40	_____

**Heat 4**

1	Tarald Egeland	98	Klepp SSK	1.13,47	_____
2	Olav Nevestveit Barøy	99	Klepp SSK	1.12,40	_____
3	Ole André Wigestrånd	99	Sandnes SLK	1.10,33	_____
4	Truls Wigdel	99	Madla SK	1.10,66	_____
5	Erling Belaska	98	Madla SK	1.13,25	_____
6	Ben Davison	97	Stavanger SC	1.13,93	_____

**Heat 5**

1	Anders Wettergreen Gundersen	94	Stavanger SC	1.02,46	_____
2	Thomas Brustveit	93	Sandnes SLK	57,94	_____
3	Bjarte Ravndal	91	Madla SK	50,71	_____
4	Gaute Ravndal	94	Madla SK	53,27	_____
5	Sondre Møll	96	Stavanger SC	1.01,56	_____
6	Tim Samuelsen	97	Madla SK	1.04,87	_____

**PAUSE**

**14. mai 2011 kl. 14.00****Øvelse 13. 4\*100m lag rygg, damer****Heat 1**

1	Madla SK J1 jr.	JR	Madla SK	_____
2	Stavanger SC J2 jr.	JR	Stavanger SC	_____
3	Madla SK J2 jr.	JR	Madla SK	_____
4	Stavanger SC J1 jr.	JR	Stavanger SC	_____
5	Madla SK J3 jr.	JR	Madla SK	_____
6	Sandnes SLK J1 jr.	JR	Sandnes SLK	_____

**Øvelse 14. 4\*100m lag rygg, herrer****Heat 1**

1	Stavanger SC G1 jr.	JR	Stavanger SC	_____
2	Madla SK G1 jr.	JR	Madla SK	_____
3	Klepp SSK G1 jr.	JR	Klepp SSK	_____
4	Sandnes SLK G1 jr.	JR	Sandnes SLK	_____
5	Madla SK G1 sr.	SR	Madla SK	_____
6	Stavanger SC G2 jr.	JR	Stavanger SC	_____

**Øvelse 15. 50m fri, damer****Heat 1**

1					
2	Malin Jensen Salte	97	Klepp SSK	44,88	_____
3	Synnøve Døskeland	98	Stavanger SC	43,21	_____
4	Marie Hinna	00	Stavanger SC	44,68	_____
5	Marie Dahl	99	Madla SK	47,37	_____
6					

**Heat 2**

1	Mona Kathrine Behzadi	00	Madla SK	41,19	_____
2	Silje Kristiansen	97	Klepp SSK	39,41	_____
3	Tessa Fransisca Janssen	99	Stavanger SC	37,40	_____
4	Iris Aikio	98	Madla SK	37,64	_____
5	Nora Larsen Rørvik	98	Madla SK	40,66	_____
6	Peyton Karlson	00	Madla SK	43,18	_____

**Heat 3**

1	Björg Marie Pollestad	97	Klepp SSK	36,58	_____
2	Kristin Serck-Hanssen	98	Madla SK	33,64	_____
3	Sandra Sola	97	Madla SK	31,51	_____
4	Christine Sekkesæter	98	Madla SK	31,69	_____
5	Ines Nystrand	98	Madla SK	34,51	_____
6	Karoline Bergfjord	96	Stavanger SC	36,89	_____

**Heat 4**

1	Stine Mjølhus Kristoffersen	93	Madla SK	29,64	_____
2	Susanne Sekkesæter	95	Madla SK	29,36	_____
3	Maren Larsen	94	Madla SK	28,95	_____
4	Helen Holter	B-79	ROMA	29,00	_____
5	Mari Mjølhus Kristoffersen	95	Madla SK	29,61	_____
6	Emilie Knutsen Hegdal	96	Stavanger SC	29,78	_____

**Heat 5**

1	Lotte Miller	96	Madla SK	28,17	_____
2	Maria Larsen Wigestrands	94	Madla SK	27,51	_____
3	Maria Thompson Clausen	96	Madla SK	26,72	_____
4	Marthe Berg Sørensen	92	Madla SK	27,21	_____
5	Vanessa Tuxen	92	Madla SK	28,13	_____
6	Ane Nygård	95	Stavanger SC	28,38	_____

**Øvelse 16. 400m individuell medley, herrer****Heat 1**

1	Gord Behzadi	97	Madla SK		_____
2	Alexander Svanevik Nilsen	93	Stavanger SC	5.17,40	_____
3	Morten Bordevich	94	Madla SK	4.38,61	_____
4	Sindre Aasland Ranaweera	96	Madla SK	5.00,19	_____
5	Alec Karlsen	98	Madla SK	5.55,01	_____
6	Axel Ravndal	98	Sandnes SLK		_____

**Øvelse 17. 200m bryst, damer****Heat 1**

1					_____
2	Emily Lane	00	Stavanger SC		_____
3	Ulva Bray	00	Stavanger SC		_____
4	Marie Hinna	00	Stavanger SC		_____
5					_____
6					_____

**Heat 2**

1	Karoline Bergfjord	96	Stavanger SC	3.45,16	_____
2	Nora Larsen Rørvik	98	Madla SK	3.38,46	_____
3	Marie Sveingard	99	Stavanger SC	3.35,48	_____
4	Iris Aikio	98	Madla SK	3.36,98	_____
5	Karoline Auestad Petterson	98	Madla SK	3.44,42	_____
6	Mona Kathrine Behzadi	00	Madla SK	4.03,82	_____

**Heat 3**

1	Ida Askeland	98	Stavanger SC	3.31,68	_____
2	Ingrid Elise Berge Jenssen	98	Madla SK	3.13,38	_____
3	Ida Tomine Glomsaker	97	Madla SK	2.55,00	_____
4	Stine Marie Anderssen	95	Sandnes SLK	3.02,13	_____
5	Alina H Bjelancic	99	Stavanger SC	3.14,81	_____
6	Bjørg Marie Pollestad	97	Klepp SSK	3.32,09	_____

**Øvelse 18. 100m butterfly, herrer****Heat 1**

1	Tarald Egeland	98	Klepp SSK	1.38,60	_____
2	Mads Vestly	99	Sandnes SLK	1.29,73	_____
3	Alec Karlsen	98	Madla SK	1.17,57	_____
4	Svein Are Presthus	97	Klepp SSK	1.28,95	_____
5	Olav Nevestveit Barøy	99	Klepp SSK	1.35,05	_____
6	Ole Martin Turøy	95	Stavanger SC		_____

**Heat 2**

1	Ørjan Monsen	92	Madla SK	1.08,90	_____
2	Trond Vasslag	94	Stavanger SC	1.07,21	_____
3	Fredrik Knutsen Hegdal	94	Stavanger SC	56,00	_____
4	Gaute Ravndal	94	Madla SK	1.05,29	_____
5	Erik Andre Klepp Vik	96	Sandnes SLK	1.07,36	_____
6	Axel Ravndal	98	Sandnes SLK	1.14,20	_____

**Øvelse 19. 100m rygg, damer****Heat 1**

1					_____
2	Maria Larsen Wigestrands	94	Madla SK		_____
3	Synnøve Døskeland	98	Stavanger SC		_____
4	Silje Kristiansen	97	Klepp SSK		_____
5	Malin Jensen Salte	97	Klepp SSK		_____
6					_____

**Heat 2**

1	Marie Sveingard	99	Stavanger SC	1.33,30	_____
2	Brita Stang Aune	97	Stavanger SC	1.18,83	_____
3	Ida Tomine Glomsaker	97	Madla SK	1.17,92	_____
4	Christine Sekkesæter	98	Madla SK	1.18,56	_____
5	Lotte Stang Aune	96	Stavanger SC	1.19,20	_____
6	Tessa Fransisca Janssen	99	Stavanger SC	1.36,08	_____

**Heat 3**

1	Susanne Sekkesæter	95	Madla SK	1.16,12	_____
2	Stine Mjølhus Kristoffersen	93	Madla SK	1.12,06	_____
3	Lotte Miller	96	Madla SK	1.07,00	_____
4	Maria Thompson Clausen	96	Madla SK	1.11,70	_____
5	Maren Larsen	94	Madla SK	1.13,46	_____
6	Siril Therese Follo Bårtvedt	97	Sandnes SLK	1.17,07	_____

**Øvelse 20. 200m fri, herrer****Heat 1**

1	Vigar Opedal Fyllingsnes	99	Stavanger SC		_____
2	Magnus Ravndal	99	Madla SK	3.03,29	_____
3	Jens Petter Turøy	99	Stavanger SC	2.45,41	_____
4	Håvard Nevestveit Barøy	98	Klepp SSK	2.49,38	_____
5	Mats Skretting Beneventi	99	Stavanger SC		_____
6	Ole Jørmeland	98	Stavanger SC		_____

**Heat 2**

1	Svein Are Presthus	97	Klepp SSK	2.41,22	_____
2	Truls Wigdel	99	Madla SK	2.38,78	_____
3	Erling Belaska	98	Madla SK	2.31,20	_____
4	Ole André Wigestrands	99	Sandnes SLK	2.31,37	_____
5	Olav Nevestveit Barøy	99	Klepp SSK	2.39,16	_____
6	Ben Davison	97	Stavanger SC	2.41,96	_____

**Heat 3**

1	Tim Samuelsen	97	Madla SK	2.13,26	_____
2	Thomas Brustveit	93	Sandnes SLK	2.06,77	_____
3	Bjarte Ravndal	91	Madla SK	1.53,94	_____
4	Alexander Marki Mork	95	Stavanger SC	2.03,50	_____
5	Ole Martin Turøy	95	Stavanger SC	2.09,98	_____
6	Sondre Møll	96	Stavanger SC	2.14,12	_____

**Øvelse 21. 400m fri, damer****Heat 1**

1					
2	Heather Mulvany	99	Madla SK		_____
3	Maren Larsen	94	Madla SK		_____
4	Ulva Bray	00	Stavanger SC		_____
5					
6					

**Heat 2**

1					
2	Bjørg Marie Pollestad	97	Klepp SSK	6.09,42	_____
3	Ingrid Elise Berge Jenssen	98	Madla SK	5.37,41	_____
4	Ines Nystrand	98	Madla SK	5.44,13	_____
5	Mona Kathrine Behzadi	00	Madla SK	6.48,77	_____
6					

**Heat 3**

1	Ida Tomine Glomsaker	97	Madla SK	4.56,95	_____
2	Susanne Sekkesæter	95	Madla SK	4.52,09	_____
3	Victoria Rung	92	Madla SK	4.24,69	_____
4	Ingeborg Jørmeland	96	Stavanger SC	4.40,21	_____
5	Sandra Sola	97	Madla SK	4.55,10	_____
6	Alina H Bjelancic	99	Stavanger SC	5.06,06	_____

**Øvelse 22. 200m rygg, herrer****Heat 1**

1					
2	Georg Turøy	00	Stavanger SC		_____
3	Ørjan Monsen	92	Madla SK		_____
4	Tarald Egeland	98	Klepp SSK		_____
5					
6					

**Heat 2**

1	Svein Are Presthus	97	Klepp SSK	3.22,04	_____
2	Olav Nevestveit Barøy	99	Klepp SSK	3.00,94	_____
3	Alexander Marki Mork	95	Stavanger SC	2.12,47	_____
4	Tim Samuelsen	97	Madla SK	2.35,75	_____
5	Eirik Rønneberg Bustnes	98	Sandnes SLK	3.16,52	_____
6	Vigar Opedal Fyllingsnes	99	Stavanger SC		_____

**15. mai 2011 kl. 10.00****Øvelse 23. 4\*100m lag bryst, damer****Heat 1**

1	Madla SK J3 jr.	JR	Madla SK	_____
2	Madla SK J2 jr.	JR	Madla SK	_____
3	Sandnes SLK J1 jr.	JR	Sandnes SLK	_____
4	Stavanger SC J2 jr.	JR	Stavanger SC	_____
5	Stavanger SC J1 jr.	JR	Stavanger SC	_____
6	Madla SK J1 jr.	JR	Madla SK	_____

**Øvelse 24. 4\*100m lag bryst, herrer****Heat 1**

1	Klepp SSK G1 jr.	JR	Klepp SSK	_____
2	Stavanger SC G2 jr.	JR	Stavanger SC	_____
3	Sandnes SLK G1 jr.	JR	Sandnes SLK	_____
4	Stavanger SC G1 jr.	JR	Stavanger SC	_____
5	Madla SK G1 jr.	JR	Madla SK	_____
6				

**Øvelse 25. 800m fri, damer****Heat 1**

1				
2	Heather Mulvany	99	Madla SK	_____
3	Sunniva Volden	96	Sandnes SLK	_____
4	Lisa Aaslestad	96	Sandnes SLK	_____
5				
6				

**Heat 2**

1					
2	Ida Tomine Glomsaker	97	Madla SK	10.36,61	_____
3	Ingeborg Jørmeland	96	Stavanger SC	9.40,05	_____
4	Sandra Sola	97	Madla SK	10.10,28	_____
5	Iris Aikio	98	Madla SK		_____
6					

**Øvelse 26. 50m fri, herrer****Heat 1**

1					
2	Hans Emil Torgersen	95	Sandnes SLK		_____
3	Mats Skretting Beneventi	99	Stavanger SC	46,61	_____
4	Andreas Lea Monslaup	99	Stavanger SC	50,79	_____
5					
6					

**Heat 2**

1	Rasmus Langeland	98	Stavanger SC	41,31	_____
2	Sondre Lea Monslaup	99	Stavanger SC	40,79	_____
3	Magnus Ravndal	99	Madla SK	34,58	_____
4	Sindre Salte Dunseth	99	Madla SK	35,65	_____
5	Dmytron Ocheretin	98	Madla SK	40,86	_____
6	Sander Michael Haga	99	Stavanger SC	45,29	_____

**Heat 3**

1	Eirik Rønneberg Bustnes	98	Sandnes SLK	34,48	_____
2	Tarald Egeland	98	Klepp SSK	34,35	_____
3	Ben Davison	97	Stavanger SC	33,49	_____
4	Håvard Nevestveit Barøy	98	Klepp SSK	33,87	_____
5	Mads Vestly	99	Sandnes SLK	34,42	_____
6	Svein Are Presthus	97	Klepp SSK	34,57	_____

**Heat 4**

1	Aune Lagestrand	98	Klepp SSK	33,13	_____
2	Tim Samuelsen	97	Madla SK	31,35	_____
3	Aleksander Stangeland Pedersen	96	Sandnes SLK	29,29	_____
4	Marius Holm	99	Sandnes SLK	30,41	_____
5	Olav Nevestveit Barøy	99	Klepp SSK	32,49	_____
6	Truls Wigdel	99	Madla SK	33,35	_____

**Heat 5**

1	Sondre Møll	96	Stavanger SC	28,00	_____
2	Trond Vasslag	94	Stavanger SC	26,99	_____
3	Vegard Belaska	93	Madla SK	25,97	_____
4	Ole Martin Turøy	95	Stavanger SC	26,65	_____
5	Anders Wettergreen Gundersen	94	Stavanger SC	27,78	_____
6	Erik Andre Klepp Vik	96	Sandnes SLK	28,40	_____

**Heat 6**

1	Olav Ravndal Skjølingstad	95	Stavanger SC	25,46	_____
2	Gaute Ravndal	94	Madla SK	24,27	_____
3	Bjarte Ravndal	91	Madla SK	23,34	_____
4	Ole Martin Grytten Ree	92	Madla SK	23,54	_____
5	Morten Bordevich	94	Madla SK	24,87	_____
6	Fredrik Knutsen Hegdal	94	Stavanger SC	25,55	_____

**Øvelse 27. 100m butterfly, damer****Heat 1**

1	Emily Lane	00	Stavanger SC		_____
2	Karoline Auestad Petterson	98	Madla SK	1.49,91	_____
3	Alina H Bjelancic	99	Stavanger SC	1.29,85	_____
4	Ines Nystrand	98	Madla SK	1.31,44	_____
5	Mari Ellingsen Bråten	98	Madla SK	1.52,48	_____
6	Ulva Bray	00	Stavanger SC		_____

**Heat 2**

1	Siril Therese Follo Bårtvedt	97	Sandnes SLK	1.22,73	_____
2	Mari Mjølhus Kristoffersen	95	Madla SK	1.21,37	_____
3	Christine Sekkesæter	98	Madla SK	1.16,56	_____
4	Ulrikke Rein	98	Madla SK	1.20,31	_____
5	Brita Stang Aune	97	Stavanger SC	1.22,62	_____
6	Kristin Serck-Hanssen	98	Madla SK	1.22,80	_____

**Heat 3**

1	Maria Larsen Wigestrands	94	Madla SK	1.12,57	_____
2	Emilie Knutsen Hegdal	96	Stavanger SC	1.06,93	_____
3	Victoria Rung	92	Madla SK	1.03,12	_____
4	Maria Thompson Clausen	96	Madla SK	1.04,39	_____
5	Stine Mjølhus Kristoffersen	93	Madla SK	1.08,33	_____
6	Maren Larsen	94	Madla SK	1.16,46	_____

**Øvelse 28. 200m bryst, herrer****Heat 1**

1	Dmytron Ocheretin	98	Madla SK	_____
2	Andreas Lea Monslaup	99	Stavanger SC	_____
3	Hans Emil Torgersen	95	Sandnes SLK	_____
4	Georg Turøy	00	Stavanger SC	_____
5	Rasmus Langeland	98	Stavanger SC	_____
6				

**Heat 2**

1	Olav Nevestveit Barøy	99	Klepp SSK	3.27,96	_____
2	Sindre Salte Dunseth	99	Madla SK	3.24,06	_____
3	Marius Holm	99	Sandnes SLK	3.17,90	_____
4	Mads Vestly	99	Sandnes SLK	3.23,86	_____
5	Truls Wigdel	99	Madla SK	3.27,45	_____
6	Svein Are Presthus	97	Klepp SSK	3.54,95	_____

**Heat 3**

1	Erling Belaska	98	Madla SK	3.07,53	_____
2	Alexander Svanevik Nilsen	93	Stavanger SC	2.46,80	_____
3	Sindre Aasland Ranaweera	96	Madla SK	2.28,28	_____
4	Øyvind Malde	92	Madla SK	2.29,82	_____
5	Axel Ravndal	98	Sandnes SLK	3.03,03	_____
6	Aune Lagestrand	98	Klepp SSK	3.12,10	_____

**Øvelse 29. 200m fri, damer****Heat 1**

1					
2	Federica Pierfelici	99	Stavanger SC		_____
3	Marie Sveingard	99	Stavanger SC	3.15,22	_____
4	Marie Hinna	00	Stavanger SC		_____
5					
6					

**Heat 2**

1	Mari Ellingsen Bråten	98	Madla SK	3.14,73	_____
2	Karoline Auestad Petterson	98	Madla SK	3.05,14	_____
3	Ines Nystrand	98	Madla SK	2.46,68	_____
4	Bjørg Marie Pollestad	97	Klepp SSK	2.52,56	_____
5	Emily Lane	00	Stavanger SC	3.12,85	_____
6					

**Heat 3**

1	Ida Tomine Glomsaker	97	Madla SK	2.25,70	_____
2	Stine Mjølhus Kristoffersen	93	Madla SK	2.14,73	_____
3	Maria Larsen Wigestrånd	94	Madla SK	2.07,40	_____
4	Maria Thompson Clausen	96	Madla SK	2.12,01	_____
5	Sandra Sola	97	Madla SK	2.24,62	_____
6	Sunniva Volden	96	Sandnes SLK	2.27,78	_____

**Øvelse 30. 100m rygg, herrer****Heat 1**

1					
2	Vegard Belaska	93	Madla SK		_____
3	Mats Skretting Beneventi	99	Stavanger SC		_____
4	Andreas Lea Monslaup	99	Stavanger SC		_____
5	Dmytron Ocheretin	98	Madla SK		_____
6					

**Heat 2**

1	Rasmus Langeland	98	Stavanger SC		_____
2	Svein Are Presthus	97	Klepp SSK	1.34,25	_____
3	Aune Lagestrand	98	Klepp SSK	1.27,98	_____
4	Eirik Rønneberg Bustnes	98	Sandnes SLK	1.28,23	_____
5	Ole Jørmeland	98	Stavanger SC	1.39,77	_____
6	Sondre Lea Monslaup	99	Stavanger SC		_____

**Heat 3**

1	Anders Wettergreen Gundersen	94	Stavanger SC	1.24,86	_____
2	Tarald Egeland	98	Klepp SSK	1.23,98	_____
3	Ole André Wigestrands	99	Sandnes SLK	1.17,84	_____
4	Aleksander Stangeland Pedersen	96	Sandnes SLK	1.20,29	_____
5	Olav Nevestveit Barøy	99	Klepp SSK	1.24,06	_____
6	Ben Davison	97	Stavanger SC	1.26,58	_____

**Heat 4**

1	Ørjan Monsen	92	Madla SK	1.08,55	_____
2	Alexander Marki Mork	95	Stavanger SC	1.04,49	_____
3	Bjarte Ravndal	91	Madla SK	59,99	_____
4	Fredrik Knutsen Hegdal	94	Stavanger SC	1.00,18	_____
5	Morten Bordevich	94	Madla SK	1.04,75	_____
6	Trond Vasslag	94	Stavanger SC	1.12,70	_____

**Øvelse 31. 200m individuell medley, damer****Heat 1**

1					_____
2	Ulva Bray	00	Stavanger SC		_____
3	Emily Lane	00	Stavanger SC	3.32,91	_____
4	Heather Mulvany	99	Madla SK		_____
5					_____
6					_____

**Heat 2**

1	Mari Ellingsen Bråten	98	Madla SK	3.19,33	_____
2	Kristin Serck-Hanssen	98	Madla SK	2.55,32	_____
3	Lisa Aaslestad	96	Sandnes SLK	2.49,12	_____
4	Alina H Bjelancic	99	Stavanger SC	2.51,00	_____
5	Björg Marie Pollestad	97	Klepp SSK	3.13,63	_____
6	Federica Pierfelici	99	Stavanger SC	3.28,07	_____

**Heat 3**

1	Christine Sekkesæter	98	Madla SK	2.48,09	_____
2	Mari Mjølhus Kristoffersen	95	Madla SK	2.40,27	_____
3	Eva Marie Wilson Østerhus	94	Madla SK	2.25,76	_____
4	Ulrikke Rein	98	Madla SK	2.36,31	_____
5	Ida Tomine Glomsaker	97	Madla SK	2.41,73	_____
6	Lotte Stang Aune	96	Stavanger SC	2.48,40	_____

**Øvelse 32. 400m fri, herrer****Heat 1**

1	Georg Turøy	00	Stavanger SC		_____
2	Sondre Lea Monslaup	99	Stavanger SC		_____
3	Tarald Egeland	98	Klepp SSK	6.20,89	_____
4	Ole Jørmeland	98	Stavanger SC	6.41,32	_____
5	Aune Lagestrand	98	Klepp SSK		_____
6					_____

**Heat 2**

1	Håvard Nevestveit Barøy	98	Klepp SSK	5.42,91	_____
2	Truls Wigdel	99	Madla SK	5.19,33	_____
3	Erling Belaska	98	Madla SK	5.08,42	_____
4	Marius Holm	99	Sandnes SLK	5.18,48	_____
5	Jens Petter Turøy	99	Stavanger SC	5.37,68	_____
6	Magnus Ravndal	99	Madla SK	6.11,80	_____

**Heat 3**

1	Axel Ravndal	98	Sandnes SLK	4.50,78	_____
2	Alexander Marki Mork	95	Stavanger SC	4.25,06	_____
3	Morten Bordevich	94	Madla SK	4.02,21	_____
4	Ørjan Monsen	92	Madla SK	4.06,40	_____
5	Tim Samuelsen	97	Madla SK	4.31,71	_____
6	Gord Behzadi	97	Madla SK	5.04,37	_____

**Øvelse 33. 4\*100m lag medley, damer****Heat 1**

1	Stavanger SC J2 jr.	JR	Stavanger SC	_____
2	Madla SK J2 jr.	JR	Madla SK	_____
3	Stavanger SC J1 jr.	JR	Stavanger SC	_____
4	Madla SK J3 jr.	JR	Madla SK	_____
5	Madla SK J1 jr.	JR	Madla SK	_____
6				_____

**Øvelse 34. 4\*100m lag medley, herrer****Heat 1**

1				_____
2	Stavanger SC G1 jr.	JR	Stavanger SC	_____
3	Madla SK G1 jr.	JR	Madla SK	_____
4	Klepp SSK G1 jr.	JR	Klepp SSK	_____
5	Stavanger SC G2 jr.	JR	Stavanger SC	_____
6				_____

**Veiledende tidsskjema****14. mai 2011 kl. 10.00**

Øvelse 1. 4*100m lag butterfly, damer	10.00
Øvelse 2. 4*100m lag butterfly, herrer	10.03
<i>Premieutdeling</i>	<i>10.06</i>
Øvelse 3. 200m rygg, damer	10.09
<i>Premieutdeling</i>	<i>10.21</i>
Øvelse 4. 200m individuell medley, herrer	10.24
<i>Premieutdeling</i>	<i>10.40</i>
Øvelse 5. 100m fri, damer	10.43
<i>Premieutdeling</i>	<i>10.54</i>
Øvelse 6. 1500m fri, herrer	10.57
<i>Premieutdeling</i>	<i>11.40</i>
Øvelse 7. 200m butterfly, damer	11.43
<i>Premieutdeling</i>	<i>11.51</i>
Øvelse 8. 100m bryst, herrer	11.54
<i>Premieutdeling</i>	<i>12.02</i>
Øvelse 9. 100m bryst, damer	12.05
<i>Premieutdeling</i>	<i>12.15</i>
Øvelse 10. 200m butterfly, herrer	12.18
<i>Premieutdeling</i>	<i>12.22</i>
Øvelse 11. 400m individuell medley, damer	12.25
<i>Premieutdeling</i>	<i>12.32</i>
Øvelse 12. 100m fri, herrer	12.35
<i>Premieutdeling</i>	<i>12.46</i>
<b>Slutt</b>	<b>12.49</b>

**14. mai 2011 kl. 14.00**

Øvelse 13. 4*100m lag rygg, damer	14.00
Øvelse 14. 4*100m lag rygg, herrer	14.03
<i>Premieutdeling</i>	<i>14.06</i>
Øvelse 15. 50m fri, damer	14.09
<i>Premieutdeling</i>	<i>14.16</i>
Øvelse 16. 400m individuell medley, herrer	14.19
<i>Premieutdeling</i>	<i>14.26</i>
Øvelse 17. 200m bryst, damer	14.29
<i>Premieutdeling</i>	<i>14.43</i>
Øvelse 18. 100m butterfly, herrer	14.46
<i>Premieutdeling</i>	<i>14.51</i>
Øvelse 19. 100m rygg, damer	14.54
<i>Premieutdeling</i>	<i>15.01</i>
Øvelse 20. 200m fri, herrer	15.04
<i>Premieutdeling</i>	<i>15.15</i>
Øvelse 21. 400m fri, damer	15.18
<i>Premieutdeling</i>	<i>15.39</i>
Øvelse 22. 200m rygg, herrer	15.42
<i>Premieutdeling</i>	<i>15.51</i>
<b>Slutt</b>	<b>15.54</b>

**Veiledende tidsskjema****15. mai 2011 kl. 10.00**

Øvelse 23. 4*100m lag bryst, damer	10.00
Øvelse 24. 4*100m lag bryst, herrer	10.03
<i>Premieutdeling</i>	<i>10.06</i>
Øvelse 25. 800m fri, damer	10.09
<i>Premieutdeling</i>	<i>10.32</i>
Øvelse 26. 50m fri, herrer	10.35
<i>Premieutdeling</i>	<i>10.44</i>
Øvelse 27. 100m butterfly, damer	10.47
<i>Premieutdeling</i>	<i>10.54</i>
Øvelse 28. 200m bryst, herrer	10.57
<i>Premieutdeling</i>	<i>11.11</i>
<b><i>Pause</i></b>	<b><i>11.14</i></b>
Øvelse 29. 200m fri, damer	11.44
<i>Premieutdeling</i>	<i>11.56</i>
Øvelse 30. 100m rygg, herrer	11.59
<i>Premieutdeling</i>	<i>12.08</i>
Øvelse 31. 200m individuell medley, damer	12.11
<i>Premieutdeling</i>	<i>12.24</i>
Øvelse 32. 400m fri, herrer	12.27
<i>Premieutdeling</i>	<i>12.48</i>
Øvelse 33. 4*100m lag medley, damer	12.51
<i>Premieutdeling</i>	<i>12.54</i>
Øvelse 34. 4*100m lag medley, herrer	12.57
<i>Premieutdeling</i>	<i>13.00</i>
<b><i>Slutt</i></b>	<b><i>13.03</i></b>